# RANKING OF LOW MOISTURE FOODS IN SUPPORT OF MICROBIOLOGICAL RISK MANAGEMENT

### **REPORT OF AN FAO/WHO CONSULTATION PROCESS**

Preliminary Report

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PART I – MAIN REPORT

# FOOD AND AGRICULTURE ORGANIZATION OF THE UNITED NATIONS

### WORLD HEALTH ORGANIZATION

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### ABBREVIATIONS

| a <sub>w</sub> | Water activity                              |
|----------------|---|
| CAC            | Codex Alimentarius Commission               |
| CCFH           | Codex Committee on Food Hygiene             |
| CFU            | Colony forming unit                         |
| DALY           | Disability adjusted life years              |
| GAP            | Good Agriculture Practices                  |
| GHP            | Good Hygienic Practices                     |
| GMP            | Good Manufacturing Practices                |
| НАССР          | Hazard Analysis and Critical Control Points |
| LMF            | Low Moisture Food(s)                        |
| MCDA           | Multi Criteria Decision Analysis            |
|                |   |

### EXECUTIVE SUMMARY

Low moisture foods (LMF) are foods that are naturally low in moisture or are produced from higher moisture foods through drying or dehydration processes. The low water activity (a<sub>w</sub>) of these foods contributes to a long shelf life and has for many years possibly led to the perception that these foods were not of concern from a microbiological food safety perspective. However, in recent years, a number of outbreaks of foodborne illnesses linked to LMF has illustrated that despite the fact that organisms cannot grow in these products, they do have the possibility to persist for long periods of time and depending on the organism can cause illness due to their low infectious dose (e.g. *Salmonella* in chocolate) or possible subsequent temperature abuse that allows the organism to grow (e.g. *Bacillus cereus* in rice). As a result, there has been global recognition of the need to more rigorously consider and manage the microbiological hazards associated with these products and in this context the Codex Alimentarius Commission agreed that a Codex Code of Hygienic Practice for Low Moisture Foods be developed.

Responding to a request from the Codex Committee on Food Hygiene (CCFH), the Food and Agriculture Organization of the United Nations (FAO) and the World Health Organization (WHO) have implemented a series of activities aimed at collating and analysing the available information on microbiological hazards related to LMF and then ranking the foods of greatest concern from a microbiological food safety perspective. Given the broad range of LMF that exist, a categorization of these products was made to facilitate the data collection and ranking exercises. At that stage some decisions were taken as to products to be excluded from this data collection and ranking process. These included powdered infant formula for infants and young children due to the extensive amount of work that had already been undertaken to address the microbiological safety of these products and the existence of Codex guidance in this area. In addition dry, cured and fermented meats (e.g. sausages, salami, jerky) were excluded due to the variability in water activity around these products which may or may not be below 0.85. The seven categories of LMF which were ultimately considered in the ranking process were 1; Cereals and grains; 2: Confections and Snacks; 3: Dried fruits and vegetables; 4: Dried protein products; 5: Nuts and nut products; 6: Seeds for consumption; and 7: Spices and dried aromatic herbs (including teas). Honey and preserves were excluded based on the information available from the scoping structured review indicating that the primary hazards of concern in relation to this category was *Clostridium botulinum* and the primary population of concern was infants.

The output of this work includes an extensive structured review of all publically available data on the illnesses linked to LMF and data on contamination of these products with a range of microbial hazards. Meta-analyses of the contamination data were also undertaken. This work fed into a multi criteria decision analysis process for ranking of LMF. In addition, the review summarized research on interventions targeted towards microbiological hazards in LMF, but it was found that the applicability of this evidence to commercial (real-life) conditions was limited.

The ranking model for the LMF categories described in this document was built up in a consultative manner between experts in the subject matter and in decision and risk analysis. Each of the food categories was evaluated against four criteria: burden of illness, production, consumption and international trade. This required the collection of additional data to ensure that, to the greatest extent possible, the scoring against each of the above mentioned criteria was based on the best available evidence. Where evidence was not readily available expert opinion was relied upon. The output of the ranking in descending order was as follows:

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- 1. Cereals and grains;
- 2. Dried protein products;
- 3. Spices and dried herbs;
- 4. Nuts and nut products;
- 5. Confections and snacks;
- 6. Dried fruits and vegetables and
- 7. Seeds for consumption.

As the ranking process can be used as a learning tool, i.e. not to prescribe a solution but, instead, to explore the robustness of the findings and the consequences that uncertainties might cause on the ranking, a robustness analysis was undertaken, varying input parameters to test the sensitivity of results to their changes. In addition, a more detailed robustness analysis, concerning difference of priorities among the expert group (criteria weights) and uncertainties about the evidence available (impacts), was undertaken.

Cereals and Grains scored highly across all the criteria, especially for international trade and food consumption criteria. This is not surprising given the importance of the commodities and products in this category as staples in the global food supply. Dried protein products which were ranked second stood out in terms of burden of disease linked to these products. This was influenced by a couple of very large outbreaks associated with dried dairy products, which led to a high disability adjusted life year (DALY) calculation for this category. The analyses of sensitivity on weights show that the ranking is quite robust with either cereals and grains or dried protein products always being in the top position.

### 1. BACKGROUND

The burden of foodborne illness and the number of food recalls associated with microbial contamination of low-moisture foods (LMF) has risen in recent years (Beuchat et al., 2013; Dey et al., 2013; Finn et al., 2013; Podolak et al., 2010; Scott et al., 2009; Van Doren et al., 2013a; Vij, et al., 2006). LMF are naturally low in moisture or are produced from higher moisture foods through drying or dehydration processes. The low water activity (a<sub>w</sub>) of these foods contributes to a long shelf life (Finn et al., 2013). Examples of LMF products include cereals, grains, confections (e.g. chocolate), powdered-protein products (e.g. dairy and egg powders), dried fruits and vegetables, honey, spices, seeds, nuts and nut-based products (e.g. peanut butter), among others (Beuchat et al., 2013; Finn et al., 2013; Podolak et al., 2010). LMF are generally perceived as safe by consumers, and many LMF are consumed as ready-to-eat products with no consumer-level pathogen reduction step such as cooking (Beuchat et al., 2011; Beuchat et al., 2013).

LMF are susceptible to contamination from a wide range of microbial hazards. Although most microbial hazards cannot grow in LMF due to the low a<sub>w</sub>, many pathogens can survive and remain viable for months to years in these foods, posing potential risks to consumers (Beuchat et al., 2013; Finn et al., 2013; Podolak et al., 2010). It is difficult to reduce microbial hazard contamination of LMF by significant margins (e.g. >5 logs) and to non-detectable levels using traditional processing interventions such as heat treatments that are effectively applied to high moisture foods (Beuchat et al., 2013; Finn et al., 2013; Finn et al., 2013). The combination of low a<sub>w</sub> with the high sugar and/or fat content of many LMF is believed to contribute to the enhanced survival and heat resistance of microbial hazards in these foods (Beuchat et al., 2013; Finn et al., 2013).

Many LMF products undergo specific pathogen reduction treatments to reduce potential hazards for consumers. For example, spices and seasonings are often treated with ethylene oxide, propylene oxide, steam treatment, or irradiation to reduce the risk of microbial contamination (Van Doren et al., 2013b). The most important control measures for LMF involve preventing contamination during harvest, post-harvest, and processing through implementation of good agricultural practices (GAPs), good manufacturing practices (GMPs), good hygienic practices (GHPs) and hazard analysis critical control point (HACCP) programs (Beuchat et al., 2013; Finn et al., 2013; Podolak et al., 2010). Process-based verification (e.g. audits) and microbial sampling of LMF products and food processing environments are also important strategies for industry to monitor food safety. However, surveillance of microbial hazards in LMF is not cost-effective due to the heterogeneous distribution of pathogens in LMF, diagnostic test limitations, and the very low average prevalence of microbial hazards in most LMF (Beuchat et al., 2013; Sperber, 2007).

In recognition of the increased global consumption of LMF and the growing risk to human health from these products, several regulatory authorities around the world have developed recommendations and guidelines for industry on how to prevent and manage potential risks of LMF product contamination from microbial hazards (Beuchat et al., 2011; European Food Safety Authority, 2013; Grocery Manufacturers Association, 2009; Scott et al., 2009; USFDA, 2013). Due to this increased momentum and a need for standardized and comprehensive international guidance in this area, the Codex Alimentarius Commission has approved the development of a Code of Practice for LMF (CAC, 2013a). The Codex Committee on Food Hygiene (CCFH) has initiated work on the development of this Code of Practice and in doing so also agreed on the need to request scientific advice on the following:

• The LMF, which should be considered as the highest priorities for the Committee and the associated microbiological hazards. The ranking process should include, but not be

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limited to, dried fruits and dehydrated fruits and vegetables, peanut butter, cereals, dry protein products (e.g. dried dairy products), confections (e.g. cocoa and chocolate), snacks (e.g. spiced chips), tree nuts, desiccated coconut, seeds for consumption, spices and dried aromatic plants.

• Information relevant to the risk management of the microbiological hazards associated with the identified range of LMF, with particular attention to the role of agricultural and handling/manufacturing practices in the introduction and control of hazards and the identification of the critical control points for mitigation of the risks associated with LMF. (CAC, 2012).

The 45<sup>th</sup> session of the CCFH reconfirmed its request to FAO/WHO and to extend the request to include teas. Following a preliminary report provided by FAO and WHO, the Committee also asked some clarification in terms of the source of dried protein products that had been associated with foodborne outbreaks. In addition, the Committee agreed that FAO/WHO could consider the following criteria in the ranking of LMF:

- Prevalence of contamination of the pathogen in the specified food;
- Dose-response relationship as estimated by expert knowledge of the behaviour and physiology of the specific pathogen;
- Frequency and severity of disease;
- Size and scope of production;
- Diversity and complexity of the production chain and industry;
- Potential for amplification of foodborne pathogens through the food chain;
- Potential for control;
- Extent of international trade and economic impact. (CAC, 2013b)

This report describes the approach that was taken to address this request and presents the results of that work. For purposes of transparency, as well as further development or future application of the approach, it also includes an overview of the extensive amount of data that was considered in undertaking this work.

### 2. OBJECTIVES AND APPROACH

Based on the request of the CCFH the objectives of this work were as follows:

- To undertake a scoping systematic review and analysis of the available knowledge on foodborne illness linked to LMF, microbial contamination of LMF and interventions available for the control of LMF.
- To develop and apply a multi-criteria decision analysis approach to rank LMF of greatest concern from a global microbiological food safety perspective.
- To provide a comprehensive report on the available information and ranking results for use by Codex and member countries.

Given the breath of the work, there were multiple steps involved. These are outlined in the subsequent sections. In addition a flow chart of the process is provided in Figure 2.1.

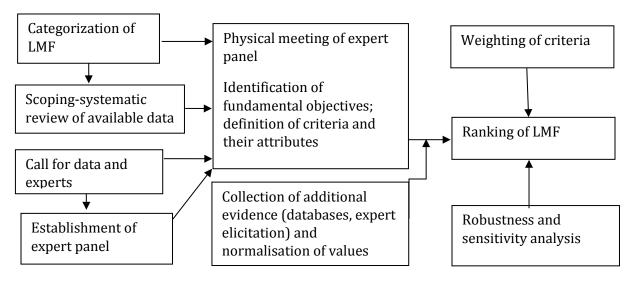


FIGURE 2.1. FLOW CHART OF THE STEPS INVOLVED IN THE DATA COLLECTION AND RANKING EXERCISE

#### 2.1 IDENTIFICATION OF CATEGORIES OF LMF

For the purpose of this work LMF were defined as any food item that has a  $a_w$  level of less than 0.85. The request from CCFH outlined a range of LMF that should be considered in the ranking exercise. In order to facilitate data collection and analysis it was decided to group LMF into a number of categories. The initial categorization was developed by the FAO/WHO Secretariat and revised based on input from the leads of the Codex working group on LMF and selected experts. The list of categories is presented in Table 2.1. These categories were used as the basis for the scoping-systematic review that was subsequently undertaken (Appendix 1).

#### TABLE 2.1: CATEGORIZATION OF LMF

| Category                | Foods included  |
|-------------------------|---|
| Cereals and Grains      | whole and milled grains (wheat, barley maize, oats, rye, millet, sorghum,   |
|                         | buckwheat)  |
|                         | rice and rice products  |
|                         | cereals and cereal products (e.g. breakfast cereals)  |
| Confections and snacks  | cocoa and chocolate products  |
|                         | other confections/confectionery (e.g. marshmallows, candies)  |
|                         | snacks (e.g. chips, crackers, biscuits)   |
|                         | yeast   |
| Dried fruits and        | dried fruits (e.g. raisins, prunes, dates, mangos, apricots, desiccated   |
| vegetables              | coconut)  |
|                         | dried vegetables (e.g. tomatoes, potatoes, carrots)   |
|                         | dried/dehydrated mushrooms  |
|                         | dried seaweed   |
| Dried protein products  | dried dairy products (e.g. milk/whey powders)   |
|                         | dried egg products (e.g. egg powders)   |
|                         | dried meat other than sausages/salamis/jerky (e.g. meat powders,  |
|                         | gelatine, fish)   |
| Honey and preserves     | honey, jams, syrups (e.g. corn syrup)   |
| Nuts and nut products   | tree nuts (e.g. almonds, brazil nuts, cashews, hazelnuts, macadamia nuts, pecans, pine nuts, pistachios, walnuts) |
|                         | peanuts and peanut products (e.g. peanut butter, peanut spreads)  |
|                         | mixed and unspecified nuts  |
| Seeds for consumption   | sesame seeds  |
|                         | tahini (sesame seed paste)  |
|                         | halva/helva (confection made from sesame paste/tahini)  |
|                         | other and unspecified seeds (e.g. pumpkin seeds, sunflower seeds, poppy   |
|                         | seeds, melon seeds, flax seeds, mixed/unspecified seeds for consumption)  |
| Spices and dried herbs  | fruit/seed-based (e.g. paprika, black/white/green/long pepper, aniseed,   |
| •                       | caraway, celery, coriander, dill seed, fennel, chervil, cumin, allspice,  |
|                         | nutmeg/mace, cardamom, fenugreek, mustard)  |
|                         | root-based (e.g. garlic, ginger, turmeric, galangal, onion)   |
|                         | herb/leaf-based (e.g. oregano, marjoram, basil, bay leaf, mint, rosemary,   |
|                         | parsley, sage, thyme, dill weed/leaves)   |
|                         | bark/flower-based (e.g. cinnamon, cloves, saffron)  |
|                         | mixed/unspecified (e.g. curry powder, garam masala, tandoori, herb  |
|                         | mixes, other mixed/unspecified spices)  |
|                         | tea (e.g. herbal, black teas)   |
| Specialized nutritional | lipid based nutrient supplements (ready to use therapeutic foods (RUTF)   |
| products                | and ready to use supplementary foods (RUSF)   |
|                         | dried/powdered nutrient supplements (blended powders including some   |
|                         | of products listed above)   |

In the course of the work some modifications to the categories were made. Following the request of the 45<sup>th</sup> session of the CCFH in 2013, teas were added to the category on spices and dried herbs. Powdered formulae for infants and young children were not included in these categories

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as the hazards and risks associated with these products have been recently reviewed by FAO and WHO, and Codex has already developed a code of hygienic practice for these products (FAO/WHO 2004; 2006; 2008; CAC, 2008). In addition, the category of dried protein products was refined to exclude cured and fermented meat products, primarily due to the variability of the water activity associated with these products, depending on the recipe and production process. Thus, in terms of meat, only products with a consistently low aw <0.85 e.g. meat powders were summarised for this category. It was also clarified that oils intended for use in food were not considered in this exercise.

#### 2.2 COLLECTION AND REVIEW OF KEY DATA

An overview of the microbiological hazards of concern in LMF was determined to be an important starting point and a structured knowledge synthesis of the global research evidence was commissioned. Specifically, a scoping review and systematic-review/meta-analysis was conducted to summarize: 1) the burden of illness due to microbial contamination of LMF; 2) the prevalence and concentration of selected microbial hazards in LMF; and 3) interventions to reduce microbial contamination of LMF. The review focused on the above mentioned categories of LMF and a selection of pathogenic microbiological hazards: *Bacillus cereus, Clostridium botulinum, Clostridium perfringens, Cronobacter* spp., pathogenic *Escherichia coli, Salmonella* spp., *Staphylococcus aureus*, and *Listeria monocytogenes*. For the purposes of data collection, the following indicator bacteria were also included: Enterobacteriaceae and generic *E. coli*.

The scoping –systematic review was conducted following standardized international principles while also utilizing a "rapid review" approach that employed some short cuts to accommodate limited time and resources (Anderson et al., 2008; Arksey & O'Malley, 2005; Ganann, Ciliska, & Thomas, 2010; Higgins & Green, 2011; Rajić & Young, 2013). Electronic bibliographic databases Scopus and Pubmed/Medline, Google search engine and reference lists of selected key relevant articles were searched using a reproducible search algorithm to identify potentially relevant citations. The scoping review stage was used to identify and characterize available research for all three objectives. Study characteristics were recorded for all relevant articles to describe the breadth and distribution of the current knowledge and to identify the main gaps in knowledge. Systematic review methods were used to extract more detailed data from relevant articles, including information on their methodological/reporting soundness. Meta-analysis was utilized to generate weighted estimates of the prevalence of selected microbial hazards in LMF categories where possible. A full overview of the methodology used and the outcome of this review, presented as an evidence "summary card" for each category of LMF, is described in Appendix 1.

This review was prepared in advance of the expert meeting and served as one of the key pieces of evidence to support the discussions which led to the development of the ranking model. This review was highly appreciated in terms of the comprehensive summaries it provided for each of the categories which could be used directly as information resources to support risk management decisions on specific categories of LMF. Feedback from the experts, both during and after the meeting, was used to finalize the review. Modifications included additional visual presentation of the contamination data for each category in the form of forest plots and additional description in terms of the strengths and the variability of the data sets.

The data presented in Appendix 1 was based on the available literature up to January 13, 2014. In the subsequent months a widely reported outbreak and recall linked to chia seeds unfolded in the USA and Canada (USFDA, 2014). It should also be noted that the scope of the review did not include statistics on LMF recalls. Data on recalls or refused import shipments is difficult to acquire, however it can be a useful indicator of trends. The most easily accessible data from

recalls is available for the United States of America and the European Union. These data indicate that there have been recalls across all categories of LMF and while *Salmonella* spp. is the most common reason cited it is far from being the only reason for recalls (see summary data in Appendix 2).

#### 2.3 SELECTION OF CATEGORIES FOR RANKING PURPOSES

During the expert workshop in May 2014 it was agreed that only seven categories would be considered for the purposes of ranking. These were 1; Cereals and grains; 2: Confections and Snacks; 3: Dried fruits and vegetables; 4: Dried protein products; 5: Nuts and nut products; 6: Seeds for consumption; and 7: Spices and dried herbs (including teas). Honey and preserves were excluded based on the information available from the scoping review indicating that the primary hazard of concern in relation to this category was *Clostridium botulinum* and the primary population of concern was infants. In addition, the options for risk management are limited and many countries already provide guidance advising that honey not be consumed by infants.

The expert group also considered special nutritional foods for malnourished populations which have recently been identified as potentially being contaminated with *Salmonella* and *Cronobacter* spp (FAO/WHO, in press). The expert meeting recommended at this point in time that these products not be included as a separate category for ranking purposes due to the limited data associated with these foods at the current time – the scoping review did not identify any information on these products in relation to illness and prevalence of microorganisms, thus the limited data is only available from the agencies which supply these foods to malnourished populations (FAO/WHO, in press). Furthermore, it was considered that there was no information to suggest that these were particularly different from other low moisture and therefore did not warrant a separate category of products were not further considered in the ranking, it was recommended that CCFH make reference to these in the Codex Code of Hygienic Practice currently under development for LMF.

The expert group also clarified that those extensively used common ingredients which are low moisture in nature and are widely used in processed foods e.g. sugar, salt, were not included in this ranking exercise.

#### 2.4 DEVELOPMENT OF RANKING APPROACH

In the development of a ranking approach for LMF in terms of microbiological food safety, the objective was to rank the LMF categories in a robust and transparent way, utilising the best expertise on the subject available and a sound methodology for the assessment of impacts and ranking of food categories.

There were a number of challenges to be overcome in the development of a ranking approach. These included the need for a global perspective in the assessment, the existence of multiple impacts of concern, the limited amount of evidence about some of these impacts, and the need to incorporate the expertise and opinions of the expert panel supporting the ranking process. These challenges led to the use of Multi-Criteria Decision Analysis (MCDA) and, more specifically, Multi-Attribute Value Theory as the conceptual framework (Keeney & Raiffa 1993; von Winterfeldt & Edwards 1986; Edwards, Miles & von Winterfeldt 2007) for the ranking

model. This methodology is firmly based on decision theory (French 1989) and measurement theory (Krantz, et al., 1971). It is also well-rooted on behavioural decision research, regarding the elicitation of parameters for the evaluation model (von Winterfeldt, 1999). MCDA has been extensively used in health assessments and prioritizations worldwide, at international level (e.g. WHO) and national levels (e.g. the UK Department for Environment, Food & Rural Affairs (Defra), and the British National Health Service (NHS), among others).

The ranking model was developed and applied in an interactive manner (Franco & Montibeller 2011) by experts in decision and risk analysis and those on the microbiological safety of LMFs. The facilitated approach enabled experts to share information and opinions in a structured way and enhanced the joint understanding and the confidence on the results of the analysis. The evaluation model developed here is an example of the emergent field of Policy Analytics (Tsoukias, et al., 2013), with a focus on bridging the science to policy gap. The modelling process followed a top-down evaluation. The steps followed, as shown in Figure 2.2, were: (i) identification of the fundamental objectives, (ii) definition of evaluation criteria, (iii) definition of attributes, (iv) gathering of evidence for assessing the impacts of each LMF category on each attribute, (v) conversion to normalised impacts of every LMF category on each attribute, (vi) elicitation of priorities for impacts minimisation (criteria weights), (vii) prioritisation of the LMF categories, and (viii) development of a robustness analysis. The process itself and the theory behind it are described in more detail in Appendix 3. The development and application of the ranking model is presented in Chapter 3.

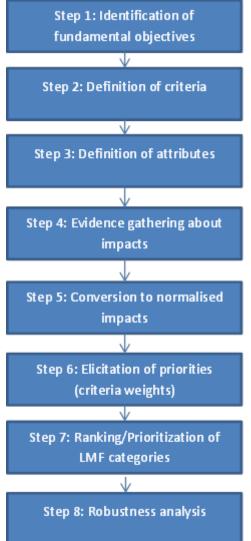


FIGURE 2.2. STEPS IN THE MULTI-CRITERIA PRIORITISATION OF LMF CATEGORIES.

### 3. DEVELOPMENT AND APPLICATION OF RANKING MODEL

This chapter provides the details of the inputs and the specific evidence that were used in the development and implementation of ranking model. The first step in this type of ranking is to identify the key and the fundamental objectives for the evaluation. While as noted earlier the key objective of this work was to rank LMF in terms of their microbiological food safety concerns in order to support the provision of management guidance by Codex, breaking this down in terms of what it means for countries was used as a first step, which then fed into the description of the criteria, their characterization (definition of their attributes) and ultimately the determination of their relative importance in terms of the weight assigned to each criterion. An overview of each of the steps is provided here with particular emphasis on the data that was used to inform the ranking. More technical details of the ranking approach can be found in Appendix 3.

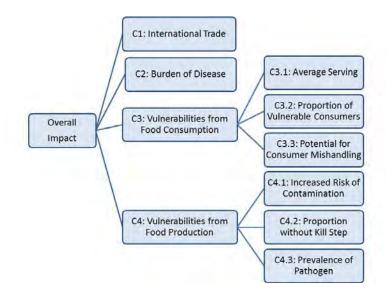
#### **3.1 STEP 1: IDENTIFICATION OF FUNDAMENTAL OBJECTIVES**

The fundamental objectives were defined as International Trade, Burden of Disease, Vulnerabilities due to Food Consumption, and Vulnerabilities due to Food Production. These were defined by use of a means end network and more details are provided in Appendix 3 (Step 1).

#### 3.2 STEP 2: DEFINITION OF EVALUATION CRITERIA

The four fundamental objectives identified in the means-end network - International Trade, Burden of Disease, Vulnerabilities due to Food Consumption, and Vulnerabilities due to Food Production were translated into four evaluation criteria, C1 to C4, and organised as a value tree (Belton & Stewart 2002), as shown in Figure 3.1.

Two evaluation criteria were decomposed into three sub-criteria. The criterion Vulnerabilities from Food Consumption (C3) was decomposed into Average Serving (C3.1), Proportion of



Vulnerable Consumers (C3.2), and Potential for Consumer Mishandling (C3.3).The criterion Vulnerabilities from Food Production (C4) was decomposed into Increased Risk of Contamination (C4.1). Proportion without Kill Step (C4.2), and Prevalence of Pathogen (C4.3). These criteria must observe a strict set of properties, to enable а quantitative multi-criteria value model to be developed (See Appendix 3 - Step 2).

FIGURE3.1. VALUE TREE FOR THE PRIORITISATION OF LMF CATEGORIES

#### 3.3 STEP 3: DEFINITION OF ATTRIBUTES

For each criterion located at the bottom level of the value tree, an associated attribute was specified (Table 3.1). This attribute is a performance indicator employed to measure the impact of each option being assessed on the fundamental objective being pursued.

TABLE3.1. CRITERIA, SUB-CRITERIA, AND ATTRIBUTES FOR THE EVALUATION OF LMF CATEGORIES.

| Criteria  | Sub-Criteria                                   | Attribute   | Source of information<br>/evidence   |
|---|--|---|--|
| C1: International<br>Trade                        | -  | Export value in US\$ billions/year  | FAOSTAT Trade data<br>(http://faostat3.fao.org/)   |
| C2: Burden of<br>Disease                          | -  | Total DALYs in outbreak cases from 1990 onwards   | Systematic/scoping review<br>(Appendix 1) and Published<br>DALY data (Appendix 5)                        |
| C3: Vulnerabilities<br>due to Food<br>Consumption | o Food Serving                                 |   | FAO/WHO Chronic Individual<br>Food Consumption Database<br>Summary Statistics<br>(CIFOCOSS) (Appendix 6) |
|   | C3.2:<br>Proportion<br>Vulnerable<br>Consumers | Proportion (0-100%) consumed by vulnerable groups (toddlers and elderly)  | FAO/WHO Chronic Individual<br>Food Consumption Database<br>Summary Statistics<br>(CIFOCOSS) (Appendix 6) |
|   | C3.3: Potential<br>for Consumer<br>Mishandling | Proportion (0-100%) of LMF products<br>in a given category with an increased<br>risk as a result of mishandling/poor<br>practices at any time between final<br>retail and consumption (see Appendix<br>7 for details) | Expert opinion   |
| C4: Vulnerabilities<br>due to Food<br>Production  | C4.1:<br>Increased Risk<br>of<br>Contamination | Proportion (0-100%) of LMF products<br>in a given category with an increased<br>risk of contamination post kill step<br>(see Appendix 7for details)   | Expert opinion   |
|   | C4.2:<br>Proportion<br>without Kill<br>Step    | Proportion (0-100%) of LMF in a given<br>category without a kill step prior to<br>retail and distribution (see Appendix<br>7 for details)   | Expert opinion   |
|   | C4.3:<br>Prevalence of<br>Pathogen             | Probability that a LMF is<br>contaminated at a level with any<br>pathogens with the potential to cause<br>illness in consumers <sup>1</sup>   | Systematic/scoping review<br>(Appendix 1)  |

<sup>&</sup>lt;sup>1</sup> Levels of contamination: *Salmonella* = presence, *B. cereus, C. perfringens* and *S. aureus,* =>3log CFU/g, pathogenic *E. coli, Listeria* and *Cronobacter* were omitted from calculation due to lack of data,

#### 3.4 STEP 4: EVIDENCE GATHERING ABOUT IMPACTS

Following the definition of the criteria and their attributes, an effort was made to collect the available data and evidence that would specifically support evaluation of the criteria against the attributes identified in Table 3.1. The primary sources of data and evidence used to evaluate each of the criteria are also indicated in Table 3.1. Whenever documented evidence was available it was employed, but for some attributes it was necessary to rely on expert judgments. In this case a clear protocol was developed to elicit such parameters, as described in Appendix 7. The sources and the rationale for each attribute are provided below.

#### **C1: INTERNATIONAL TRADE**

The data on the value of international trade was collated from FAOSTAT which was found to be the most comprehensive database with regard to LMF as for many categories the data were sufficiently disaggregated to distinguish LMF from other products. The data collated was the most recent available which was from 2011. There was however a number of challenges in terms of using this data and for most categories there are some key caveats which should be highlighted. In the case of cereal and grains it was recognized that not all of these commodities that enter the export market were intended for human consumption. Therefore, a correction was applied based on the FAO Food Balance sheets (available factor at http://faostat3.fao.org/browse/FB/\*/E), which indicate from a global perspective the proportion of key commodities which are consumed as food. In relation to confections and snacks, it should be noted that there were limited data for snacks due to the difficulty in clearly defining these. Also with regard to seeds for human consumption, the export figures were also subjected to a correction factor to account for the proportion of seeds which are pressed for oil. An overview of the data and any modifications that had to be made are included in Appendix 4. The trade values for each LMF category are shown in Table 3.2.

TABLE 3.2. VALUES FOR INTERNATIONAL TRADE AND BURDEN OF DISEASE CRITERIA FOR EACH OF THE SEVEN LMF CATEGOREIS

|       |                             | C1: International<br>Trade              | C2: Burden of<br>Disease                                       |
|-------|-----------------------------|---|--|
| Code  | Category Name               | Export value<br>[US\$<br>billions/year] | Total DALYs based<br>on outbreak cases<br>from 1990<br>onwards |
| Cat 1 | Cereals and Grains          | 118.594                                 | 72.53  |
| Cat 2 | Confections and Snacks      | 58.124                                  | 60.26  |
| Cat 3 | Dried Fruits and Vegetables | 15.211                                  | 32.78  |
| Cat 4 | Dried Protein Products      | 22.800                                  | 136.44   |
| Cat 5 | Nuts and Nut Products       | 20.338                                  | 118.51   |
| Cat 6 | Seeds for Consumption       | 1.150                                   | 18.42  |
| Cat 7 | Spices, Dried Herb and Tea  | 14.938                                  | 80.71  |

#### C2: BURDEN OF DISEASE

As part of the scoping review any publically available literature on the burden of illness was identified and synthesized for each category. This information was almost exclusively from outbreaks and is summarized in detail in Appendix 1. Total DALYs were calculated from the data on outbreaks since 1990. Across all LMF categories, outbreaks involving *B. cereus, Cl. botulinum, Cl. perfringens,* pathogenic *E. coli, Salmonella* spp. and *S. aureus* were captured. No outbreaks associated with generic *E. coli, Cronobacter* spp., *L. monocytogenes* or Enterobacteriaceae, were identified in the scoping review. The impacts are shown in Table 3.3. Details of the DALY calculations are shown in Appendix 5.

| C2: Burden of Disease |                             |   |  |  |  |  |
|-----------------------|-----------------------------|---|--|--|--|--|
| Code                  | Category Name               | Total DALYs<br>based on<br>outbreak cases<br>from 1990<br>onwards |  |  |  |  |
| Cat 1                 | Cereals and Grains          | 72.53   |  |  |  |  |
| Cat 2                 | Confections and Snacks      | 60.26   |  |  |  |  |
| Cat 3                 | Dried Fruits and Vegetables | 32.78   |  |  |  |  |
| Cat 4                 | Dried Protein Products      | 136.44  |  |  |  |  |
| Cat 5                 | Nuts and Nut Products       | 118.51  |  |  |  |  |
| Cat 6                 | Seeds for Consumption       | 18.42   |  |  |  |  |
| Cat 7                 | Spices, Dried Herb and Tea  | 80.71   |  |  |  |  |

TABLE3.3. IMPACTS FOR THE BURDEN OF DISEASE CRITERION (C2)

#### **C3: CONSUMPTION**

As mentioned earlier the criterion related to consumption was decomposed to three sub criteria as it was not possible to find a single means of capturing the aspects that the experts determined needed to be considered here. Even when broken down however this was not an easy area for which to obtain data and so a mixture of information from databases and expert elicitation were used in the evaluation of these sub-criteria.

#### C3.1: AVERAGE SERVING

For the purpose of the exercise, the FAO/WHO Chronic Individual Food Consumption Database Summary Statistics (CIFOCOSS) was chosen as being the most reliable individual food consumption database available at the global level (See Appendix 6). It was noted that it was not possible to provide reliable estimates for the median and therefore for the standard deviation for some LMF categories (i.e. dried fruits and vegetables, dried protein products.) due to the low number of consumers reported in the surveys. The mean serving in grams per day for the average population as well as the amount consumed by those considered to be high consumers were therefore used for ranking purposes and are shown in Table 3.4. The detailed tables on consumption can be found in Appendix 6.

#### C3.2: VULNERABLE CONSUMERS

For the purposes of this work it was decided to use age as a proxy for vulnerability of consumers and so in this context vulnerable consumers are defined as infants and young children (0 - 35 months) and the elderly (>65 years). While this data is available from population statistics it was not possible to link such data to the LMF categories and therefore this would not distinguish those categories which may be more frequently consumed by the vulnerable population. Therefore, using the CIFOCOSS data that was presented in 3.1, the proportion of consumers that were infants and young children and the elderly was calculated for each category. The results are shown in Table 3.4 and details of the calculations are provided in Appendix 6.

#### C3.3: POTENTIAL FOR CONSUMER MISHANDLING

This variable is defined as the proportion (0-100%) of LMF products in a given category with an increased risk as a result of mishandling/poor practices at any time between final retail and consumption. It concerns those LMF products to which may become contaminated at high enough levels to affect human health if mishandling occurs (e.g. temperature abuse, etc.) there is addition or combining of ingredients after the kill-step, which would present an opportunity for contamination of the product. The inputs to the ranking model on this sub-criterion were based on expert opinion, where experts were asked to provide the most likely estimate for the variable for each LMF category. The median of these estimates as shown in Table 3.4 was used was used in the ranking. Further details of the expert elicitation process are provided in Appendix 7.

| C3.1 - Average Serving |                                | C3.1 - Average Serving |  | C3.2 -<br>Vulnerable<br>Consumers  | C3.3 - Consumer<br>Mishandling   |
|------------------------|--------------------------------|------------------------|--|--|--|
| Code                   | Category Name                  | Mean<br>[g/day]        | High consumers<br>Level (P95)<br>[g/day] | Proportion (0-<br>100%)<br>consumed by<br>vulnerable<br>groups:<br>toddlers and<br>elderly | Proportion (0-100%)<br>of LMF products in a<br>given category with<br>an increased risk as a<br>result of<br>mishandling/poor<br>practices at any<br>time between final<br>retail and<br>consumption |
| Cat 1                  | Cereals and Grains             | 185.0                  | 537.5                                    | 14.9   | 20   |
| Cat 2                  | Confections and<br>Snacks      | 67.4                   | 513.0                                    | 12.7   | 5  |
| Cat 3                  | Dried Fruits and<br>Vegetables | 21.1                   | 295.5                                    | 16.0   | 5  |

## TABLE 3.4. VALUES FOR EACH OF THE SUB-CRITERIA USED TO DESCIRBE THE CRITERION ON VULNERABILITIES DUE TO FOOD CONSUMPTION.

#### Preliminary report of FAO/WHO expert consultation on ranking of low moisture foods

| Cat 4 | Dried Protein      | 1.1 | 40.0  | 33.5 | 25 |
|-------|--------------------|-----|-------|------|----|
|       | Products           |     |       |      |    |
| Cat 5 | Nuts and Nut       | 2.1 | 131.7 | 19.8 | 5  |
|       | Products           |     |       |      |    |
| Cat 6 | Seeds for          | 5.5 | 179.0 | 12.7 | 5  |
|       | Consumption        |     |       |      |    |
| Cat 7 | Spices, Dried Herb | 4.4 | 49.1  | 13.9 | 15 |
|       | and Tea            |     |       |      |    |

#### **C4: PRODUCTION**

As mentioned earlier the criterion related to production was decomposed into three sub criteria as it was not possible to find a single means of capturing the issues that the experts determined needed to be considered here. The evidence for these sub criteria came from the structured scoping review (Appendix 1) and expert elicitation.

#### C4.1: INCREASED RISK OF CONTAMINATION

This variable is defined as the proportion (in terms of amount of product produced for human consumption) of LMF products in a given category with an increased risk of contamination post kill step. More specifically, this is defined as those LMF products to which there is addition or combining of ingredients after the kill-step which would present an opportunity for contamination of the product. Inputs on this were based on expert elicitation where experts were asked to provide the Most Likely (ML) estimate for the variable for each LMF category. The median of these estimates are shown in Table 3.5. Further details of the expert elicitation process are provided in Appendix 7.

#### C4.2: PROPORTION WITHOUT KILL STEP

This variable is defined as the proportion (0-100%) of LMF products in a given category without a kill step prior to retail and distribution. For the purposes of characterizing this parameter a kill step is defined as follows: a process applied to a food or food ingredient with the aim of minimizing public health hazards from pathogenic microorganisms. The process step would likely not inactivate all microorganisms present, but it should reduce the number of harmful ones to a level at which they do not constitute a significant health hazard.

Although not originally intended as a kill step, processes such as roasting or extrusion cooking of LMF may also contribute to reducing numbers of harmful microorganisms which might be present. Regardless of the origin of the process step, all the processes which are used as a kill step must be validated to ensure that they are delivering the intended effect. In the absence of validation, such processes should not be considered as a kill step. Examples of a kill step could include validated processes of: applying heat or other means of inactivation when the food or ingredient has a high water activity (e.g. cooking meat, pasteurizing liquids, etc.). Inputs on this were based on expert elicitation where experts were asked to provide the most likely estimate for the variable for each LMF category. The median of these estimates are shown in Table 3.5. Further details of the expert elicitation process are provided in Appendix 7.

#### C4.3: PREVALENCE OF PATHOGEN

The pathogen prevalence per category was estimated based average meta-analysis estimates from the scoping-systematic review. Based on the availability of data for all seven categories, and the degree of confidence in that data it was agreed to use data on the prevalence of *B. cereus, C. perfringens, S. aureus* and *Salmonella* spp. to calculate an estimation of prevalence of contamination for each category. However, one concern that had to be overcome in relation to this approach related to the toxin producing organisms and the fact that they are only of concern when they reach a threshold concentration and toxin production becomes a likely concern. A threshold of 3 log CFU/g was assumed for this exercise. For each category the proportion of positive samples in prevalence surveys that are likely to exceed a 3 log CFU/g threshold was estimated based on the available data. Once the corrected values for each of the pathogens were determined a minimum, maximum and mid value for the overall prevalence of pathogen contamination were determined for each category. This approach involved several round of expert discussion before being finalized in order to confirm that the approach was reasonable and the output was within what was expected. Further details are provided in Appendix 8 and the results are shown in Table 3.5.

TABLE 3.5. VALUES FOR EACH OF THE SUB-CRITERIA USED TO DESCRIBE THE CRITERION ON VULNERABILITIES DUE TO FOOD PRODUCTION

|       |                                | C4.1 - Increased Risk of Contamination  | C4.2 - Proportion<br>Without Kill Step | C4.3 – Prevalence<br>of Pathogens                |
|-------|--------------------------------|---|--|--|
| Code  | Category Name                  | Proportion (0-100%)<br>of LMF products in a<br>given category with<br>an increased risk of<br>contamination post<br>kill stepProportion (0-<br>100%) of LMF<br> |  | Prevalence or<br>probability of<br>contamination |
| Cat 1 | Cereals and Grains             | 14.55   | 85                                     | 3.94   |
| Cat 2 | Confections and<br>Snacks      | 40  | 20                                     | 2.21   |
| Cat 3 | Dried Fruits and<br>Vegetables | 10  | 70                                     | 4.84   |
| Cat 4 | Dried Protein<br>Products      | 20  | 10                                     | 2.54   |
| Cat 5 | Nuts and Nut<br>Products       | 10.5  | 50                                     | 0.78   |
| Cat 6 | Seeds for<br>Consumption       | 10  | 75                                     | 2.07   |
| Cat 7 | Spices, Dried Herb<br>and Tea  | 10  | 75                                     | 11.67  |

#### 3.5 STEP 5: EVALUATION OF NORMALISED IMPACTS

The scale for measuring the normalised impact of each LMF category on every attribute was normalised between 0 (for the lowest impact) to 100 (for the highest impact). This is therefore a linear function, with the properties associated with multi-attribute value theory (Dyer & Sarin 1979). Tables 3.6 to 3.8 show the normalised impact for each attribute of the model.

TABLE3.6. NORMALISED IMPACTS FOR CRITERION C1: INTERNATIONAL TRADE AND CRITERION C2: BURDEN OF DISEASE.

|       |                             | C1: Inter                               | national Trade  | C2: Burden of Diseas  |   |
|-------|-----------------------------|---|---|---|---|
| Code  | Category Name               | Export value<br>[US\$<br>billions/year] | Normalised<br>Impact (v <sub>1</sub> )<br>[Dis-Value] | Total<br>DALYs in<br>outbreak<br>cases<br>from<br>1990 to<br>2014 | Normalised<br>Impact (v <sub>2</sub> )<br>[Dis-Value] |
| Cat 1 | Cereals and Grains          | 118.594                                 | 100.0   | 72.53   | 45.9  |
| Cat 2 | Confections and Snacks      | 58.124                                  | 48.5  | 60.26   | 35.4  |
| Cat 3 | Dried Fruits and Vegetables | 15.211                                  | 12.0  | 32.78   | 12.2  |
| Cat 4 | Dried Protein Products      | 22.800                                  | 18.4  | 136.44  | 100.0   |
| Cat 5 | Nuts and Nut Products       | 20.338                                  | 16.3  | 118.51  | 84.8  |
| Cat 6 | Seeds for Consumption       | 1.150                                   | 0.0   | 18.42   | 0.0   |
| Cat 7 | Spices, Dried Herb and Tea  | 14.938                                  | 11.7  | 80.71   | 52.8  |

#### TABLE 3.7. NORMALISED IMPACTS FOR THE CRITERION C3 CONSUMPTION

|       |                             | C3.1: Average Serving C3.2 - Vulnerable Consumers |   | nsumers  | C3.3 - Consumer Mishandling                             |  |   |
|-------|-----------------------------|---|---|--|---|--|---|
| Code  | Category Name               | Average g/day                                     | Normalised<br>Impact (v <sub>3.1</sub> )<br>[Dis-Value] | Proportion (0-<br>100%) consumed<br>by vulnerable<br>groups: toddlers<br>and elderly | Normalised Impact<br>(v <sub>3.2</sub> )<br>[Dis-Value] | Proportion (0-<br>100%) of LMF<br>products in a given<br>category with an<br>increased risk as a<br>result of<br>mishandling/poor<br>practices at any<br>time between final<br>retail and<br>consumption | Normalised<br>Impact (v <sub>3.3</sub> )<br>[Dis-Value] |
| Cat 1 | Cereals and Grains          | 185.0   | 100.0   | 14.9   | 10.6  | 20   | 75.0  |
| Cat 2 | Confections and Snacks      | 67.4  | 36.1  | 12.7   | 0.0   | 5  | 0.0   |
| Cat 3 | Dried Fruits and Vegetables | 21.1  | 10.9  | 16.0   | 15.9  | 5  | 0.0   |
| Cat 4 | Dried Protein Products      | 1.1   | 0.0   | 33.5   | 100.0   | 25   | 100.0   |
| Cat 5 | Nuts and Nut Products       | 2.1   | 0.5   | 19.8   | 34.1  | 5  | 0.0   |
| Cat 6 | Seeds for Consumption       | 5.5   | 2.4   | 12.7   | 0.0   | 5  | 0.0   |
| Cat 7 | Spices, Dried Herb and Tea  | 4.4   | 1.8   | 13.9   | 5.8   | 15   | 50.0  |

#### TABLE 3.8. NORMALISED IMPACTS FOR CRITERION C4 .PRODUCTION

|       | C                           | 4.1 - Increased Risk of  | Contamination   | C4.2 - Proportion Without Kill Step  |   | C4.3 - Prevalence of Pathogens                            |   |
|-------|-----------------------------|--|---|--|---|---|---|
| Code  | Category Name               | Proportion (0-<br>100%) of LMF<br>products in a<br>given category<br>with an increased<br>risk of<br>contamination<br>post kill step | Normalised Impact<br>(v <sub>4.1</sub> )<br>[Dis-Value] | Proportion (0-100%)<br>of LMF products in a<br>given category not<br>subject to a kill step<br>(see definition<br>below) prior to retail<br>and distribution | Normalised Impact<br>(v <sub>4.2</sub> )<br>[Dis-Value] | Presence of<br>contamination<br>(log <sub>10</sub> cfu/g) | Normalised<br>Impact (v <sub>4.3</sub> )<br>[Dis-Value] |
| Cat 1 | Cereals and Grains          | 14.55  | 15.2  | 85   | 100.0   | 3.94  | 29.0  |
| Cat 2 | Confections and Snacks      | 40   | 100.0   | 20   | 13.3  | 2.21  | 13.1  |
| Cat 3 | Dried Fruits and Vegetables | 5 10   | 0.0   | 70   | 80.0  | 4.84  | 37.3  |
| Cat 4 | Dried Protein Products      | 20   | 33.3  | 10   | 0.0   | 2.54  | 16.2  |
| Cat 5 | Nuts and Nut Products       | 10.5   | 1.7   | 50   | 53.3  | 0.78  | 0.0   |
| Cat 6 | Seeds for Consumption       | 10   | 0.0   | 75   | 86.7  | 2.07  | 11.8  |
| Cat 7 | Spices, Dried Herb and Tea  | 10   | 0.0   | 75   | 86.7  | 11.67   | 100.0   |
|       |                             |  |   |  |   |   |   |

#### 3.6 STEP 6: ELICITATION OF CRITERIA WEIGHTS

The aggregation of multiple impacts into an overall impact requires the definition of priorities among the impacts considered. These priorities are represented by criteria weights in a multicriteria model. It is important that proper elicitation procedures are employed for obtaining these parameters from experts, as they should consider not only the relative importance of the criteria but also the ranges of each attribute in such prioritisation<sup>2</sup> (Keeney & Raiffa 1993; Keeney 2002).

Several valid protocols are available and in this exercise the weights were elicited from the expert group using an adaption of the swing weighting method (see (von Winterfeldt & Edwards 1986)), which makes the assessments more concrete. Details of the protocol used are included in Appendix 3 (Step 6). The weights elicited for each of the criteria and sub-criteria are presented in Table 3.9. The swing weights define the level of importance to be applied to each of the criteria in the final ranking. The experts clearly identified Burden of disease as the most important criterion in the ranking exercise. There were some differences of opinions among experts, regarding the swing weights for the other three criteria. Ultimately, production was considered to be the second most important criterion, followed by consumption and finally international trade.

| Criteria                | Swing weight | Range    | Normalized value<br>(%) | Range (%)    |
|-------------------------|--------------|----------|-------------------------|--------------|
| C1 International trade  | 45           | [30, 60] | 16.7                    | [11.8, 21.1] |
| C2 Burden of<br>Disease | 100          | -        | 37                      |              |
| C3 Consumption          | 50           | [40, 65] | 18.5                    | [15.4, 22.8] |
| C4 Production           | 75           | [70,80]  | 27.8                    | [26.4, 29.1] |

TABLE 3.9: OVERVIEW OF THE SWING WEIGHTS AND THEIR RANGES ASSIGNED TO EACH OF THE 4 MAIN CRITERIA THROUGH EXPERT ELICITATION.

#### 3.7 STEP 7: PRIORITISATION OF LMF CATEGORIES (RESULTS)

As the criteria are preferentially independent, i.e. the impacts of LMF categories can be assessed independently on every attribute (Keeney 1996; von Winterfeldt & Edwards 1986), a simple weighted sum could be used to aggregate the different normalised impacts onto a single overall impact.

The overall normalised impact (V) of a LMF category *a* is thus given by the following formula:

<sup>&</sup>lt;sup>2</sup> The notion of direct importance of a criterion should be avoided in defining weights of evaluation criteria, as it can lead to the misleading definition of these parameters (von Nitzsch & Weber, 1993) and misrepresentation of priorities (Keeney, 2002).

$$V(a) = w_1 v_1(a) + w_2 v_2(a) + w_3 v_3(a) + w_4 v_4(a).$$
 [Eq. 1]

With:

$$w_1 + w_2 + w_3 + w_4 = 1.$$

The normalised aggregated impact  $(v_3)$  for Food Consumption is given by:

$$v_3(a) = w_{3.1}v_{3.1}(a) + w_{3.2}v_{3.2}(a) + w_{3.3}v_{3.3}(a).$$
 [Eq. 2]

With:

 $w_{3\cdot 1} + w_{3\cdot 2} + w_{3\cdot 3} = 1.$ 

The normalised aggregated impact (v<sub>4</sub>) for Food Production is given by:

$$v_4(a) = w_{4.1}v_{4.1}(a) + w_{4.2}v_{4.2}(a) + w_{3.3}v_{4.3}(a).$$
 [Eq. 3]

With:

$$s_{4\cdot 1} + w_{4.2} + w_{4.3} = 1.$$

Table 3.10 shows the impact from the three sub-criteria of Food Consumption (C3) and their aggregated impact for each LMF category, using Equation 2 above and the baseline weights elicited in the previous step of the analysis. This illustrates that based on consumption criteria alone, cereals and grains and dried protein products have a very similar high score and rank far ahead of the other categories based on this criterion.

TABLE 3.10. NORMALISED AGGREGATED IMPACT ON FOOD CONSUMPTION (C3) FOR EACH LMF CATEGORY

| C3: Food Consumption |                             |   |                          |                                   |                            |  |  |  |
|----------------------|-----------------------------|---|--------------------------|-----------------------------------|----------------------------|--|--|--|
|                      |                             | C3.1 -C3.2 -AverageVulnerableServingConsumers |                          | C3.3 -<br>Consumer<br>Mishandling | Impact Food<br>Consumption |  |  |  |
| Code                 | Category Name               | [Dis-Value]                                   | [Dis-Value]              | [Dis-Value]                       | [Dis-Value]                |  |  |  |
| Cat 1                | Cereals and Grains          | 100.0   | 10.6                     | 75.0                              | 57.9                       |  |  |  |
| Cat 2                | Confections and Snacks      | 36.1  | 0.0                      | 0.0                               | 15.7                       |  |  |  |
| Cat 3                | Dried Fruits and Vegetables | 10.9  | 15.9                     | 0.0                               | 11.6                       |  |  |  |
| Cat 4                | Dried Protein Products      | 0.0   | 100.0                    | 100.0                             | 56.5                       |  |  |  |
| Cat 5                | Nuts and Nut Products       | 0.5   | 34.1                     | 0.0                               | 15.1                       |  |  |  |
| Cat 6                | Seeds for Consumption       | 2.4   | 0.0                      | 0.0                               | 1.0                        |  |  |  |
| Cat 7                | Spices, Dried Herb and Tea  | 1.8   | 5.8                      | 50.0                              | 9.8                        |  |  |  |
|                      | Normalised Weights          | w <sub>3.1</sub> = 43.5%                      | w <sub>3.2</sub> = 43.5% | w <sub>3.3</sub> =13.0%           |                            |  |  |  |

Table 3.11 shows the impact from the three sub-criteria of Food Production (C4) and their overall normalised impact for each LMF category, using Equation 3 above and the baseline weights elicited in the previous step of the analysis. Considering the production criterion alone, spices, dried herbs and teas rank highest, followed by cereals and grains and dried fruits and vegetables. Against this criterion, dried protein products rank much lower, which may be a reflection of the well-controlled conditions under which the dried protein products considered in this ranking are produced.

| C4: Vulnerability Food<br>Production |                             |                                 |  |                                      |                           |  |  |  |
|--------------------------------------|-----------------------------|---------------------------------|--|--------------------------------------|---------------------------|--|--|--|
|                                      |                             | C4.1 - Risk of<br>Contamination | C4.2 -<br>Proportion<br>Without Kill<br>Step | C4.3 -<br>Prevalence<br>of Pathogens | Impact Food<br>Production |  |  |  |
| Code                                 | Category Name               | [Dis-Value]                     | [Dis-Value]                                  | [Dis-Value]                          | [Dis-Value]               |  |  |  |
| Cat 1                                | Cereals and Grains          | 15.2                            | 100.0  | 29.0                                 | 50.0                      |  |  |  |
| Cat 2                                | Confections and Snacks      | 100.0                           | 13.3   | 13.1                                 | 29.7                      |  |  |  |
| Cat 3                                | Dried Fruits and Vegetables | 0.0                             | 80.0   | 37.3                                 | 44.4                      |  |  |  |
| Cat 4                                | Dried Protein Products      | 33.3                            | 0.0  | 16.2                                 | 14.0                      |  |  |  |
| Cat 5                                | Nuts and Nut Products       | 1.7                             | 53.3   | 0.0                                  | 18.1                      |  |  |  |
| Cat 6                                | Seeds for Consumption       | 0.0                             | 86.7   | 11.8                                 | 34.5                      |  |  |  |
| Cat 7                                | Spices, Dried Herb and Tea  | 0.0                             | 86.7   | 100.0                                | 76.5                      |  |  |  |
|                                      | Normalised Weights          | w <sub>4.1</sub> = 19.0%        | w <sub>4.2</sub> = 33.3%                     | w <sub>4.3</sub> = 47.6%             | Ď                         |  |  |  |

TABLE 3.11. NORMALISED IMPACT ON FOOD PRODUCTION (C4) FOR EACH LMF CATEGORY

Table 3.12 shows the normalised impacts on the four main criteria and the overall normalised impact for each LMF category, using Equation 1 above and the baseline weights elicited in the previous step of the analysis. Category 1 (Cereals and Grains) has the highest score (V = 58.3), followed by Category 4 (Dried Protein Products, V = 54.5), and then Category 7 (Spices, Dried Herb and Tea, V = 44.6).

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| Code               | Category<br>Name                  | C1 -<br>Internatio<br>nal Trade<br>(v <sub>1</sub> ) | C2 -<br>Burden<br>of<br>Disease<br>(v <sub>2</sub> ) | C3 - Food<br>Consumptio<br>n (v₃) | C4 - Food<br>Production<br>(v <sub>4</sub> ) | Overall<br>Impact (V)<br>[dis-value] | Ranking<br>order |
|--------------------|-----------------------------------|--|--|-----------------------------------|--|--------------------------------------|------------------|
| Cat 1              | Cereals and<br>Grains             | 100.0  | 45.9   | 57.9                              | 50.0   | 58.3                                 | 1                |
| Cat 2              | Confections<br>and Snacks         | 48.5   | 35.4   | 15.7                              | 29.7   | 32.4                                 | 5                |
| Cat 3              | Dried Fruits<br>and<br>Vegetables | 12.0   | 12.2   | 11.6                              | 44.4   | 21.0                                 | 6                |
| Cat 4              | Dried Protein<br>Products         | 18.4   | 100.0  | 56.5                              | 14.0   | 54.5                                 | 2                |
| Cat 5              | Nuts and Nut<br>Products          | 16.3   | 84.8   | 15.1                              | 18.1   | 42.0                                 | 4                |
| Cat 6              | Seeds for<br>Consumption          | 0.0  | 0.0  | 1.0                               | 34.5   | 9.8                                  | 7                |
| Cat 7              | Spices, Dried<br>Herb and Tea     | 11.7   | 52.8   | 9.8                               | 76.5   | 44.6                                 | 3                |
| Normalised Weights |                                   | W <sub>1</sub> =<br>16.7%                            | W <sub>2</sub> =<br>37.0%                            | W <sub>3</sub> = 18.5%            | W <sub>4</sub> = 27.8%                       |                                      |                  |
|                    |                                   |  |  |                                   |  | 100.0%                               |                  |

TABLE 3.12. OVERALL IMPACT FOR EACH LMF CATEGORY AND FINAL RANKING OF LMF CATEGORIE.

Figure 3.2 presents the contribution of each main criterion to the overall normalised impact of every LMF category. Notice that a large part of the overall score of Category 4 comes from its impact on the Burden of Disease criterion ( $v_2 = 37$ ), while Category 1 has more distributed impacts on the four main criteria. Thus Figure 3.2 not only illustrates the overall ranking but the criterion which really drove the ranking result. Category 1 (Cereals and Grains) had quite high impacts for all criteria, especially for International Trade and Food Consumption criteria, compared to most of the other categories. This is not particularly surprising given that this category included the commodities and products which are considered as staple foods in most parts of the world. However, having said that, these aspects did not completely overshadow the other criteria. For category 4 (Dried Protein Products), burden of disease was the dominating driver of the high score, primarily due to a couple of very large outbreaks associated with dried dairy products, which equated to a high total DALY for this food category. For the third ranked category, category 7 (Spices, Dried Herbs and Tea), the Vulnerabilities of the Production and the Burden of Disease were the driving factors. Generally spices and dried herbs are produced without any steps to reduce or kill pathogens. In addition, it should be noted that most of the outbreaks involved Salmonella, which has a higher DALY than other common pathogens e.g. B. cereus. For category 5 (Nuts and Nut Products): burden of disease was also the key driver as

with spices and dried herbs, because there have been several moderate to large outbreaks of international concern (e.g. Roasted peanuts (2001) shipped globally from China).

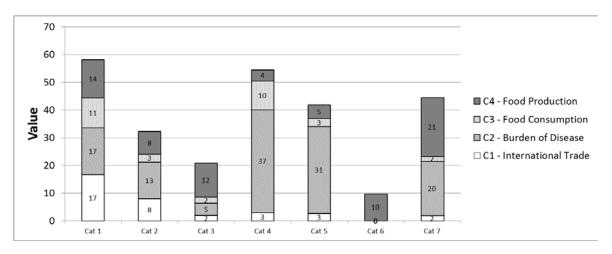


FIGURE3.2. OVERALL IMPACT LMF CATEGORIES

#### 3.8 STEP 8: ROBUSTNESS ANALYSIS

It is important that the modelling process is used as a learning tool, i.e. not to prescribe a solution but, instead, to explore the robustness of the findings and the consequences that uncertainties might cause on the ranking (Roy 1993; Roy 2010).

An interactive robustness analysis was conducted with the experts during the ranking process by varying input parameters to test the sensitivity of results to their changes. This was done by using a spreadsheet-based decision support system developed during the project. In addition, a detailed backroom robustness analysis was conducted, concerning difference of priorities among the expert group (criteria weights) and uncertainties about the evidence available (impacts).

#### SENSITIVITY TO CRITERIA WEIGHTS - MAIN CRITERIA OF THE MODEL

As mentioned previously, the elicitation of weights from experts provided ranges of weights. In this section the consequences of varying weights on the ranking of LMF categories for the four main criteria of the model are analysed.

Figure 3.3 presents a sensitivity analysis of the overall impact of every LMF category as the weight of Criterion C1 (International Trade) is ranged from 0 to 100%. The baseline weight of this criterion in the model is  $w_1 = 16.7\%$  and is indicated by the black vertical line. With this baseline weight, Category 1 has the highest overall score, followed by Category 4, then Category 7 as indicated in the figure. (Notice that the ranking of the categories with the baseline weights is the same for all the subsequent criteria analysed here.). As shown in Figure 3.3, if the weight of this criterion was further increased, to the right of the black vertical d line, Category 1's overall normalised impact would further increase – therefore more emphasis on International Trade would lead to the selection of Category 1 intersects with Category 4 (point ①:  $w'_1 = 12\%$ ). Any further reduction of weight beyond this point ① would lead to the selection of Category 4. Notice that the range provide by the experts ( $w_1 = [11.8\%, 21.1\%]$ ) contemplates a lower-bound for this weight that is slightly below  $w'_1 = 12\%$ , which indeed could lead to the selection of Cat 4.

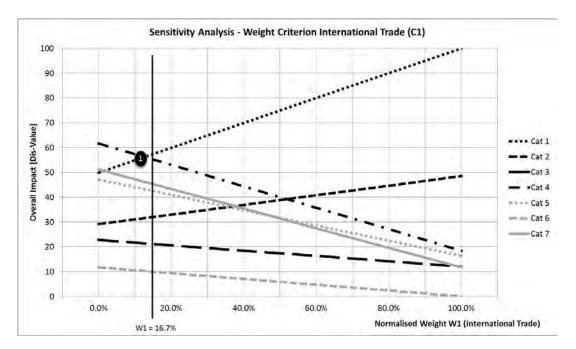


FIGURE 3.3. SENSITIVITY ANALYSIS FOR THE WEIGHT OF CRITERION C1 (INTERNATIONAL TRADE)

Figure 3.4 presents a sensitivity analysis of the overall normalised impact of every LMF category as the weight of Criterion C2 (Burden of Disease) is ranged from 0 to 100%. The baseline weight of this criterion in the model is  $w_2 = 37.0\%$  and is indicated by the black vertical line. If the weight of this criterion were increased, to the right of the black vertical line, there is a point where Category 1 intersects with Category 4 (point (2):  $w'_2 = 41.4\%$ ). If the weight of this criterion were further increased beyond this point (2), Category 4 should rank higher. For any level below point (2) Category 1 remains the highest in the rank. Notice that experts did not contemplate a further increase in this parameter during the elicitation of weights.

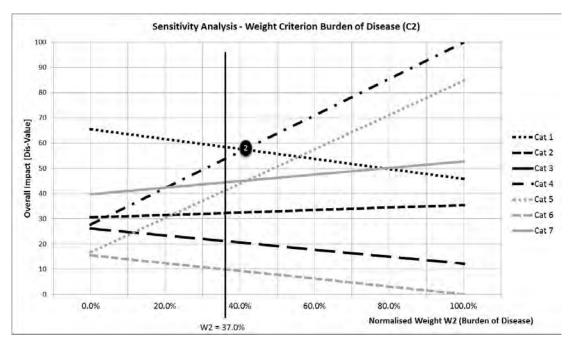


FIGURE 3.4. SENSITIVITY ANALYSIS FOR THE WEIGHT OF CRITERION C2 (BURDEN OF DISEASE)

Figure 3.5 presents a sensitivity analysis of the overall normalised impact of every LMF category as the weight of Criterion C3 (Food Consumption) is ranged from 0 to 100%. The baseline weight of this criterion in the model is  $w_3 = 18.5\%$  and is indicated by the black vertical line. As the graph shows, whatever the priority (weight) placed on this criterion, the highest LMF category is always Category 1.

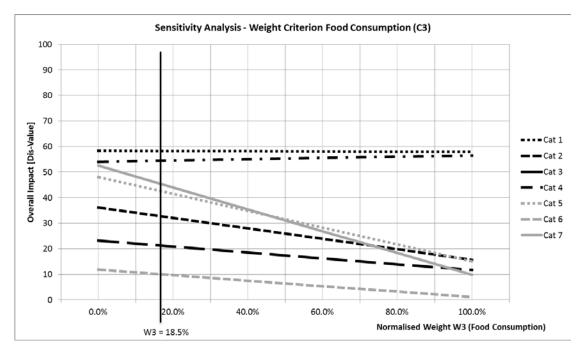


FIGURE 3.5. SENSITIVITY ANALYSIS FOR THE WEIGHT OF CRITERION C3 (FOOD CONSUMPTION)

Figure 3.6 presents a sensitivity analysis of the overall normalised impact of every LMF category as the weight of Criterion C4 (Food Production) is ranged from 0 to 100%. The baseline weight of this criterion in the model is  $w_2 = 27.8\%$  and is indicated by the black vertical line. If the weight of this criterion were reduced to the left of the black vertical line, there is a point where Category 1 intersects Category 4 (point ③:  $w'_4 = 20.0\%$ ). For weights below this level, Category 4 should rank highest. On the other hand, if the weight of this criterion were increased, to the right of the vertical line, there is a point where Category 1 intersects with Category 7 (point ④:  $w''_4 = 52.0\%$ ). For weights above this level Category 7 should rank highest. Notice that the range of weights provide by the experts for this criterion ( $w_4 = [26.4\%, 29.1\%]$ ) is within points ③ and ④, where Category 1 has the highest score.

These analyses of sensitivity on weights show that the ranking is quite robust to changes of priorities, with either Category 1 or Category 4 always being on the top position. There are no intersection points very near the baseline weights and, in all case except for Criterion 1 (Figure 3.3), there was not a range of weights provided by the experts that reached any intersection point. (For Criterion 1, the lower bound of the range provided by experts was only slightly below the intersection point (1).)

In addition to this analysis, the four graphs (Figure 3.3 to 3.6) can help in identifying the category to be selected if their priorities increase/decrease from the baseline weights suggested by the expert group during this ranking exercise.

The sensitivity analysis of the sub criteria for criterion 3 and 4 are presented in Appendix 3 (Step 8) with similar results. In addition an analysis of robustness considering the uncertainties

about the evidence available particularly in those sub criteria which were based on expert opinion was undertaken as shown in Appendix 3.

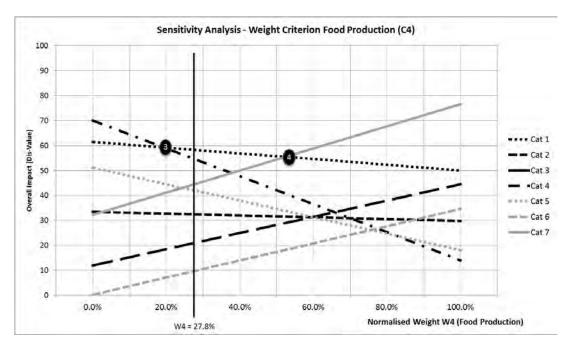


FIGURE3.6. SENSITIVITY ANALYSIS FOR THE WEIGHT OF CRITERION C4 (FOOD PRODUCTION)

### 5. DISCUSSION AND CONCLUSIONS

#### RANKING RESULTS

Cereals and Grains were in the first position in the ranking that was undertaken. It had quite high impacts for all criteria, especially for the International Trade and Food Consumption criteria, compared to most of the other categories. However it also ranked among the top categories for the other two criteria, Burden of illness and Food Production. This is a diverse group of products, which are consumed globally and subject to many different production and preparation practices. It includes staple commodities for much of the world and thus measures to control the microbiological hazards associated with this category will potentially have wide reaching impact in terms of consumer health protection.

Dried Protein Products was ranked second overall. Burden of Disease was the dominating driver of the high score, primarily due to a couple of very large outbreaks associated with dried dairy products which led the increase of DALYs for this food category. While there was some concern expressed by the experts that these outbreaks were having too large an impact on the ranking of this category, it was also acknowledged that, while in general many of the commodities in this category are produced under well controlled conditions, if something does go wrong, the potential impact is extensive. This is impacted by the wide distribution of the products considered in the ranking e.g. dried milk powder as well as other factors such as their extensive use as ingredients and the potential for them to be prepared in a way prior to consumption that is favourable for microbial growth.

Spices, dried herbs and teas ranked third overall. Food Production and Burden of Disease criteria were the driving factors. Despite the fact that these commodities are generally consumed in small amounts, there is ample opportunity for contamination during the production and processing stages. While they may be subjected to microbial inactivation treatments, these may not be suitable for or permitted for all possible commodities in this category, or if GAP/GMP/GHP have not been applied may not be adequate to reduce the contamination to levels which minimize the risk to consumer health. In addition, it should be noted that several large outbreaks of salmonellosis associated with the food category have been observed recently.

Nuts and nut products, which were ranked fourth, with Burden of Disease being once again the important driver. In this case also, there have been several outbreaks of international concern. For confections and snacks, there was a better distribution of impact across the criteria, although consumption was lowest here. For dried fruits and vegetables and seeds, production conditions had the greatest impact with limited or no impact from other criteria.

An extensive robustness analysis of the ranking results was conducted, considering both the criteria weights and the parameters where expert judgment was required. These analyses of sensitivity on weights showed that the ranking was quite robust to changes of priorities, with either Category 1 or Category 4 always being on the top positions - the latter would become the top ranked if the weight of burden of disease were further increased. Due to the large quantity of these two product categories relative to other categories, it is not surprising that these ranked highly, and in other words, improvements in these industries are likely to have a larger impact on public health compared to LMFs consumed in smaller portions and with lower frequency. There are no intersection points very near the baseline weights for any of the criteria except for Criterion 1. In the context of this sensitivity or robustness analysis the model was considered to be robust. The sensitivity or robustness analysis can also help in identifying the changes in the

ranking if significant changes in weights, away from the baseline weights established by experts, were considered.

#### KNOWLEDGE SYNTHESIS AND DATA COLLECTION TO SUPPORT DECISION MAKING

Synthesis research methodologies such as systematic review offer transparent and replicable methods to identify critically appraise and synthesize the literature on a clearly formulated question (Young et al. 2014, Sargeant J. et al. 2014; Higgins and Green, 2011). Thus, synthesis research results provide a valuable means of underpinning evidence-informed policy making in food safety and public health because of the improved transparency and accountability they lend to the process (Rajić, Young & McEwen 2013). Meta-analysis is a statistical method to combine results from similar studies identified in a systematic review, which measure the same outcome, into an overall average estimate of effect (Young et al. 2014, Sargeant J. et al. 2014). This ranking process used evidence-informed inputs from a rapid scoping and systematic review that synthesized global evidence and presented meta-analytic summaries of the current knowledge of the microbial food safety (prevalence and concentration), burden of illness and effectiveness of interventions against microbial contamination of LMF.

Some of the key points in relation to data highlighted by this process include the following:

- There is significant variability in the quantity and quality of data for prevalence and concentration of selected bacteria in various LMF products. Some prevalence estimates were underpinned by >10 studies and represented surveys from around the world, whereas others may have only been underpinned by 2 small studies from remote regions. (e.g. *E. coli* O157:H7 in cereals and grains, which the experts decided to dismiss from the estimation of contamination)
- Meta-analytic summaries of prevalence data were computed where possible. Data related to important contamination thresholds for toxin producing bacteria and the proportion of contaminated samples likely to exceed the thresholds were extracted from the literature identified in the scoping study. However, the amount of data available for this additional and informative analysis was limited.
- Burden of illness data was almost exclusively related to outbreaks. It was the outbreak data that was used to calculate DALYs for each category as an indicator or relative measure of the potential burden of illness in each category. No primary data was available on sporadic cases of illness of LMF.
- Burden of illness data was considered by the experts to underrepresent what is likely occurring as many LMFs are components of mixed dishes and the likelihood of them being associated with illness is significantly lower than for other foods e.g. ground beef or eggs. However the outbreaks represent a signal that something has gone wrong and while these may be only a fraction of actual illness caused by LMF, the experts decided that this was the best information we have and that it should be used for the relative ranking between categories.
- Intervention studies identified from the literature were largely small challenge trials that used artificially inoculated samples and were conducted under laboratory conditions. These studies suffered from small sample size and potentially exaggerated effectiveness due to the challenge, most interventions were not commercialized or conducted under commercial conditions, and therefore the generalizability is limited. However many of the investigated interventions are already being implemented on a commercial scale in some LMF industries (e.g. nuts and spices), which means that there is a possibility that

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these interventions based on experimental trials could not always eliminate hazards from LMF under commercial conditions. Therefore, prevention of cross-contamination and GHP/GMP/HACCP based control would be important to minimize hazards in LMF.

- There was also significant variability in the data for different categories of LMF, relevant to those criteria such as trade and consumption. For those LMF which are consumed in a state close to the primary commodity e.g. nuts, seeds, there were adequate data to allow characterization of the situation. However, for more complex products such as confections and snacks, or those categories such as cereals and grains where there are a very large number of potential products, a number of assumptions had to be made to enable use of the data. This highlights the challenge of reviewing such broad categories of products.
- LMF categories covered a diverse number of categories and products. The work that went into this report, summarizing the literature, gathering additional data and obtaining expert opinion very carefully tried to balance the complexity of the industries which produce the LMFs of interest with the desire to summarize by larger categories to get an appreciation for those categories where guidelines and improved production practices may have the largest impact on the quality of the food and public health. It is anticipated that some categories will need to be organized into sub-categories with related production processes to develop good production practices.

#### MCDA AS A RANKING APPROACH FOR FOOD SAFETY ISSUES

The MCDA process when professionally facilitated offers a clear transparent approach to ranking options. The experts were challenged to step outside of their particular area of expertise and consider LMF diversity on a global scale. The resulting ranking makes sense from this global perspective.

While the output of this ranking process was considered to be reasonable, the approach like others is still something that is reflective of the time it was undertaken, and the available data. If this exercise was repeated at a regional or global level, it is likely there would be some modification to the outcome. However from the global perspective, the MCDA approach facilitated the combination of quantitative and non-quantitative inputs on a range of criteria which are not always easy to combine.

The MCDA approach is not the same as a risk-based approach and this may provide a challenge for those working in the food safety area and are more familiar with the concept of risk.

This process has not highlighted LMFs where there is evidence and willingness for change within the production industry. This was outside of this project's scope, but would potentially be of interest when evaluating where influence and impact could happen easily and quickly within the industry.

#### CHALLENGES AND BENEFITS OF PROCESS

The use of synthesis methodology to provide evidence-based summaries of the global knowledge that was used to guide expert discussions, and as inputs (where appropriate) into the MCDA was a valuable addition to the process, especially with the diverse topic of LMF, where no expert necessarily had knowledge across all categories. The synthesis report (appendix 1) provided a basis for discussion and transparent list of the available evidence

including outbreaks. Furthermore, it was recognized by the expert group that the output of the knowledge synthesis alone serves as a valuable resource in itself to inform risk managers on the issues and challenges associated with LMF.

The synthesis methodologies and the MCDA approaches require time and expertise to execute and they were new to most of the experts. As a result time was required during the consultation process to introduce the concepts and continually reiterate strengths and challenges with these methods. A major strength of the synthesis methodology is the transparency and inclusiveness. This was highlighted on several occasions during the consultation process where the content was challenged primarily for possible missing information (outbreaks primarily), however, the outbreak or article was on each occasion located in the synthesis documentation or an explanation of why it did not meet the inclusion criteria identified.

There were a number of challenges to be overcome in the development of a ranking approach. Firstly, there was the need for a global perspective in the assessment. Secondly, multiple impacts of concern existed. Thirdly, there was the limited amount of evidence about some of these impacts. Fourthly, there was the need to incorporate the expertise and opinions of the expert panel supporting the ranking process.

The evaluation model that was developed had several important features. Firstly, it was grounded on an appropriate decision frame that considered the nature of the impacts to be assessed. Secondly, it considered decision criteria and associated measurements (attributes) that fulfilled the required properties for a rigorous value assessment, and the unambiguous assessment of impacts. Thirdly, it represented criteria weights that were appropriately elicited using psychometrically valid procedures, and which fulfilled the required properties demanded by multi-attribute value theory. Finally, it was based on a robust methodology and was fit-for-purpose, given the evidence available and the defined criteria.

The modelling process that was developed had several benefits. Firstly, it organized the many conflicting criteria under consideration. Secondly, it clarified and adequately measured the impacts of each LMF category on the criteria considered, given the evidence available. Thirdly, it enabled the aggregation of partial impacts into an overall impact given the associated trade-offs, and thus an adequate ranking of LMF categories. Fourthly, it ensured a successful deployment of the evaluation model by involving key experts during the decision modelling process. Fifthly, it supported the sharing of information, opinions and perspectives among the experts, enabling a better understanding of the evaluation problem and learning about the evidence, impacts, priorities, and the final ranking.

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## GLOSSARY

**Attributes**: The performances indices that enable the evaluation of the impact of every option on each criterion considered in a multi-criteria evaluation.

**Decision Theory**: A normative theory, based on mathematical axioms, that prescribes how rational decisions should be made.

**Evaluation Criteria**: The variables that decision makers/assessors want to consider when assessing options in decisions with conflicting objectives or multi-criteria evaluations.

**Fundamental Objectives**: The fundamental concerns that decision makers/assessors want to take into account in decisions with conflicting objectives or multi-criteria evaluations.

**Impacts**: The possible consequences that each option may generate on the criteria considered in the multi-criteria evaluation, given the evidence available.

**Means-End Network of Objectives**: A qualitative model that represent the means objectives available to decision/policy makers to achieve their fundamental and ultimate objectives.

**Measurement Theory**: A theory that defines how measurements should be made to assure the compatibility between stimuli (e.g. judgments) and responses (e.g normalised impacts).

**Meta-Analysis:** A statistical technique to obtain weighted estimates of effect, association or prevalence on data from multiple, similar primary research studies collected in a systematic review.

**Multi-Attribute Value Theory**: A multi-criteria methodology to support the assessment of the overall value of options by evaluating their partial value on every criterion for impacts that are deterministic.

**Multi-Criteria Decision Analysis**: A group of methodologies to support decision making when there are conflicting objectives to be achieved when evaluating and choosing options.

**Multi-Criteria Value Model**: An evaluation model which represents the evaluation criteria, the criteria weights, and the normalised impacts of the options, and enables the evaluation of the overall impact of each option under consideration.

**Normalised Impacts**: The re-scaled impacts of options being evaluated, on a 0-100 scale (where the option with the lowest impact is set as 0, the one with the highest impact as 100, and the other options scored proportionally to those two bounds of the scale). The unit of normalised impacts is dis-value (the higher the number, the highest is the concern about it).

**Overall Normalised Impact**: The normalised impact of every option being evaluated, on a 100-0 scale, which is obtained by aggregating all the normalised impacts from the criteria. The unit of overall normalised impacts is dis-value (the higher the number, the highest is the concern about it).

**Preferential Independence**: A logical property of the criteria that enables the assessor to evaluate the impacts of options on one criterion independently of their impacts on all the other criteria of the model.

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**Robustness Analysis**: An analysis designed to explore the robustness of the ranking provided by a multi-criteria evaluation regarding the input parameters of the model (impacts and weights).

**Sensitivity Analysis**: An analysis designed to explore how sensitive to input parameters of the multi-criteria model the option with the highest overall impact is.

**Rapid Review**: A streamlined scoping or systematic review that uses some shortcuts or restrictions in the standardized review process to synthesize evidence about a given topic or question in short timelines and/or using limited resources to directly inform urgent decision-making.

**Scoping Review**: A structured and transparent method of knowledge synthesis used to identify, "map out" and describe the distribution and characteristics of a broad research or topic area.

**Systematic Review**: A structured and transparent method of knowledge synthesis that uses a clearly defined question to comprehensively search, assess, appraise, summarize and analyse the available research literature on a given topic or question.

**Swing-weighting method**: A valid elicitation protocol to elicit criteria weights for multi-criteria value models, by presenting the ranges of attributes associated with the evaluation criteria and asking decision makers to value such ranges.

## RANKING OF LOW MOISTURE FOODS IN SUPPORT OF MICROBIOLOGICAL RISK MANAGEMENT

## **REPORT OF AN FAO/WHO CONSULTATION PROCESS**

Preliminary Report

30th October

2014

## PART II – APPENDIX 1

## RAPID SCOPING AND SYSTEMATIC REVIEW-META-ANALYSIS OF RESEARCH KNOWLEDGE

# FOOD AND AGRICULTURE ORGANIZATION OF THE UNITED NATIONS

WORLD HEALTH ORGANIZATION

2014

## Microbial Hazards in Low-Moisture Foods: Rapid Scoping and Systematic Review-Meta-Analysis of Research Knowledge

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## 7 July 2014

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## **Introduction and Objectives**

The burden of foodborne illness and the number of food recalls associated with microbial hazard contamination of low-moisture foods (LMF) has risen in recent years (Beuchat et al., 2013; Dey, Mayo, Saville, Wolyniak, & Klontz, 2013; Finn, Condell, McClure, Amezquita, & Fanning, 2013; Podolak, Enache, Stone, Black, & Elliott, 2010; Scott et al., 2009; Van Doren et al., 2013; Vij, Ailes, Wolyniak, Angulo, & Klontz, 2006). LMF are naturally low in moisture or are produced from higher moisture foods through drying or dehydration processes. The low water activity (a<sub>w</sub>) of these foods contributes to a long shelf life (Finn et al., 2013). Examples of LMF products include cereals, grains, confections (e.g. chocolate), powdered-protein products (e.g. dairy and egg powders), dried fruits and vegetables, honey, spices, seeds, nuts and nut-based products (e.g. peanut butter), among others (Beuchat et al., 2013; Finn et al., 2013; Podolak et al., 2010). LMF are generally perceived as safe by consumers, and many LMF are consumed as ready-to-eat products with no consumer-level pathogen reduction step such as cooking (Beuchat et al., 2011; Beuchat et al., 2013).

LMF are susceptible to contamination from a wide range of microbial hazards. Although most microbial hazards cannot grow in LMF due to the low aw, many pathogens can survive and remain viable for months to years in these foods, posing potential risks to consumers (Beuchat et al., 2013; Finn et al., 2013; Podolak et al., 2010). It is difficult to reduce microbial hazard contamination of LMF by significant margins (e.g. >5 logs) and to non-detectable levels using traditional processing interventions such as heat treatments that are effectively applied to high moisture foods (Beuchat et al., 2013; Finn et al., 2013). The combination of low a<sub>w</sub> with the high sugar and/or fat content of many LMF is believed to contribute to the enhanced survival and heat resistance of microbial hazards in these foods (Beuchat et al., 2013; Finn et al., 2013).

Many LMF products undergo specific pathogen reduction treatments to reduce potential hazards for consumers. For example, spices and seasonings are often treated with ethylene oxide, propylene oxide, steam treatment, or irradiation to reduce the risk of microbial contamination (Van Doren, Kleinmeier, Hammack, & Westerman, 2013). The most important control measures for LMF involve preventing cross-contamination during harvest, post-harvest, and processing through implementation of good agricultural and manufacturing practices and hazard analysis critical control point (HACCP) programs (Beuchat et al., 2013; Finn et al., 2013; Podolak et al., 2010). Process-based verification (e.g. audits) and microbial sampling of LMF products and food processing environments are also important strategies for industry to monitor food safety. However, surveillance of microbial hazards in LMF is not cost-effective due to the heterogeneous distribution of pathogens in LMF, diagnostic test limitations, and the very low average prevalence of microbial hazards in most LMF (Beuchat et al., 2013; Sperber, 2007).

In recognition of the increased global consumption of LMF and the growing risk to human health from these products, several agencies worldwide have developed recommendations and guidelines for industry on how to prevent and manage potential risks of LMF product contamination from microbial hazards (Beuchat et al., 2011; European Food Safety Authority, 2013; Grocery Manufacturers Association, 2009b; Scott et al., 2009; United States Food and Drug Administration, 2013). Due to this increased momentum and a need for standardized and comprehensive international guidance in this area, the Codex Alimentarius Committee on Food Hygiene has acted to create general guidelines on hygienic practices for LMF production and processing (Cahill and Kojima, personal communication). The Food and Agriculture Organization (FAO) and World Health Organization (WHO) Expert Meeting on Microbiological Risk Assessment (JEMRA) was tasked to review the current state of research knowledge on microbial hazards in LMF and to rank risks to human health and food safety. The results of these activities will be used to inform the new Codex Alimentarius guidelines.

#### Introduction and Objectives

This report summarizes the results of a structured and transparent scoping and systematic review – meta-analyses of three key aspects of the microbial food safety of LMF:

- 1) The burden of illness due to microbial contamination of LMF
- 2) The prevalence and concentration of microbial hazards in LMF
- 3) Interventions to reduce microbial contamination of LMF

Synthesized research findings for these three focus areas will be used as evidence-informed inputs along with additional supporting criteria in a comprehensive risk ranking process of microbial hazards in LMF. The results of the review and risk ranking process will be used to inform the new Codex Alimentarius guidelines for LMF.

## **Review Methods**

#### **Review Approach**

The review followed standardized procedures for scoping and systematic reviews as outlined by internationally recommended guidelines (Anderson, Allen, Peckham, & Goodwin, 2008; Arksey & O'Malley, 2005; Higgins & Green, 2011; Rajić & Young, 2013). However, given the very broad review scope, large quantity of published research in this area, small review team, and a limited timeline of <4 months for producing results and a final report, some of the review steps were streamlined in accordance with the principles of structured "rapid reviews" to inform urgent decision-making (Ganann, Ciliska, & Thomas, 2010; Rajić & Young, 2013):

- 1) Only two bibliographic databases were searched for peer-reviewed literature. However, we implemented a very comprehensive search verification strategy (described below) and are confident that any literature potentially missed by the searches was captured during verification.
- 2) Only one reviewer conducted data extraction instead of the recommended two independent reviewers. This limitation could have resulted in some errors in the results, but we believe it would not have unduly affected the overall conclusions.

The review was built upon a preliminary and unpublished rapid scoping and systematic review of the same research questions conducted in 2013 (Rajić, Dysart and Cahill, unpublished data). The preliminary review was conducted by an external contractor and was used as a basis for development of the review protocol, questions, search, and forms as described in this review.

#### **Review Protocol and Team**

The review was conducted following a pre-specified protocol outlining each of the review steps as described in this report, including screening and extraction forms. The review team consisted of five professionals with diverse expertise and experience in microbiology, food safety, epidemiology, and knowledge synthesis, transfer, and exchange. Two professionals from the Public Health Agency of Canada conducted the review activities with oversight and coordination from three professionals from the FAO and WHO. The team convened via teleconference prior to initiating the review and exchanged correspondence regularly thereafter to discuss the protocol and all screening and extraction forms, to evaluate questions about review scope and eligibility criteria, to review the study progress and preliminary results, and to determine a strategy for summarizing and reporting results.

#### **Review Questions**

The review was conducted to answer the following three research questions:

- 1) What is the burden of illness in humans suspected or attributed to LMF contaminated with pathogenic bacteria?
- 2) What is the frequency of contamination (prevalence and concentration) of selected microbial hazards in LMF?
- What are the potentially effective interventions (from primary production to the end of processing) to mitigate risks associated with contaminated LMF?

#### **Review Methods**

#### **Definitions and Eligibility Criteria**

The review scope was limited to the following nine selected microbial hazards: *Bacillus cereus*, *Clostridium botulinum*, *Clostridium perfringens*, *Cronobacter* spp. (formerly *Enterobacter sakazakii*), *Escherichia coli* (including generic *E. coli* and pathogenic strains), *Salmonella* spp., *Staphylococcus aureus*, *Listeria monocytogenes*, and Enterobacteriaceae. Other bacterial pathogens, indicator organisms, viruses, parasites, and fungi were excluded from the scope of this review. Note that unless otherwise specified, the term *E. coli* is used in this report to refer to both generic and pathogenic strains; in the summary cards, evidence on *E. coli* is divided into generic *E. coli* and specific pathogen strains (e.g. *E. coli* O157).

LMF were defined as any food product with a water activity  $(a_w)$  level of less than 0.85. Categories and sub-categories of LMF products were developed to facilitate data organization, summarization, and reporting. Eight major LMF product categories were used to structure this report:

- 1) Cereals and grains
- 2) Confections and snack
- 3) Dried fruits and vegetables
- 4) Dried protein products
- 5) Honey and preserves
- 6) Nuts and nut products
- 7) Seeds for consumption
- 8) Spices, dried herbs and tea

Results for the burden of illness, prevalence, and intervention information are reported in categoryspecific summary cards for each LMF product category. A full list of the sub-categories and example LMF products for each of these categories is shown in Appendix A, with additional details reported in the summary cards.

Composite LMF products with multiple ingredients were assigned to only one of the above categories according to where the product best fit (e.g. mixed cereal/grain products were classified under "cereals") or based on the primary ingredient of concern for contamination (e.g. halva/helva was classified under seeds for consumption as the contamined ingredient of concern is sesame seed paste).

Powdered infant formula was specifically excluded from the scope of this review because international Codex Alimentarius Commission guidelines for these products were recently updated based on a prior risk assessment (Codex Alimentarius Commission, 2008; WHO/FAO, 2004). Articles describing the validation of diagnostic tests for the detection of microbial hazards in LMF and those examining interventions at the consumer level (e.g. cooking) were also excluded.

For burden of illness information reported in this review, we defined an outbreak as two or more individuals with a similar illness resulting from consuming a common food product and with either an epidemiological or laboratory confirmation (Greig & Ravel, 2009). We also included case studies where only one reported case of illness occurred due to a confirmed or suspected contaminated LMF product (e.g. infant botulism cases due to honey consumption). Only primary research on burden of illness information was included; foodborne illness attribution studies using outbreak data and/or expert elicitation to attribute foodborne illness to specific food groups or commodities (usually not specific LMF products) were excluded (Havelaar et al., 2008; Batz et al., 2012; Painter et al., 2013).

Information on LMF recalls were not summarized in this scoping review. While the scoping review may have captured some of this information if published in peer-reviewed journals and indexed in the

bibliographic databases included in the search, most would be contained only in food recall databases which were not searched in this review.

#### Search Strategy

The preliminary scoping and systematic review conducted in 2013 was used as a basis for development of a comprehensive search algorithm (Rajić, Dysart and Cahill, unpublished data). This prior review extracted keyword terms from 11-14 known relevant articles from each of the three research questions (burden of illness, prevalence, and intervention information), combined them into a search algorithm and pre-tested the algorithm in PubMed to achieve a highly specific search. In this review, we updated and refined this search algorithm through additional pre-testing in PubMed to improve the sensitivity of the search. The final algorithm contained combinations of keywords in three broad categories: LMF product terms, microbial hazards terms, and outcome terms (Appendix B). The search was implemented in two bibliographic databases (Scopus and PubMed/Medline) on January 13, 2014. There were no language or publication date restrictions on the search. Scopus coverage included 1823-2014 and PubMed coverage included 1946-2014 (coverage included "in press" articles).

The search was verified through multiple steps. Firstly, we reviewed the final reference list of 464 relevant articles identified in the preliminary scoping and systematic review (Rajić, Dysart and Cahill, unpublished data). The preliminary review included a web search in Google using the terms "lowmoisture food", "low-water activity food" and "dry food pathogens", it included a search of the reference lists of eight review articles and reports relevant to the review questions (Beuchat et al., 2011; Beuchat et al., 2013; Grocery Manufacturers Association, 2009a, 2009b; Pan, Bingol, Brandl, & McHugh, 2012; Podolak et al., 2010; Scott et al., 2009; Zweifel & Stephan, 2012), and it included a hand search of the reference lists of all included, relevant articles in the review (Rajić, Dysart and Cahill, unpublished data). In this review, we conducted additional verification by reviewing the reference lists of eight additional articles relevant to the review questions (Austrian Institute of Technology & Austrian Agency for Health and Food Safety, 2013; Dey et al., 2013; Friedemann, 2007; Holck et al., 2011; Lehner & Stephan, 2004; Sperber, 2007; Van Doren et al., 2013a, 2013b), and through hand-searching the reference lists of relevant articles.

To identify additional grey literature sources of burden of illness (i.e. outbreak) information for LMF products, we searched a comprehensive database of international foodborne disease outbreak reports maintained at the Public Health Agency of Canada (Greig & Ravel, 2009). The database comprises >7900 outbreak reports from multiple sources: journal articles, newspapers, listservs, press releases, country line lists, and government and laboratory websites (Greig & Ravel, 2009). To search the database, all outbreaks implicating LMF products and the selected microbial hazards were gueried and used to obtain all recorded information about the outbreak.

#### **Relevance Screening**

Screening of the titles and abstracts of all unique citations identified in the search was conducted using an *a priori* developed screening form (Appendix C). The form contained one yes/no question to determine the relevance of citations for the project as described above. If the title and abstract did not provide sufficient detail to determine the article's relevance (e.g., "confectionary items", "sweets", "snacks", may not refer to LMF), the article was automatically included at this stage for further evaluation.

#### **Relevance Confirmation and Article Characterization**

Full texts of all relevant citations were obtained and articles were reviewed using a relevance confirmation and article characterization form (Appendix D). This contained four questions: confirmation of relevance and research question of focus (burden of illness, prevalence, and/or interventions); article language; LMF product categories; and microbial hazards investigated. Only articles in English, French, and Spanish were included at this stage unless there was sufficient extractable data from an English abstract.

Results from this initial characterization were used to prioritize more detailed data extraction. In addition, after charting of these characterization results, the review team decided to exclude dried and/or fermented sausages, salamis, and jerky's from further extraction and summarization. This category of products was considered beyond the scope of this review given the large volume of research identified in this area and because we were not able to confirm the aw of many of these products due to reporting limitations in the literature. In addition, at this stage we decided to exclude all articles that investigated the prevalence or concentration of microbial hazards in LMF published prior to 1990, as these were not considered relevant or reflective of the current state of evidence to inform the risk ranking process or Codex Alimenatarius standards.

#### **Data Extraction**

Data were extracted from each article confirmed as relevant using one of three specific data extraction forms developed for each research question of focus (burden of illness, prevalence, and interventions) (Appendix E). The burden of illness form contained 17 questions about: the source of the outbreak report; year; region/country; outbreak confirmation method (epidemiological or laboratory); specific LMF and microbial hazards implicated; the number of exposed persons, cases, hospitalizations, deaths, attack rate; and other outbreak details (e.g. microbial hazard concentration in the implicated LMF).

The prevalence form contained 21 total questions, including 10 general questions about the article details (e.g. publication year), study location, study design, and sampling methods. Prevalence and concentration data were confirmed to be sampled independent of an outbreak investigation. The 11 other questions were extracted for each LMF product and microbial hazard combination investigated: LMF category and product; microbial hazard; country of product origin; outcome (prevalence and/or concentration data); whether outcome data were sufficiently reported; laboratory methods; and quantitative prevalence and concentration data (e.g. sample size, number positive, mean values, measures of variability).

Similarly, the intervention form contained 20 total questions, with nine general questions about the article details (e.g. publication year), study location, study design, and whether the intervention was conducted under commercial conditions. The other 11 questions were extracted for each LMF product and microbial hazard combination: LMF category and product; microbial hazard; intervention type and details; whether the intervention was found to be effective; outcome type; laboratory methods; whether outcome data were sufficiently reported; and the sample size.

#### **Data Analysis**

Data for all three questions of interest (burden of illness, prevalence, and interventions) were summarized descriptively and reported in a tabular and narrative format. In addition, overall and LMF category-specific evidence charts were created to highlight cross-tabulations between combinations of

#### Microbial Hazards in Low-Moisture Foods

the following variables: research question of focus; LMF categories investigated; and microbial hazards investigated. The evidence charts were created using bubble figure plots in Microsoft Excel, where each cross-tabulation value is represented by bubbles that are proportional in size to the total number of articles.

For prevalence data, we conducted meta-analysis on data subsets to obtain weighted average estimates of the prevalence of microbial hazards in LMF. Random-effects meta-analysis models were calculated for each LMF sub-category and microbial hazard combination with prevalence data from ≥2 articles and when at least one of the articles reported non-zero prevalence. The models were calculated using the DerSimonian and Laird method for random-effects (DerSimonian & Laird, 1986). In addition, we used a double arcsine transformation to stabilize the variance of the input data (Barendregt, Doi, Lee, Norman, & Vos, 2013; Freeman & Tukey, 1950). This transformation was necessary because the data subsets often contained low prevalence levels and a high proportion of zero values, and these situations can add undue weight to outlying prevalence values when using a standard log transformation (Barendregt et al., 2013; Fazel, Khosla, Doll, & Geddes, 2008). The unit of analysis was prevalence within trials, and in some cases there was more than one trial reported within an article. We did not account for the extra level of variation due to trials being clustered within articles as this was unlikely to have much consequence on the overall estimates.

Heterogeneity in the meta-analysis estimates was assessed using  $I^2$ , which measures the proportion of variation between trials that is due to heterogeneity rather than random error (Higgins, Thompson, Deeks, & Altman, 2003). The following values of  $I^2$  were used to categorize the level of heterogeneity:  $\leq$ 30% was considered low; 31-60% medium; and >60 high (Higgins & Green, 2011). Average estimates of effect were calculated and reported only if heterogeneity was low or moderate. When heterogeneity was high (i.e. >60%), we instead reported the median and range of the prevalence values within the data subset, as reporting meta-analytic average estimates may be misleading with so much variation (Higgins & Thompson, 2002).

#### **Review Management**

All citations identified in the search were entered into RefWorks (Thomson ResearchSoft, Philadelphia, PA) and duplicates were removed using the automatic function and manually. Unique citations were imported into the web-based, systematic review software program DistillerSR (Evidence Partners, Ottawa, ON) for relevance screening and article characterization. Data extraction and descriptive analysis were conducted using Microsoft Excel 2010 (Microsoft Corporation, Redmond, WA). Meta-analysis was conducted using the Excel add-in MetaXL (EpiGear International Pty Ltd., Wilston, Australia).

The forms used for relevance screening and article characterization were pre-tested on a selection of 30 abstracts and six articles, respectively. Reviewing proceeded only when consistent inclusion and exclusion agreement was achieved between pre-test reviewers (kappa >0.8). Relevance screening was conducted by two independent reviewers, and discrepancies or conflicts between reviewers were resolved by consensus. Article characterization and extraction were conducted by one reviewer.

#### **Summary Cards**

Results of this review are reported in eight "summary cards" representing the major categories of LMF products (Ruzante et al., 2010). The summary cards were developed to display the results of the review in a more useful and practical format to better meet the stakeholders' needs. More specifically, the

**Review Methods** 

purpose of the summary cards is to highlight the key findings for each of the research questions of interest (burden of illness, prevalence, and intervention information) to better support future risk ranking, risk management, and decision-making on the microbial food safety of LMF products. Each summary card contains the following six sections:

- 1) LMF category description
- 2) Overall evidence summary
- 3) Burden of illness summary
- 4) Prevalence summary
- 5) Interventions summary
- 6) References

The LMF category description section briefly provides key definitions related to the LMF products, describes LMF product sub-categories used to summarize the information, and provides examples of specific, included LMF products.

The evidence summary section briefly highlights the amount of evidence included in the summary and describes an evidence chart showing the distribution of available research by research question focus and microbial hazards investigated.

The burden of illness, prevalence, and intervention sections each provide a short (<1 page) narrative summary of the available evidence and key descriptive characteristics and results. In addition, they also provide accompanying tables and figures that describe the evidence and results in more detail.

The burden of illness table lists all identified outbreaks stratified by LMF product (or sub-category) and causative microbial hazard. Quantitative data on the number of outbreaks reported and total cases, hospitalizations, and deaths is reported for each food product and microbial hazard combination. Also reported are the outbreak countries and years, reference publications, and any additional details (e.g. whether susceptible populations were affected, the attack rate, concentration of the microbial hazard in the LMF product).

The prevalence table shows the average or median prevalence estimates for each LMF sub-category and microbial hazard combination. For each cell in the table, three lines of data are shown.

The first shows the total number of observations (i.e. food product samples), the total number of individual trials (i.e. food product and microbial hazard combinations), and the total number of articles for each combination. In brackets beside these numbers is the percentage of all trials that did not identify any positive samples (i.e. the prevalence was 0%). This measure is provided as an indicator of how often trials identified any positive samples in that LMF sub-category/microbial hazard combination.

The second line of prevalence data shows either:

- An average estimate of the prevalence from a random-effects meta-analysis for that combination (with 95% confidence intervals in brackets), *or*
- The median prevalence value and the range (minimum and maximum values in brackets)

The third line in the prevalence table reports two indicators of the representativeness of the prevalence information:

- 1) Level of consistency in the prevalence data obtained from the heterogeneity measure  $I^2$  during meta-analysis (classified as low, medium, or high), and
- Risk of selection bias due to a non-representative sample (also classified as low, medium, or high)

#### **Microbial Hazards in Low-Moisture Foods**

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Heterogeneity refers to the variability among studies summarized in a meta-analysis. In the context of this review, the variability in prevalence estimates between studies could be due to differences in study design, sampling and laboratory methodology, geographic location, and/or specific food products investigated, among many other factors. The extent of this variability was measured using the  $l^2$  statistic, which indicates (on a scale from 0-100%) how different the studies are from each other than would be expected by chance (random error) alone. Heterogeneity rating definitions were as follows: low =  $l^2$  0-30%; medium = 31-60%; high = >60%.

For meta-analysis estimates with high heterogeneity (i.e.  $l^2 > 60\%$ ), it can be misleading to present and interpret average prevalence estimates because there is so much unexplained variation between studies. The main meta-analysis assumption is that studies are reasonably comparable and measuring the same effect estimate. High heterogeneity may indicate this assumption has been violated and studies should not be pooled. Therefore, only the median and range are provided for prevalence data if there was significant heterogeneity (i.e.  $l^2$  was >60%) in the meta-analysis estimates. A superscript of <sup>M</sup> indicates that the prevalence values represent average estimates from meta-analysis, and a superscript of <sup>R</sup> indicates that the values represent the median and range.

Studies that conducted random or systematic sampling of LMF products were considered to be representative. Selection bias ratings were defined as follows: low = 0-30% of trials used a representative sample; medium = 31-60% of trials used a representative sample; low = >60% of trials used a representative sample.

The overall robustness of the meta-analysis prevalence estimates can be inferred from the heterogeneity and selection bias ratings. When heterogeneity is low and the risk of selection bias is low (i.e. the proportion of studies with a representative sample is high), we have confidence that the reported meta-analysis prevalence estimate is likely reflective of the true average prevalence value across a group of studies that were generalizable to their target commodity. When the opposite is true, heterogeneity is high and there is high risk of selection bias (i.e. few studies had a representative sample), we have little confidence in the meta-analysis overall prevalence estimate as it may be based on unrepresentative data and the variability in results is not explainable. This could mean that the outcome is truly highly variable, or that there are unmeasured context-specific influences affecting the reported prevalences (e.g. geography, time of sampling, study design and methods, etc.).

Note that in order to obtain a normal account of the prevalence and concentration of microbial hazards in LMF, we excluded we excluded any surveys conducted during an outbreak or associated with an outbreak investigation.

A forest plot figure describing the information captured in the prevalence table is shown following each prevalence table to graphically illustrate the meta-analysis results across all microbial hazard and LMF sub-categories. Note that microbial hazards were excluded from these figures if no positive samples were identified in the LMF category/summary card. Enterobacteriaceae prevalence results were also excluded from these figures.

The forest plot figures are meant to facilitate the interpretation of meta-analysis results within each LMF category and summary card. In these figures, the results of high heterogeneity meta-analyses are presented along with the median and range from the previous table. It was decided that this was the most informative way to convey the results for risk ranking and decision-making; however, we caution our readers that due to high unexplained heterogeneity, the overall estimates of prevalence in the forest plot figures should be interpreted with caution.

The intervention table shows all investigated interventions stratified by LMF sub-category and intervention type. For each LMF sub-category/intervention type combination, the table shows the

Microbial Hazards in Low-Moisture Foods

specific interventions applied (including dose and duration, when available), the source publications for each specific intervention, the microbial hazards investigated, the study type, the total number of trials and articles, the percentage of trials with extractable data, and the percentage of trials that found the intervention was effective to reduce microbial hazards counts or prevalence.

In addition, for any LMF sub-category/intervention type combination with  $\geq 2$  articles, a sign test was calculated to determine if the number of trials finding a positive intervention effect was greater than what would be expected by chance alone. If the sign test was significant (P <0.05), this was indicated by an asterisk (\*) and bold text in the final column of the table.

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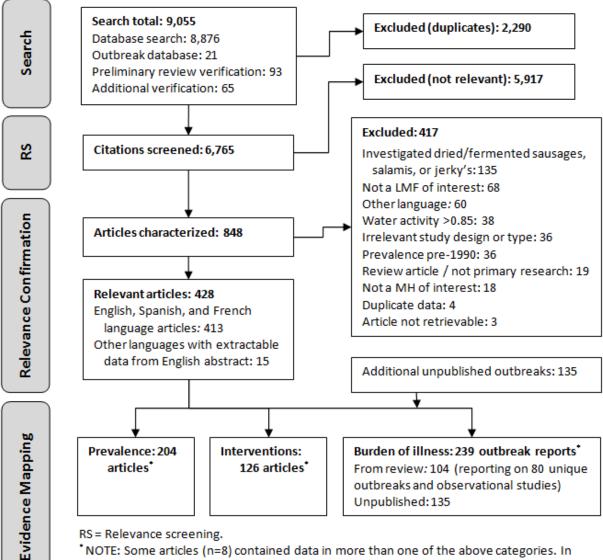
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### **Review Evidence Summary**

A flow chart of the review process and findings is shown in Figure 1. Overall, 6,765 citations were screened for relevance, 848 full articles were procured and characterized, and 428 were confirmed as relevant to the review scope. In addition, 135 unpublished outbreak reports involving LMF were also identified and summarized.

#### **Figure 1: Review Flow Chart**



\*NOTE: Some articles (n=8) contained data in more than one of the above categories. In addition, individual outbreak reports were sometimes reported in more than one article, so the total number of unique articles and outbreak reports was 537.

Among all unique articles and outbreak reports (n=537), the most commonly investigated LMF product categories were (Figure 2):

- 1) Cereals and grains (n=142)
- 2) Spices, dried herbs and tea (n=129), and
- 3) Nuts and nut products (n=95).

The most frequently investigated LMF products for prevalence, intervention, and burden of illness information were the following (Figure 2):

- Prevalence = Spices, dried herbs and tea (n=77) •
- Interventions = Nuts and nut products (n=51)
- Burden of illness = Cereals and grains (n=72) ٠



#### Figure 2: Evidence Chart: LMF Products Investigated by Research Focus

#### Review Evidence Summary

Across all unique articles and outbreak reports (n=537), the most commonly investigated microbial hazards were (Figure 3):

- 1) Salmonella spp. (n=278)
- 2) B. cereus (n=148)
- 3) E. coli (n=109)

The most frequently investigated microbial hazard for prevalence, intervention, and burden of illness information was *Salmonella* spp. (n=97, 90, and 97, respectively).

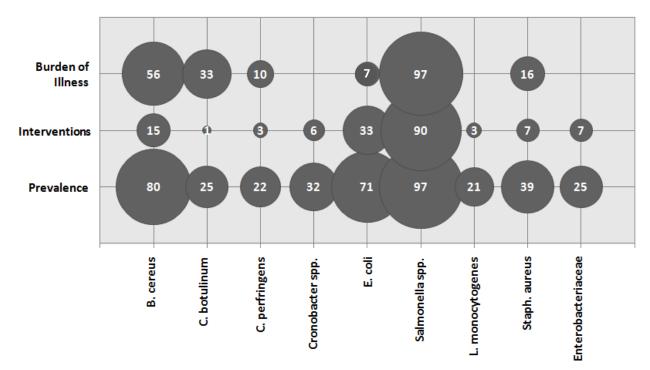


Figure 3: Evidence Chart: Microbial Hazards Investigated by Research Focus

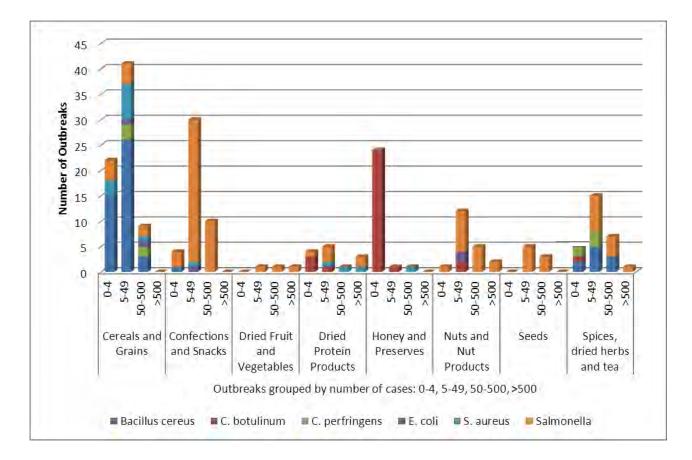
Burden of illness data was mainly informed by global outbreaks that have occurred since the 1950s to present. Table 1 below shows the overall proportion of burden of illness information captured in thie review stratified by the microbial hazards of focus. *Salmonella* spp. was the most frequent microbial hazard implicated in outbreaks and had the potential to cause large, widespread outbreaks. *B. cereus* outbreaks were mainly related to smaller outbreaks from rice and other cereal products. *S. aureus* caused some very large outbreaks due to contaminated powdered milk, thus overall a disproportionate number of cases is attributed to *S. aureus*. Figure 4 below shows the number and relative size of outbreaks in each category by implicated microbial hazard. There were no illnesses due to *L. monocytogenes* or *Cronobacter* spp. captured in this scoping review.

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| % (count)          | Outbreaks  | Cases         | Hospitalizations | Deaths     |
|--------------------|------------|---------------|------------------|------------|
| Salmonella spp.    | 44.9% (96) | 43.8%(12415)  | 88.6% (895)      | 73.7% (14) |
| E. coli            | 2.3% (5)   | 1.2% (354)    | 3.3% (33)        | 5.3% (1)   |
| B. cereus          | 25.7% (55) | 3.7% (1057)   | 1.4% (14)        | 0% (0)     |
| C. botulinum       | 15.0% (32) | 0.3% (84)     | 6.0% (61)        | 21.1% (4)  |
| C. perfringens     | 4.7% (10)  | 1.5% (432)    | 0% (0)           | 0% (0)     |
| S. aureus          | 7.5% (16)  | 49.4% (14006) | 0.7% (7)         | 0% (0)     |
| L. monocytogenes   | 0% (0)     | 0% (0)        | 0% (0)           | 0% (0)     |
| Cronobacter spp.   | 0% (0)     | 0% (0)        | 0% (0)           | 0% (0)     |
| Enterobacteriaceae | 0% (0)     | 0% (0)        | 0% (0)           | 0% (0)     |

Table 1: Summary of the burden of illness related to LMF outbreaks attributed to select microbial hazards

Figure 4: The number of LMF outbreaks in each category, grouped by size of the outbreak (number of cases: 0-4, 5-49, 50-500, >500) and microbial hazard



**Microbial Hazards in Low-Moisture Foods** 

Prevalence and concentration data captured in this review provides an understanding of the frequency and level of contamination detected in different LMF products. Most categories had survey information for a range of microbial hazards and products. While the data may not be globally representative and does not demonstrate any changes over time, it does provide a baseline for the likely frequency of contamination. *Salmonella* spp. was implicated in the most number of outbreaks and accounted for 44% of disease across LMF categories. Similarly, *Salmonella* contamination was relatively consistent across all LMF categories with an overall average prevalence of 1.6% (95% CI: 1.4 - 1.9), as shown in Figure 5 below. Other microbial hazards (e.g. *B. cereus*) were detected at more variable levels in LMF.

Intervention data captured in this review was mostly conducted under laboratory and non-commercial conditions, limiting its direct relevance and potential application to real-life conditions. Nevertheless, common themes from these studies across all LMF categories include the importance of preventing LMF contamination during harvest, post-harvest, and processing through implemention of good agricultural and manufacturing practices and hazard analysis critical control point (HACCP) food safety management systems. This is because many LMF products are eaten without a consumer-level kill step (e.g. cooking), and even under experiemental and laboratory conditions, many of the investigated processing interventions could not acheive full elimination of microbial hazards at practical doses and durations.

| LMF category / sub-<br>category | Average<br>prevalence | Low   | High<br>95% CI | Hetero- | Median<br>(range) |   |
|---------------------------------|-----------------------|-------|----------------|---------|-------------------|---|
| Cereals and grains              | prevalence            | 33% G | 3376 CI        | generty | (range)           |   |
| Milled grains                   | 0.7                   | 0.2   | 1.5            | High    | 0 (0 - 46.2)      | <b>₩</b> 1                              |
| Other cereals                   | 0.0                   | 0.2   | 0.0            | Low     | -                 | •                                       |
| Rice products                   | 0.0                   | 0.0   | 0.0            | Low     |                   | •                                       |
| Whole grains                    | 1.3                   | 0.0   | 4.1            | Low     |                   | <b>↓↓</b>                               |
| Overall                         | 0.7                   | 0.3   |                |         | 0 (0 (6 3)        |   |
| Confections and snacks          | 0.7                   | 0.5   | 1.4            | High    | 0 (0 - 46.2)      | - [                                     |
| Cocoa/chocolate                 | 1.7                   | 0.0   | 5.0            | Med.    |                   | L                                       |
| Other confections               | 0.0                   | 0.0   | 0.0            | Low     |                   |   |
| Snacks                          | 0.0                   | 0.0   | 0.0            | Low     |                   |   |
| Overall                         | 0.5                   | 0.0   | 1.9            | High    | 0 (0 - 4.6)       | T A A A A A A A A A A A A A A A A A A A |
| Dried fruits and vegetabl       |                       | 0.0   | 1.5            | mgn     | 0 (0 - 4.0)       | - T                                     |
| Overall                         | 2.0                   | 0.2   | 5.2            | High    | 0 (0 - 33.3)      |   |
| Dried protein products          |                       |       |                |         | 0 (0 00.07        | - [                                     |
| Dried dairy                     | 0.0                   | 0.0   | 0.0            | Low     | -                 | <b>•</b>                                |
| Dried fish                      | 5.6                   | 0.0   | 38.5           | High    | 10 (0 - 20)       | <b>→</b>                                |
| Dried meat                      | 0.0                   | 0.0   | 0.0            | Low     | -                 | •                                       |
| Overall                         | 0.0                   | 0.0   | 0.1            | Low     | 0 (0 - 20)        |   |
| Honey and preserves             | 0.0                   | 0.0   | 0.1            | 2011    | 0 (0 20)          | - T                                     |
| Overall                         | 0.0                   | 0.0   | 0.0            | Low     | -                 | •                                       |
| Nut and nut products            |                       |       |                |         |                   | -                                       |
| Almonds                         | 0.9                   | 0.5   | 1.5            | High    | 0.4 (0 - 2.7)     | <b>4</b>                                |
| Other tree nuts                 | 0.8                   | 0.3   | 1.6            | High    | 0 (0 - 66.7)      | 101 I                                   |
| Peanuts                         | 0.5                   | 0.0   | 1.2            | High    | 0 (0 - 2.3)       | <b>*</b> I                              |
| Mixed nuts                      | 0.2                   | 0.0   | 0.5            | Low     | -                 | <b>*</b>                                |
| Overall                         | 0.6                   | 0.4   | 0.9            | High    | 0 (0 - 66.7)      |   |
| Seeds for consumption           |                       |       |                |         |                   | -                                       |
| Sesame                          | 6.2                   | 0.0   | 18.2           | High    | 6.5 (0 - 12.5)    | <b>↓ ↓ ↓ ↓</b>                          |
| Halva/helva                     | 6.0                   | 0.0   | 15.6           | Med.    | -                 | <b>↓ ↓ ↓ ↓</b>                          |
| Other/unspecified               | 0.5                   | 0.1   | 1.1            | Med.    | -                 | +                                       |
| Overall                         | 1.9                   | 0.8   | 3.3            | High    | 0.1 (0 - 16.7)    | H <b>II</b> -1                          |
| Spices and dried herbs          |                       |       |                |         |                   | -                                       |
| Bark/flower                     | 2.3                   | 1.0   | 3.9            | Low     | -                 | HI-H                                    |
| Fruits/seed                     | 4.3                   | 3.6   | 5.0            | Low     | -                 |   |
| Herb                            | 0.0                   | 0.0   | 0.0            | Low     | -                 | LMF sub-categories                      |
| Mixed/unspecified               | 2.6                   | 1.9   | 3.4            | High    | 0 (0 - 14)        |   |
| Root                            | 4.4                   | 2.5   | 6.7            | Low     | -                 | ⊢ LMF category estimates                |
| Overall                         | 3.0                   | 2.6   | 3.4            | Low     | -                 |   |
| Overall                         | 1.6                   | 1.4   | 1.9            | High    | 0 (0 - 66.7)      | ▲ Overall average                       |

#### Figure 5: Avereage prevalence of Salmonella spp. across all LMF product categories

NOTE: The overall estimate for dried fruits and vegetables was based on data only from the dried fruits sub-category, and the overall estimate from honey and preserves was based on data only from the honey sub-category.

0%

10%

20%

Average prevalence (95% CI)

30%

40%

### **4Summary Card: Cereals and Grains**

(Burden of Illness, Prevalence and Interventions)

#### Low-moisture food category description

Cereals and grains refer to gramineous crops harvested for dry grains and their food products (FAO, 1994). This includes wheat, barley, maize/corn, oats, rye, millet, sorghum, buckwheat, and rice, as well as their milled products (e.g. flours, starches) and use in further processed foods (e.g. dry baking mixes, breakfast cereals, pasta, noodles) (FAO, 1994).

For the purposes of summarizing prevalence information and conducting meta-analysis in this summary, cereals and grains were classified into the following categories: 1) dried whole grains other than rice; 2) raw rice and rice products (e.g. rice flour, rice noodles); 3) milled grains other than rice, including flours and starches; and 4) other dry cereals and cereal products, including breakfast cereals, cereal and baking mixes, and unspecified/mixed cereals. For the interventions summary, the milled grain category was combined with the other dry cereals and cereal products due to limited data availability.

#### **Evidence summary**

In total, 142 articles<sup>1</sup> and outbreak reports<sup>2</sup> were identified that investigated the burden of illness related to cereals and grains, the prevalence or concentration of selected microbial hazards in cereals and grains, and/or interventions to reduce contamination of microbial hazards in cereals and grains. The distribution of identified research stratified by microbial hazard investigated and research focus is shown in Appendix F: Summary Card Evidence Charts. *B. cereus* was the most frequently investigated microbial hazard in cereals and grains for burden of illness (n=44 outbreak reports), prevalence (n=34 articles), and intervention (n=8 articles) information.

#### **Burden of illness**

Burden of illness evidence related to cereal and grain products includes 72 outbreaks that affected 1835 individuals, including 98 hospitalizations and 0 deaths between 1975 and 2013. *B. cereus* was the cause of 44/72 outbreaks (31 due to rice) > *S. aureus* (11) > *Salmonella* (10) > *C. perfringens* (5) > pathogenic *E. coli* (2). Outbreaks occurred in the United States (26), Australia (6), New Zealand (1), Japan (1), and Europe (34): France (8), Belgium (5), Germany (4), Netherlands (4), Denmark (4), Austria (2), Finland (2), United Kingdom (2), Poland, Italy, Switzerland, Sweden and Norway. Where stated, the products in this category (but not necessarily the ingredients) originated from the same country as the outbreak.

Almost 58.5% of illnesses captured in this category are attributed to cooked rice and pasta dishes (53 outbreaks) and with the exception of one large rice cake outbreak (15% of illnesses), most outbreaks were small and isolated to an event or batch of food at a restaurant. Only 5 of these 53 outbreaks were

<sup>&</sup>lt;sup>1</sup> Articles refer to peer-reviewed journal publications as well as government and research agency reports.

<sup>&</sup>lt;sup>2</sup> For burden of illness information, multiple articles often reported complementary and/or overlapping information on the same outbreak. In addition, outbreak data were supplemented from other literature sources, including line lists from various countries, news reports, or annual summaries of country outbreaks. Thus, to avoid counting the same outbreak more than once, the term 'outbreak report' is used instead of 'article' to count the total number of unique outbreaks.

#### Preliminary report of FAO/WHO expert consultation on ranking of low moisture foods 4Summary Card: Cereals and Grains 25

captured in peer-reviewed publications, the remainder were from country line lists and reports with minimal information. Thirty-seven cooked rice outbreaks account for 28% of illnesses and were from several countries. Of these 31 were caused by B. cereus which had a median (range) 7 (2-103) of illnesses per outbreak followed by three S. aureus outbreaks 7 (2-50), a C. perfringens outbreak (23 cases) and a Salmonella outbreak (2 cases). Similarly, 16 outbreaks (3-5 per microbial hazard) involving pasta accounted for 31% of illnesses and had a median (range) for B. cereus 15 (2-50), S. aureus 5 (10-32), C. perfringens 40 (16-250) and Salmonella 10 (2-26). Most of these outbreaks were attributed to food handler or consumer mishandling of the product, mainly temperature abuse or slow cooling. Due to a lack of information, it was not always clear that the rice or pasta was the confirmed contaminated ingredient.

Considering the quantity of milled product that is consumed, there were virtually no outbreaks associated with flour; of the three captured here the median (range) of cases were 52 (35-67). This is likely because most of these products are cooked prior to consumption. Two out of three outbreaks associated with "flour" resulted in a product recall.

There were some larger and/or more widespread outbreaks that involved ready-to-eat products such as infant cereal (2), breakfast cereal (2) and commercially prepared rice cakes (1), which had a median (range) of 33 (2-278) cases. Contamination of these products occurred during manufacturing and there were recalls and implications for industry associated with these outbreaks.

| Cereal or Grain<br>Product<br>(reference)   | Microbial<br>hazard(s)       | Outbreaks/<br>cases <sup>a</sup> /<br>hospitalized/<br>deaths | Country (year) <sup>b</sup>   | Comments: susceptible populations/<br>attack rate/ concentration of microbial<br>hazard in the product  |
|---|------------------------------|---|---|---|
| <b>Toasted Oat Cereal</b><br>Anon (1998)  | Salmonella Agona             | 1/209/47/0  | United States (1998)  | 47% cases were <10 years and 21% were >70 years.  |
| <b>Puffed Rice Cereal</b><br>Russo (2013)   | Salmonella Agona             | 1/33/12/0   | United States (2008)  | Product origin in this outbreak and the toasted oats outbreak is the same manufacturing plant.  |
| <b>Infant Cereal</b><br>Rushdy (1998)   | B. cereus                    | 1/2/0/0   | United Kingdom (2005)   | Concentration in product was 103 spores/g<br>(Infant threshold of emetic syndrome is<br>105/g.) Infants <12 months  |
| Duc le (2005)   | Salmonella<br>Senftenberg    | 1/5/0/0   | United Kingdom (1995)   | Affected infants <12 months   |
| Cereal products<br>including rice and<br>seeds/pulses (nuts,<br>almonds)<br>EFSA (2013),<br>EU (2012c),<br>EU (2012e) | B. cereus                    | 5/46/12/0   | France (2011) <sup>E</sup> , France<br>(2012) <sup>E</sup> , Switzerland<br>(2012) <sup>E</sup> | Cereal products, including rice and<br>seeds/pulses (nuts, almonds), is a European<br>Union reporting category. Specific products<br>could not be verified. |
| EU (2009a), EFSA<br>(2013)  | S. aureus                    | 2/11/1/0  | France (2009, 2011)   |   |
| <b>Bulgur</b><br>EFSA (2013)  | B. cereus                    | 3/21/0/0  | Finland (2010) <sup>E</sup> ,<br>Denmark (2011)   | Attributed to temperature abuse and slow cooling.   |
| <b>Buckwheat</b><br>EU (2009c)  | B. cereus                    | 1/52/0/0  | Poland (2009)   | Temporary mass gathering.   |
| <b>Flour</b><br>McCallum (2013)   | Salmonella<br>Typhimurium 42 | 1/67/12/0   | New Zealand (2008)  | Due to consumption of an uncooked baking<br>mixture that contain the contaminated flour.<br>Product from implicated batch was recalled.                     |

#### Summary of globally reported outbreaks related to cereals and grains

#### **Microbial Hazards in Low-Moisture Foods**

#### Preliminary report of FAO/WHO expert consultation on ranking of low moisture foods **4Summary Card: Cereals and Grains**

| ProMed (2013)  | E. coli 0121  | 1/35/7/0                                       | United States (2013) <sup>E</sup>   | Flour epidemiologically implicated in the frozen food recall.   |
|--|---|--|---|---|
| Unspecified Grains<br>CDC (no date)  | Salmonella Lika                                       | 1/3/0/0  | United States (2003)  |   |
| <b>Rice Cake</b><br>Nabae (2013)   | E. coli (STEC)  | 1/142 <sup>c</sup> , 136 <sup>P</sup> /<br>0/0 | Japan (2011)  | Commercial product, contaminated during manufacturing.  |
| Cooked Rice<br>Ref <sup>c</sup>  | B. cereus   | 31/382 <sup>c</sup> ,44 <sup>p</sup> /2/<br>0  | (Country year) <sup>c</sup>   | 16/29 are laboratory confirmed outbreaks. 3<br>outbreaks involved children < 6 years at a<br>daycare/school. Most outbreaks were isolated<br>to a home, catered event or a single batch at a<br>restaurant. Temperature abuse was the most<br>cited cause. The 1975 outbreak had cooked<br>rice concentrations of $1.7 \times 10^8$ organisms/g<br>and raw rice concentration: 100 organisms/g. |
| Kerouanton (2007),<br>Ozfoodnet (2002),<br>EFSA (2013)                     | S. aureus   | 3/52 <sup>C</sup> ,7 <sup>P</sup> /0/0         | France (2001),<br>Australia (2002),<br>Portugal (2011)                              | The French outbreak <i>S. aureus</i> concentration was $2.9 \times 10^4$ CFU/g.   |
| Ozfoodnet (2006)   | C. perfringens  | 1/23 <sup>P</sup> /0/0                         | Australia (2005) <sup>E</sup>   |   |
| Ozfoodnet (2011)   | <i>Salmonella</i><br>Typhimurium 42.                  | 1/2/2/0  | Australia (2010) <sup>E</sup>   | Daycare center outbreak   |
| <b>Cooked Pasta</b><br>EU (2004),<br>EU (2012b),<br>CDC ( <i>no date</i> ) | B. cereus   | 3/17 <sup>c</sup> , 50 <sup>p</sup> /0/0       | Belgium (2004) <sup>E</sup> ,<br>United States (2009),<br>Germany (2012)            | The German outbreak had <i>B. cereus</i> concentration of $> 3 \times 10^7$ CFU/g.  |
| Anon (2004), CDC<br>(no date)  | C. perfringens  |  | Australia (2004) <sup>E</sup> ,<br>United States (2004,<br>2009, 2010)              |   |
| EU (2005c),<br>CDC ( <i>no date</i> )                                      | <i>Salmonella</i><br>Enteritidis PT21,<br>PT4, Anatum | 4/44 <sup>C</sup> , 4 <sup>P</sup> /2/0        | Austria (2005) <sup>E</sup> , United<br>States (1996 <sup>E</sup> , 2004)           |   |
| EU (2009d),<br>Kerouanton (2007),<br>CDC ( <i>no date</i> )                | S. aureus   | 5/98/1/0                                       | France (1988), United<br>States (1995 <sup>E</sup> , 1999,<br>2008), Belgium (2009) |   |
| <b>Rice Noodles</b><br>Ozfoodnet (2010)                                    | S. aureus   | 1/3/0/0  | Australia (2010)  | S. aureus concentration > $2.5 \times 10^7$ organisms/g.  |

<sup>a</sup> Superscript <sup>C</sup> indicates confirmed cases, <sup>p</sup> indicates presumptive cases.

<sup>b</sup> Superscript <sup>E</sup> indicates the link between human cases and implicated product was epidemiological only, otherwise the link was laboratory confirmed.

<sup>c</sup> Reference (Country, Year): Raevuori 1976 (Finland 1975), Ozfoodnet 2002 (Australia, 2002),EU 2005a/EU 2010a/EU 2012a (Belgium 2005<sup>E</sup>, 2010<sup>E</sup>, 2012), EFSA 2013 (Denmark, 2011<sup>E</sup>), EFSA 2013 /EU 2012b (Germany 2011<sup>E</sup>, 2012), Martinelli 2013 (Italy, 2012), EU 2009b (Netherlands, 2009<sup>E</sup>), EU 2005b (Norway, 2005<sup>E</sup>), EU 2012d (Denmark, 2012<sup>E</sup>), Tay 1982 (Singapore, 1981<sup>E</sup>), EFSA 2013 (Sweden, 2011<sup>E</sup>), Khodr 1994/CDC *no date* /ProMed 2011(United States 1993, 1995<sup>E</sup>, 1999<sup>E</sup>, 2000<sup>E</sup>, 2009<sup>E</sup>, 2010<sup>E</sup>, 2011<sup>E</sup>)

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#### **Prevalence**

A total of 55 studies containing 203 unique trials were identified that investigated the prevalence and/or concentration of one or more selected microbial hazards in cereals and grains. The median publication year was 2009 (range 1992-2014).

Seventy-five percent of studies were conducted in Asia/the Middle East (n=24) and Europe (n=17). Most studies (87%) sampled products during a specific or defined period of time, while two conducted sampling over multiple time points, and 5 reported on the results of systematic surveillance programmes. Over 80% of studies sampled products at retail (e.g. markets, grocery stores) and/or from mills. Only 15/55 (27%) studies specified the country(s) of product origin.

B. cereus was the most commonly investigated microbial hazard across all cereal and grain categories. It was found at highly variable prevalence levels, in some cases detected in all sampled products. Some studies found that a high proportion of *B. cereus* isolates from positive cereal and grain samples contained enterotoxin-producing genes (Lee et al., 2012; Samapundo et al., 2011).

Salmonella spp. was investigated extensively in flours, starches and other milled grains, with most observations coming from two large surveillance studies in the United States (Richter et al., 1993; Sperber, 2007). Most trials (77%) did not detect Salmonella spp. in any samples, and only one study found a high prevalence (46%) in a small and non-representative sample (n=13) in Colombia (Acosta et al., 2013).

Generic *E. coli* was detected at a variable and sometimes very high prevalence in cereals and grains, with a median prevalence of 12.4% in milled grains and 8.9% in other dry cereals and cereal products. Berghofer et al. (2003) found that incoming whole grains at mills in Australia had a lower prevalence of generic E. coli than milled end-products, suggesting that cross-contamination likely occurred during the milling process. E. coli O157:H7 was identified in only one study, in 4/15 samples of sorghum flour from South Africa (Kunene et al., 1999).

C. botulinum, C. perfringens, L. monocytogenes and S. aureus were investigated in only a few studies and were found at low to moderate prevalence levels. A very high prevalence of Enterobacteriaceae was identified in rice samples from South Korea in one study (Jung and Park, 2006).

Few studies reported extractable concentration data on levels of selected microbial hazards in cereals and grains (not shown in the table below).

In flours, starches and other milled grains, average concentrations of B. cereus ranged from 1.3 to 3.0 x 10<sup>4</sup> CFU/g and 0.3 to 30 MPN/g, and average concentrations of generic *E. coli* ranged from 1.9 to 23.5 MPN/g and 0.8 to  $5.1 \times 10^4$  CFU/g (Aydin et al., 2009; Berghofer et al., 2003; Chitov et al., 2008; Eglezos, 2010; Fangio et al., 2010; Sengun and Karapinar, 2012; Victor et al., 2013).

In rice, four studies reported concentrations of *B. cereus* ranging from 36 to 7700 CFU/g and 16 to 210 MPN/g (Ankolekar et al., 2009; Chitov et al., 2008; Fangio et al., 2010; Sandra et al., 2012). Average concentrations of *B. cereus* in other dry cereals and cereal products ranged from 3 to 960 CFU/g and 3 to 200 MPN/g (Chitov et al., 2008; Fang et al., 1997; Kim et al., 2009; Lee et al., 2007, 2009, 2012; Rahimi et al., 2013).

In samples of a powdered cereal blend in South Korea, an average concentration of 15 CFU/g was identified for *C. perfringens* and a concentration range of 0.7 to 2.24 X 10<sup>3</sup> MPN/100g was identified for Cronobacter spp. (Lee et al., 2007). In wheat flour samples from Turkey, an average concentration of 1.3 to 1.6 CFU/g was identified for *C. perfringens*, with all samples below reported acceptable limit levels  $(10^4 \text{ CFU/g})$  for this pathogen (Aydin et al., 2009).

#### Prevalence of selected microbial hazards within cereal and grain categories

Each cell includes the number of observations/trials/studies contributing to the average or median prevalence estimate, the proportion of trials that did not find any positive samples and measures of heterogeneity and risk of selection bias. See the table footnotes for detailed explanations on each of these parameters.

|                        | <b>Cereals and Grains</b><br>Number of observations/trials/studies (% trials with zero prevalence) <sup>a</sup> |   |   |   |  |  |  |  |  |  |
|------------------------|---|---|---|---|--|--|--|--|--|--|
|                        | Meta-analysis pr  | observations/trials/stud<br>evalence (%) estimates<br>neity rating / Risk of seld | (95% CI) OR preval  | ence median (range) <sup>b</sup>                              |  |  |  |  |  |  |
| Microbial hazard       | Whole grains  | Flours, starches, and<br>other milled grains                                      | Rice and rice<br>products                                     | Other dry cereals<br>and cereal products                      |  |  |  |  |  |  |
| B. cereus              | 327/11/6 (27%)<br>26.8 (0 – 100) <sup>R</sup><br>High / High  | 1037/28/14 (54%)<br>0 (0 – 100) <sup>R</sup><br>High / High                       | 546/10/9 (38%)<br>57.3 (17 – 100) <sup>R</sup><br>High / High | 908/19/13 (21%)<br>41.7 (0 – 100) <sup>R</sup><br>High / High |  |  |  |  |  |  |
| C. botulinum           | N/A   | 25/1/1 (0%)<br>16<br>N/A / High   | N/A   | N/A   |  |  |  |  |  |  |
| C. perfringens         | N/A   | 227/5/5 (80%)<br>0 (0 – 9.9) <sup>R</sup><br>High / High                          | 8/2/1 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High          | 44/2/2 (0%)<br>7.3 (1.2 − 17.2) <sup>M</sup><br>Low / High    |  |  |  |  |  |  |
| Cronobacter spp.       | N/A   | 22/5/2 (60%)<br>11.3 (1.2 – 27.7) <sup>M</sup><br>Low / High                      | 43/3/3 (33%)<br>0 (0 – 37.5) <sup>R</sup><br>High / High      | 894/12/11 (58%)<br>0 (0 – 45) <sup>R</sup><br>High / High     |  |  |  |  |  |  |
| Generic <i>E. coli</i> | 108/2/2 (50%)<br>1.3 (0 − 4.1) <sup>M</sup><br>Low / Low  | 4146/12/9 (17%)<br>12.4 (0 – 100) <sup>R</sup><br>High / Med.                     | N/A   | 266/5/5 (20%)<br>8.9 (0 – 68.2) <sup>R</sup><br>High / High   |  |  |  |  |  |  |
| E. coli O157:H7        | N/A   | 25/4/2 (25%)<br>15.9 (4 – 32.7) <sup>M</sup><br>Low / High                        | 8/2/1 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High          | 100/1/1 (100%)<br>0<br>N/A / High                             |  |  |  |  |  |  |
| Enterobacteriaceae     | N/A   | N/A   | 47/2/1 (0%)<br>91.7 (83 – 100) <sup>R</sup><br>High / High    | N/A   |  |  |  |  |  |  |
| L. monocytogenes       | N/A   | 102/3/3 (33%)<br>13.3 (0 – 18.5) <sup>R</sup><br>High / High                      | N/A   | 308/2/2 (50%)<br>0.7 (0.01 – 2) <sup>M</sup><br>Low / Med.    |  |  |  |  |  |  |
| S. aureus              | N/A   | 129/4/4 (50%)<br>3.3 (0 – 11.5) <sup>R</sup><br>High / High                       | 2/1/1 (100%)<br>0<br>N/A / High                               | 369/3/3 (33%)<br>6.3 (0 – 6.7) <sup>R</sup><br>High / Med.    |  |  |  |  |  |  |
| Salmonella spp.        | 108/2/2 (50%)<br>1.3 (0 – 4.1) <sup>M</sup><br>Low / Low  | 11040/22/12 (77%)<br>0 (0 – 46.2) <sup>R</sup><br>High / Med.                     | 8/2/1 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High          | 287/3/3 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / Med.        |  |  |  |  |  |  |

N/A = No data identified for this product-hazard combination. Med. = medium.

<sup>a</sup> Observations/trials/studies: The observations are the total number of samples for all studies included in the summarized category. The number of studies is the number of articles captured. In some cases, articles report data on multiple prevalence trials or sampling frames. While the observations for each trial are independent by time and sample, they are part of a larger study where the methods and investigators are the same. Thus, there is not full independence in these observations and we note this by acknowledging there are multiple trials within a study.

<sup>b</sup> Superscript <sup>M</sup> indicates an average prevalence estimate (and 95% confidence interval) from a random-effects meta-analysis. Meta-analysis estimates were calculated only if heterogeneity was low or medium (*I*<sup>2</sup> 0-60%) and if at least one trial found a positive sample.

Superscript <sup>R</sup> indicates a median (and range) of trial prevalence estimates, calculated If heterogeneity was high ( $l^2$  >60%). Ranges not provided when only one trial was identified.

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<sup>c</sup>  $I^2$  is a measure of the degree of heterogeneity between trials combined in the meta-analysis. Heterogeneity rating definitions: low =  $I^2$  0-30%; medium = 31-60%; high = >60%.

Selection bias rating definitions: high = 0-30% of trials used a representative sample; medium = 31-60% of trials used a representative sample. Studies that conducted random or systematic sampling were considered representative.

The overall robustness of the meta-analysis prevalence estimates can be inferred from the heterogeneity and selection bias ratings. Taking into consideration the number of studies in the meta-analysis, high confidence in the meta-analysis results can be inferred when heterogeneity is low and the risk of selection bias is low, and low confidence can be inferred when both are high, see the methods section (page 11) for more information.

## Forest plot of the prevalence of selected microbial hazards within cereal and grain categories

| Micobial hazard / LMF sub<br>category | <ul> <li>Average</li> <li>prevalence</li> </ul> | Low<br>95% CI | High<br>95% CI | No. obs./<br>trials/studies | Hetero-<br>geneity | Selection<br>bias | Median (range)                |               |          |   |         |             |    |
|---------------------------------------|---|---------------|----------------|-----------------------------|--------------------|-------------------|-------------------------------|---------------|----------|---|---------|-------------|----|
| B. cereus                             | P   |               |                |                             | 8)                 |                   |                               | 1             |          |   |         |             |    |
| Whole grains                          | 42.6  | 16.1          | 71.2           | 327/11/6                    | High               | High              | 26.8 (0 - 100)                | - F           |          | - |         | 4           |    |
| Milled grains                         | 26.7  | 7.4           | 51.4           | 1037/28/14                  | High               | High              | 0 (0 - 100)                   |               |          |   |         |             |    |
| Rice/rice products                    | 67.0  | 40.6          | 89.2           | 546/10/9                    | High               | High              | 57.3 (17 - 100)               |               |          | - |         |             |    |
| Other cereals                         | 35.8  | 20.8          | 52.3           | 908/19/13                   | High               | High              | 41.7 (0 - 100)                |               | <b>—</b> | • |         |             |    |
| Overall                               | 38.5  | 27.3          | 50.5           | 500, 15, 15                 | High               |                   | 32.8 (0 - 100)                |               |          | - | -       |             |    |
| C. perfringens                        |   | 2.10          |                |                             |                    |                   | 52.0 (0 200)                  |               |          |   |         |             |    |
| Milled grains                         | 3.5   | 0.0           | 10.4           | 227/5/5                     | High               | High              | 0 (0 - 9.9)                   |               |          |   |         |             |    |
| Rice/rice products                    | 0.0   | 0.0           | 0.0            | 8/2/1                       | Low                | High              | -                             | •             |          |   |         |             |    |
| Other cereals                         | 7.3   | 1.2           | 17.2           | 44/2/2                      | Low                | High              |                               |               |          |   |         |             |    |
| Overall                               | 4.5   | 1.2           | 9.6            | 44/2/2                      | Med.               | ingn              | _                             | H             |          |   |         |             |    |
| Cronobacter spp.                      | 4.J   | 1.2           | 5.0            |                             | weu.               |                   | -                             |               |          |   |         |             |    |
| Milled grains                         | 11.3  | 1.2           | 27.7           | 22/5/2                      | Low                | High              |                               |               |          |   |         |             |    |
| Rice/rice products                    | 11.3  | 0.0           | 47.7           | 22/3/2<br>43/3/3            | High               | -                 | -<br>0 (0 - 37.5)             |               |          |   | 4       |             |    |
| Other cereals                         | 6.4   | 1.5           | 47.7           | 43/3/3<br>894/12/11         | -                  | High              | 0 (0 - 37.5)<br>0 (0 - 45)    |               |          |   |         |             |    |
| Overall                               | 8.0   | 3.2           |                | 894/12/11                   | High               | High              |                               |               |          |   |         |             |    |
| Generic E. coli                       | 8.0   | 3.2           | 14.5           |                             | High               |                   | 0 (0 - 45)                    |               |          |   |         |             |    |
|                                       | 1.0   |               |                | 100/0/0                     | 1                  | 1                 |                               |               |          |   |         |             |    |
| Whole grains                          | 1.3   | 0.0           | 4.1            | 108/2/2                     | Low                | Low               | -                             | <b>1</b> .    |          |   |         |             |    |
| Milled grains                         | 20.2  | 5.6           | 40.0           | 4146/12/9                   | High               | Med.              | 12.4 (0 - 100)                |               |          |   |         |             |    |
| Other cereals                         | 13.8  | 0.0           | 36.4           | 266/5/5                     | High               | High              | 8.9 (0 - 68.2)                |               |          | - |         |             |    |
| Overall                               | 15.5  | 6.0           | 28.1           |                             | High               |                   | 8.9 (0 - 100)                 |               |          |   |         |             |    |
| E. coli 0157                          |   |               |                | ( - (-                      |                    |                   |                               |               |          |   |         |             |    |
| Milled grains                         | 15.9  | 4.0           | 32.7           | 25/4/2                      | Low                | High              | -                             |               |          |   |         |             |    |
| Rice/rice products                    | 0.0   | 0.0           | 0.0            | 8/2/1                       | Low                | High              | -                             | •             |          |   |         |             |    |
| Other cereals                         | 0.0   | 0.0           | 0.0            | 100/1/1                     | N/A                | High              | -                             | <b>•</b>      |          |   |         |             |    |
| Overall                               | 6.4   | 0.0           | 18.3           |                             | High               |                   | 0 (0 - 26.7)                  |               | -        |   |         |             |    |
| L. monocytogenes                      |   |               |                |                             |                    |                   |                               |               |          |   |         |             |    |
| Milled grains                         | 8.7   | 0.0           | 28.5           | 102/3/3                     | High               | High              | 13.3 <mark>(</mark> 0 - 18.5) | •             |          |   |         |             |    |
| Other cereals                         | 0.7   | 0.0           | 2.0            | 308/2/2                     | Low                | Med.              | -                             | *             |          |   |         |             |    |
| Overall                               | 2.2   | 0.0           | 6.8            |                             | High               |                   | 0.5 (0 - 18.5)                |               |          |   |         |             |    |
| S. aureus                             |   |               |                |                             |                    |                   |                               |               |          |   |         |             |    |
| Milled grains                         | 5.7   | 0.0           | 16.2           | 129/4/4                     | High               | High              | 3.3 (0 - 11.5)                |               |          |   |         |             |    |
| Rice/rice products                    | 0.0   | 0.0           | 0.0            | 2/1/1                       | N/A                | High              | -                             | •             |          |   |         |             |    |
| Other cereals                         | 3.7   | 0.0           | 10.2           | 369/3/3                     | High               | Med.              | 6.3 (0 - 6.7)                 | <b>⊢</b> •→-1 |          |   |         |             |    |
| Overall                               | 4.0   | 0.9           | 9.0            |                             | High               |                   | 3.1 (0 - 11.5)                | H             |          |   |         |             |    |
| Salmonella spp.                       |   |               |                |                             |                    |                   |                               |               |          |   |         |             |    |
| Whole grains                          | 1.3   | 0.0           | 4.1            | 108/2/2                     | Low                | Low               | -                             | <b>•</b> I    |          |   |         |             |    |
| Milled grains                         | 0.7   | 0.2           | 1.5            | 11040/22/12                 | High               | Med.              | 0 (0 - 46.2)                  | •             |          |   |         |             |    |
| Rice/rice products                    | 0.0   | 0.0           | 0.0            | 8/2/1                       | Low                | High              | -                             | •             |          |   | LMF sub | o-categorie | as |
| Other cereals                         | 0.0   | 0.0           | 0.0            | 287/3/3                     | Low                | Med.              | -                             | 1             |          |   | -       |             |    |
| Overall                               | 0.7   | 0.3           | 1.4            |                             | High               |                   | 0 (0 - 46.2)                  | Ť.            |          |   | Overall | estimates   |    |

See the prevalence table for full explanations of all columns.

NOTE: C. botulinum evidence not shown in this figure because only one trial/study was identified.

Average prevalence (95% CI)

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Preliminary report of FAO/WHO expert consultation on ranking of low moisture foods **4Summary Card: Cereals and Grains** 

#### Interventions

A total of 15 experimental studies (consisting of 104 unique trials) were identified evaluating the effects of various interventions to reduce contamination of microbial hazards in cereals and grains. The median publication year was 2003 (range 1973 – 2013). Most studies (>70%) were conducted in the United States (n=6) and Asia and the Middle East (n=5, four of which were in South Korea). Twelve of the 15 studies were challenge trials with artificially inoculated samples, one was a lab-based controlled trial, one included challenge and controlled trials, and one was a field-based controlled trial. Most trials were conducted under laboratory and non-commercial conditions, and most (84%) contained only three samples per intervention combination investigated.

The most common interventions were dry heat treatments, chemical treatments (various acid solutions), irradiation (including ionizing radiation and microwave radiation), and various combinations of these and other treatments. All interventions in rice and other grains were applied against *B. cereus*, with the exception of one controlled trial that evaluated the effect of irradiation on generic *E. coli* concentrations (Sarrías et al., 2003). In dry cereal mixes and flours, dry heat and microwave irradiation treatments were investigated against *Salmonella* spp. in several trials, modified storage conditions were investigated against the survival of *B. cereus, Cronobacter* spp., and *E. coli* O157:H7 (each in one to two studies), and fermentation with lactic acid bacteria was investigated against generic *E. coli* in one trial.

Nearly all trials found that the applied interventions were effective at reducing concentration levels of the investigated microbial hazards. However, for some interventions, the doses and/or duration of treatments required to achieve suitable log reductions in microbial concentration might negatively affect product quality or consumer acceptability (Mtenga et al., 2013; Park et al., 2009).

Almost all milled cereals (e.g. flours) are baked, fried or cooked prior to consumption (Sperber, 2007), reducing the risk of illness from microbial hazards such as *Salmonella*; but certain cereal products are ready-to-eat (e.g. breakfast cereals) and are usually consumed without further processing (Neil et al., 2012). In the case of *B. cereus*, typical cooking of frequently contaminated cereals and grains, such as rice and pasta, is not sufficient for complete destruction of spores, and mishandling during preparation (e.g. temperature abuse) may lead to foodborne illness in consumers (EFSA, 2005).

Control of the selected microbial hazards in cereals and grains should focus on implementation of good agricultural and manufacturing practices and hazard analysis critical control point (HACCP) food safety management systems (EFSA, 2005; Sperber, 2007). Additional interventions and treatments could be considered for higher risk products, such as those that are typically eaten without an additional "kill step" (Sperber, 2007).

Summary table of experimental studies evaluating the effects of interventions to reduce contamination of selected microbial hazards in cereals and grains

| Food<br>category                  | Intervention<br>type  | Intervention details (dose and/or<br>duration, where available)  | Source(s) <sup>a</sup>   | Microbial<br>hazard(s)           | Study<br>type <sup>b</sup> | No.<br>trials/<br>studies | % of trials<br>with<br>extractable<br>data | % of trials<br>finding<br>intervention<br>is effective <sup>c</sup> |
|-----------------------------------|-----------------------|--|--|----------------------------------|----------------------------|---------------------------|--|---|
| Dry cereal<br>mixes and<br>flours | Fermentation          | Lactic acid bacteria (72 hr)   | Kimmons (1999) <sup>a</sup>  | Generic <i>E.</i><br><i>coli</i> | C.T.                       | 1/1                       | 0  | 100   |
|                                   | Heat<br>treatment     | Dry heat (57-75°C; 10-150 min)<br>Dry heat (43-60°C; 1-13 days)<br>Dry heat (49°C; 0.5-24 hr)  | Archer (1998)<br>Bookwalter (1980)<br>VanCauwenberge<br>(1981)       | Salmonella<br>spp.               | Ch.T.                      | 11/3                      | 0  | 100*  |
|                                   | Irradiation           | Microwave (2450 MHz; 56.7-82.2°C; 3.9-<br>10 min)  | Bookwalter (1982) <sup>a</sup>                                       | Salmonella<br>spp.               | Ch.T.                      | 1/1                       | 0  | 100   |
|                                   | Storage<br>conditions | Increased temperature (5-45°C),<br>increased a <sub>w</sub> (0.27-0.78), decreased pH<br>(5.6-6.7; 1-36 weeks)   | Jaquette (1998)  | B. cereus                        | Ch.T.                      | 6/1                       | 0  | 67  |
|                                   | Storage<br>conditions | Increased temperature (4- 30°C),<br>increased a <sub>w</sub> (0.30-0.69; 1-12 months)  | Lin (2007)   | <i>Cronobacter</i> spp.          | Ch.T.                      | 6/1                       | 17   | 83  |
|                                   | Storage<br>conditions | Product storage in vacuum flasks (750ml)   | Kimmons (1999) <sup>a</sup>  | Generic <i>E.</i><br><i>coli</i> | C.T.                       | 1/1                       | 0  | 100   |
|                                   | Storage<br>conditions | Increased temperature (5-45°C),<br>increased a <sub>w</sub> (0.35-0.73), decreased pH<br>(4.0-6.8; 1-24 weeks)   | Deng (1998)  | <i>E. coli</i><br>0157:H7        | Ch.T.                      | 3/1                       | 0  | 67  |
| Rice                              | Chemicals             | Fermented ethanol (10-70%; 5-60 min)<br>Supercritical carbon dioxide (36-44°C;<br>100-200 bar; 10-30 min)<br>Fermented ethanol + supercritical CO <sub>2</sub><br>Sodium hypochlorite dip (100ppm; 25-<br>60°C; 3-6 hr)<br>Citric acid dip (1%; 25-60°C; 3-6 hr) | Kim (2013)<br>Kim (2013)<br>Kim (2013)<br>Park (2009)<br>Park (2009) | B. cereus                        | Ch.T.                      | 15/2                      | 13   | 100*  |
|                                   | Electrolyzed<br>water | Acidic electrolyzed water (3-6 hr)<br>Alkaline electrolyzed water (3-6 hr)   | Park (2009)  | B. cereus                        | Ch.T.                      | 12/1                      | 0  | 100   |

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|                 | Heat<br>treatment  | Dry heat (120°C; 1-3 hrs)  | Houška (2007)                                | B. cereus   | Ch.T. | 2/1  | 100 | 100  |
|-----------------|--------------------|--|--|---|-------|------|-----|------|
|                 | Irradiation        | Electron beam (1.1-7.5 kGy)  | Sarrías (2003)ª                              | <i>B. cereus,</i><br>Generic <i>E.</i><br><i>coli</i> | Ch.T. | 2/1  | 100 | 100  |
|                 | Irradiation        | Gamma (1.5-30 kGy; 10 kGy/hr)<br>Electron beam (1.1-7.5 kGy)   | Mtenga (2013)<br>Sarrías (2003) <sup>ª</sup> | B. cereus   | Ch.T. | 4/2  | 25  | 75   |
|                 | Multiple           | Gamma irradiation (0.1-0.3 kGy) + sodium<br>hypochlorite (10-1000 ppm; 2 min) +<br>ultrasound (18 min)<br>Citric acid dip + acidic and alkaline<br>electrolyzed water (3-6 hr) | Ha (2012)<br>Park (2009)                     | B. cereus   | Ch.T. | 13/2 | 7   | 100* |
|                 | Ozone              | Gas (0.1-0.4 ppm; 1-7 hr)  | Shah (2011)                                  | B. cereus   | C.T.  | 1/1  | 0   | 100  |
| Other<br>grains | Chemicals          | Sodium hypochlorite dip (100ppm; 25-<br>60°C; 3-6 hr)<br>Citric acid dip (1%; 25-60°C; 3-6 hr)   | Park (2009)                                  | B. cereus   | Ch.T. | 8/1  | 0   | 100  |
|                 | Electrolyzed water | Acidic electrolyzed water (3-6 hr)<br>Alkaline electrolyzed water (3-6 hr)   | Park (2009)                                  | B. cereus   | Ch.T. | 8/1  | 0   | 100  |
|                 | Multiple           | Citric acid dip + acidic and alkaline<br>electrolyzed water (3-6 hr)   | Park (2009)                                  | B. cereus   | Ch.T. | 8/1  | 0   | 100  |

<sup>a</sup> Indicates these studies were conducted under commercial conditions.

<sup>b</sup> Ch.T. = challenge trial; C.T. = controlled trial.

<sup>c</sup> Intervention categories marked with an asterisk (\*) indicate that more trials found a positive intervention effect than would be expected by chance alone (sign test *P* value <0.05). Significance only calculated if more than one study was conducted per intervention/microbial hazard/study type combination.

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# Preliminary report of FAO/WHO expert consultation on ranking of low moisture foods 4Summary Card: Cereals and Grains

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# Summary Card: Confections and Snacks (Burden of Illness, Prevalence and Interventions)

# Low-moisture food category description

For the purposes of this summary, we refer to confections as sugar and sugar-based sweets such as fondants/creams, marshmallows, caramels/toffees, chewing gum, and chocolate and other cocoa-based products (e.g. cocoa and chocolate powders and mixes). We refer to snacks as savoury and ready-to-eat low-moisture foods such as chips and dried biscuits/crackers. We also include yeast in this summary, which can be used as a flavouring or additive to low-moisture foods.

For the purposes of summarizing prevalence and intervention information, confections and snacks were classified into the following categories: 1) cocoa and chocolate products; 2) other and unspecified confections and sweets; 3) snacks; and 4) yeast extract.

# **Evidence summary**

In total, 87 articles<sup>3</sup> and outbreak reports<sup>4</sup> were identified that investigated the burden of illness, the prevalence or concentration of selected microbial hazards, and interventions to reduce contamination of microbial hazards in confections and snacks. The distribution of identified research stratified by microbial hazard investigated and research focus is shown in Appendix F: Summary Card Evidence Charts. *Salmonella* spp. was the most frequently investigated microbial hazard in confections and snacks for burden of illness (n=41 outbreak reports), prevalence (n=11 articles), and intervention (n=12 articles) information.

# **Burden of illness**

Burden of illness evidence related to confections and snacks includes 44 outbreaks that affected 2547 individuals, including 151 hospitalizations and 0 deaths between 1955 and 2012. The median (range) outbreak size was 14 (3-439) cases, this varied by product type. For example, the size of chocolate outbreaks (n=9) caused by *Salmonella* was 119 (14-439) cases and accounted for 60.5% of all cases. *Salmonella* caused 93% of outbreaks and 99% of cases > *E. coli* O157:H7 (2.3%/0.4%), *B. cereus* (2.3%/0.2%), and *S. aureus* (2.3%/0.2%). Outbreaks occurred in Poland (23), United States (9), United Kingdom (6), Canada (4), Romania (2), Hungary, Sweden, Israel, Germany and Norway. There were several international outbreaks or outbreaks that implicated an imported product in this category, see the table below.

Most of the products in this category are ready-to-eat with the exception of cocoa powder and cake mix, which would usually undergo a further cooking step prior to consumption. Except for the Mexican wheat snack and some or all of the "sweet" outbreaks reported from Poland in 2011-2012, all outbreaks were

<sup>&</sup>lt;sup>3</sup> Articles refer to peer-reviewed journal publications as well as government and research agency reports.

<sup>&</sup>lt;sup>4</sup> For burden of illness information, multiple articles often reported complementary and/or overlapping information on the same outbreak. In addition, outbreak data were supplemented from other literature sources, including line lists from various countries, news reports, or annual summaries of country outbreaks. Thus, to avoid counting the same outbreak more than once, the term 'outbreak report' is used instead of 'article' to count the total number of unique outbreaks.

attributed to commercially prepared products. A high proportion (82%) of non-Polish outbreaks captured in this section were published in peer-reviewed sources.

| Summary of globally reported | outbreaks related to confections and miscellaneous snacks |
|------------------------------|---|
|------------------------------|---|

| Confection or<br>Snack (reference)   | Microbial<br>hazard(s)  | Outbreaks/<br>casesª/<br>hospitalized/<br>deaths | Country (year) <sup>b</sup>                                | Comments: susceptible populations/<br>attack rate/ concentration of microbial<br>hazard in the product  |
|--|---|--|--|---|
| Confections  |   |  |  |   |
| Chocolate<br>Werber (2005),<br>Harker (2013),<br>Craven (1975), Gill<br>(1981), Anon.<br>(1986), Kapperud<br>(1990), EU (2009),<br>EU (2010) | Salmonella<br>Oranienburg, Nima,<br>Montevideo,<br>Eastbourne, Napoli,<br>Typhimurium,<br>Enteritidis | 9/1402 <sup>c</sup> ,<br>143 <sup>P</sup> /63/0  | 2006), Norway (1987),<br>Hungary (2009),<br>Romania (2010) | German chocolate concentration: 1.1 – 2.8/g<br>Canadian chocolate concentration: 2.5/g<br>Italian chocolate concentration: 3/g<br>Belgium chocolate concentration: 4.3-24/100g<br>Norwegian chocolate concentration: range 0-<br>60 CFU/ 100g, 90% samples had <10 CFU/100g                 |
| EU (2010)  | S. aureus   | 1/5/5/0  | Romania (2010) <sup>E</sup>                                |   |
| Sweets and<br>Chocolate<br>EU (2011), EU (2012)  | <i>Salmonella</i><br>Enteritidis  | 23/232/79/0                                      | Poland (2011 <sup>15E</sup> ,<br>2012 <sup>3E</sup> )      | "Sweets and Chocolate" is a European Union<br>reporting category. Specific products could<br>not be verified. If any of these are related,<br>there has been no investigation to link them.   |
| Chocolate covered<br>brazil nuts<br>Harker (2013)  | Salmonella<br>Schwarzengrund  | 1/90/0/0   | United Kingdom (2006)                                      |   |
| <b>Cocoa Powder</b><br>Gastrin (1972)  | <i>Salmonella</i> Durham  | 1/110/?/0  | Sweden (1970)  | Traced to a contaminated cocoa powder<br>shipment (origin unknown)  |
| Hot Chocolate Mix<br>Nelms (1997)  | B. cereus   | 1/4/0/0  | United States (1994)                                       | Concentration in hot chocolate was 170,000/g.   |
| <b>Cake Mix</b><br>Zhang (2007)  | <i>Salmonella</i><br>Typhimurium  | 1/26/0/0   | United States (2009)                                       | Cake mix was implicated in this ice cream outbreak. (No cooking step)   |
| Marshmallow<br>Lewis (1996)  | <i>Salmonella</i><br>Enteritidis PT 4   | 1/36/0/0   | United Kingdom (1995)                                      | Concentration : $2.7 \times 10^4$ /g of marshmallow<br>Hypothesized to be due to using shelled eggs.<br>Isolated to one bakery.   |
| <b>Yeast</b><br>Joseph (1991), Kunz<br>(1955), McCall<br>(1966)  | Salmonella.<br>Oranienburg,<br>Senftenberg,<br>Montevideo,<br>Manchester,<br>Schwarzengrund           | 3/191 <sup>°</sup> ,<br>130 <sup>°</sup> /5/0    | United States (1955,<br>1964), United Kingdom<br>(1989)    | 1989 outbreak was a snack flavouring from<br>which 66% of the cases were <5 years old.<br>The 1955 and 1964 outbreaks occurred in<br>medical settings and were due to<br>contaminated supplemental food. The attack<br>rate in these outbreaks across several<br>institutions was 23-94.4%. |
| Snacks   |   |  |  |   |
| Peanut flavoured<br>Kosher Snack<br>Killalea (1996)  | Salmonella Agona  | 1/160/0/0  | and United States<br>(1994)                                | Product of Israel. Mainly consumed by children<br>3-5 years old. Concentration in product 2-45<br>organisms/ 25g serving.   |
| Mexican wheat<br>snack<br>CDC ( <i>no date</i> )   | <i>E. coli</i> O157:H7  | 1/11/4/0   | United States (2010)                                       | Prepared at home.   |
| Tortilla chips<br>CDC (no date)  | Salmonella<br>Enteritidis   | 1/7/0/0  | United States (2010)                                       | Served in a restaurant  |

<sup>a</sup> Superscript <sup>C</sup> indicates confirmed cases, <sup>p</sup> indicates presumptive cases.

<sup>b</sup>Superscript<sup>E</sup> indicates the link between human cases and implicated product was epidemiological only, otherwise the link was laboratory confirmed.

# **Prevalence**

A total of 29 studies containing 108 unique trials were identified that investigated the prevalence and/or concentration of one or more selected microbial hazards in confections and snacks. The median publication year was 2009 (range 1992-2014).

Most studies (90%) were conducted in Europe (n=15) and Asia/the Middle East (n=11). Most studies (76%) sampled products during a specific or defined period of time, while two conducted sampling over multiple time points, and 5 reported on the results of systematic surveillance programmes. Nearly 80% of studies sampled products at retail (e.g. markets, grocery stores) and/or from manufacturing and processing facilities. Only 8/29 studies (28%) specified the country(s) of product origin.

Salmonella spp., L. monocytogenes, and E. coli were the most commonly investigated microbial hazards in the cocoa and chocolate, other/unspecified confections, and snack categories, respectively. A very low average prevalence of Salmonella spp. was identified in cocoa and chocolate (1.7%, 95% CI: 0.03 to 5.0), while it was not identified in other/unspecified confections and snacks. L. monocytogenes was identified at low prevalence levels in other/unspecified confections, and was not found in studies sampling cocoa/chocolate and snacks. A very low prevalence of generic E. coli was found in all categories except cocoa and chocolate, where one study identified 14/29 positive samples of dried and fermented cocoa beans in Brazil (Nascimento et al., 2010).

B. cereus and Cronobacter spp. were found at highly variable prevalence levels in confections and snacks. S. aureus was identified in only one small study (3/4) of Turkish delight samples (Akan and Sürücüoğlu, 2012). C. botulinum and Enterobacteriaceae were both investigated in one study each; a low to moderate prevalence of *C. botulinum* was found in sugar samples from Japan (Nakano et al., 1992), and Enterobacteriaceae was found in 5/25 samples of cocoa powder in the Netherlands (Lima et al., 2011).

C. perfringens and E. coli O157:H7 were not identified in any study.

Only one study investigated yeast (not shown in the table below); the authors did not isolate B. cereus from 4 samples in Denmark (Rosenkvist and Hansen, 1995).

Few studies reported extractable concentration data on levels of selected microbial hazards in confections and snacks (not shown in the table below).

Average (standard deviation) log CFU/g concentrations of *B. cereus* in chocolate (n=100 samples), chewing gum (100), taffy (50), other candies (300), and mixed snacks (150) in South Korea were identified as 0.17 (0.58), 0.06 (0.41), 0.02 (0.60), 0.07 (0.42), and 0.32 (0.82), respectively (Kim et al., 2013). The concentration of most of the *B. cereus* positive samples in this study was much lower than those typically associated with foodborne illness from this pathogen (EFSA, 2005; Kim et al., 2013). Higher average (standard deviation) CFU/g concentrations of B. cereus, at 1.25 x  $10^3$  (1.97 x  $10^3$ ), were identified in a study that sampled corn snacks (n=20) in Egypt (Zeid, 2009).

In other studies, a median concentration of 155 MPN/g was identified for 8/8 B. cereus positive samples in cereal bar snacks (Lee et al., 2009), a mean (standard deviation) of 33.7 (15.2) CFU/g was identified for S. aureus in 3/4 Turkish delight samples (Akan and Sürücüoğlu, 2012), and a concentration range of 0.9 to >3.0 log MPN/g was identified for generic *E. coli* in 14/29 dried and fermented cocoa bean samples (Nascimento et al., 2010).

#### Prevalence of selected microbial hazards within confection and snack categories

Each cell includes the number of observations/trials/studies contributing to the average or median prevalence estimate, the proportion of trials that did not find any positive samples and measures of heterogeneity and risk of selection bias. See the table footnotes for detailed explanations on each of these parameters.

|                        |  | <b>Confections and Snacks</b>                                 |                                       |
|------------------------|--|---|---------------------------------------|
|                        |  | ons/trials/studies (% trials w                                | • • •                                 |
|                        |  | (%) estimates (95% CI) OR p<br>g / Risk of selection bias (lo |                                       |
| Microbial hazard       | Cocoa and chocolate                                      | Other and unspecified<br>confections                          | Snacks                                |
| B. cereus              | 106/2/2 (0%)   | 450/3/1 (0%)  | 192/5/5 (20%)                         |
|                        | 21.2 (9.0 – 33.3) <sup>R</sup>                           | 3.1 (1.7 – 4.9) <sup>M</sup>                                  | 40 (0 – 70) <sup>R</sup>              |
|                        | High / Med.  | Low / Low   | High / High                           |
| C. botulinum           | N/A  | 103/5/1 (20%)<br>7.6 (1.1 – 18.1) <sup>M</sup><br>Med. / High | N/A                                   |
| C. perfringens         | 100/1/1 (100%)   | 450/3/1 (100%)  | 150/1/1 (100%)                        |
|                        | 0  | 0 (0 – 0) <sup>R</sup>  | 0                                     |
|                        | N/A / Low  | Low / Low   | N/A / Low                             |
| Cronobacter spp.       | 47/3/2 (67%)<br>0 (0 – 29.7) <sup>R</sup><br>High / Med. | 123/5/4 (60%)<br>5.8 (0.7 – 14.3) <sup>M</sup><br>Med. / High | 33/3/3 (33%)4.6 (0 - 100)RHigh / High |
| Generic <i>E. coli</i> | 129/2/2 (50%)  | 454/4/2 (75%)   | 377/3/3 (67%)                         |
|                        | 24.1 (0 – 48.3) <sup>R</sup>                             | 0.7 (0.1 – 1.8) <sup>M</sup>                                  | 0 (0 – 4.4) <sup>R</sup>              |
|                        | High / Med.  | Low / Low   | High / Low                            |
| E. coli O157:H7        | 100/1/1 (100%)   | 450/3/1 (100%)  | 202/4/3 (100%)                        |
|                        | 0  | 0 (0 – 0) <sup>R</sup>  | 0 (0 – 0) <sup>R</sup>                |
|                        | N/A / Low  | Low / Low   | Low / High                            |
| Enterobacteriaceae     | 25/1/1 (0%)<br>20<br>Low / High                          | N/A   | N/A                                   |
| L. monocytogenes       | 102/2/2 (100%)   | 1685/11/4 (55%)   | 164/3/3 (100%)                        |
|                        | 0 (0 – 0) <sup>R</sup>                                   | 0 (0 – 16.7) <sup>R</sup>                                     | 0 (0 – 0) <sup>R</sup>                |
|                        | Low / Med.   | High / Low  | Low / Med.                            |
| S. aureus              | 100/1/1 (100%)   | 454/4/2 (75%)   | 160/2/2 (100%)                        |
|                        | 0  | 0 (0 – 75) <sup>R</sup>                                       | 0 (0 – 0) <sup>R</sup>                |
|                        | N/A / Low  | High / Low  | Low / Med.                            |
| Salmonella spp.        | 254/5/4 (40%)  | 450/3/1 (100%)  | 166/4/4 (100%)                        |
|                        | 1.7 (0.03 – 5.0) <sup>M</sup>                            | 0 (0 – 0) <sup>R</sup>  | 0 (0 – 0) <sup>R</sup>                |
|                        | Med. / High  | Low / Low   | Low / Med.                            |

N/A = No data identified for this product-hazard combination. Med. = medium.

<sup>a</sup> Observations/trials/studies: The observations are the total number of samples for all studies included in the summarized category. The number of studies is the number of articles captured. In some cases, articles report data on multiple prevalence trials or sampling frames. While the observations for each trial are independent by time and sample, they are part of a larger study where the methods and investigators are the same. Thus, there is not full independence in these observations and we note this by acknowledging there are multiple trials within a study.

<sup>b</sup> Superscript <sup>M</sup> indicates an average prevalence estimate (and 95% confidence interval) from a random-effects meta-analysis. Meta-analysis estimates were calculated only if heterogeneity was low or medium (*l*<sup>2</sup> 0-60%) and if at least one trial found a positive sample.

Superscript <sup>R</sup> indicates a median (and range) of trial prevalence estimates, calculated If heterogeneity was high ( $I^2$  >60%). Ranges not provided when only one trial was identified.

<sup>c</sup>  $I^2$  is a measure of the degree of heterogeneity between trials combined in the meta-analysis. Heterogeneity rating definitions: low =  $I^2$  0-30%; medium = 31-60%; high = >60%.

Selection bias rating definitions: high = 0-30% of trials used a representative sample; medium = 31-60% of trials used a representative sample; low = >60% of trials used a representative sample. Studies that conducted random or systematic sampling were considered representative.

The overall robustness of the meta-analysis prevalence estimates can be inferred from the heterogeneity and selection bias ratings. Taking into consideration the number of studies in the meta-analysis, high confidence in the meta-analysis results can be inferred when heterogeneity is low and the risk of selection bias is low, and low confidence can be inferred when both are high, see the methods section (page 11) for more information.

# Forest plot of the prevalence of selected microbial hazards within confection and snack categories

| Micobial hazard / LMF sub- |            | Low    | High   | No. obs./          | Hetero- | Selection |                   |                                    |
|----------------------------|------------|--------|--------|--------------------|---------|-----------|-------------------|------------------------------------|
| category                   | prevalence | 95% CI | 95% CI | trials/studies     | geneity | bias      | Median (range)    |                                    |
| B. cereus                  |            |        |        |                    |         |           |                   |                                    |
| Cocoa and chocolate        | 16.6       | 0.0    | 43.1   | 106/2/2            | High    | Med.      | 21.2 (9.0 – 33.3) |                                    |
| Other confections          | 3.1        | 1.7    | 4.9    | 450/3/1            | Low     | Low       | -                 |                                    |
| Snacks                     | 44.9       | 6.2    | 87.1   | 192/5/5            | High    | High      | 40 (0 - 70)       |                                    |
| Overall                    | 19.0       | 8.6    | 32.2   |                    | High    |           | 9 (0 - 100)       |                                    |
| C. botulinum               |            |        |        |                    |         |           |                   | _                                  |
| Overall                    | 7.6        | 1.1    | 18.1   | 103/5/1            | Med.    | High      | -                 |                                    |
| Cronobacter spp.           |            |        |        |                    |         |           |                   |                                    |
| Cocoa and chocolate        | 14.9       | 0.0    | 41.0   | 47/3/2             | High    | Med.      | 0 (0 - 29.7)      | <b>├</b> ── <b>♦</b> ──── <b>!</b> |
| Other confections          | 5.8        | 0.7    | 14.3   | 123/5/4            | Med.    | High      | -                 | <b>⊢</b> ◆I                        |
| Snacks                     | 11.2       | 0.0    | 38.7   | 33/3/3             | High    | High      | 4.6 (0-100)       | <b>├</b> ─ <b>◆</b> ──── <b>│</b>  |
| Overall                    | 8.5        | 2.6    | 17.1   |                    | High    |           | 0 (0 - 100)       |                                    |
| Generic <i>E. coli</i>     |            |        |        |                    |         |           |                   |                                    |
| Cocoa and chocolate        | 15.5       | 0.0    | 100.0  | 129/2/2            | High    | Med.      | 24.1 (0-48.3)     | •                                  |
| Other confections          | 0.7        | 0.1    | 1.8    | 454/4/2            | Low     | Low       | -                 | •                                  |
| Snacks                     | 2.0        | 0.0    | 7.8    | 377/3/3            | High    | Low       | 0 (0-4.4)         | <b>◆</b> –                         |
| Overall                    | 2.5        | 0.1    | 7.2    |                    | High    |           | 0 (0-42.3)        |                                    |
| L. monocytogenes           |            |        |        |                    |         |           |                   |                                    |
| Cocoa and chocolate        | 0.0        | 0.0    | 0.0    | 102/2/2            | Low     | Med.      | -                 | •                                  |
| Other confections          | 1.0        | 0.2    | 2.2    | 1685/11/4          | High    | Low       | 0 (0 - 16.7)      | •                                  |
| Snacks                     | 0.0        | 0.0    | 0.0    | 164/3/3            | Low     | Med.      | -                 |                                    |
| Overall                    | 0.8        | 0.3    | 1.7    | 101/0/0            | Med.    | cu        | -                 |                                    |
| S. aureus                  |            | 5.6    |        |                    |         |           |                   | $\overline{\Box}$                  |
| Cocoa and chocolate        | 0.0        | 0.0    | 0.0    | 100/1/1            | N/A     | Low       | -                 |                                    |
| Other confections          | 1.4        | 0.0    | 5.9    | 454/4/2            | High    | Low       | 0 (0 - 75)        |                                    |
| Snacks                     | 0.0        | 0.0    | 0.0    | 160/2/2            | Low     | Med.      | -                 |                                    |
| Overall                    | 0.5        | 0.0    | 1.9    | 100/2/2            | High    | and an    | 0 (0 - 75)        | T                                  |
| Salmonella spp.            | 0.0        | 0.0    | 2.2    |                    |         |           | 0 (0 /0]          | • <b>T</b>                         |
| Cocoa and chocolate        | 1.7        | 0.0    | 5.0    | 254/5/4            | Med.    | High      |                   |                                    |
| Other confections          | 0.0        | 0.0    | 0.0    | 450/3/1            | Low     | Low       | -                 |                                    |
| Snacks                     | 0.0        | 0.0    | 0.0    | 450/3/1<br>166/4/4 | Low     | Med.      | -                 | LMF sub-categories                 |
| Overall                    | 0.6        | 0.0    | 1.4    | 100/4/4            | Low     | wed.      | -                 | Overall estimates                  |

See the prevalence table for full explanations of all columns.

NOTE: C. perfringens and E. coli 0157 evidence not shown in this figure because no positive samples were identified in these categories. C. botulinum evidenceis based on data from only the other confections subcategory.

0%

20%

40%

60%

Average prevalence (95% CI)

80%

100%

# Preliminary report of FAO/WHO expert consultation on ranking of low moisture foods Summary Card: Confections and Snacks

## Interventions

A total of 15 experimental studies (consisting of 41 unique trials) were identified evaluating the effects of various interventions to reduce contamination of microbial hazards in confections and snacks. The median publication year was 2000 (range 1968 to 2013). Studies were conducted in the United States (n=7), Brazil (2), Switzerland (2), Canada, Egypt, Spain, and the United Kingdom. Thirteen of the 15 studies were challenge trials with artificially inoculated samples, and two were lab-based controlled trials. None of the studies were conducted under commercial conditions, and most included only a small number of samples (e.g. 2-4 replicates per intervention combination) or did not report their sample size.

The most commonly investigated interventions were various heat treatments to reduce contamination of *Salmonella* spp. in cocoa and chocolate. All investigated trials found that heat treatment is effective against *Salmonella* spp. in these products (more than would be expected by chance alone). However, high doses and/or durations were often required for complete elimination of this pathogen (Lee et al., 1989; Nascimento et al., 2012).

Two studies investigating the efficacy of conching (the last heat treatment step in chocolate making) found that it reduces *Salmonella* contamination but is not effective to fully eliminate high doses of *Salmonella* from chocolate (Krapf and Gantenbein-Demarchi, 2010; Nascimento et al., 2012). These findings emphasize the importance of ensuring that good agricultural and manufacturing practices and hazard analysis critical control point (HACCP) food safety management systems are implemented during cocoa harvesting and pre-processing (Krapf and Gantenbein-Demarchi, 2010; Nascimento et al., 2013). The National Confectioners Association Chocolate Council recommends that chocolate manufacturers design their roasting process to achieve a validated 4-5 log reduction of *Salmonella* spp. (NCACC, 2011).

A limited number of studies investigated interventions against other pathogens and in other confections/sweets, snacks and yeast.

Summary table of experimental studies evaluating the effects of interventions to reduce contamination of selected microbial hazards in confections and snacks

| Food<br>category     | Intervention<br>type  | Intervention details (dose and/or<br>duration, where available)   | Source(s)  | Microbial<br>hazard(s)               | Study<br>type <sup>ª</sup> | No.<br>trials/<br>studies | % of trials<br>with<br>extractable<br>data | % of trials<br>finding<br>intervention<br>is effective <sup>b</sup> |
|----------------------|-----------------------|---|--|--------------------------------------|----------------------------|---------------------------|--|---|
| Cocoa /<br>chocolate | Drying                | 25-35°C; 60-80% RH; 6-7 days  | Nascimento (2013)  | Salmonella spp.                      | Ch.T.                      | 1/1                       | 100  | 0   |
|                      | Fermentation          | 25-35°C; 60-80% RH; 7 days  | Nascimento (2013)  | Salmonella spp.                      | Ch.T.                      | 1/1                       | 0  | 0   |
|                      | Heat<br>treatment     | Dry heat (57-90°C; 1-1050 min)<br>Dry heat (54-100°C; 1-600 min)<br>Dry heat (71°C; 0.5-20 hr)<br>Dry heat (71°C; 2-24 hr)<br>Conching (50-90°C; 0.5-23 hr)<br>Hot oil dip (100°C; 15 min)<br>Roasting (110-140°C; 10-50 min)<br>Conching (50-70°C; 180-1440 min) | Goepfert (1968)<br>Barrile (1970a)<br>Barrile (1970b)<br>Lee (1989)<br>Krapf (2010)<br>Izurieta (2012)<br>Nascimento (2012)<br>Nascimento (2012) | Salmonella spp.                      | Ch.T.                      | 20/7                      | 50   | 100*  |
|                      | Irradiation           | Gamma (5-10 kGy)  | Bonvehí (2000)   | Enterobacteriaceae                   | C.T.                       | 1/1                       | 100  | 100   |
|                      | Irradiation           | Ultraviolet (19 x 10 <sup>3</sup> erg cm <sup>2</sup> /s;<br>0.5-10 min)  | Lee (1989)   | Salmonella spp.                      | Ch.T.                      | 1/1                       | 0  | 100   |
|                      | Storage conditions    | Increased temperature (10-38°C;<br>1-366 days)  | Baylis (2004)  | Pathogenic <i>E. coli</i><br>strains | Ch.T.                      | 1/1                       | 100  | 100   |
|                      | Storage conditions    | Increased $a_w$ (0.43-0.75; 2 days to 14 weeks)   | Juven (1984)   | Salmonella spp.                      | Ch.T.                      | 2/1                       | 0  | 100   |
|                      | Ultrasound            | 160 kHz; 42°C; 10-30 min  | Lee (1989)   | Salmonella spp.                      | Ch.T.                      | 1/1                       | 0  | 100   |
| Other<br>confections | Heat<br>treatment     | Hot water dip (65-70°C; 20 min)   | Nummer (2012)  | Salmonella spp.                      | Ch.T.                      | 1/1                       | 0  | 100   |
|                      | Modified<br>packaging | Air (oxygen 0.5-20%) vs. vacuum<br>(1-27 weeks)   | Christian (1973)   | Salmonella spp., S.<br>aureus        | Ch.T.                      | 4/1                       | 0  | 100   |
|                      | Storage<br>conditions | Increased temperature (10-38°C;<br>4 hr to 367 days)  | Baylis (2004)  | Pathogenic <i>E. coli</i><br>strains | Ch.T.                      | 2/1                       | 100  | 100   |
|                      | Storage conditions    | Increased a <sub>w</sub> (0.11-0.53; 1-27<br>weeks)   | Christian (1973)   | Salmonella spp., S.<br>aureus        | Ch.T.                      | 4/1                       | 0  | 100   |
| Snacks               | Irradiation           | Gamma (1-10 kGy; 5.6 kGy/hr)  | Zeid (2009)  | B. cereus                            | C.T.                       | 1/1                       | 100  | 100   |
| Yeast                | Spray drying          | 225°C   | Miller (1972)  | Salmonella spp.                      | Ch.T.                      | 1/1                       | 0  | 100   |

<sup>a</sup> Ch.T. = challenge trial; C.T. = controlled trial.

<sup>b</sup> Intervention categories marked with an asterisk (\*) indicate that more trials found a positive intervention effect than would be expected by chance alone (sign test *P* value <0.05). Significance only calculated if more than one study was conducted per intervention/microbial hazard/study type combination.

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# Summary Card: Dried Fruits and Vegetables (Burden of Illness, Prevalence and Interventions)

#### Low-moisture food category description

This summary covers dried and dehydrated fruits and vegetables, as well as dried seaweed and mushrooms. Examples of dried fruits included raisins, prunes, dates, dried mangos, dried apricots, desiccated coconut, and fruit powders. Examples of dried vegetables included sun-dried vegetables (e.g. tomatoes, okra), vegetable powders and mixes (e.g. dry soup mixes), dehydrated vegetables (e.g. potato flakes, carrot slices), and vegetable flours (e.g. potato starch, yam flour). We also included dried legumes and legume flours in the dried vegetable category. For the purposes of summarizing prevalence and intervention information, data were collapsed across four categories: 1) dried/dehydrated fruits; 2) dried/dehydrated vegetables; 3) dried/dehydrated mushrooms; and 4) dried seaweed.

#### **Evidence summary**

In total, 39 articles<sup>5</sup> and outbreak reports<sup>6</sup> were identified that investigated the burden of illness, the prevalence or concentration of selected microbial hazards, and interventions to reduce contamination of microbial hazards in dried fruits and vegetables. The distribution of identified research stratified by microbial hazard investigated and research focus is shown in A Appendix F: Summary Card Evidence Charts. *Salmonella* spp. was the most frequently investigated microbial hazard in dried fruits and vegetables for burden of illness (n=3 outbreak reports), prevalence (n=12 articles), and intervention (n=8 articles) information.

#### **Burden of illness**

Burden of illness evidence related to dried fruits and vegetables includes 3 reported outbreaks between 1953 and 2004. *Salmonella* was implicated in all outbreaks affecting 719 individuals (median 50, range 18-651), including 247 hospitalizations and 1 death. The dried fruit and vegetable outbreaks are shown in the summary table below and were reported from Australia, the United Kingdom, and Greece.

| Dried fruit or vegetable<br>category/ specific<br>source ( <i>reference</i> ) | Microbial<br>hazard(s)                                     | Outbreaks/<br>cases/<br>hospitalized<br>/ deaths <sup>a</sup> | Country<br>(year) <sup>b</sup>                | Comments: susceptible populations/<br>attack rate/ concentration of<br>microbial hazard in the product                            |
|---|--|---|---|---|
| Desiccated coconut<br>(Ward 1999, Wilson<br>1953)                             | Salmonella Typhi,<br>Senftenberg Java<br>phage type Dundee | 2/68/7/0  | Australia<br>(1953), United<br>Kingdom (1998) | Retail desiccated coconut.  |
| Raisins & chickpea<br>powder<br>(Mellou 2014)                                 | Salmonella<br>Enteritidis (9:g,m:-)                        | 1/651/247/1   | Greece (2004)                                 | Contaminated kolliva served at 8 funerals.<br>Raisins and chickpea powder =confirmed<br>contaminated ingredient. Attack rate >70% |

#### Summary table of globally reported outbreaks on dried fruits and vegetables

<sup>5</sup> Articles refer to peer-reviewed journal publications as well as government and research agency reports.

<sup>6</sup> For burden of illness information, multiple articles often reported complementary and/or overlapping information on the same outbreak. In addition, outbreak data were supplemented from other literature sources, including line lists from various countries, news reports, or annual summaries of country outbreaks. Thus, to avoid counting the same outbreak more than once, the term 'outbreak report' is used instead of 'article' to count the total number of unique outbreaks.

<sup>a</sup> Superscript <sup>C</sup> indicates confirmed cases, <sup>p</sup> indicates presumptive cases.

<sup>b</sup> Superscript <sup>E</sup> indicates the link between human cases and implicated product was epidemiological only, otherwise the link was laboratory confirmed.

Most of these outbreaks were small and isolated to one batch of a retail product. The Kolliva outbreak from Greece was largely caused by temperature abuse and the source of the contamination was confirmed to be raisins and chickpea powder.

## Prevalence

A total of 23 studies containing 64 unique trials were identified that investigated the prevalence and/or concentration of one or more selected microbial hazards in dried fruits and vegetables. The median publication year was 2008 (range 1992-2014).

Most studies (70%) were conducted in Europe (n=9) and Asia/the Middle East (n=7) > Africa (4) > Brazil (2) > New Zealand (1). Most studies (78%) sampled products during a specific or defined period of time, while two conducted sampling over multiple time points, and three reported on the results of systematic surveillance programmes. Over 80% of studies sampled products at retail (e.g. markets, grocery stores) and/or from imports, and four sampled from processing facilities. Only 9/23 studies (39%) specified the country(s) of product origin.

Most studies investigated *Salmonella* spp. and/or generic *E. coli* in dried fruits, and *B. cereus* and/or *Cronobacter* spp. in dried vegetables. *Salmonella* spp. was detected at a very low prevalence in dried fruits (median 0%), with the exception of one study that found a prevalence of 33% (6/20) in raisin samples in India (Sharma et al., 2008). Generic *E. coli* and *S. aureus* were not identified in dried fruits, but they were detected in 1/16 and 4/16 samples, respectively, of sun-dried okra from Nigeria (Arise et al., 2012). *B. cereus* and *Cronobacter* spp. were identified at highly variable prevalence levels in dried fruits and vegetables, with *B. cereus* prevalence approaching or at 100% in several trials. Enterobacteriaceae were investigated in a small number of total samples (n=37) of dried fruit in two studies, with an average prevalence of 7.8% (95% CI: 1.1 to 18.6).

One study investigated *C. botulinum* in dried mushrooms (not shown in the table below); the authors did not isolate *C. botulinum* spores from 48 samples in China (Malakar et al., 2013). No prevalence studies were identified investigating dried seaweed.

C. perfringens and L. monocytogenes were not identified in any study.

Few studies reported extractable concentration data on levels of selected microbial hazards in dried fruits and vegetables (not shown in the table below).

Average (standard deviation) concentrations of Enterobacteriaceae and *Salmonella* spp. in 2/20 and 6/20 positive samples of raisins in India were 15 (7.1) and 8.5 x  $10^3$  ( $2.0 \times 10^4$ ) CFU/g, respectively (Sharma et al., 2008). Concentrations of *Salmonella* spp. in raisins (1/3 samples) and prunes (1/3 samples) from South Africa were 10 and 40 CFU/g, respectively (Witthuhn et al., 2005). Concentrations of *B. cereus* in positive samples (37/50) of dehydrated potato flakes from New Zealand ranged from 10 to 370 CFU/g, with only 8 samples >100 CFU/g (Turner et al., 2006).

#### Prevalence of selected microbial hazards within dried fruit and vegetable categories

Each cell includes the number of observations/trials/studies contributing to the average or median prevalence estimate, the proportion of trials that did not find any positive samples and measures of heterogeneity and risk of selection bias. See the table footnotes for detailed explanations on each of these parameters.

|                        | Dried Fruits and Vegetables<br>Number of observations/trials/studies (% trials with zero prevalence) <sup>a</sup><br>Meta-analysis prevalence (%) estimates (95% CI) OR prevalence median (range) <sup>b</sup><br>Heterogeneity rating / Risk of selection bias (low, medium or high) <sup>c</sup> |   |  |  |  |  |  |
|------------------------|--|---|--|--|--|--|--|
| Microbial hazard       | Dried/dehydrated fruits  | Dried/dehydrated vegetables                               |  |  |  |  |  |
| B. cereus              | 556/2/2 (0%)<br>50.2 (0 – 100) <sup>R</sup><br>High / Med.   | 230/6/4 (0%)<br>98 (13 – 100) <sup>R</sup><br>High / High |  |  |  |  |  |
| C. perfringens         | 1/1/1 (100%)<br>0<br>N/A / High  | N/A   |  |  |  |  |  |
| Cronobacter spp.       | 10/1/1 (0%)<br>10<br>N/A / High  | 114/6/4 (33%)<br>9.8 (0 – 60) <sup>R</sup><br>High / Med. |  |  |  |  |  |
| Generic <i>E. coli</i> | 822/8/4 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High   | 16/1/1 (0%)<br>6.3<br>N/A / High                          |  |  |  |  |  |
| Enterobacteriaceae     | 37/6/2 (83%)<br>7.8 (1.1 – 18.6) <sup>M</sup><br>Low / High  | N/A   |  |  |  |  |  |
| L. monocytogenes       | 555/1/1 (100%)<br>0<br>N/A / Low   | N/A   |  |  |  |  |  |
| S. aureus              | 766/3/3 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / Low  | 16/1/1 (0%)<br>25<br>N/A / High                           |  |  |  |  |  |
| Salmonella spp.        | 1150/14/10 (71%)<br>0 (0 – 33.3) <sup>R</sup><br>High / Med.   | N/A   |  |  |  |  |  |

N/A = No data identified for this product-hazard combination. Med. = medium.

- <sup>a</sup> Observations/trials/studies: The observations are the total number of samples for all studies included in the summarized category. The number of studies is the number of articles captured. In some cases, articles report data on multiple prevalence trials or sampling frames. While the observations for each trial are independent by time and sample, they are part of a larger study where the methods and investigators are the same. Thus, there is not full independence in these observations and we note this by acknowledging there are multiple trials within a study.
- <sup>b</sup> Superscript <sup>M</sup> indicates an average prevalence estimate (and 95% confidence interval) from a random-effects meta-analysis. Meta-analysis estimates were calculated only if heterogeneity was low or medium ( $I^2$  0-60%) and if at least one trial found a positive sample.

Superscript <sup>R</sup> indicates a median (and range) of trial prevalence estimates, calculated If heterogeneity was high ( $l^2$  >60%). Ranges not provided when only one trial was identified.

<sup>c</sup>  $I^2$  is a measure of the degree of heterogeneity between trials combined in the meta-analysis. Heterogeneity rating definitions: low =  $I^2$  0-30%; medium = 31-60%; high = >60%.

Selection bias rating definitions: high = 0-30% of trials used a representative sample; medium = 31-60% of trials used a representative sample; low = >60% of trials used a representative sample. Studies that conducted random or systematic sampling were considered representative.

The overall robustness of the meta-analysis prevalence estimates can be inferred from the heterogeneity and selection bias ratings. Taking into consideration the number of studies in the meta-analysis, high confidence in

the meta-analysis results can be inferred when heterogeneity is low and the risk of selection bias is low, and low confidence can be inferred when both are high, see the methods section (page 11) for more information.

# Forest plot of the prevalence of selected microbial hazards within dried fruit and vegetable categories

| Micobial hazard / LMF sub | - Average  | Low    | High   | No. obs./      | Hetero- | Selection |                |                  |  |
|---------------------------|------------|--------|--------|----------------|---------|-----------|----------------|------------------|--|
| category                  | prevalence | 95% CI | 95% CI | trials/studies | geneity | bias      | Median (range) |                  |  |
| B. cereus                 |            |        |        |                |         |           |                |                  |  |
| Dried fruits              | 27.1       | 0.0    | 100.0  | 556/2/2        | High    | Med.      | 50.2 (0 - 100) | •                |  |
| Dried vegetables          | 88.6       | 67.0   | 100.0  | 230/6/4        | High    | High      | 98 (13 – 100)  |                  | <b>⊢</b>                               |
| Overall                   | 76.3       | 19.0   | 100.0  |                | High    |           | 98 (0.4 - 100) | H                |  |
| Cronobacter spp.          |            |        |        |                |         |           |                |                  |  |
| Dried fruits              | 10.0       | -      | -      | 10/1/1         | N/A     | High      | -              | M H              |  |
| Dried vegetables          | 10.8       | 0.9    | 27.2   | 114/6/4        | High    | Med.      | 9.8 (0 - 60)   | <b>⊢ → −</b> − 1 |  |
| Overall                   | 11.1       | 2.0    | 25.1   |                | High    |           | 0.1 (0-60)     | ▶                |  |
| Generic E. coli           |            |        |        |                |         |           |                |                  |  |
| Dried fruits              | 0.0        | 0.0    | 0.0    | 822/8/4        | Low     | High      | -              | •                |  |
| Dried vegetables          | 6.3        | -      | -      | 16/1/1         | N/A     | High      | -              | •                |  |
| Overall                   | 0.2        | 0.0    | 0.9    |                | Low     |           | -              | •                |  |
| S. aureus                 |            |        |        |                |         |           |                |                  |  |
| Dried fruits              | 0.0        | 0.0    | 0.0    | 766/3/3        | Low     | Low       | -              | •                |  |
| Dried vegetables          | 25.0       | -      | -      | 16/1/1         | N/A     | High      | -              | •                |  |
| Overall                   | 1.7        | 0.0    | 6.1    |                | High    |           | 0 (0 - 25)     |                  | • LME sub esta ancien                  |
| Salmonella spp.           |            |        |        |                |         |           |                |                  | <ul> <li>LMF sub-categories</li> </ul> |
| Overall                   | 2.0        | 0.2    | 5.2    | 1150/14/10     | High    |           | 0 (0-33.3)     | -                | Overall estimates                      |

CI = confidence interval; Med. = medium; No. obs. = number of total samples tested per category. See the prevalence table for full explanations of all columns.

NOTE: C. perfringens and L. monocytogenes evidence not shown in this figure because no positive samples were identified in these categories. Salmonella spp. evidence is based on data from only the dried fruits subcategory. 20% 40% 60% 80% 100% Average prevalence (95% CI)

0%

59

# Interventions

A total of 13 experimental studies (consisting of 44 unique trials) were identified evaluating the effects of various interventions to reduce contamination of microbial hazards in dried fruits and vegetables. The median publication year was 2005 (range 1973 to 2011). Studies were conducted in the United States (n=10), Turkey (1), Thailand (1) and South Korea (1). All studies were challenge trials with artificially inoculated samples. None of the studies were conducted under commercial conditions, and most included only a small number of samples (2-10 replicates per intervention combination).

The most commonly investigated interventions were various chemical dips and heat treatments applied to fruits and vegetables to reduce contamination of *Salmonella* spp. and *E. coli* prior to drying with home-type dehydrators. Nearly all pre-drying treatments were found to be more effective at reducing levels of microbial hazard contamination on the final dried product compared to drying without any pre-treatment; however, in some cases these pre-treatments were not superior to dipping products in sterile water (Derrickson-Tharrington, 2005; Yoon et al., 2004).

One study found that irradiation is effective to reduce contamination of *E. coli, S. aureus*, and *Salmonella* spp. on dried seaweed (Jo et al., 2005), and one study found that gaseous ozone can effectively reduce *B. cereus* and generic *E. coli* contamination of dried figs (Akbas and Ozdemir, 2008). Other studies investigated modified storage conditions and packaging on *Salmonella* spp., pathogenic *E. coli*, and *S. aureus* survival in various dried fruits and vegetables (Christian and Stewart, 1973; Deng et al., 1998; Park and Beuchat, 2000).

# 0 Summary Card: Dried Fruits and Vegetables

Summary table of experimental studies evaluating the effects of interventions to reduce contamination of selected microbial hazards in dried fruits and vegetables

| Food<br>category    | Intervention type                                    | Intervention details (dose and/or duration, where available)  | Source(s)   | Microbial<br>hazard(s)        | No.<br>trials/<br>studies | % of trials<br>with<br>extractable<br>data | % of trials<br>finding<br>intervention<br>is effective <sup>a</sup> |
|---------------------|--|---|---|-------------------------------|---------------------------|--|---|
| Dried fruits        | Pre-drying (57.2-<br>62.8°C; 6 hr)<br>chemical dips  | Ascorbic acid (2.8-3.4%; 10-15 min)<br>Citric acid (1.7%; 10 min)<br>Lemon juice (50%; 10 min)<br>Lemon juice with preservatives (50%;<br>10 min) | Burnham (2001)/<br>Derrickson (2005)<br>Derrickson (2005)<br>Derrickson (2005)<br>Derrickson (2005) | <i>E. coli</i> O157:H7        | 5/2                       | 83   | 100   |
|                     | Pre-drying (60°C; 6<br>hr) chemical dips             | Ascorbic acid dip (3.4%; 25°C; 10 min)<br>Citric acid (0.21%; 10 min)<br>Sodium metabisulfite (4.18%; 10 min)                                     | DiPersio (2003)   | Salmonella spp.               | 3/1                       | 100  | 100   |
|                     | Pre-drying (57.2-<br>62.8°C; 6 hr) heat<br>treatment | Steam blanching (88°C; 3 min)   | Burnham (2001)  | E. coli 0157:H7               | 1/1                       | 0  | 0   |
|                     | Ozone  | Gas (0.1-1 ppm; 70% RH; 60-360 min)   | Akbas (2008)  | B. cereus                     | 2/1                       | 0  | 100   |
|                     | Ozone  | Gas (0.1-1 ppm; 70% RH; 60-360 min)   | Akbas (2008)  | Generic <i>E. coli</i>        | 1/1                       | 0  | 100   |
|                     | Storage conditions                                   | Increased temperature (5-37°C; 1-19 weeks)  | Deng (1998)   | <i>E. coli</i> O157:H7        | 2/1                       | 0  | 100   |
| Dried<br>vegetables | Drying   | Hot air (50-70°C; 0-16 hr)<br>Low-pressure superheated steam and<br>vacuum (10 kPa; 50-70°C; 0-16 hr)   | Phungamngoen<br>(2011)  | Salmonella spp.               | 3/1                       | 0  | 100   |
|                     | Heat treatment                                       | Dry heat (80°C; 15 min)   | DiPersio (2005a)  | Salmonella spp.               | 1/1                       | 0  | 0   |
|                     | Pre-drying (60°C; 6<br>hr) chemical dips             | Ascorbic acid (3.4%; 10 min)<br>Sodium chloride (3.23%; 25°C; 5 min)<br>Citric acid (0.105-0.21%; 88°C; 4 min)                                    | Yoon (2004)<br>DiPersio (2005a)<br>DiPersio (2005b,<br>2007)/Yoon (2004)                            | <i>Salmonella</i> spp.        | 7/4                       | 57   | 100*  |
|                     | Pre-drying (60°C; 6<br>hr) heat treatment            | Water blanching (88°C; 3-4 min)<br>Steam blanching (88°C; 3-10 min)   | DiPersio (2005a,b,<br>2007)<br>DiPersio (2005a,b,<br>2007)/Yoon (2004)                              | Salmonella spp.               | 7/4                       | 43   | 86  |
|                     | Modified packaging                                   | Air (oxygen 0.5-20%) vs. vacuum (1-<br>27 weeks)  | Christian (1973)  | Salmonella spp.,<br>S. aureus | 2/1                       | 0  | 100   |

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|                  | Multiple pre-drying<br>(60°C; 6 hr)<br>treatments | Steam blanching (88°C; 3 min) + ascorbic acid dip (3.4%; 10 min)   | Yoon (2004)      | Salmonella spp.  | 2/1 | 100 | 100 |
|------------------|---|--|------------------|--|-----|-----|-----|
|                  | Storage conditions                                | Increased temperature (4-37°C),<br>increased a <sub>w</sub> (0.26-0.78), decreased<br>pH (4.1-6.7; 1-33 weeks) | Park (2000)      | <i>E. coli</i> O157:H7   | 3/1 | 0   | 67  |
|                  | Storage conditions                                | Increased a <sub>w</sub> (0.11-0.53; 1-27 weeks)   | Christian (1973) | Salmonella spp.,<br>S. aureus  | 2/1 | 0   | 100 |
| Dried<br>seaweed | Irradiation                                       | Gamma (1-3 kGy; 10 kGy/hr)   | Jo (2005)        | Generic <i>E. coli,</i><br><i>S. aureus,</i><br><i>Salmonella</i> spp. | 3/1 | 100 | 100 |

<sup>a</sup> Intervention categories marked with an asterisk (\*) indicate that more trials found a positive intervention effect than would be expected by chance alone (sign test *P* value <0.05). Significance only calculated if more than one study was conducted per intervention/microbial hazard/study type combination.

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(Distiller ID = Rec #, Outbreak # =OB # where a Distiller ID is not available – for unpublished outbreaks)

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### Summary Card: Dried Protein Products (Burden of Illness, Prevalence and Interventions)

#### Low-moisture food category description

This summary covers dried protein products. For the purposes of summarizing prevalence and intervention information, data were collapsed across four categories: 1) dairy products (e.g. milk, whey, and milk-product powders); 2) egg products (e.g. egg powders); 3) fish/seafood products (e.g. dried fish, fish meal/flour); and 4) meat products other than sausages, salamis, and jerky's (e.g. gelatin, meat powders). Although the search included terms for dry protiens of plant origin (e.g. soy powder), no evidence on these products was identified in this scoping review.

Specifically excluded from this summary are dried and/or fermented sausages, salamis, and jerky's, which can have a low water activity (i.e.  $a_w < 0.85$ ). However, they were excluded due to the vast amount of literature identified in this area and reporting limitations (the water activity of products in most studies could not be confirmed). Also excluded is powdered infant formula, which was considered beyond the scope of this review.

#### **Evidence summary**

In total, 66 articles<sup>7</sup> and outbreak reports<sup>8</sup> were identified that investigated the burden of illness, the prevalence or concentration of selected microbial hazards, and interventions to reduce contamination of microbial hazards in dried protein products. The distribution of identified research stratified by microbial hazard investigated and research focus is shown in Appendix F: Summary Card Evidence Charts. *Salmonella* spp. was the most frequently investigated microbial hazard in dried protein products for burden of illness (n=6 outbreak reports) and intervention (n=10 articles) information, while *Cronobacter* spp. was the most commonly investigated microbial hazard in prevalence studies (n=20 articles).

#### **Burden of illness**

Burden of illness evidence related to dried protein products included 13 outbreaks, 6 attributed to powdered milk and 7 attributed to dried fish. There were no outbreaks related to dry vegetable proteins such as soy powders. Outbreaks occurred in the United States (2), Ukraine (2), Japan (2), Trinidad, France, Singapore, Canada, Russia, and Germany. There was a lot of variation in the size of the outbreaks captured in each category. Hospitalizations and deaths were only reported from dried fish outbreaks involving *C. botulinum*.

The 6 powdered milk outbreaks 1965-2006 were caused by *Salmonella* in 3 outbreaks affecting 3078 individuals (median 49, range 29- 3000) and *S. aureus* in the remaining 3 outbreaks affecting 13606 individuals (median 150, range 36-13420). The large outbreak in this category was from Japan, they

<sup>&</sup>lt;sup>7</sup> Articles refer to peer-reviewed journal publications as well as government and research agency reports.

<sup>&</sup>lt;sup>8</sup> For burden of illness information, multiple articles often reported complementary and/or overlapping information on the same outbreak. In addition, outbreak data were supplemented from other literature sources, including line lists from various countries, news reports, or annual summaries of country outbreaks. Thus, to avoid counting the same outbreak more than once, the term 'outbreak report' is used instead of 'article' to count the total number of unique outbreaks.

were not able to culture *S. aureus* from the powdered milk; however staphylococcal enterotoxin A was detectable at high enough concentrations to cause illness.

The seven outbreaks attributed to commercial dried fish products included 3 due to *Salmonella* that affected 1540 individuals (median 33, range 2-1505). The remaining 4 outbreaks were caused by *C. botulinum* contamination and affected 16 people, including 14 hospitalizations and one death. The median outbreak size was 4 (range 3-6).

| Summary table of glo  | <b>V 1</b>   |   | • •   |   |
|---|--|---|---|---|
| Dried protein category/<br>specific source<br>(reference)           | Microbial<br>hazard(s)                               | Outbreaks/<br>cases/<br>hospitalized<br>/ deaths <sup>a</sup> | Country<br>(year) <sup>b</sup>  | Comments: susceptible populations/<br>attack rate/ concentration of<br>microbial hazard in the product  |
| Milk Protein  |  |   |   |   |
| <b>Powdered Milk</b><br>(Collins 1968, Weissman<br>1977, Asoa 2003) | Salmonella<br>Worthington,<br>Newbrunswick,<br>Derby | 3/3078/0/0  | United States<br>(1965), Trinidad<br>(1973), France<br>(2005)   | Children <4 years comprised 89% of cases<br>in the Trinidad outbreak. The outbreak in<br>France was mainly in hospitalized patients.  |
| (InVS 2005, Clark 2007,<br>Doyle 2008)                              | S. aureus  | 3/ 4949 <sup>c</sup> ,<br>8657 <sup>P</sup> /0/0              | Japan (2000),<br>China (2004),<br>United States<br>(2006) <sup>E</sup>                                    | Most cases were from the large outbreak in<br>Japan; viable <i>S. aureus</i> was not cultured in<br>this outbreak, but the staphylococcal<br>enterotoxin A concentration mean was 7.28<br>(range 1.4–26.2) ng/g |
| Fish/Seafood Protein  |  |   |   |   |
| Dried Anchovy<br>(Ling 2002, Anon 2005)                             | <i>Salmonella</i><br>Typhimurium<br>DT104            | 2/35/0/0  | Singapore<br>(2000), Canada<br>(2005)   | Singapore outbreak mainly involved infants and toddlers.  |
| Cuttlefish Chips<br>(Miyakawa 2006)                                 | Salmonella<br>Oranienburg and<br>Chester             | 1/1505/0/0  | Japan (1999)  | Largely affected infants and toddlers.  |
| Commercial Dried Fish<br>(Peck 2003, Eriksen 2006)                  | C. botulinum   | 4/14 <sup>C</sup> , 2 <sup>P</sup> /14/1                      | Ukraine (2004 <sup>E</sup> ,<br>2005 <sup>E</sup> ), Russia<br>(2004) <sup>E</sup> ,<br>Germany<br>(2003) | Commercially produced dried fish snack.   |

#### Summary table of globally reported outbreaks on dried protein products

<sup>a</sup> Superscript <sup>C</sup> indicates confirmed cases, <sup>p</sup> indicates presumptive cases.

<sup>b</sup> Superscript <sup>E</sup> indicates the link between human cases and implicated product was epidemiological only, otherwise the link was laboratory confirmed.

#### Prevalence

A total of 39 studies containing 90 unique trials were identified that investigated the prevalence and/or concentration of one or more selected microbial hazards in dried protein products. The median publication year was 2010 (range 1995-2014). Most studies (72%) were conducted in Europe (n=18) and Asia/the Middle East (n=10) > Africa (6) > Latin/South America (4) > Australia (1). Most studies (74%) sampled products during a specific or defined period of time, while four conducted sampling over multiple time points, and six reported on the results of systematic surveillance programmes. Nearly 80% of studies sampled products at retail stores or markets (n=24) and from processing facilities (n=7). Only 13/39 studies (33%) specified the country(s) of product origin.

Most studies investigated *Cronobacter* spp. in dried dairy products, which was found at a low average prevalence of 4.5% (95% CI 3 to 6.2%). Enterobacteriaceae were also found at a low median prevalence

#### Preliminary report of FAO/WHO expert consultation on ranking of low moisture foods **Summary Card: Dried Protein Products**

(3.3%) in dried dairy products. In a study of 813 milk powder samples that were presumptive positive for Enterobacteriaceae (not shown in the table below), *Cronobacter* spp. was found at a higher prevalence of 17% (Jacobs et al., 2011).

*B. cereus* was found at highly variable prevalence levels (ranging from 0 to 60%) in dried dairy products. *C. botulinum* was found in 3/26 milk powder samples in one study (Carlin, 2004), and *L. monocytogenes* was not identified from 100 milk powder samples in one study (Rodas-Suarez et al., 2013).

Salmonella spp. was not isolated from dried dairy products or gelatin in any study. However, 1/61 batch samples of gelatin were found to be non-compliant with Salmonella criteria in European Union Regulation 2073/2005 in the 2008 summary surveillance report (EFSA/ECDC, 2010).

In a study of 8 samples of gelatin, *Cronobacter* spp. was isolated from one sample and generic *E. coli* was not found (de la Rosa et al., 1995).

Dried fish and seafood products were investigated in only two studies (not shown in the table below). In a representative study of 100 dried fish and seafood products in South Korea, *B. cereus*, generic *E. coli*, and *L. monocytogenes* were found in 13, 1, and 1 samples, respectively, while *C. perfringens, E. coli* O157:H7, *S. aureus*, and *Salmonella* spp. was not identified (Kim et al., 2013). In another study in Zambia, *Salmonella* spp. was isolated from 1/5 dried minnow samples (Jermini et al., 1997).

No studies were identified that investigated microbial hazards in egg or meat powders.

Few studies reported extractable concentration data on levels of selected microbial hazards in dried protein products (not shown in the table below).

Average (standard deviation) concentrations of *B. cereus* in 29/65 and 2/35 positive samples of milk powder in Egypt were 630 (140) and 380 (200) CFU/g in two different brands, respectively (Deeb et al., 2010). Average concentrations of *B. cereus* in 175/381 positive samples of various milk powder products in Chile ranged from 6.4 to  $5.96 \times 10^3$  MPN/g (Reyes et al., 2007).

In 13/100 positive samples of dried fish and seafood products from South Korea, average (standard deviation) concentrations of *B. cereus* were 0.28 (0.74) log CFU/g (Kim et al., 2013).

#### Interventions

A total of 14 experimental studies (consisting of 62 unique trials) were identified evaluating the effects of various interventions to reduce contamination of microbial hazards in dried protein products. The median publication year was 1991 (range 1968 to 2013). Studies were conducted in the United States (n=9), Turkey (2), Hungary (1), Jordan (1), and South Africa (1). All studies were challenge trials with artificially inoculated samples. None of the studies were conducted under commercial conditions, and most included only a small number of samples (2-10 replicates per intervention combination) or did not report their sample size.

The most commonly investigated interventions applied to dried protein products were various heat and drying treatments, chemical additives, and modified storage conditions. Interventions were applied again *Salmonella* spp., pathogenic *E. coli, Cronobacter* spp., and *S. aureus* in dried dairy products, *Salmonella* spp. in dried egg and fish/seafood products, and pathogenic *E. coli* in dried meat products.

With the exception of chemical additives, most studies found that the investigated interventions were effective to reduce levels of microbial hazard contamination on the final dried products. However, in some cases, although treatments reduced levels of contamination, they did not always fully eliminate microbial hazards from dried protein products (LiCari and Potter, 1970a; Torlak and Sert, 2013).

#### Prevalence of selected microbial hazards within dried protein product categories

Each cell includes the number of observations/trials/studies contributing to the average or median prevalence estimate, the proportion of trials that did not find any positive samples and measures of heterogeneity and risk of selection bias. See the table footnotes for detailed explanations on each of these parameters.

|                        | <b>Dried Protein Products</b><br>Number of observations/trials/studies (% trials with zero prevalence) <sup>a</sup><br>Meta-analysis prevalence (%) estimates (95% CI) OR prevalence median (range) <sup>t</sup><br>Heterogeneity rating / Risk of selection bias (low, medium or high) <sup>c</sup> |   |  |  |  |
|------------------------|--|---|--|--|--|
| Microbial hazard       | Dried dairy products   | Gelatin   |  |  |  |
| B. cereus              | 632/7/7 (14%)<br>44.4 (0 – 60) <sup>R</sup><br>High / Med.   | N/A   |  |  |  |
| C. botulinum           | 26/1/1 (0%)<br>11.5<br>N/A / High  | N/A   |  |  |  |
| Cronobacter spp.       | 2714/29/17 (45%)<br>4.5 (3.0 – 6.2) <sup>M</sup><br>Med. / High  | 8/1/1 (0%)<br>12.5<br>N/A / High                      |  |  |  |
| Generic <i>E. coli</i> | N/A  | 8/1/1 (0%)<br>0<br>N/A / High                         |  |  |  |
| Enterobacteriaceae     | 2288/4/2 (50%)<br>3.3 (0 – 7.1) <sup>R</sup><br>High / Med.  | N/A   |  |  |  |
| L. monocytogenes       | 100/1/1 (100%)<br>0<br>N/A / Low   | N/A   |  |  |  |
| Salmonella spp.        | 4505/7/6 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / Low   | 565/6/5 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / Low |  |  |  |

N/A = No data identified for this product-hazard combination. Med. = medium.

- <sup>a</sup> Observations/trials/studies: The observations are the total number of samples for all studies included in the summarized category. The number of studies is the number of articles captured. In some cases, articles report data on multiple prevalence trials or sampling frames. While the observations for each trial are independent by time and sample, they are part of a larger study where the methods and investigators are the same. Thus, there is not full independence in these observations and we note this by acknowledging there are multiple trials within a study.
- <sup>b</sup> Superscript <sup>M</sup> indicates an average prevalence estimate (and 95% confidence interval) from a random-effects meta-analysis. Meta-analysis estimates were calculated only if heterogeneity was low or medium (*I*<sup>2</sup> 0-60%) and if at least one trial found a positive sample.

Superscript <sup>R</sup> indicates a median (and range) of trial prevalence estimates, calculated If heterogeneity was high ( $l^2$  >60%). Ranges not provided when only one trial was identified.

<sup>c</sup>  $I^2$  is a measure of the degree of heterogeneity between trials combined in the meta-analysis. Heterogeneity rating definitions: low =  $I^2$  0-30%; medium = 31-60%; high = >60%.

Selection bias rating definitions: high = 0-30% of trials used a representative sample; medium = 31-60% of trials used a representative sample; low = >60% of trials used a representative sample. Studies that conducted random or systematic sampling were considered representative.

The overall robustness of the meta-analysis prevalence estimates can be inferred from the heterogeneity and selection bias ratings. Taking into consideration the number of studies in the meta-analysis, high confidence in

the meta-analysis results can be inferred when heterogeneity is low and the risk of selection bias is low, and low confidence can be inferred when both are high, see the methods section (page 11) for more information.

#### Forest plot of the prevalence of selected microbial hazards within dried protein product categories

| Micobial hazard / LMF sub- | Average    | Low    | High   | No. obs./      | Hetero- | Selection |                |   |   |   |         |             |    |
|----------------------------|------------|--------|--------|----------------|---------|-----------|----------------|---|---|---|---------|-------------|----|
| category                   | prevalence | 95% CI | 95% CI | trials/studies | geneity | bias      | Median (range) |   |   |   |         |             |    |
| B. cereus                  |            |        |        |                |         |           |                |   |   |   |         |             |    |
| Dried dairy products       | 35.0       | 14.9   | 57.9   | 632/7/7        | High    | Med.      | 44.4 (0-60)    |   | - | • |         |             |    |
| Dried fish products        | 13.0       | -      | -      | 100/1/1        | N/A     | Low       | -              |   | • | _ |         |             |    |
| Overall                    | 31.5       | 14.2   | 51.7   |                | High    |           | 38.9 (0 - 60)  |   |   |   | -       |             |    |
| Cronobacter spp.           |            |        |        |                |         |           |                |   |   |   |         |             |    |
| Dried dairy products       | 4.5        | 3.0    | 6.2    | 2714/29/17     | Med.    | High      | -              |   |   |   |         |             |    |
| Gelatine                   | 12.5       | -      | -      | 8/1/1          | N/A     | High      | -              |   | • |   |         |             |    |
| Overall                    | 4.6        | 3.1    | 6.4    |                | Med.    |           | -              |   |   |   |         |             |    |
| Generic E. coli            |            |        |        |                |         |           |                |   |   |   |         |             |    |
| Dried fish products        | 1.0        | -      | -      | 100/1/1        | N/A     | Low       | -              | • |   |   |         |             |    |
| Gelatine                   | 0.0        | -      | -      | 8/1/1          | N/A     | High      | -              | • |   |   |         |             |    |
| Overall                    | 1.5        | 0.0    | 4.3    |                | Low     |           | -              |   |   |   |         |             |    |
| L. monocytogenes           |            |        |        |                |         |           |                |   |   |   |         |             |    |
| Dried dairy products       | 0.0        | -      | -      | 100/1/1        | N/A     | Low       | -              | • |   |   |         |             |    |
| Dried fish products        | 1.0        | -      | -      | 100/1/1        | N/A     | Low       | -              | • |   |   |         |             |    |
| Overall                    | 0.7        | 0.0    | 2.1    |                | Low     |           | -              |   |   |   |         |             |    |
| Salmonella spp.            |            |        |        |                |         |           |                |   |   |   |         |             |    |
| Dried dairy products       | 0.0        | 0.0    | 0.0    | 4505/7/6       | Low     | Low       | -              | • |   |   |         |             |    |
| Dried fish products        | 5.6        | 0.0    | 38.5   | 105/2/2        | High    | Med.      | 10 (0 - 20)    | - |   | — | LMF su  | b-categorie | !S |
| Gelatine                   | 0.0        | 0.0    | 0.0    | 565/6/5        | Low     | Low       | -              | • |   |   | - 0     |             |    |
| Overall                    | 0.0        | 0.0    | 0.1    |                | Low     |           | 0 (0 - 20)     |   |   |   | Overall | estimates   |    |

NOTE: C. botulinum evidence not shown in this figure as only one trial was identified in this category.

20% 40% 60% 80% Average prevalence (95% CI)

# Summary table of experimental studies evaluating the effects of interventions to reduce contamination of selected microbial hazards in dried protein products

| Food<br>category | Intervention<br>type  | Intervention details (dose and/or duration, where available)  | Source(s)  | Microbial<br>hazard(s)                          | No.<br>trials/<br>studies | % of trials<br>with<br>extractable<br>data | % of trials<br>finding<br>intervention<br>is effective <sup>a</sup> |
|------------------|-----------------------|---|--|---|---------------------------|--|---|
| Dried dairy      | Chemical<br>additives | Diethylpyrocarbonate (0.1%),<br>potassium sorbate (500 ppm), sodium<br>benzoate (0.2%), whey (1-10%; 0-3<br>months)   | McDonough (1968)   | Salmonella spp.                                 | 4/1                       | 0  | 0   |
|                  | Heat treatment        | Hot water (60-100°C; 10 min)  | Osaili (2009)  | Cronobacter spp.                                | 3/1                       | 100  | 100   |
|                  | Heat treatment        | Dry heat (110°C; 1-5 min)<br>Dry heat (60-115.5°C; 15 min to 10 hr)<br>Hot air heated though oil bath (87.7-<br>148.8°C; 3-6 min)   | LiCari (1970a)<br>McDonough (1968)<br>McDonough (1968)                 | Salmonella spp.                                 | 6/2                       | 0  | 100*  |
|                  | Modified<br>packaging | Air (oxygen 0.5-20%) vs. vacuum (1-27<br>weeks)   | Christian (1973)   | Salmonella spp.,<br>S. aureus                   | 2/1                       | 0  | 100   |
|                  | Ozone                 | Gas (2.8-5.3 mg/L; 30-120 min)  | Torlak (2013)  | Cronobacter spp.                                | 2/1                       | 0  | 100   |
|                  | Spray drying          | 165-225°C   | Miller (1972)  | Pathogenic <i>E. coli</i><br>(multiple strains) | 1/1                       | 0  | 100   |
|                  | Spray drying          | 32.2-226.7°C; 5.3-8.8 kg/cm <sup>2</sup> ; 3 sec<br>165-225°C   | LiCari (1970a)<br>Miller (1972)  | Salmonella spp.                                 | 8/2                       | 0  | 100*  |
|                  | Storage<br>conditions | Increased temp. (5-37°C; 1-19 weeks)  | Deng (1998)  | <i>E. coli</i> O157:H7                          | 3/1                       | 0  | 100   |
|                  | Storage<br>conditions | Increased temp. (25-55°C; 1-8 weeks)<br>Increased temp. (4.4-50°C; 1-15<br>weeks)<br>Increased $a_w$ (0.43-0.75; 2 days-14<br>weeks)<br>Increased $a_w$ (0.11-0.53; 1-27 weeks) | LiCari (1970b)<br>McDonough (1968)<br>Juven (1984)<br>Christian (1973) | Salmonella spp.                                 | 6/4                       | 0  | 100*  |
|                  | Storage conditions    | Increased a <sub>w</sub> (0.11-0.53; 1-27 weeks)  | Christian (1973)   | S. aureus                                       | 1/1                       | 0  | 100   |
| Dried eggs       | Heat treatment        | Dry heat (54-82°C; 1 hr to 7 days)<br>Dry heat (50-55°C; 6-24 hr)   | Jung (1999)<br>Németh (2011)   | Salmonella spp.                                 | 2/2                       | 50   | 100   |
|                  | Spray drying          | 225°C   | Miller (1972)  | Salmonella spp.                                 | 3/1                       | 0  | 100   |

#### 72 Summary Card: Dried Protein Products

|                       | Storage conditions    | Increased temp. (13 and 37°C) and A <sub>w</sub><br>(0.30-0.37 vs. 0.52-0.61; 1-8 weeks)   | Jung (1999)                             | Salmonella spp.        | 2/1  | 0   | 100 |
|-----------------------|-----------------------|--|---|------------------------|------|-----|-----|
| Dried fish            | Chemical<br>additives | Acetic (0.2%), butyric (0.5%), formic<br>(0.5%), and propionic (0.5%) acids (13-<br>82 days)<br>Ethoxyquin (400 mg/kg; 10-212 days)<br>Fish oil (8%) and oxidized fish oil (10%;<br>10-200 days)<br>Stearic acid (10%; 20-220 days)<br>Free unsaturated fatty acids (10%; 10-<br>120 days) | Lamprecht (1974)                        | Salmonella spp.        | 13/1 | 0   | 54  |
|                       | Modified<br>packaging | Oxygen vs. air atmosphere (20-30°C;<br>26-207 days)  | Lamprecht (1974)                        | Salmonella spp.        | 1/1  | 0   | 100 |
|                       | Salting and drying    | Salting (30-80%) and drying (4°C; 1-70 days)   | Mol (2010)                              | Salmonella spp.        | 1/1  | 100 | 100 |
| Dried meat<br>powders | Chemical<br>additives | Sodium chloride (0.5-20%; 1-8 weeks)   | Ryu (1999)                              | <i>E. coli</i> O157:H7 | 1/1  | 0   | 100 |
|                       | Storage<br>conditions | Increased temp. (5-7°C; 1-19 weeks)<br>Increased temp. (5-25°C; 1-8 weeks)<br>Increased A <sub>w</sub> (0.34-0.68; 1-8 weeks)  | Deng (1998)<br>Ryu (1999)<br>Ryu (1999) | <i>E. coli</i> O157:H7 | 3/2  | 0   | 100 |

<sup>a</sup> Intervention categories marked with an asterisk (\*) indicate that more trials found a positive intervention effect than would be expected by chance alone (sign test *P* value <0.05). Significance only calculated if more than one study was conducted per intervention/microbial hazard/study type combination.

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### Summary Card: Honey and Preserves

(Burden of Illness, Prevalence and Interventions)

#### Low-moisture food category description

This summary primarily covers honey, a natural sweet produced by honeybees from the nectar of plants (FAO, 2002). It also includes syrups (e.g. corn, table) and preserves (e.g. jam).

#### **Evidence summary**

In total, 57 articles<sup>9</sup> and outbreak reports<sup>10</sup> were identified that investigated the burden of illness, the prevalence or concentration of selected microbial hazards, and interventions to reduce contamination of microbial hazards in honey and preserves. The distribution of identified research stratified by microbial hazard investigated and research focus is shown in Appendix F: Summary Card Evidence Charts. *C. botulinum* was the most frequently investigated microbial hazard in honey and preserves for burden of illness (n=27 outbreak reports and articles), prevalence (n=21 articles), and intervention (n=1 article) information.

#### **Burden of illness**

Burden of illness evidence includes 1 outbreak, 2 case control studies and 25 case reports or case series reported between 1976 and 2013. *S. aureus* was implicated in one outbreak involving a maple-bacon jam. *C. botulinum* was associated with honey in all case reports and the two case control studies on infant botulism (Midura, 1979; Spika, 1989). Honey was the only food that tested positive for *C. botulinum* in all but one case report, Saraiva et al. (2012) reported chamomile fed to the infant also tested positive for *C. botulinum* B toxins. In some studies soil and vacuum cleaner dust from case households also tested positive. Globally, recommendations not to feed honey to infants less than 12 months old have been adopted since the late 1970's.

| Preserve or honey<br>category/ specific<br>source ( <i>reference</i> )                                 | Microbial<br>hazard(s) | Outbreaks/<br>cases/<br>hospitalized/<br>deaths <sup>a</sup> | Country (year) <sup>b</sup>   | Comments: susceptible<br>populations/ attack rate/<br>concentration of microbial<br>hazard in the product  |
|--|------------------------|--|---|--|
| Maple-bacon Jam<br>(Giovani 2013)  | S. aureus              | 1/79 <sup>C</sup> , 144 <sup>P</sup> /5/0                    | Canada (2013)   | Temperature abuse was suspected.<br>Served by a fair food vendor.  |
| Honey<br>(Abdulla 2012, Anon<br>2009, Arriagada 2009,<br>Balslev 1997, Centorbi<br>1999, Fenicia 1993, | C.<br>botulinum        | 25/17 <sup>c</sup> ,22 <sup>P</sup> /39/1                    | Japan (1986, 1989), Italy<br>(1991), United States<br>(1994 <sup>E</sup> ), Argentina (1995 <sup>E</sup> ,<br>1999), Denmark (1996,<br>2000), Mucia (1996 <sup>E</sup> ), | All were infant botulism case<br>reports of infants <12 months.<br>100% were hospitalized cases with<br>hospitalizations lasting 3 days to<br>7.5 months. All cases were |

#### Summary table of globally reported case reports and outbreaks on honey and preserves

<sup>&</sup>lt;sup>9</sup> Articles refer to peer-reviewed journal publications as well as government and research agency reports.

<sup>&</sup>lt;sup>10</sup> For burden of illness information, multiple articles often reported complementary and/or overlapping information on the same outbreak. In addition, outbreak data were supplemented from other literature sources, including line lists from various countries, news reports, or annual summaries of country outbreaks. Thus, to avoid counting the same outbreak more than once, the term 'outbreak report' is used instead of 'article' to count the total number of unique outbreaks.

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| Hoarau 2012, Jung      | Norway (1998 <sup>E</sup> ),          | confirmed to be C. botulinum type |
|------------------------|---------------------------------------|-----------------------------------|
| 2001, King 2010,       | Netherlands (2000 <sup>E</sup>        | A or B.                           |
| Kothare 1995, Mueller- | 2004 <sup>E</sup> ), Arabian Gulf     |                                   |
| Bunke 2000, Nabeya     | (2005), France (2009 <sup>E</sup> ),  |                                   |
| 1989. Noda 1988, Puig  | Chile (2008 <sup>E</sup> ), United    |                                   |
| de Centorbi 1998,      | Kingdom (2009, 2010,                  |                                   |
| Ramroop 2012, Saraiva  | 2012, 2013 <sup>E</sup> ), Israel     |                                   |
| 2012, Smith 2010,      | (2004 <sup>E</sup> ), Germany         |                                   |
| Thomasse 2005, Torres  | (2000 <sup>E</sup> ), Portugal (2012) |                                   |
| Tortosa 1986,          |                                       |                                   |
| Toyoguchi 1991, van    |                                       |                                   |
| der Vorst 2006,        |                                       |                                   |
| Wolters 2000, Yanay    |                                       |                                   |
| 2004, Marler 2014)     |                                       |                                   |

<sup>a</sup> Superscript <sup>C</sup> indicates confirmed cases, <sup>p</sup> indicates presumptive cases.

<sup>b</sup> Superscript <sup>E</sup> indicates the link between human cases and implicated product was epidemiological only, otherwise the link was laboratory confirmed.

#### Prevalence

A total of 29 studies containing 47 unique trials were identified that investigated the prevalence and/or concentration of one or more selected microbial hazards in honey and preserves. The median publication year was 2003 (range 1990-2013). Most studies were conducted in either Brazil or Argentina (38%) > Asia/the Middle East (28%) > Europe (28%) > the United States (3.5%) and South Africa (3.5%). Nearly all studies (97%) sampled products during a specific or defined period of time, while one conducted sampling over multiple time points. Most studies sampled products from apiaries (38%) and/or at retail stores and markets (38%). Most studies (69%) specified the country(s) of product origin.

*C. botulinum* was the most commonly investigated microbial hazard in honey and preserves. In honey, it was found at a low median prevalence of 3.4% (95% CI 0 to 24%). The highest prevalence (24%) was found in honey extracted from honeycombs in apiaries in Finland (Nevas et al., 2006). *C. botulinum* was found at a very low median prevalence of 0.2% (95% CI 0 to 0.7%) in corn and other syrups in two studies; only 1/16 samples of corn syrup from one study in Japan were positive (Nakano et al., 1992).

*B. cereus* was identified in honey at highly variable prevalence levels, ranging from 23 to 78%. *C. perfringens* was identified at a low prevalence in honey in one study: from 7/116 samples in France (Delmas et al., 1994).

*Cronobacter* spp., generic *E. coli*, *E. coli* O157:H7, *L. monocytogenes*, *S. aureus*, and *Salmonella* spp. were not identified in any study.

No prevalence studies were identified for preserves (e.g. jams).

Few studies reported extractable concentration data on levels of selected microbial hazards in honey (not shown in the table below).

Average concentrations of *C. botulinum* in positive honey samples ranged with 36 to 60 spores/g in two studies (De Centorbi et al., 1997; Nakano and Sakaguchi, 1991), and were 38 spores/kg in a study from Finland (Nevas et al., 2002). In a study that found three positive samples in Argentina, two samples contained <1000 spores/kg, while one contained 15000/kg and was associated with a case of infant botulism (Monetto et al., 1999). *B. cereus* concentrations in honey ranged from 100 to 10000 spores/kg in two studies (Monetto et al., 1999; Piana et al., 1991).

#### Prevalence of selected microbial hazards in honey and preserves

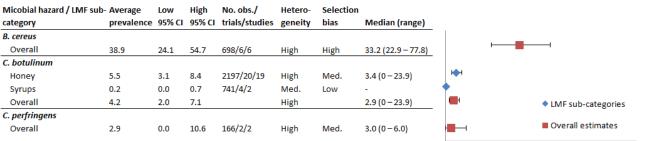
Each cell includes the number of observations/trials/studies contributing to the average or median prevalence estimate, the proportion of trials that did not find any positive samples and measures of heterogeneity and risk of selection bias. See the table footnotes for detailed explanations on each of these parameters.

|                        | Honey and Preserves<br>Number of observations/trials/studies (% trials with zero prevalence) <sup>a</sup><br>Meta-analysis prevalence (%) estimates (95% CI) OR prevalence median (range) <sup>b</sup><br>Heterogeneity rating / Risk of selection bias (low, medium or high) <sup>c</sup> |   |  |  |  |  |
|------------------------|--|---|--|--|--|--|
| Microbial hazard       | Honey  | Syrups  |  |  |  |  |
| B. cereus              | 698/6/6 (0%)<br>33.2 (22.9 – 77.8) <sup>R</sup><br>High / High   | N/A   |  |  |  |  |
| C. botulinum           | 2197/20/19 (20%)<br>3.4 (0 – 23.9) <sup>R</sup><br>High / Med.   | 741/4/2 (75%)<br>0.2 (0 – 0.7) <sup>M</sup><br>Med. / Low |  |  |  |  |
| C. perfringens         | 166/2/2 (50%)<br>3.0 (0 – 6.0) <sup>R</sup><br>High / Med.   | N/A   |  |  |  |  |
| Cronobacter spp.       | 30/1/1 (100%)<br>0<br>N/A / High   | N/A   |  |  |  |  |
| Generic <i>E. coli</i> | 71/2/2 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High  | N/A   |  |  |  |  |
| <i>E. coli</i> O157:H7 | 30/1/1 (100%)<br>0<br>N/A / High   | N/A   |  |  |  |  |
| L. monocytogenes       | 30/1/1 (100%)<br>0<br>N/A / High   | N/A   |  |  |  |  |
| S. aureus              | 30/1/1 (100%)<br>0<br>N/A / High   | N/A   |  |  |  |  |
| Salmonella spp.        | 604/9/9 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High   | N/A   |  |  |  |  |

N/A = No data identified for this product-hazard combination. Med. = medium.

- <sup>a</sup> Observations/trials/studies: The observations are the total number of samples for all studies included in the summarized category. The number of studies is the number of articles captured. In some cases, articles report data on multiple prevalence trials or sampling frames. While the observations for each trial are independent by time and sample, they are part of a larger study where the methods and investigators are the same. Thus, there is not full independence in these observations and we note this by acknowledging there are multiple trials within a study.
- <sup>b</sup> Superscript <sup>M</sup> indicates an average prevalence estimate (and 95% confidence interval) from a random-effects meta-analysis. Meta-analysis estimates were calculated only if heterogeneity was low or medium ( $l^2$  0-60%) and if at least one trial found a positive sample.
- Superscript <sup>R</sup> indicates a median (and range) of trial prevalence estimates, calculated If heterogeneity was high  $(l^2 + l^2)$ >60%). Ranges not provided when only one trial was identified.
- $^{c} l^{2}$  is a measure of the degree of heterogeneity between trials combined in the meta-analysis. Heterogeneity rating definitions: low =  $l^2$  0-30%; medium = 31-60%; high = >60%.
- Selection bias rating definitions: high = 0-30% of trials used a representative sample; medium = 31-60% of trials used a representative sample; low = >60% of trials used a representative sample. Studies that conducted random or systematic sampling were considered representative.

The overall robustness of the meta-analysis prevalence estimates can be inferred from the heterogeneity and selection bias ratings. Taking into consideration the number of studies in the meta-analysis, high confidence in the meta-analysis results can be inferred when heterogeneity is low and the risk of selection bias is low, and low confidence can be inferred when both are high, see the methods section (page 11) for more information.



40%

60%

Average prevalence (95% CI)

0%

20%

80%

100%

#### Forest plot of the prevalence of selected microbial hazards in honey and preserves

CI = confidence interval; Med. = medium; No. obs. = number of total samples tested per category. See the prevalence table for full explanations of all columns.

NOTE: E. coli, L. monocytogenes, S. aureus, and Salmonella spp. evidence not shown in this figure because no positive samples were identified in these categories. B. cereus and C. perfringens evidence is based on data from only the honey sub-category.

#### Interventions

Only 1 experimental study (consisting of 1 unique trial) was identified evaluating the effects of interventions to reduce contamination of microbial hazards in honey. The study investigated the effect of gamma irradiation (6-25 kGy; 125 Gy/min) to reduce contamination of *C. botulinum* spores in honey (Postmes et al., 1995). The authors found that a large dose (25kGy) was needed to fully eliminate *C. botulinum* spores, which could affect the honey's sensory quality (Postmes et al., 1995). The study was conducted in the Netherlands, was a challenge trial with artificially inoculated samples, was conducted under laboratory and non-commercial conditions, did not include extractable data, and included only 6 samples per intervention combination.

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#### Citation list of interventions studies (N=1):

(Distiller ID = Rec #)

Postmes, T., van den Bogaard, A. E., & Hazen, M. (1995). The sterilization of honey with cobalt 60 gamma radiation: a study of honey spiked with spores of Clostridium botulinum and Bacillus subtilis. Experientia, 51, 986-989. Ref#: 3001.

## **Summary Card: Nuts and Nut Products**

(Burden of Illness, Prevalence and Interventions)

#### Low-moisture food category description

This summary covers edible nuts and nut products, which are defined as the dried, hard-shelled fruits, kernals or seeds of trees, shrubs or other plants (FAO, 1995). We define two major categories of nuts in this summary: 1) tree nuts and 2) peanuts. Peanuts, or groundnuts (Arachis hypogaea), refer to the edible seeds of a plant in the legume family (FAO, 1995). Tree nuts refer to all other nuts included in this summary, including true nuts in the botanical sense (e.g. hazelnuts/filberts) and other dried, hardshelled fruits and seeds commonly referred to as culinary nuts (e.g. almonds, Brazil nuts, cashews, pecans, pistachios, pine nuts, walnuts).

For the purposes of conducting meta-analysis of prevalence estimates, data were collapsed across four nut categories: 1) almonds; 2) other tree nuts (consisting of Brazil nuts, cashews, hazelnuts, macadamia nuts, pecans, pine nuts, pistachios, and walnuts); 3) peanuts; and 4) mixed/unspecified nuts. For the interventions summary, these categories were further collapsed into 1) all tree nuts (including almonds) and 2) peanut butters/spreads. The difference in peanut categories is because no prevalence studies were identified that investigated peanut butters/spreads, while intervention studies in peanut products only investigated the latter and none evaluated raw peanuts.

#### **Evidence summary**

In total, 95 articles and outbreak reports were identified that investigated the burden of illness related to nuts, prevalence or concentration of selected microbial hazards in nuts, and/or interventions to reduce contamination of microbial hazards in nuts. The distribution of identified research stratified by microbial hazard investigated and research focus is shown in Appendix F: Summary Card Evidence Charts. Salmonella spp. was the most frequently investigated microbial hazard in nuts for burden of illness (n=16 articles and outbreak reports), prevalence (n=19), and intervention (n=46 articles) information.

#### **Burden of illness**

Burden of illness evidence related to nuts and nut products (mainly peanut butter) includes 20 outbreaks that affected 2241 individuals, including 318 hospitalizations and 13 deaths between 1986 and 2013. Salmonella spp. accounted for 97% of illnesses associated with nuts and nut products > E. coli O157:H7 1.3% > C. botulinum 0.7%. Few countries have reported outbreaks associated with nuts (4 involved multiple countries): United States (11) > Canada (6) > Australia (4) > Sweden (2) > United Kingdom (1), Taiwan (1). The origin of the product implicated in the outbreaks was local (13), imported (5) from United States, China, Turkey and India and unknown (2).

Six contaminated peanut butter outbreaks were mainly from North America with one exception from Australia. This group accounted for 73% of the cases, 5 outbreaks (1619 cases) due to Salmonella and 1 outbreak (5 cases) due to C. botulinum. The outbreak size, median (range), from contaminated peanut butter was 75 (5-715). Conversely, there were 14 outbreaks associated with various nuts including: almonds (4), cashews (2), hazelnuts (1), peanuts (4), pine nuts (1), pistachios (2), and walnuts (1) that

caused 27% of all illness median (range) 23 (1-168) cases per outbreak. Sixteen outbreaks (564 cases) were caused by Salmonella, 2 (30 cases) by E. coli O157:H7 and 1 (23 cases) by C. botulinum.

|  |  |   |   | -  |
|--|--|---|---|--|
| Nut or Nut Product<br>(reference)  | Microbial<br>hazard(s)   | Outbreaks/<br>cases <sup>ª</sup> /<br>hospitalized/<br>deaths | Country (year) <sup>b</sup>   | Comments: susceptible populations/<br>attack rate/ concentration of microbial<br>hazard in the product   |
| <b>Almonds</b><br>(Isaacs 2005, Keady<br>2004, Muller 2007,<br>efoodalert 2012)                  | Salmonella<br>(Enteritidis PT30,<br>PT9+ & NST3+ and<br>Typhimurium)       | 4/219 <sup>c</sup> .<br>47 <sup>P</sup> /14/1                 | United States &<br>Canada (2001 &<br>2004 <sup>E</sup> )' Sweden<br>(2006) <sup>E</sup> , Australia<br>(2012) | Raw almonds implicated (3) and unknown (1).<br>Trace back to California (3), Australia (1),<br>California started pasteurization in 2007.<br>Almonds were laboratory confirmed only in<br>2001 & 2012. |
| <b>Cashew</b><br>(EFSA 2013)   | <i>Salmonella</i> Poona  | 1/16/0/0  | Sweden (2011) <sup>E</sup>  | Epidemiological evidence only  |
| Cashew and Peanut<br>mix<br>(OzFoodNet 2010)   | <i>Salmonella</i><br>Typhimurium DT170                                     | 1/19 <sup>P</sup> /0/0  | Australia (2010) <sup>E</sup>   | The nut mixture tested positive for S.<br><i>Typhimurium</i> .   |
| <b>Peanuts</b><br>(Kirk 2004, Harris<br>2014)  | <i>Salmonella</i> Stanley,<br>Newport and<br>Thompson                      | 2/211/0/0   | Australia, Canada &<br>United Kingdom<br>(2001), United States<br>(2006)                                      | Flavoured and roasted in shell peanuts from<br>China (2001). Concentration <0.03 -2<br>organisms/g. Boiled peanuts from fair vendor<br>implicated in (2006).   |
| (Chou 1988)  | C. botulinum   | 1/11 <sup>°</sup> , 12 <sup>°</sup> /3/2                      | Taiwan (1986)   | Canned, unsalted peanuts in water. C. botulinum confirmed in one batch.  |
| Peanut Butter<br>(Scheil 1998, Lawyer<br>2004, Sheth 2011,<br>Cavallaro 2011,<br>MacDonald 2013) | Salmonella<br>Mbandaka, Group B,<br>Tennessee,<br>Typhimurium,<br>Bredeney | 5/1556 <sup>c</sup> ,<br>63 <sup>°</sup> /272/9               | Australia (1996),<br>United States (2004 <sup>E</sup> ,<br>2007, 2009, 2012)                                  | The 1996 outbreak implicated contaminated<br>roasted peanuts 3 cfu/g. 2004, small<br>restaurant associated outbreak. 2007 and<br>2009 had >700 cases each. Recalls occurred in<br>2007, 2009 & 2012.   |
| (Sheppard 2012)  | C. botulinum   | 1/5/5/0   | Canada<br>(2006-8)  |  |
| Pine Nuts<br>(CDC, 2011)   | <i>Salmonella</i><br>Enteritidis   | 1/43/2/0  | United States (2011)  | Pine nuts from Turkey were recalled.   |
| <b>Pistachios</b><br>(CDC, 2009)<br>(FDA, 2014)  | Salmonella<br>Montevideo,<br>Newport, and<br>Senftenberg                   | 2/9/0/0   | United States (2009)<br>United States (2013)  | Products were identified as contaminated by<br>the FDA and recalled. Only one case had a<br>matching PFGE pattern (2009) and 8 were<br>identified in 2013.   |
| <b>Hazelnuts</b><br>(Miller, 2012)   | <i>E. coli</i> O157:H7   | 1/16/12/0   | United States &<br>Canada (2011)  | In shell hazelnuts implicated, contamination<br>on-farm suspected.   |
| Walnuts<br>(PHAC, 2011)  | <i>E. coli</i> O157:H7   | 1/14/10/1   | Canada (2011)   | Contaminated walnuts from the United States were implicated.   |
|  |  |   |   |  |

#### Summary of globally reported outbreaks related to nuts and nut products

<sup>a</sup> Superscript <sup>C</sup> indicates confirmed cases, <sup>p</sup> indicates presumptive cases.

<sup>b</sup> Superscript <sup>E</sup> indicates the link between human cases and implicated product was epidemiological only, otherwise the link was laboratory confirmed.

#### Prevalence

A total of 24 studies containing 192 unique trials were identified that investigated the prevalence and/or concentration of selected microbial hazards in nuts and nut products. The median publication year was 2010 (range 1995 to 2014).

More than half of the studies (n=13/24) were conducted in Europe, while four were conducted in the United States, three in Asia and the Middle East, two in Australia, and two in South America. Most studies (58%) sampled products during a specific or defined period of time, while 6 conducted sampling over multiple years or time points, and 4 reported on the results of surveillance programmes. Studies primarily sampled products at retail grocery stores and markets (50%), and from processing plants (42%). Half of the studies (n=12) specified the country(s) of product origin.

Overall, most trials did not identify any of the selected microbial hazards in nuts or nut products. When microbial hazards were found, the prevalence was generally low (with the exception of *B. cereus* and Enterobacteriaceae in tree nuts in a limited number of samples and trials).

Salmonella spp. was the most commonly investigated microbial hazard across all nuts categories, followed by generic *E. coli* and *E. coli* O157:H7. The prevalence of Salmonella spp. was largely heterogeneous in the almonds, other tree nuts, and peanuts categories, while the average prevalence in mixed/unspecified nuts was 0.2% (95% CI: 0 to 0.5). In the former categories, Salmonella spp. median prevalence estimates were all <1%. Average generic *E. coli* prevalence estimates were also very low (<1%) across all nut categories. Only one study found positive samples of *E. coli* O157:H7, identified in 3 of 10162 samples of raw, shelled runner peanuts from United States processing facilities (Miksch et al., 2013).

*L. monocytogenes* was identified only in two studies and trials: from 1/1 walnut sample in Saudi Arabia (Alwakee and Nasser, 2011), and from 2/43 ready-to-eat mixed nuts in Australia (Eglezos, 2010). *C. perfringens* and *S. aureus* were not isolated from nuts or nut products in any study.

Concentration information for positive microbial hazard samples was reported in only a few studies (not shown in the table below). Two studies from the United States found *Salmonella* concentrations ranging from 0.003 to 2.4 MPN/g in peanuts (Calhoun et al., 2013; Miksch et al., 2013) and 0.013 to 0.023 MPN/g in almonds (Danyluk et al., 2007; Bansal et al., 2010). Retail samples from the United Kingdom reported *Salmonella* spp. concentrations of 0.09, 0.23 and <0.01 MPN/g in two positive Brazil nut samples and a mixed nut sample, respectively (Little, 2010).

For generic *E. coli*, Little et al. (2009) found a concentration of 3.6 MPN/g in two positive retail samples of roasted Brazil nuts and walnuts in the United Kingdom, and they found a concentration of 4 MPN/g in a positive sample of roasted almonds. Generic *E. coli* concentrations ranging from 0.4 to 0.9 MPN/g were found in almonds in the United States that were also *Salmonella* positive (Bansal, 2010).

#### Prevalence of selected microbial hazards within nut categories

Each cell includes the number of observations/trials/studies contributing to the average or median prevalence estimate, the proportion of trials that did not find any positive samples and measures of heterogeneity and risk of selection bias. See the table footnotes for detailed explanations on each of these parameters.

|                        | <b>Nuts and Nut Products</b><br>Number of observations/trials/studies (% trials with zero prevalence) <sup>a</sup><br>Meta-analysis prevalence (%) estimates (95% CI) OR prevalence median (range) <sup>b</sup><br>Heterogeneity rating / Risk of selection bias (low, medium or high) <sup>c</sup> |  |   |   |  |  |  |
|------------------------|---|--|---|---|--|--|--|
| Microbial hazard       | Almonds   | Other tree nuts  | Peanuts   | Mixed/unspecified<br>nuts                                   |  |  |  |
| B. cereus              | 33/2/2 (50%)<br>9.6 (1.5 – 22.4) <sup>M</sup><br>Low / High   | 64/8/4 (88%)<br>6.4 (1.6 – 13.8) <sup>M</sup><br>Low / High  | 11/2/2 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High             | N/A   |  |  |  |
| C. perfringens         | N/A   | 2/1/1 (100%)<br>0<br>N/A / High                              | 2/1/1 (100%)<br>0<br>N/A / High                                   | N/A   |  |  |  |
| Cronobacter spp.       | N/A   | N/A  | N/A   | 2/1/1 (0%)<br>100<br>N/A / Low                              |  |  |  |
| Generic <i>E. coli</i> | 3261/6/6 (33%)<br>0.7 (0 – 4.8) <sup>R</sup><br>High / Low  | 2957/23/5 (42%)<br>0.8 (0.5 − 1.2) <sup>M</sup><br>Low / Low | 1170/4/4 (75%)<br>0.1 (0 – 0.4) <sup>M</sup><br>Low / Low         | 435/3/3 (67%)<br>0.6 (0.04 − 1.6) <sup>M</sup><br>Low / Low |  |  |  |
| <i>E. coli</i> O157:H7 | 15/1/1 (100%)<br>0<br>n/a / High  | 51/6/2 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High        | 10184/4/3 (75%)<br>0.03 (0.004 – 0.08) <sup>M</sup><br>Low / High | 16/1/1 (100%)<br>0<br>n/a / High                            |  |  |  |
| Enterobacteriaceae     | 30/1/1 (0%)<br>10<br>N/A / High   | N/A  | N/A   | N/A   |  |  |  |
| L. monocytogenes       | 45/2/2 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / Med.   | 147/8/2 (88%)<br>1.4 (0 − 4.4) <sup>M</sup><br>Low / Med.    | 350/2/2 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / Med.            | 43/1/1 (0%)<br>4.7<br>N/A / High                            |  |  |  |
| S. aureus              | 30/1/1 (100%)<br>0<br>N/A / High  | 29/5/2 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High        | 4/2/1 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High              | N/A   |  |  |  |
| Salmonella spp.        | 13774/8/7 (50%)<br>0.4 (0 – 2.7) <sup>R</sup><br>High / Low   | 3051/36/9 (81%)<br>0 (0 – 67) <sup>R</sup><br>High / Low     | 12287/9/8 (78%)<br>0 (0 – 2.3) <sup>R</sup><br>High / Low         | 114/7/5 (86%)<br>0.2 (0 − 0.5) <sup>M</sup><br>Low / Low    |  |  |  |

N/A = No data identified for this product-hazard combination. Med. = medium.

- <sup>a</sup> Observations/trials/studies: The observations are the total number of samples for all studies included in the summarized category. The number of studies is the number of articles captured. In some cases, articles report data on multiple prevalence trials or sampling frames. While the observations for each trial are independent by time and sample, they are part of a larger study where the methods and investigators are the same. Thus, there is not full independence in these observations and we note this by acknowledging there are multiple trials within a study.
- <sup>b</sup> Superscript <sup>M</sup> indicates an average prevalence estimate (and 95% confidence interval) from a random-effects meta-analysis. Meta-analysis estimates were calculated only if heterogeneity was low or medium (*I*<sup>2</sup> 0-60%) and if at least one trial found a positive sample.
- Superscript <sup>R</sup> indicates a median (and range) of trial prevalence estimates, calculated If heterogeneity was high ( $I^2$  >60%). Ranges not provided when only one trial was identified.
- <sup>c</sup>  $I^2$  is a measure of the degree of heterogeneity between trials combined in the meta-analysis. Heterogeneity rating definitions: low =  $I^2$  0-30%; medium = 31-60%; high = >60%.

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Selection bias rating definitions: high = 0-30% of trials used a representative sample; medium = 31-60% of trials used a representative sample; low = >60% of trials used a representative sample. Studies that conducted random or systematic sampling were considered representative.

The overall robustness of the meta-analysis prevalence estimates can be inferred from the heterogeneity and selection bias ratings. Taking into consideration the number of studies in the meta-analysis, high confidence in the meta-analysis results can be inferred when heterogeneity is low and the risk of selection bias is low, and low confidence can be inferred when both are high, see the methods section (page 11) for more information.

#### Micobial hazard / LMF sub- Average Low High No. obs./ Hetero-Selection prevalence 95% CI 95% CI trials/studies bias Median (range) category geneity B. cereus 33/2/2 Almonds 9.6 1.5 22.4 High Low -• Other tree nuts 64/8/4 6.4 1.6 13.8 Low High 11/2/2 Peanuts 0.0 0.0 0.0 Low High H Overall 7.3 3.1 12.9 Low Generic E. coli 3261/6/6 Almonds 1.3 0.0 4.3 High Low 0.7(0-4.8)Other tree nuts 0.8 0.5 1.2 2957/23/5 Low Low Peanuts 0.1 0.0 0.4 1170/4/4 Low Low Mixed/unspecified nuts 0.6 0.0 1.6 435/3/3 Low Low Overall 0.8 0.3 1.4 High 0(0-4.8)E. coli 0157 Almonds 0.0 15/1/1 N/A High Other tree nuts 0.0 0.0 0.0 51/6/2 Low High 10184/4/3 0.0 0.1 Peanuts 0.0 Low High Mixed/unspecified nuts 0.0 16/1/1 N/A High Overall 0.0 0.0 0.1 Low L. monocytogenes 0.0 0.0 0.0 45/2/2 Almonds Low Med. Other tree nuts 1.4 0.0 4.4 147/8/2 Low Med. 350/2/2 Peanuts 0.0 0.0 0.0 Med. Low Mixed/unspecified nuts 4.7 43/1/1 N/A High Overall 2.9 0.9 0.0 Med. Salmonella spp. Almonds 0.9 0.5 1.5 13774/8/7 High Low 0.4 (0-2.7) Other tree nuts 0.8 0.3 1.6 3051/36/9 0(0-66.7)High Low 12287/9/8 Peanuts 0.5 0.0 1.2 High Low 0(0-2.3)LMF sub-categories Mixed/unspecified nuts 0.2 0.0 0.5 114/7/5 Low Low Overall 0.6 0.4 0.9 High 0(0-66.7)Overall estimates CI = confidence interval; Med. = medium; No. obs. = number of total samples tested per category. 0%

#### Forest plot of the prevalence of selected microbial hazards within nut categories

See the prevalence table for full explanations of all columns.

NOTE: C. perfringens and S. aureus evidence not shown in this figure because no positive samples were identified in these categories. Cronobacter spp. evidence is not shown in this figure because only one trial/study was identified.

20% 40% 60% 80% 100% Average prevalence (95% CI)

#### Interventions

A total of 51 experimental studies (consisting of 265 unique trials) were identified evaluating the effects of various interventions and processing conditions to reduce contamination of microbial hazards in nuts and nut products. More than half (55%) of the studies were published since 2010, which was the median publication year (publication range 1969 to 2014). The majority of studies (84%) were conducted in North America (USA). All studies were challenge trials with artificially inoculated samples. Most studies were conducted under laboratory and non-commercial conditions (although many of the interventions investigated are used in the commercial nut industry), and most studies used a small sample size (e.g. 2-20 samples per intervention combination).

Of the 265 trials, 84% investigated tree nuts and 16% investigated peanut butter and spreads. Most of the tree nut trials (82%) investigated pecans (92 trials) and almonds (90 trials). Most trials investigated Salmonella spp. (83%) and E. coli (14%), with only 7 and 3 investigating L. monocytogenes and B. cereus, respectively.

The majority of trials found that the applied interventions were effective to reduce microbial hazard concentrations in nuts and nut products, and for several intervention categories the number of trials finding a positive intervention effect was greater than we would expect by chance alone. However, in many cases these reductions were only minimal (e.g. <1-5 log CFU/g) and did not decrease microbial hazard counts to non-detectable levels. For some interventions, treatment efficacies may be limited due to natural nut proteins and fats acting as a protective barrier (Shachar and Yaron, 2006; Grasso et al., 2010).

The most common interventions were various types of heat (e.g. hot air, water and oil) and chemical treatments (e.g. acid solutions and fumigations). While some interventions were found to be very effective, the doses and/or duration of treatment required to achieve suitable reductions in microbial hazard concentrations may also negatively affect the sensory quality (e.g. taste and texture) of nuts and nut products (Beuchat and Mann, 2011b; Prakash et al., 2010).

Since 2007, all almonds produced in California, United States, and marketed in North America must undergo a mandatory pasteurization step necessary to achieve a 5-log reduction in Salmonella spp., which could include roasting, blanching, steam treatments, or propylene oxide treatment (Almond Board of California, 2012).

Due to the difficulties in reliabily reducing levels of microbial hazards on nuts and nut products without unduly affecting their quality, emphasis in the industry should be placed on preventing contamination during harvesting and processing (e.g. shelling) operations (Beuchat et al., 2013).

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Summary table of experimental studies evaluating the effects of interventions to reduce contamination of selected microbial hazards in nuts and nut products

| Nut<br>category | Intervention type | Intervention details (dose and/or duration, where available)  | Study<br>reference<br>IDs <sup>a,b</sup>  | Microbial<br>hazard(s)               | No.<br>trials/<br>studies | % of trials<br>with<br>extractable<br>data | % of trials<br>finding<br>intervention<br>is effective <sup>c</sup> |
|-----------------|-------------------|---|---|--------------------------------------|---------------------------|--|---|
| Tree nuts       | Chemicals         | Methyl bromide gas (32-96 mg/L; 4-8 hr)<br>Propylene oxide gas (40-800 ppm; 20-37°C; 4-16 hr)   | 3893<br>6749  | <i>E. coli</i> (H-23 and<br>K-12)    | 2/2                       | 0  | 100   |
|                 | Chemicals         | Sodium hypochlorite spray (25-50 ppm; 15 min)<br>Peroxyacetic acid spray (80-120 ppm; 15 min)<br>Acidified sodium chlorite spray (450-1013 ppm; 15 min)<br>Sodium hypochlorite dip (30,000 ppm; 2 min)<br>Sodium dodecyl sulfate dip (0.05%; 2-20 min)<br>Chlorinated water dip (200-1000 $\mu$ g/ml; 1-20 min)<br>Lactic acid dip (0.5-2%; 2-20 min)<br>Levulinic acid dip (0.5-2%; 2-20 min)<br>Mixed peroxyacid sanitizer (40-80 $\mu$ g/ml; 2-20 min)<br>Lactic acid/sodium dodecyl sulfate dip (2-20 min)<br>Levulinic acid/sodium dodecyl sulfate dip (2-20 min)<br>Chlorinated water dip (100-400 $\mu$ g/ml; 1 min to 24 hr)<br>Acidic electrolyzed water (mild to strong; 10 s)<br>Propylene oxide gas (16-96 mg/L; 4-8 hr)<br>Acetic acid spray (5-15%; 1-40 min)<br>Citric acid spray (5-15%; 1-40 min)<br>Acidified sodium chlorite spray ( $\leq$ 400 ppm; 1-40 min)<br>Peroxyacetic acid spray (80-500 ppm; 1-40 min) | 22<br>22<br>62<br>140/279<br>140/279<br>140/279<br>140/279<br>140/279<br>140/279<br>140/279<br>140/279<br>140/279<br>3893<br>5657<br>5657<br>5657<br>5657 | Salmonella spp.                      | 68/9                      | 28   | 97*   |
|                 | Drying            | Ambient temperature; 24 hr<br>Ambient temperature; 72 hr<br>Ambient temperature; 7 days   | 62<br>356<br>496  | E. coli O157:H7, L.<br>monocytogenes | 5/3                       | 20   | 100   |
|                 | Drying            | Ambient temperature; 24 hr<br>Ambient temperature; 72 hr<br>Ambient temperature; 7 days<br>15-37°C; 24 hr   | 62<br>356<br>496<br>1833  | Salmonella spp.                      | 7/4                       | 43   | 100*  |
|                 | Heat treatment    | Hot water dip (Boiling; 0.25-6 min)<br>Hot oil dip (100-150°C; 0.25-6 min)  | 4039  | Generic <i>E. coli</i>               | 2/1                       | 0  | 100   |

| Heat treatment   | Hot water dip (70-80°C; 80-90 s)                                    | 230               | Salmonella spp.        | 40/14 | 58  | 95*  |
|------------------|---|-------------------|------------------------|-------|-----|------|
|                  | Hot oil dip (121°C; 0.5-2 min)                                      | 511               |                        |       |     |      |
|                  | Hot oil dip (110-138°C; 0.5-42 min)                                 | 615               |                        |       |     |      |
|                  | Dry air (60-170°C; 5-20 min)  | 615               |                        |       |     |      |
|                  | Steam pasteurization (121-204°C; 0-90% Mv; 1-1206 s)                | 728               |                        |       |     |      |
|                  | Hot water dip (75-95°C; 5-20 min)                                   | 729               |                        |       |     |      |
|                  | Hot oil dip (93-127°C; 0.5-4 min)                                   | 904               |                        |       |     |      |
|                  | Steam pasteurization (143 kPa; 95°C; 5-65 s)                        | 995               |                        |       |     |      |
|                  | Steam pasteurization (121-232°C; 5-90% Mv; 1-1800 s)                | 1109              |                        |       |     |      |
|                  | Hot water bath (85-89°C; 20-40 s)                                   | 1129              |                        |       |     |      |
|                  | Dry heat (55-60°C; 1-4 days)  | 1129              |                        |       |     |      |
|                  | Hot water dip (60-99°C; 1-6 min)                                    | 3953              |                        |       |     |      |
|                  | Hot oil dip (100°C; 15-30 min)                                      | 4542              |                        |       |     |      |
|                  | Hot water dip (60-88°C; 0.5-12 min)                                 | 4548              |                        |       |     |      |
|                  | Steam pasteurization (93°C; 5-65 s)                                 | 5639              |                        |       |     |      |
|                  | Steam pasteurization (99°C)   | 6621 <sup>ª</sup> |                        |       |     |      |
| High-hydrostatic | 414 and 483 Mpa; 50°C; 1.5-6 min                                    | 1384              | Salmonella spp.        | 8/2   | 0   | 88   |
| pressure         | 50000-70000 psi; 25-55°C; 5-10 min                                  | 5616              |                        |       |     |      |
| Irradiation      | X-ray (0.3-5.5 kGy; 20 Gy/s)  | 536               | Salmonella spp.        | 12/4  | 8   | 58   |
|                  | Catalytic infrared (70 s)   | 1129              |                        |       |     |      |
|                  | Catalytic infrared (3000-5458 W/m <sup>2</sup> ; 74-113°C; 20-45 s) | 1372              |                        |       |     |      |
|                  | Gamma (1-3 kGy)   | 4953              |                        |       |     |      |
| Multiple         | Electron beam radiation (0.2-0.8 kGy) + modified                    | 4085              | Generic <i>E. coli</i> | 3/1   | 100 | 100  |
|                  | atmosphere packaging (vacuum, nitrogen and oxygen)                  |                   |                        |       |     |      |
| Multiple         | Intermittent vacuum and ambient atmospheric pressure                | 140               | Salmonella spp.        | 27/8  | 44  | 100* |
|                  | (16-983 mbar; 5-20 min) + chemical dips (see above)                 |                   |                        |       |     |      |
|                  | Hot water bath (75-95°C; 5-20 min) + chlorinated water              | 729               |                        |       |     |      |
|                  | dip (200 μg/ml; 1 min)  |                   |                        |       |     |      |
|                  | Catalytic infrared-radiation (70 s) + Superheated steam             | 975               |                        |       |     |      |
|                  | (115°C; 20-120 s)   |                   |                        |       |     |      |
|                  | Catalytic infrared-radiation (70 s) + dry heat (60°C; 1-4           | 1129              |                        |       |     |      |
|                  | days)   |                   |                        |       |     |      |
|                  | Catalytic infrared-radiation + hot water bath (85-89°C;             | 1129              |                        |       |     |      |
|                  | 20-40 s)  |                   |                        |       |     |      |
|                  | Catalytic infrared-radiation + ozone dip (5 ppm; 10 s)              | 1129              |                        |       |     |      |
|                  | Catalytic infrared-radiation + acidic electrolyzed water            | 1129              |                        |       |     |      |
|                  | (mild to strong; 10 s)  |                   |                        |       |     |      |

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|                              |                                    | High-hydrostatic pressure (414 and 483 Mpa; 50°C; 6<br>min) + Dry heat (55-115°C; 5-25 min)   | 1384   |   |      |     |      |
|------------------------------|------------------------------------|---|--|---|------|-----|------|
|                              |                                    | Electron beam radiation (0.2-0.8 kGy) + modified<br>atmosphere packaging (vacuum, nitrogen and oxygen)  | 4085   |   |      |     |      |
|                              |                                    | Citric acid spray (10%; 20 min) + shelling and storage<br>(24°C; 1-7 days)  | 5657   |   |      |     |      |
|                              |                                    | Citric acid spray + deionized water rinse (50 mL/25 g),<br>air-drying (25°C; 2 hr) and storage (24°C; 1-7 days)<br>Chlorine dioxide gas (5-10 mg/L; 80-90% RH; 10-30 min)   | 5657<br>6712                                   |   |      |     |      |
|                              |                                    | + vacuum-atmospheric pressure (20kpa-80kPa)   | 0712   |   |      |     |      |
|                              | Non-thermal/cold<br>plasma         | 549 W; 47 kHz; 10-20 s<br>16-25 kV; 1000-2500 Hz; 10-30 s   | 479<br>1512                                    | <i>E. coli</i> (generic and pathogenic)     | 6/2  | 0   | 100* |
|                              | Non-thermal/cold<br>plasma         | 549 W; 47 kHz; 10-20 s  | 479  | Salmonella spp.                             | 3/1  | 0   | 100  |
|                              | Nut extracts                       | Shuck, shell, pith, shell-pith (1-5 min)  | 279  | Salmonella spp.                             | 8/1  | 0   | 75   |
|                              | Ozone                              | Gas (0.1-1 ppm; 60-360 min)   | 5615   | <i>B. cereus,</i> Generic<br><i>E. coli</i> | 3/1  | 0   | 100  |
|                              | Ozone                              | Dip (5 ppm; 10 s)   | 1129   | Salmonella spp.                             | 1/1  | 0   | 0    |
|                              | Storage conditions                 | Increased temperature (-19 to 24°C; 1-365 days)<br>Increased temperature (-7 to 30°C; 1-24 weeks)<br>Increased temperature (5-37°C; 1-19 weeks)   | 356<br>6749<br>6628                            | <i>E. coli</i> (generic<br>and pathogenic)  | 4/3  | 0   | 100  |
|                              | Storage conditions                 | Increased temperature (-19 to 24°C; 1-365 days)   | 356  | L. monocytogenes                            | 2/1  | 0   | 100  |
|                              | Storage conditions                 | Increased temperature (4°C to ambient; 21-1143 days)<br>Increased temperature (-19 to 24°C; 1-365 days)<br>Increased temperature (-20 to 23°C; 1-364 days)<br>Increased temperature (4 and 23°C; 1-48 weeks)<br>Increased temperature (-20 to 37°C; 2-78 weeks)<br>Increased temperature (-20 to 35°C; 7-171 days)<br>Increased temperature (-18 to 21°C; 2-32 weeks) | 62<br>356<br>496<br>511<br>903<br>1762<br>3953 | Salmonella spp.                             | 12/7 | 17  | 100* |
|                              | Vacuum-<br>atmospheric<br>pressure | 33 cm; 6 min  | 3953   | Salmonella spp.                             | 1/1  | 0   | 0    |
| Peanut<br>butter/<br>spreads | Heat treatment                     | Hot water dip (72 and 90°C; 10-60 min)  | 602  | E. coli 0157:H7                             | 4/1  | 100 | 100  |
|                              | Heat treatment                     | Hot water dip (72 and 90°C; 10-60 min)<br>Hot water dip (71-90°C; 2.5-50 min)   | 602<br>1110                                    | Salmonella spp.                             | 7/3  | 100 | 86   |

|              | Hot water dip (70-90°C; 5-50 min)               | 1708        |                        |      |     |      |
|--------------|---|-------------|------------------------|------|-----|------|
| High-hydrost | atic 400-600 MPa; 4-18 min                      | 522         | Salmonella spp.        | 4/2  | 50  | 50   |
| pressure     | 600 Mpa; 45°C; 5 min                            | 710         |                        |      |     |      |
| Irradiation  | Radio-frequency (27.12 MHz; 10-90 s)            | 182         | <i>E. coli</i> 0157:H7 | 2/1  | 100 | 100  |
| Irradiation  | Gamma (1-3 kGy)                                 | 10          | Salmonella spp.        | 9/4  | 100 | 100* |
|              | Radio-frequency (27.12 MHz; 10-90 s)            | 182         |                        |      |     |      |
|              | Electron beam (0.5-3.1 kGy)                     | 706         |                        |      |     |      |
|              | Electron beam (0.5-3.1 kGy)                     | 1017        |                        |      |     |      |
| Storage cond | itions Increased temperature (4 and 25°C; 1-4 w | eeks) 602   | <i>E. coli</i> 0157:H7 | 5/2  | 0   | 100  |
|              | Increased temperature (4 and 25°C; 1-15         | weeks) 6758 |                        |      |     |      |
| Storage cond | itions Increased temperature (4 and 25°C; 1-4 w | reeks) 602  | Salmonella spp.        | 12/3 | 58  | 100* |
|              | Increased temperature (5 and 21°C; 1-24         | weeks) 2586 |                        |      |     |      |
|              | Increased temperature (4 and 25°C; 1-15         | weeks) 6758 |                        |      |     |      |

<sup>a</sup> Indicates these studies were conducted under commercial conditions. <sup>b</sup> DistillerSR reference ID number. Refer to citation list at the end of this summary for full citation of each reference matched to the reference ID.

<sup>c</sup> Intervention categories marked with an asterisk (\*) indicate that more trials found a positive intervention effect than would be expected by chance alone (sign test *P* value <0.05).

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Preliminary report of FAO/WHO expert consultation on ranking of low moisture foods **106** Summary Card: Seeds for Consumption

# Summary Card: Seeds for Consumption (Burden of Illness, Prevalence and Interventions)

#### Low-moisture food category description

This summary covers seeds for consumption, which includes dried sunflower seeds, pumpkin seeds, melon seeds, poppy seeds, flax seeds, sesame seeds and sesame products, and other edible seeds. Specific sesame seed products covered in this summary include tahini (sesame paste), which is produced from roasted and milled sesame seeds, and halva/helva, which is a confectionery produced from mixing tahini, sugar, glucose syrup, and other ingredients (Brockmann et al., 2004; Kotzekidou, 1998). Excluded from this summary are other seeds traditionally referred to as nuts (e.g., almonds, pecans, etc., which are covered in a separate summary) and sprouted seeds (FAO, 1995).

For the purposes of summarizing prevalence and intervention information, seeds were classified into the following categories: 1) sesame seeds; 2) tahini; 3) halva/helva; and 4) other/unspecified seeds for consumption.

#### **Evidence summary**

In total, 28 articles<sup>11</sup> and outbreak reports<sup>12</sup> were identified that investigated the burden of illness, the prevalence or concentration of selected microbial hazards, and interventions to reduce contamination of microbial hazards in seeds. The distribution of identified research stratified by microbial hazard investigated and research focus is shown in Appendix F: Summary Card Evidence Charts. Salmonella spp. was the most frequently investigated microbial hazard in seeds for burden of illness (n=8 outbreak reports), prevalence (n=14 articles), and intervention (n=3 articles) information.

#### **Burden of illness**

Burden of illness evidence related to seeds includes 8 reported outbreaks between 1995 and 2013; all outbreaks were related to seed-based products and not ready-to-eat retail seeds. Salmonella was implicated all outbreaks that affected 376 individuals (median 23, range 13-137), including 4 hospitalizations and 1 death. Seed outbreaks are shown in the summary table below and were reported from the United States (3), Australia (3), New Zealand (2), Germany, Norway and Sweden.

The outbreaks notably had small numbers of confirmed cases; however, all sesame outbreaks (except 1995 as details could not be verified) resulted in large product recalls. In Australia and New Zealand 2003, the recalls extended to many sesame-based products and triggered recalls in Canada and the United Kingdom. The United States as another example reported recalls associated with outbreaks in 2011 and 2013, and there were tahini recalls due to Salmonella contamination reported in 2007 and 2009 with no associated illness.

<sup>&</sup>lt;sup>11</sup> Articles refer to peer-reviewed journal publications as well as government and research agency reports.

<sup>&</sup>lt;sup>12</sup> For burden of illness information, multiple articles often reported complementary and/or overlapping information on the same outbreak. In addition, outbreak data were supplemented from other literature sources, including line lists from various countries, news reports, or annual summaries of country outbreaks. Thus, to avoid counting the same outbreak more than once, the term 'outbreak report' is used instead of 'article' to count the total number of unique outbreaks.

| Seed category/<br>specific spice<br>(source)  | Microbial<br>hazard(s)   | Outbreaks/<br>cases/<br>hospitalized<br>/ deaths <sup>a</sup> | Country<br>(year) <sup>b</sup>   | Comments: susceptible populations/<br>attack rate/ concentration of<br>microbial hazard in the product   |
|---|--|---|--|--|
| Sesame Seeds<br>Unicomb (2005),<br>Anon (2003), Anon<br>(2011), Anon<br>(2013), Aavitsland<br>(2001), Brockmann<br>(2001), De Jong<br>(2001), Little<br>(2001), O'Grady<br>(2001) | Salmonella<br>Montevideo,<br>Bovismorbifican,<br>Brandenburgs,<br>Mbandaka,<br>Maastricht,<br>Typhimurium<br>DT104,<br>Senftenberg,<br>Oranienburg | 7/327 <sup>°</sup> ,<br>11 <sup>°</sup> /1/1                  | Australia (2002,<br>2003), New<br>Zealand (2003,<br>2012), United<br>States (1995 <sup>E</sup> ,<br>2011,<br>2013),Norway,<br>Sweden and<br>Australia (2001) | Sesame seeds or products were imported<br>from Egypt, Lebanon and Turkey.<br>Implicated product usually tahini and<br>helva although some recalls involved more<br>products not linked to human illness.<br>Testing and product recalls occurred in all<br>outbreaks except 1995 in the outbreak<br>country and in other countries with no<br>reported illness in 2001, 2003 & 2011. |
| Hemp Seeds<br>Stocker (2011)  | <i>Salmonella</i><br>Montevideo  | 1/4 <sup>c</sup> , 34 <sup>P</sup> /3/0                       | Germany<br>(2010)  | The contaminated product was an herbal<br>diet supplement. The supplement and<br>hemp flour at the mill tested positive.   |

#### Summary table of globally reported outbreaks on seeds

<sup>a</sup> Superscript <sup>C</sup> indicates confirmed cases, <sup>p</sup> indicates presumptive cases. <sup>b</sup> Superscript <sup>E</sup> indicates the link between human cases and implicated product was epidemiological only, otherwise the link was laboratory confirmed.

#### Prevalence

A total of 18 studies containing 86 unique trials were identified that investigated the prevalence and/or concentration of one or more selected microbial hazards in edible seeds, which were summarized in the following categories: sesame seeds, halva/helva, and other/unspecified seeds. The median publication year was 2010 (range 1995-2014). Most studies were conducted in Europe (67%) > Asia/the Middle East (22%) > the United States (11%). Most studies (61%) sampled products during a specific or defined period of time, while 7 reported on the results of systematic surveillance programmes. More than 60% of studies sampled products at retail (e.g. markets, grocery stores), while two sampled from manufacturing and processing facilities and two from imported products. Only 4/18 studies (22%) specified the country(s) of product origin.

Salmonella spp. was the most commonly investigated microbial hazard across all seed categories. It was found at a low average prevalence in other (alfalfa, flax, hemp, karela, melon, poppy, pumpkin, and sunflower) and mixed/unspecified seeds (0.5%) and halva/helva (6.0%), and a low median prevalence in sesame seeds (6.5%). An average prevalence of 9.1 (95% CI: 8.2-10.0) was identified for generic *E. coli* in poppy and unspecified seeds in two studies, respectively, with nearly all observations coming from a retail survey of unspecified seeds for consumption in the United Kingdom (Willis et al., 2009). Only one study conducted in Germany sampled sesame products other than seeds and halva/helva (not shown in the table below), finding *Salmonella* spp. in 1/12 samples of tahini (produced in Turkey) and 0/6 samples of sesame cereal (Brockmann et al., 2004).

*B. cereus* was identified at an average prevalence of 7.0 (95% CI: 0.4 to 18.9) in other seeds for consumption (flax, karela, poppy, pumpkin, sunflower) in three studies, while *Cronobacter* spp. was identified at highly variable (9-67%) prevalence levels across three trials in two studies of poppy, pumpkin, and sesame seeds, respectively. Enterobacteriaceae was found in only one study, in 6/6 samples of retail poppy seeds from India (Banerjee et al., 2003).

C. perfringens, E. coli O157:H7, L. monocytogenes, and S. aureus were not identified in any study.

Few studies reported extractable concentration data on levels of selected microbial hazards in seeds and seed products (not shown in the table below). Average concentrations of *Salmonella* spp. in halva from Turkey ranged with 3.8 to 87 CFU/g, with minimum and maximum values ranging from <10 to 850 CFU/g (Sengun et al., 2005). In another study of halva from Greek manufacturing plants, average concentrations of Enterobacteriaceae and *S. aureus* ranged from <10-30 CFU/g and 70-80 CFU/g, respectively (Kotzekidou, 1998).

#### Prevalence of selected microbial hazards within seed categories

Each cell includes the number of observations/trials/studies contributing to the average or median prevalence estimate, the proportion of trials that did not find any positive samples and measures of heterogeneity and risk of selection bias. See the table footnotes for detailed explanations on each of these parameters.

|                        | <b>Seeds</b><br>Number of observations/trials/studies (% trials with zero prevalence) <sup>a</sup><br>Meta-analysis prevalence (%) estimates (95% CI) OR prevalence median (range) <sup>b</sup><br>Heterogeneity rating / Risk of selection bias (low, medium or high) <sup>c</sup> |  |   |  |  |  |
|------------------------|---|--|---|--|--|--|
| Microbial hazard       | Sesame seeds  | Halva/helva  | Other/unspecified seeds <sup>d</sup>                          |  |  |  |
| B. cereus              | 4/1/1 (100%)<br>0<br>N/A / High   | N/A  | 30/6/3 (83%)<br>7.0 (0.4 – 18.9) <sup>M</sup><br>Low / High   |  |  |  |
| C. perfringens         | N/A   | N/A  | 6/1/1 (100%)<br>0<br>N/A / Low                                |  |  |  |
| Cronobacter spp.       | 12/1/1 (0%)<br>67<br>N/A / High   | N/A  | 22/2/1 (0%)<br>27.3 (9.1 – 45.5) <sup>R</sup><br>High / High  |  |  |  |
| Generic <i>E. coli</i> | 1/1/1 (100%)<br>0<br>N/A / High   | N/A  | 3741/2/2 (50%)<br>9.1 (8.2 − 10.0) <sup>M</sup><br>Low / Low  |  |  |  |
| <i>E. coli</i> O157:H7 | N/A   | N/A  | 66/4/1 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High         |  |  |  |
| Enterobacteriaceae     | N/A   | 63/1/1 (100%)<br>0<br>N/A / High                           | 6/1/1 (0%)<br>100<br>N/A / Low                                |  |  |  |
| L. monocytogenes       | N/A   | N/A  | 15/3/1 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High         |  |  |  |
| S. aureus              | N/A   | 69/2/2 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High      | 6/1/1 (100%)<br>0<br>N/A / Low                                |  |  |  |
| Salmonella spp.        | 965/4/4 (25%)<br>6.5 (0 – 12.5) <sup>®</sup><br>High / Med.   | 97/3/2 (67%)<br>6.0 (0 – 15.6) <sup>M</sup><br>Med. / High | 3509/15/5 (53%)<br>0.5 (0.1 – 1.1) <sup>M</sup><br>Med. / Low |  |  |  |

N/A = No data identified for this product-hazard combination. Med. = medium.

<sup>a</sup> Observations/trials/studies: The observations are the total number of samples for all studies included in the summarized category. The number of studies is the number of articles captured. In some cases, articles report data on multiple prevalence trials or sampling frames. While the observations for each trial are independent by time and sample, they are part of a larger study where the methods and investigators are the same. Thus, there is not full independence in these observations and we note this by acknowledging there are multiple trials within a study.

<sup>b</sup> Superscript <sup>M</sup> indicates an average prevalence estimate (and 95% confidence interval) from a random-effects meta-analysis. Meta-analysis estimates were calculated only if heterogeneity was low or medium ( $I^2$  0-60%) and if at least one trial found a positive sample.

Superscript <sup>R</sup> indicates a median (and range) of trial prevalence estimates, calculated If heterogeneity was high ( $l^2$  >60%). Ranges not provided when only one trial was identified.

<sup>c</sup>  $I^2$  is a measure of the degree of heterogeneity between trials combined in the meta-analysis. Heterogeneity rating definitions: low =  $I^2$  0-30%; medium = 31-60%; high = >60%.

Selection bias rating definitions: high = 0-30% of trials used a representative sample; medium = 31-60% of trials used a representative sample; low = >60% of trials used a representative sample. Studies that conducted random or systematic sampling were considered representative.

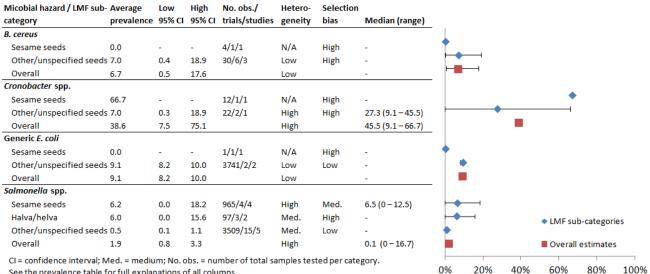
The overall robustness of the meta-analysis prevalence estimates can be inferred from the heterogeneity and selection bias ratings. Taking into consideration the number of studies in the meta-analysis, high confidence in the meta-analysis results can

#### Summary Card: Seeds for Consumption

be inferred when heterogeneity is low and the risk of selection bias is low, and low confidence can be inferred when both are high, see the methods section (page 11) for more information.

<sup>d</sup> "Other" seeds included the following for each microbial hazard: *B. cereus* (flax, karela, poppy, pumpkin, sunflower); *C. perfingens*, Enterobacteriaceae, and *S. aureus* (poppy); *Cronobacter* spp. (poppy, pumpkin); *E. coli* (poppy, mixed/unspecified); *E. coli* O157:H7 (melon, pumpkin, sunflower, watermelon); *L. monocytogenes* (karela, pumpkin, sunflower); *Salmonella* spp. (alfalfa, flax, hemp, karela, melon, poppy, pumpkin, sunflower, mixed/unspecified).

#### Forest plot of the prevalence of selected microbial hazards within seed categories



Average prevalence (95% CI)

See the prevalence table for full explanations of all columns.

NOTE: C. perfringens, E. coli 0157, L. monocytogenes, and S. aureus evidence is not shown in this figure because no positive samples were identified in these categories.

#### Interventions

A total of only 4 experimental studies (consisting of 8 unique trials) were identified evaluating the effects of various interventions to reduce contamination of microbial hazards in seeds: specifically, sesame seeds or their products tahini and halva/helva. The median publication year was 2009 (range 1998 to 2013). The studies were conducted in Turkey (n=2), Greece and Jordan. All studies reported on challenge trials with artificially inoculated samples, while one also included a controlled trial. None of the studies were conducted under commercial conditions, and they all included only a small number of samples (2-6 replicates per intervention combination).

Two studies each investigated the effect of various storage and packaging conditions on Enterobacteriaceae, *E. coli* O157:H7, *S. aureus*, and *Salmonella* spp. in halva/helva and tahini paste. Microbial hazards were reduced but not completely eliminated during storage at higher temperatures and at higher levels of initial contamination. One study found that roasting sesame seeds for 60 min can reduce *Salmonella* counts by >5 logs, but these roasting conditions could affect consumer acceptability of the final product (Torlak et al., 2013).

Given the potential for microbial hazards to survive sesame seed processing and storage, and for subsequent cross-contamination, good agricultural and manufacturing practices and hazard analysis critical control point (HACCP) food safety management systems should be implemented during sesame seed harvesting and throughout the production process (Al-Nabulsi et al., 2013; Torlak et al., 2013).

# Summary table of experimental studies evaluating the effects of interventions to reduce contamination of selected microbial hazards in seeds

| Food<br>category | Intervention<br>type  | Intervention details<br>(dose and/or<br>duration)        | Source(s)            | Microbial<br>hazard(s)    | Study<br>type <sup>a</sup> | No.<br>trials/<br>studies | % of trials<br>with<br>extractable<br>data | % of trials<br>finding<br>intervention<br>is effective |
|------------------|-----------------------|--|----------------------|---------------------------|----------------------------|---------------------------|--|--|
| Halva/<br>helva  | Modified<br>packaging | Vacuum vs. air-sealed<br>(6 days to 8 months)            | Kotzekidou<br>(1998) | Enterobac-<br>teriaceae   | C.T.                       | 1/1                       | 0  | 100  |
|                  | Modified<br>packaging | Vacuum vs. air-sealed<br>(6 days to 8 months)            | Kotzekidou<br>(1998) | Salmonella<br>spp.        | Ch.T.                      | 1/1                       | 100  | 100  |
|                  | Storage conditions    | Increased<br>temperature (6-20°C;<br>6 days to 8 months) | Kotzekidou<br>(1998) | Enterobac-<br>teriaceae   | C.T.                       | 1/1                       | 0  | 100  |
|                  | Storage<br>conditions | 4 and 20°C; 1-9<br>months                                | Sengun<br>(2005)     | S. aureus                 | Ch.T.                      | 1/1                       | 0  | 100  |
|                  | Storage conditions    | Increased<br>temperature (6-20°C;<br>6 days to 8 months) | Kotzekidou<br>(1998) | Salmonella<br>spp.        | Ch.T.                      | 1/1                       | 100  | 100  |
| Sesame<br>seeds  | Heat<br>treatment     | Roasting (110-150°C;<br>10-60 min)                       | Torlak<br>(2013)     | Salmonella<br>spp.        | Ch.T.                      | 1/1                       | 0  | 100  |
| Tahini           | Storage conditions    | Increased<br>temperature (10-<br>37°C; 1-28 days)        | Al-Nabulsi<br>(2013) | <i>E. coli</i><br>0157:H7 | Ch.T.                      | 1/1                       | 100  | 100  |
|                  | Storage conditions    | Increased<br>temperature (4 and<br>22°C; 1-16 weeks)     | Torlak<br>(2013)     | Salmonella<br>spp.        | Ch.T.                      | 1/1                       | 0  | 100  |

<sup>a</sup> Ch.T. = challenge trial; C.T. = controlled trial.

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# Summary Card: Spices, Dried Herbs and Tea (Burden of Illness, Prevalence and Interventions)

### Low-moisture food category description

Spices are dried parts of fruits, seeds, bark, roots, leaves, or flowers of plants and herbs (EFSA, 2013; US FDA, 2013). They are often ground, crushed, or otherwise processed and used for seasoning, flavouring, and/or preserving foods (EFSA, 2013; US FDA, 2013). For the purposes of this summary, and due to their similar nature, spices (including dried herbs) have been combined with tea - an aromatic beverage prepared by mixing hot water with dried leaves of the tea plant and/or other dried herbs such as chamomile.

To facilitate summary and interpretation of this large area of research, "spices" have been grouped into hierarchical categories based primarily on the part of the plant from which they originated (Sagoo et al., 2009; US FDA, 2013; Van Doren et al., 2013a). Categories were also created for mixed/unspecified spices and dried herbs, and for tea (Appendix G: Spice Classification Table).

#### **Evidence summary**

In total, 129 articles<sup>13</sup> and outbreak reports<sup>14</sup> were identified that investigated the burden of illness related to spices, the prevalence or contamination of selected microbial hazards in spices, and/or interventions to reduce contamination of microbial hazards in spices. The distribution of identified research stratified by microbial hazard investigated and research focus is shown in Appendix F: Summary Card Evidence Charts. Salmonella spp. was the most frequently investigated microbial hazard in spices for burden of illness (n=13 articles and outbreak reports), prevalence (n=42 articles), and intervention (n=12 articles) information.

# **Burden of illness**

Burden of illness evidence related to spices includes 28 reported outbreaks and non-outbreak burden of illness information in 1 cohort study and 2 case-control studies. Outbreaks affected 2228 individuals, including 134 hospitalizations and 2 deaths between 1973 and 2012. Outbreaks were generally small: median 20 (range 1-1000); however, they can be very large. Spice outbreaks, shown in the summary table below, were reported from Demark (9), the United States (4), Finland (3), the United Kingdom (2), Germany, Norway, Canada, France, Hungary and Belgium. Several outbreaks occurred where the spice was added to the food product after the final pathogen reduction step. Spice outbreaks are likely significantly under-reported as they are usually consumed in mixed ingredient foods and in small amounts.

Salmonella spp. accounted for 77% of illnesses associated with spices > B. cereus 19.7% > C. perferingens 2.8% > C. botulinum 0.04%. A case-control study examining source association with Salmonella Enteritidis cases (n=719) in Germany found the consumption of dried herbs was associated with infection; OR 1.4 (95% CI: 1.04-1.73) (Ziehm et al., 2013).

<sup>&</sup>lt;sup>13</sup> Articles refer to peer-reviewed journal publications as well as government and research agency reports.

<sup>&</sup>lt;sup>14</sup> For burden of illness information, multiple articles often reported complementary and/or overlapping information on the same outbreak. In addition, outbreak data were supplemented from other literature sources, including line lists from various countries, news reports, or annual summaries of country outbreaks. Thus, to avoid counting the same outbreak more than once, the term 'outbreak report' is used instead of 'article' to count the total number of unique outbreaks.

Ten of the 28 outbreaks (1973-2012) implicated black or white pepper as the contaminated ingredient. Other spices were implicated in 1 or 2 outbreaks each.

All outbreaks associated with tea were in infants less than 18 months old in Germany, Serbia and Portugal and are detailed in the summary table below. One case-control study implicated tea in association with B. cereus infection in child cancer patients (El Saleeby et al., 2004). In contrast, a cohort study of Mexican infants from 0-1 year old (n=98) found that herbal tea was protective against diarrhea; hazard ratio 0.11 (95% CI: 0.067 to 0.62) (Long et al., 1994).

| Spice category/<br>specific spice<br>(source)                                   | Microbial hazard(s)  | Outbreaks/<br>cases/<br>hospitalized/<br>deaths <sup>a</sup> | Country (year) <sup>b</sup>  | Comments: susceptible populations/<br>attack rate/ concentration of microbial<br>hazard in the product  |
|---|--|--|--|---|
| Bark/flowers  |  |  |  |   |
| <b>Cinnamon</b><br>(EU, no date)  | B. cereus  | 1/30 <sup>°</sup> /0/0                                       | Denmark (2011)   | Concentration: 5000 organisms/g.  |
| Root  |  |  |  |   |
| <b>Turmeric</b><br>(EFSA, 2013)   | B. cereus  | 2/23 <sup>°</sup> /0/0                                       | Finland (2011)   |   |
| Fruit/seed  |  | -  |  |   |
| <b>Cumin</b><br>(EFSA, 2013)  | B. cereus<br>C. perfringens<br>Salmonella Caracas  | 1/3 <sup>°</sup> /0/0  | Finland (2011)   | Concentration: <i>B. cereus</i> 16 000 CFU/g, C. perfringens 180 CFU/g and S. Caracas presence/25 g.  |
| Capsicum spp.   |  |  |  |   |
| <b>Dried chilies</b><br>(EU, no date)   | C. perfringens   | 1/3 <sup>c</sup> /0/0  | Denmark (2011)   |   |
| <b>Red Pepper</b><br>(EU, no date)  | C. perfringens   | 1/37 <sup>c</sup> /0/0                                       | Denmark (2011)   |   |
| <b>Paprika</b><br>(Anon., no date)  | B. cereus  | 1/48 <sup>c</sup> /0/0                                       | Denmark (2009)   |   |
| (Lehmacher, 1995)   | <i>Salmonella</i> Saintpaul,<br>Rubislaw, Javiana (94<br>serovars isolated)                          | 1/1000 <sup>c</sup> /0/0                                     | Germany (1993)   | Implicated paprika on potato chips. Attack<br>rate= 1/1000. Mostly affected children <14<br>years old. Concentrations: chips 0.04-11<br>MPN/g; paprika 2.5 MPN/g; spice mixture<br>0.04-0.4MPN/g. |
| Piper nigrum  |  |  |  |   |
| Black pepper<br>(EU, no date; EU,<br>2012a)                                     | C. perfringens   | 2/19 <sup>c</sup> /0/0                                       | Denmark (2011)   | Concentration 330 mill. / g of pepper.  |
| (EFSA, 2013; Van<br>Doren, 2013b)   | B. cereus  | 2/164 <sup>c</sup> /0/0                                      | Denmark (2010 <sup>E</sup><br>& 2011)  |   |
| (Gieraltowski, 2013;<br>Gustavsen , 1984;<br>Little, 2003; Van<br>Doren, 2013b) | Salmonella<br>Weltevreden,<br>Oranienburg,<br>Enteritidis PT4,<br>Montevideo,<br>Seftenberg & Rissen | 6/521 <sup>°</sup> /94/2                                     | Canada (1973),<br>Norway (1981),<br>United Kingdom<br>(1996), United<br>States (2009,<br>2009, 2008) | Black pepper originated from India, Brazil<br>[0.1 to >2.4 MPN/g], Vietnam & China.<br>White pepper from Vietnam. Red pepper<br>from India implicated in 2 outbreaks with<br>black pepper.        |
| Mixed spices  |  |  |  |   |

#### Summary table of globally reported outbreaks on spices

| Garlic salt & black<br>pepper mix<br>(Raevuori, 1976) | B. cereus  | 1/18 <sup>c</sup> /0/0  | Finland (1975)           | Attack rate 50%, Concentration: garlic salt<br>100 organisms/g, white pepper 4500<br>organisms/g.               |
|---|--|-------------------------|--------------------------|---|
| <b>BBQ spices</b><br>(EU, no date)                    | C. perfringens                                   | 1/4 <sup>c</sup> /0/0   | Denmark (2011)           |   |
| <b>Seasoning mix</b><br>(Sotir, 2009)                 | <i>Salmonella</i><br>Wandsworth &<br>Typhimurium | 1/87 <sup>°</sup> /8/0  | United States<br>(2007)  | Seasoning applied to commercial puffed vegetable coated ready-to-eat snack after final pathogen reduction step. |
| <b>Spice blend</b><br>(Van Doren, 2013b)              | B. cereus  | 1/146 <sup>c</sup> /0/0 | France (2007)            | Outbreak in school children.  |
| (EU 2012b)  | Salmonella Enteritidis                           | 1/41/6/0                | Hungary (2012)           | EU category of herbs and spices.  |
| <b>Curry powder</b><br>(Van Doren, 2013b)             | Salmonella<br>Braenderup                         | 1/20 <sup>c</sup> /1/0  | United Kingdom<br>(2002) | Spice originated from India.  |
| (EU, 2010)  | B. cereus  | 1/7 <sup>c</sup> /0/0   | Belgium (2009)           |   |
|   |  |                         |                          |   |

<sup>a</sup> Superscipt <sup>C</sup> indicates confirmed cases, <sup>p</sup> indicates presumptive cases.

<sup>b</sup> Superscript <sup>E</sup> indicates the link between human cases and implicated product was epidemiological only, otherwise the link was laboratory confirmed.

#### Summary of globally reported outbreaks related to tea

| Tea category/<br>specific tea      | Microbial<br>hazard(s) | Outbreaks/<br>cases <sup>a</sup> /<br>hospitalized/<br>deaths | Country (year) <sup>b</sup> | Comments: susceptible populations/<br>attack rate/ concentration of microbial<br>hazard in the product            |
|------------------------------------|------------------------|---|-----------------------------|---|
| Теа                                |                        |   |                             |   |
| Chamomile tea<br>(Saraiva, 2012)   | C. botulinum           | 1/1 <sup>°</sup> /0/0   | Portugal (2009)             | Case of infant botulism, both honey and chamomile tested positive.  |
| Anise seed in tea<br>(Koch, 2005)  | Salmonella             | 1/42 <sup>°</sup> /21/0                                       | Germany (2002)              | Cases, infants <13 months. Anise seed<br>( <i>Pimpinella anisum</i> ) from Turkey.<br>Concentration: 0.036 MPN/g. |
| Fennel seed in tea<br>(Ilic, 2010) | Salmonella             | 1/14 <sup>c</sup> /4/0  | Serbia (2007)               | Cases, infants <12 months.<br>Fennel seed ( <i>Foeniculum vulgare</i> )   |

<sup>a</sup> Superscript <sup>C</sup> indicates confirmed cases, <sup>p</sup> indicates presumptive cases.

<sup>b</sup> Superscript <sup>E</sup> indicates the link between human cases and implicated product was epidemiological only, otherwise the link was laboratory confirmed.

#### **Prevalence**

A total of 77 studies containing 1,275 unique trials were identified that investigated the prevalence and/or concentration of one or more selected microbial hazards in spices. The median publication year was 2009 (range 1991-2014).

Most studies (>69%) were conducted in Europe (n=32) and Asia/the Middle East (n=21). Most studies (84%) sampled products during a specific or defined period of time, while 2 conducted sampling over multiple time points, and 10 reported on the results of systematic surveillance programmes. Studies primarily sampled products at retail (e.g. markets, grocery stores) and/or from manufacturing plants (75%). Only 8 studies specified the country(s) of product origin, while 12 studies sampled products produced in the country where the study was conducted.

Salmonella spp. was the most commonly investigated microbial hazard across most spice categories. Both Salmonella and S. aureus were infrequently isolated from most trials; in many cases only one or a few trials found positive results for these pathogens. However, the prevalence estimates and ranges shown in the summary table indicate the potential for high contamination if appropriate good production and manufacturing practices are not followed (ASTA, 2011; US FDA, 2013). A summary of United States FDA spice recalls (1970-2003) recorded 17 recalls all due to Salmonella contamination in spices and dried herbs (Vij et al., 2006). Generic E. coli was also infrequently found in prevalence trials except in the mixed/unspecified spice category, where it was found in 75% of trials with a median prevalence of 11% and range of 0-33%.

B. cereus, C. perfringens, Cronobacter spp. and Enterobacteriaceae were found at variable and wideranging prevalence levels across most spice categories. When meta-analysis was possible for these hazards, average prevalence estimates ranged from 6% (95% CI: 3-7%) for C. perfringens in dried herbs to 37% (95% CI: 29-45%) for Enterobacteriaceae in fruit/seed spices. Some trials found very high prevalence levels (approaching 100%) for certain hazard/spice combinations. While most trials that investigated C. perfringens used a representative sample (i.e. samples were randomly or systematically selected), the opposite was true for Cronobacter spp., as the latter trials tended to sample multiple lowmoisture and other food products and spices comprised only a small and non-representative category.

Comparatively little research was identified in teas. Three studies from Argentina found a low to moderate prevalence of C. botulinum in tea (Bianco et al., 2008, 2009; De Jong et al., 2003), while the prevalence of other microbial hazards (e.g. Cronobacter spp. and generic E. coli) varied widely across difference studies.

E. coli O157:H7 and L. monocytogenes were not isolated from spices or teas in any study.

Only three studies were identified that reported extractable concentration (CFU or MPN) data for Enterobacteriaceae (Witkowska et al., 2011) and generic E. coli (Koohy-Kamaly-Dehkordy et al., 2013), respectively, in various spices, and C. botulinum in tea (De Jong et al., 2003), with an associated measure of variability (e.g. confidence interval and/or standard deviation). These data are summarized in a table below.

There were 34 studies that measured concentration data for selected microbial hazards in spices, but these trials were excluded from this summary because they did not have appropriate extractable data. Required extractable data included a mean concentration value, a measure of variability, and the sample size. In addition, 8 studies reported the prevalence of selected microbial hazards in spice shipments or batch samples (data not shown in the table below). A list of these studies can be found in Appendix H: Articles reporting non-extractable concentration data and prevalence in batch samples for spices, dried herbs and tea.

The data reinforces that many spices can be contaminated, sometimes at a very high prevalence, with various microbial hazards.

#### Prevalence of selected microbial hazards within spice categories

Each cell includes the number of observations/trials/studies contributing to the average or median prevalence estimate, the proportion of trials that did not find any positive samples and measures of heterogeneity and risk of selection bias. See the table footnotes for detailed explanations on each of these parameters.

|                                  |   | <b>Spice Category</b><br>Number of observations/trials/studies (% trials with zero prevalence) <sup>a</sup> |  |  |   |  |  |  |
|----------------------------------|---|---|--|--|---|--|--|--|
|                                  | Μ   | Meta-analysis prevalence (%) estimates (95% CI) OR prevalence median (range) <sup>b</sup>                   |  |  |   |  |  |  |
|                                  |   | Heterogeneity   | rating / Risk of sele  | ection bias (low, me   | dium or high) <sup>c</sup>                                      |  |  |  |
| Microbial<br>hazard              | Bark/flower   | Fruit/seed  | Herbs  | Mixed  | Root  | Теа  |  |  |
| B. cereus                        | 154/12/5 (50%)<br>1.9 (0 – 60) <sup>R</sup><br>High / Med.    | 1001/76/9 (42%)<br>11.7 (0 – 85.7) <sup>R</sup><br>High / Low   | 207/20/5 (60%)<br>0 (0 – 75) <sup>R</sup><br>High / Med.       | 4468/20/14 (10%)<br>26.9 (0 – 68.8) <sup>R</sup><br>High / Low | 142/15/5 (40%)<br>20.2 (10.0 – 32.6) <sup>M</sup><br>Med. / Low | 1/1/1 (100%)<br>0<br>n/a / High                              |  |  |
| C. botulinum                     | N/a   | N/a   | N/a  | 65/1/1 (100%)<br>0<br>n/a / High                               | N/a   | 423/3/3 (0%)<br>7.5 (1.5 – 26.1) <sup>R</sup><br>High / High |  |  |
| C.<br>perfringens                | 114/9/4 (67%)<br>0 (0 – 46.8) <sup>R</sup><br>High / Low      | 324/76/49 (69%)<br>10.3 (7.3 − 13.6) <sup>M</sup><br>Low / Low  | 196/12/5 (67%)<br>6.0 (3.1 − 9.7) <sup>M</sup><br>Low / Low    | 3889/11/6 (45%)<br>1.4 (0 – 32.7) <sup>R</sup><br>High / Low   | 107/9/3 (78%)<br>15.0 (8.9 − 22.3) <sup>M</sup><br>Low / Low    | N/a  |  |  |
| <i>Cronobacter</i><br>spp.       | 19/4/3 (75%)<br>12.4 (0 − 34.3) <sup>M</sup><br>Low / High    | 83/18/3 (22%)<br>34.8 (20.3 – 50.8) <sup>M</sup><br>Med. / High   | 51/6/3 (50%)<br>18.8 (7.3 − 33.1) <sup>M</sup><br>Low / High   | 341/13/11 (23%)<br>26.9 (0 – 73.3) <sup>R</sup><br>High / High | 17/4/2 (25%)<br>35.3 (14.8 − 58.7) <sup>M</sup><br>Low / High   | 209/22/6 (27%)<br>34.4 (0 – 75) <sup>R</sup><br>High / High  |  |  |
| Generic <i>E.</i><br><i>coli</i> | 179/11/7 (82%)<br>4.2 (1.7 – 7.6) <sup>M</sup><br>Low / Med.  | 826/57/9 (72%)<br>10.2 (7.3 – 13.6) <sup>M</sup><br>Med. / Med.   | 118/18/6 (83%)<br>0 (0 – 70.6) <sup>R</sup><br>High / High     | 3045/8/6 (25%)<br>11.2 (0 – 33.3) <sup>R</sup><br>High / Med.  | 176/11/5 (75%)<br>0 (0 – 35.4) <sup>R</sup><br>High / Low       | 68/7/5 (57%)<br>0 (0 – 66.7) <sup>R</sup><br>High / High     |  |  |
| <i>E. coli</i><br>0157:H7        | 16/2/2 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High         | 209/12/3 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High   | 32/2/2 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High          | 2/1/1 (100%)<br>0<br>n/a / High                                | 4/2/1 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High            | 22/1/1 (100%)<br>0<br>n/a / High                             |  |  |
| Enterobact-<br>eriaceae          | 127/11/5 (77%)<br>0 (0 – 80) <sup>R</sup><br>High / Med.      | 256/51/5 (43%)<br>36.6 (28.6 – 44.9) <sup>M</sup><br>Med. / Med.  | 28/12/3 (67%)<br>24.7 (11.4 – 40.9) <sup>M</sup><br>Low / High | 129/4/3 (25%)<br>35.1 (27.1 – 43.5) <sup>M</sup><br>Low / High | 35/8/3 (75%)<br>9.7 (2.0 – 21.4) <sup>M</sup><br>Low / Low      | 1/1/1 (0%)<br>100<br>n/a / High                              |  |  |
| L. mono-<br>cytogenes            | 17/5/2 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High         | 141/27/3 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High   | 68/17/2 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High         | 174/6/4 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / Med.         | 32/7/2 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High           | N/a  |  |  |
| S. aureus                        | 195/16/8 (94%)<br>2.6 (0.8 – 5.3) <sup>M</sup><br>Low / Med.  | 914/89/10 (92%)<br>5.6 (4.2 − 7.1) <sup>M</sup><br>Low / Low  | 255/25/7 (96%)<br>2.4 (0.9 – 4.7) <sup>M</sup><br>Low / Med.   | 132/9/4 (78%)<br>2.8 (0.6 – 6.4) <sup>M</sup><br>Low / Med.    | 144/16/6 (81%)<br>10.6 (6.2 – 16.1) <sup>M</sup><br>Low / Med.  | 89/5/2 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / Low         |  |  |
| Salmonella<br>spp.               | 306/26/13 (96%)<br>1.8 (0.6 – 3.6) <sup>M</sup><br>Low / Med. | 2832/160/20 (87%)<br>2.3 (1.0 – 3.9) <sup>M</sup><br>Low / Med.   | 503/52/12 (100%)<br>0 (0 – 0) <sup>R</sup><br>Low / High       | 18315/47/17 (60%)<br>0 (0 – 14) <sup>R</sup><br>High / Low     | 367/26/11 (88%)<br>4.4 (2.5 − 6.7) <sup>M</sup><br>Low / Med.   | 138/8/3 (88%)<br>3.1 (0 – 8) <sup>M</sup><br>Med. / Low      |  |  |

N/a = No data identified for this product-hazard combination. Med. = medium.

<sup>a</sup> Observations/trials/studies: The observations are the total number of samples for all studies included in the summarized category. The number of studies is the number of articles captured. In some cases, articles report data on multiple prevalence trials or sampling frames. While the observations for each trial are independent by time and sample, they are part of a larger study where the methods and investigators are the same. Thus, there is not full independence in these observations and we note this by acknowledging there are multiple trials within a study.

<sup>b</sup> Superscript <sup>M</sup> indicates an average prevalence estimate (and 95% confidence interval) from a random-effects meta-analysis. Meta-analysis estimates were calculated only if heterogeneity was low or medium (*I*<sup>2</sup> 0-60%) and if at least one trial found a positive sample.

Superscript <sup>R</sup> indicates a median (and range) of trial prevalence estimates, calculated If heterogeneity was high ( $l^2$  >60%). Ranges not provided when only one trial was identified.

 $^{c}$  I<sup>2</sup> is a measure of the degree of heterogeneity between trials combined in the meta-analysis. Heterogeneity rating definitions: low =  $l^2$  0-30%; medium = 31-60%; high = >60%.

Selection bias rating definitions: high = 0-30% of trials used a representative sample; medium = 31-60% of trials used a representative sample; low = >60% of trials used a representative sample. Studies that conducted random or systematic sampling were considered representative.

The overall robustness of the meta-analysis prevalence estimates can be inferred from the heterogeneity and selection bias ratings. Taking into consideration the number of studies in the meta-analysis, high confidence in the meta-analysis results can be inferred when heterogeneity is low and the risk of selection bias is low, and low confidence can be inferred when both are high, see the methods section (page 11) for more information.

#### Summary of studies reporting the concentration of selected microbial hazards in spices and tea with an associated measure of variability

| Specific spice          | Microbial hazard       | Concentration<br>(SD or 95% CI) | No. of<br>observations | Units     | Source   |
|-------------------------|------------------------|---------------------------------|------------------------|-----------|--|
| Spices                  |                        |                                 |                        |           |  |
| Basil                   | Enterobacteriaceae     | 4.01 (0.15)                     | 6                      | log CFU/g | Witkowska et al., 2011 <sup>a</sup>                  |
| Black pepper<br>powder  | Generic <i>E. coli</i> | 5.8 (32.8)                      | 55                     | MPN/g     | Koohy-Kamaly-Dehkordy<br>et al., 2013 <sup>b,c</sup> |
| Caraway                 | Generic <i>E. coli</i> | 157.6 (598.1)                   | 16                     | MPN/g     | Koohy-Kamaly-Dehkordy<br>et al., 2013                |
| Celery                  | Enterobacteriaceae     | 4.06 (0.13)                     | 6                      | log CFU/g | Witkowska et al., 2011                               |
| Coriander               | Enterobacteriaceae     | 3.19 (0.25)                     | 6                      | log CFU/g | Witkowska et al., 2011                               |
| Cow parsnip             | Generic <i>E. coli</i> | 38.5 (173.8)                    | 40                     | MPN/g     | Koohy-Kamaly-Dehkordy<br>et al., 2013                |
| Cumin                   | Enterobacteriaceae     | 3.08 (0.24)                     | 6                      | log CFU/g | Witkowska et al., 2011                               |
| Curry<br>powder         | Generic <i>E. coli</i> | 14.9 (79.9)                     | 33                     | MPN/g     | Koohy-Kamaly-Dehkordy<br>et al., 2013                |
| Fennel                  | Enterobacteriaceae     | 4.50 (0.24)                     | 6                      | log CFU/g | Witkowska et al., 2011                               |
| Garlic                  | Generic <i>E. coli</i> | 2.4 (13.3)                      | 31                     | MPN/g     | Koohy-Kamaly-Dehkordy<br>et al., 2013                |
| Garlic                  | Enterobacteriaceae     | 1.86 (0.43)                     | 6                      | log CFU/g | Witkowska et al., 2011                               |
| Parsley                 | Enterobacteriaceae     | 3.32 (0.81)                     | 6                      | log CFU/g | Witkowska et al., 2011                               |
| Red pepper<br>powder    | Generic <i>E. coli</i> | 5.1 (22.9)                      | 45                     | MPN/g     | Koohy-Kamaly-Dehkordy<br>et al., 2013                |
| Turmeric                | Generic <i>E. coli</i> | 7.1 (35.0)                      | 48                     | MPN/g     | Koohy-Kamaly-Dehkordy<br>et al., 2013                |
| <b>Tea</b><br>Chamomile | C. botulinum           | 0.31 (0.09, 1.03)               | 23                     | Spores/g  | De Jong et al., 2003                                 |

SD = standard deviation; CI = confidence intervals.

<sup>a</sup> Study also sampled the following spices but did not isolate Enterobacteriaceae from any of the samples: aniseed, bay leaves, black pepper powder, cayenne pepper, cinnamon, cloves, coriander, dill, French onion, ginger, mace, marjoram, mustard, nutmeg, onion powder, oregano, paprika, pimento, rosemary, sage, thyme, turmeric, and white pepper powder.

<sup>b</sup> Study also sampled the following spices but did not isolate E. coli from any of the samples: cinnamon and sumac.

<sup>c</sup> Study used a representative (i.e. randomly or systematically selected) sample.

# Forest plot of the prevalence of selected microbial hazards within spice categories

| Micobial hazard / LMF<br>sub-category | Average      | Low      | High<br>95% CI | No. obs./<br>trials/studies | Hetero-   | Selection<br>bias | Median<br>(range) |                                       |                    |
|---------------------------------------|--------------|----------|----------------|-----------------------------|-----------|-------------------|-------------------|---------------------------------------|--------------------|
| B. cereus                             | prevalence   | 93% CI   | 93% CI         | undis/studies               | generty   | DIGS              | (range)           |                                       |                    |
|                                       |              |          |                | 454/40/5                    |           |                   | 4.0.40            |                                       |                    |
| Bark/flower                           | 14.2         | 4.7      | 27.3           | 154/12/5                    | High      | Med.              | 1.9 (0 - 60)      |                                       |                    |
| Fruit/seed                            | 28.8         | 20.4     | 38.1           | 1001/76/9                   | High      | Low               | 11.7 (0 - 85.7)   |                                       |                    |
| Dried herbs                           | 13.6         | 5.0      | 25.1           | 207/20/5                    | High      | Med.              | 0 (0 - 75)        | ► <b>•</b> ••                         |                    |
| Mixed/unspecified                     | 29.9         | 20.2     | 40.6           | 4468/20/14                  | High      | Low               | 26.9 (0 - 68.8)   |                                       |                    |
| Root                                  | 20.2         | 10.0     | 32.6           | 142/15/5                    | Med.      | Low               | -                 |                                       |                    |
| Overall                               | 24.5         | 20.1     | 29.2           |                             | High      |                   | 11.7 (0 - 100)    | -                                     |                    |
| C. perfringens                        |              |          |                |                             |           |                   |                   |                                       |                    |
| Bark/flower                           | 14.6         | 2.1      | 33.7           | 114/9/4                     | High      | Low               | 0 (0 – 46.8)      |                                       |                    |
| Fruit/seed                            | 10.3         | 7.3      | 13.7           | 324/76/49                   | Low       | Low               | -                 | • • • • • • • • • • • • • • • • • • • |                    |
| Dried herbs                           | 6.0          | 3.1      | 9.7            | 196/12/5                    | Low       | Low               | -                 |                                       |                    |
| Mixed/unspecified                     | 9.1          | 3.6      | 16.4           | 3889/11/6                   | High      | Low               | 1.4 (0 – 32.7)    |                                       |                    |
| Root                                  | 15.0         | 8.9      | 22.3           | 107/9/3                     | Low       | Low               | -                 | <b>⊢</b> ♦                            |                    |
| Overall                               | 11.4         | 8.3      | 14.9           |                             | High      |                   | 0 (0 - 50)        | _   H=+                               |                    |
| Cronobacter spp.                      |              |          |                |                             |           |                   |                   |                                       |                    |
| Bark/flower                           | 12.5         | 0.0      | 34.3           | 19/4/3                      | Low       | High              | -                 | <b>→</b>                              |                    |
| Fruit/seed                            | 34.8         | 20.3     | 50.8           | 83/18/3                     | Med.      | High              | -                 | <b>⊷</b> +                            |                    |
| Dried herbs                           | 18.6         | 7.3      | 33.1           | 51/6/3                      | Low       | High              | -                 | <b>⊢</b> •••                          |                    |
| Mixed/unspecified                     | 27.0         | 13.6     | 42.7           | 341/13/11                   | High      | High              | 26.9 (0 - 73.3)   | ⊢_ <b>♦</b>                           | 4                  |
| Root                                  | 35.3         | 14.8     | 58.7           | 17/4/2                      | Low       | High              | -                 | <b>⊢</b> ♦                            |                    |
| Overall                               | 25.8         | 17.9     | 34.7           |                             | High      |                   | 22.6 (0 - 100)    |                                       |                    |
| Generic E. coli                       |              |          |                |                             |           |                   |                   |                                       |                    |
| Bark/flower                           | 4.2          | 1.7      | 7.6            | 179/11/7                    | Low       | Med.              | -                 | <b>-</b> ◆──-1                        |                    |
| Fruit/seed                            | 10.2         | 7.3      | 13.6           | 826/57/9                    | Med.      | Med.              | -                 | I I I I I I I I I I I I I I I I I I I |                    |
| Dried herbs                           | 15.6         | 4.6      | 30.9           | 118/18/6                    | High      | High              | 0 (0 - 70.6)      |                                       |                    |
| Mixed/unspecified                     | 14.6         | 6.3      | 25.3           | 3045/8/6                    | High      | Med.              | 11.2 (0 - 33.3)   | <b>I</b>                              |                    |
| Root                                  | 7.8          | 0.5      | 20.3           | 176/11/5                    | High      | Low               | 0 (0 - 35.4)      | i∳-i                                  |                    |
| Overall                               | 10.7         | 8.0      | 13.7           |                             | High      |                   | 0 (0 - 70.6)      | _ <b>—</b>                            |                    |
| S. aureus                             |              |          |                |                             |           |                   |                   | -                                     |                    |
| Bark/flower                           | 2.6          | 0.8      | 5.3            | 195/16/8                    | Low       | Med.              | -                 | <b>→</b>                              |                    |
| Fruit/seed                            | 5.6          | 4.2      | 7.2            | 914/89/10                   | Low       | Low               | -                 |                                       |                    |
| Dried herbs                           | 2.4          | 0.9      | 4.7            | 255/25/7                    | Low       | Med.              | -                 | •                                     |                    |
| Mixed/unspecified                     | 2.8          | 0.5      | 6.3            | 132/9/4                     | Low       | Med.              | -                 | •                                     |                    |
| Root                                  | 10.6         | 6.2      | 16.1           | 144/16/6                    | Low       | Med.              | -                 | •                                     |                    |
| Overall                               | 4.9          | 3.9      | 5.9            |                             | Low       |                   | -                 |                                       |                    |
| Salmonella spp.                       |              |          |                |                             |           |                   |                   | -                                     |                    |
| Bark/flower                           | 2.3          | 1.0      | 3.9            | 306/26/13                   | Low       | Med.              | -                 | 101                                   |                    |
| Fruit/seed                            | 4.3          | 3.6      | 5.0            | 2832/160/20                 | Low       | Med.              | -                 | •                                     |                    |
| Dried herbs                           | 0.0          | 0.0      | 0.0            | 503/52/12                   | Low       | High              | -                 | T                                     |                    |
| Mixed/unspecified                     | 2.6          | 1.9      | 3.4            | 18315/47/17                 | High      | Low               | 0 (0 - 14)        |                                       | LMF sub-categories |
| Root                                  | 4.4          | 2.5      | 6.7            | 367/26/11                   | Low       | Med.              | -                 |                                       |                    |
| Overall                               | 3.0          | 2.6      | 3.4            |                             | Low       |                   | -                 |                                       | Overall estimates  |
| Cl = confidence interval              | : Med. = med | lium: No | . obs. = r     | number of total             | samples t | ested per o       | ategory.          |                                       | 1                  |

CI = confidence interval; Med. = medium; No. obs. = number of total samples tested per category. See the prevalence table for full explanations of all columns.

NOTE: The tea sub-category was excluded from this figure. C. botulinum, E. coli 0157, and L.

monocytogenes evidence is not shown because no positive samples were identified in these categories.

Average prevalence (95% CI)

60%

40%

0%

20%

100%

80%

# Interventions

A total of 20 experimental studies (consisting of 66 unique trials) and one summary of surveillance data were identified evaluating the effects of various interventions to reduce contamination of microbial hazards in spices and tea. The median publication year was 2011 (range 1984 – 2014). Half (50%) of the studies were conducted in Asia and the Middle East (with four studies each in South Korea and Turkey). Twelve of the experimental studies were challenge trials with artificially inoculated samples, 8 were controlled trials and one was a quasi-experiment (measuring changes in contamination before and after an applied intervention). All studies except the quasi-experiment were conducted under laboratory and non-commercial conditions.

The most common interventions were heat treatments, chemical treatments, and irradiation (including ionizing radiation and non-ionizing such as UV and microwave). Most of these interventions are commonly applied in the spice industry (ASTA, 2011; US FDA, 2013). However, it is not a requirement for exporting countries to indicate if a pathogen reduction intervention has been applied. One study that summarized US FDA surveillance data (not shown in the table below) analyzed imported spice shipments and found that spices labelled as "treated" had a lower *Salmonella* prevalence compared to spice shipments that were untreated or of unknown treatment status (3% compared to 6.8%), although the difference was not statistically significant (Van Doren et al., 2013a).

Nearly all trials found that the applied interventions were effective. The interventions were applied against various microbial hazards, including *Salmonella* spp. (n=9 studies) > *E. coli* (9) > Enterobacteriaceae (4) > *B. cereus* (3) > *C. perfringens* (3) > *Cronobacter spp.* (2). The vast majority of trials (>70%) were applied to black (*Piper* spp.) or red (*Capsicum* spp.) pepper.

Many trials did not report data on intervention efficacy in an extractable format, and typical sample sizes were small (e.g. 2-4 replicate samples per intervention combination).

# 124 Summary Card: Spices, Dried Herbs and Tea

Summary table of experimental studies evaluating the effects of interventions to reduce contamination of selected microbial hazards in spices, dried herbs and tea

| Spice<br>category | Intervention<br>category            | Intervention details (dose and/or<br>duration, where available)   | Source(s) <sup>a</sup>   | Microbial<br>hazard(s)   | Study<br>type <sup>b</sup> | No.<br>trials/<br>studies | % of trials<br>with<br>extractable<br>data | % of trials<br>finding<br>intervention<br>is effective <sup>c</sup> |
|-------------------|-------------------------------------|---|--|--|----------------------------|---------------------------|--|---|
| Bark/<br>flower   | Chemicals                           | Polyethylene packaging with silver nano-<br>particles (up to 300ppm)  | Hamid Sales<br>(2012)  | <i>C. perfringens</i><br>Generic <i>E.</i><br><i>coli,</i> Entero-<br>bacteriaceae | C.T.                       | 1/1                       | 0  | 100   |
|                   | Irradiation                         | Gamma (1 to 4 kGy)  | Hamid Sales<br>(2012)  | <i>C. perfringens</i><br>Generic <i>E.</i><br><i>coli,</i> Entero-<br>bacteriaceae | C.T.                       | 1/1                       | 0  | 100   |
| Fruit/<br>seed    | Chemicals                           | Cold plasma with nitrogen, nitrogen-<br>oxygen, helium, and helium-oxygen gases<br>(300-900 W; 267-26680 Pa; 4-20 min)  | Kim (2014)   | B. cereus  | Ch.T.                      | 1/1                       | 0  | 0   |
|                   | Chemicals                           | Ethylene oxide gas (70 kg/48m <sup>3</sup> ; 24 hr)   | Pafumi (1984)  | B. cereus, C.<br>perfringens,<br>Salmonella<br>spp., Generic<br>E. coli            | C.T.                       | 3/1                       | 0  | 100   |
|                   | Chemicals                           | Phosphine gas (3-6 g/m <sup>3</sup> ; 24-72 hr)   | Castro (2011)  | Salmonella<br>spp.   | Ch.T.                      | 1/1                       | 0  | 100   |
|                   | Changes to<br>storage<br>parameters | Increased temperature (25-35°C; 0-120<br>days) Increased humidity (<40-97%; 0-120<br>days)<br>Increased temperature (5-35°C; 0-15 days)<br>Increased Aw (0.66 to 0.94; 0-15 days) | Keller (2013)<br>Keller (2013)<br>Ristori (2007)<br>Ristori (2007) | Salmonella<br>spp.   | Ch.T.                      | 4/2                       | 50   | 100   |
|                   | Desiccation                         | Desiccation (58°C; 50 min)  | ljabadeniyi<br>(2013)  | <i>Cronobacter</i><br>spp.   | Ch.T.                      | 2/1                       | 100  | 100   |
|                   | Heat treatment                      | Hot water dip (70-90°C; 10-60 min)  | Kim (2014)   | B. cereus  | Ch.T.                      | 1/1                       | 0  | 100   |
|                   | Heat treatment                      | Pasteurization (72°C; 15 s)   | ljabadeniyi<br>(2013)  | <i>Cronobacter</i> spp.  | Ch.T.                      | 2/1                       | 0  | 0   |
|                   | Irradiation                         | Far-infrared (300-350°C; 1.88-5.88 min)<br>Far-infrared + UV-C radiation (10.5  | Erdogdu<br>(2013)  | B. cereus  | C.T.                       | 2/1                       | 100  | 100   |

|       |                | mW/cm <sup>2</sup> ; 2 hr)  |  |   |        |     |     |      |
|-------|----------------|---|--|---|--------|-----|-----|------|
|       | Irradiation    | Gamma (5-10 kGy)<br>Microwave (2450 ± 50 MHz; 20-75 s)  | Emam (1995)  | C. perfringens.                           | C.T.   | 2/1 | 0   | 100  |
|       | Irradiation    | Gamma (2 to 5 kGy; 6-30 min)<br>Radio-frequency (27.12 MHz; 57-79°C; 40-<br>50 s)<br>Near-infrared (500 W; 50-75°C; 1-5 min)<br>UV-C (16 W; 50-75°C; 1-5 min)<br>Near-infrared + UV-C | Song (2014)<br>Kim (2012)<br>Ha (2013)<br>Ha (2013)<br>Ha (2013)     | E. coli<br>O157:H7,<br>Salmonella<br>spp. | Ch.T.  | 7/3 | 71  | 100* |
|       | Irradiation    | Gamma (5-10 kGy)<br>Microwave (2450 ± 50 MHz; 20-75 s)<br>UV-C (10.5 mW/cm <sup>2</sup> ; 2 hr)<br>Far-infrared (650 W; 300-350°C; 1.88-5.88<br>min) + UV-C                           | Emam (1995)<br>Emam (1995)<br>Erdogdu<br>(2013)<br>Erdogdu<br>(2013) | Generic <i>E. coli</i>                    | C.T.   | 4/2 | 50  | 100  |
|       | Irradiation    | Electron beam (2.4-12.5 kGy)<br>Microwave (2450 ± 50 MHz; 50-150 s)   | Nieto (2000)<br>Aydin (2006)   | Entero-<br>bacteriaceae                   | C.T.   | 2/2 | 100 | 100  |
|       | Mincing        | Grinding in cutter (1.5 min) and mincing in corundum mill   | Schweiggert<br>(2005) <sup>a</sup>                                   | Generic E. coli                           | Quasi. | 1/1 | 0   | 100  |
|       | Multiple       | Cold plasma + hot water treatment (70-<br>90°C; 10-60 min)  | Kim (2014)   | B. cereus                                 | Ch.T.  | 1/1 | 0   | 100  |
|       | Ozone          | 0.1-1.0 ppm; 30-360 min   | Emer (2008)  | Generic E. coli                           | Ch.T.  | 1/1 | 100 | 100  |
| Herbs | Ozone          | 2.8 and 5.3 mg/L; 30-120 min  | Torlak (2013)  | <i>Salmonella</i><br>spp.                 | Ch.T.  | 1/1 | 0   | 100  |
| Mixed | Irradiation    | Gamma (5 kGy)   | Kiss (1990)  | Entero-<br>bacteriaceae                   | C.T.   | 1/1 | 0   | 100  |
| Теа   | Heat treatment | Hot water (50-70°C; 10 min)   | Al-Nabulsi<br>(2009)   | <i>Cronobacter</i><br>spp.                | C.T.   | 3/1 | 0   | 100  |
|       | Heat treatment | Hot water (60-65°C; 5 min)  | Zhao (1997)  | Salmonella<br>spp.                        | C.T.   | 2/1 | 0   | 100  |
|       | Multiple       | Bovine lactoferrin (1-10 mg/mL) + hot<br>water (50-70°C; 10 min)  | Al-Nabulsi<br>(2009)   | Cronobacter<br>spp.                       | C.T.   | 3/1 | 0   | 100  |

 <sup>a</sup> Indicates these studies were conducted under commercial conditions.
 <sup>b</sup> Ch.T. = challenge trial; C.T. = controlled trial; Quasi. = quasi-experiment (e.g. before and after study)
 <sup>c</sup> Intervention categories marked with an asterisk (\*) indicate that more trials found a positive intervention effect than would be expected by chance alone (sign test *P* value < 0.05).

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# Preliminary report of FAO/WHO expert consultation on ranking of low moisture foods **Summary Card: Spices, Dried Herbs and Tea**

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# Preliminary report of FAO/WHO expert consultation on ranking of low moisture foods **Summary Card: Spices, Dried Herbs and Tea**

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# Microbial Hazards in Low-Moisture Foods: Rapid Scoping and Systematic Review-Meta-Analysis of Research Knowledge

# Appendices

# Appendix A: LMF Product Categories and Sub-Categories

| LMF Categories / Sub-<br>Categories     | Examples of included food products   |
|---|--|
| Cereals and grains                      |  |
| Whole grains other than rice            | Wheat, barley, maize/corn, oats, rye, millet, sorghum, buckwheat   |
| Rice and rice<br>products               | Rice, rice noodles   |
| Milled grains                           | Milled grain products (e.g. flours, starches)  |
| Other dry cereals and cereal products   | Breakfast cereals, cereal and baking mixes, unspecified/mixed cereals  |
| Confections and snacks                  |  |
| Cocoa and chocolate products            | Dried cocoa beans, cocoa powder, chocolate, cocoa and chocolate-based products (e.g. hot chocolate mix)  |
| Other and<br>unspecified<br>confections | Fondants/creams, marshmallows, caramels/toffees, candies, chewing gum, other/unspecified confections and sweets  |
| Snacks                                  | Savoury snacks (e.g. chips, crackers, biscuits)  |
| Yeast                                   | Yeast extract (as LMF additive or flavouring)  |
| Dried fruits and vegetables             |  |
| Dried fruits                            | Raisins, prunes, dates, dried mangos, dried apricots, desiccated coconut, fruit powders  |
| Dried vegetables                        | Dried vegetables (e.g. tomatoes), vegetable powders and mixes (e.g. dry soup mixes), dehydrated vegetables (e.g. potato flakes, carrot slices), vegetable flours (e.g. potato starch), dried legumes |
| Dried mushrooms                         | Dried/dehydrated mushrooms   |

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| Dried seaweed  | Dried seaweed  |
|--|--|
| Dried protein<br>products                            |  |
| Dried dairy products                                 | Milk/whey powders, other dairy powders (e.g. cheese), milk-based powders and mixes   |
| Dried egg products                                   | Egg powders  |
| Dried fish/seafood<br>products                       | Dried fish and seafood, fish flour/meal  |
| Dried meats other<br>than sausages/<br>salamis/jerky | Meat powders, gelatin  |
| Honey and preserves                                  |  |
| Honey  | Honey  |
| Preserves  | Jams, syrups (e.g. corn syrup)   |
| Nuts and nut products                                |  |
| Almonds  | Almonds  |
| Other tree nuts                                      | Brazil nuts, cashews, hazelnuts/filberts, macadamia nuts, pecans, pine nuts, pistachios, and walnuts   |
| Peanuts and peanut products                          | Peanuts, peanut butter, other peanut products (e.g. peanut spreads)  |
| Mixed and<br>unspecified nuts                        | Mixed/unspecified nuts   |
| Seeds for<br>consumption                             |  |
| Sesame seeds   | Sesame seeds   |
| Tahini   | Tahini (sesame seed paste)   |
| Halva/helva  | Halva/helva (confection made from sesame paste/tahini)   |
| Other and unspecified seeds                          | Pumpkin seeds, sunflower seeds, poppy seeds, melon seeds, flax seeds, mixed/unspecified seeds for consumption (does not include sprouted seeds)  |
| Spices and dried<br>aromatic plants                  |  |
| Spices- fruit/seed-<br>based                         | <ul> <li>Capsicum spp. (paprika, cayenne pepper, chili peppers, other hot and sweet dried capsicum peppers)</li> <li>Piper spp. (black, white, green, long pepper)</li> <li>Apiaceae (aniseed, caraway, celery, coriander, dill seed, fennel, chervil, cumin)</li> <li>Allspice, nutmeg/mace, other (e.g. cardamom, fungreek, mustard, sumac)</li> </ul> |

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| Spices- root-based            | Garlic, ginger, turmeric, other (e.g. galangal, onion, asafoetida)   |
|-------------------------------|--|
| Spices- herb/leaf-<br>based   | <i>Origanum</i> spp. (e.g. oregano, marjoram), basil, bay leaf, other (e.g. mint, rosemary, parsley, sage, thyme, dill weed/leaves                   |
| Spices- bark/flower-<br>based | Cinnamon, cloves, saffron, other (e.g. geranium, safflower)  |
| Spices- mixed/<br>unspecified | Curry powder, Indian spices (e.g. garam masala, tandoori), herb mixes (e.g.<br>Herbs de province, other/unspecified), other mixed/unspecified spices |
| Теа                           | Herbal (e.g. chamomile, spearmint, peppermint, linden flower, hibiscus), other/unspecified (e.g. black, green, rooibos)                              |

#### Appendix B: Final Search Algorithm

| Terms   |
|---|
| "bacillus cereus" OR "clostridium botulinum" OR "clostridium perfringens" OR  |
| "cronobacter" OR "enterobacter sakazakii" OR "enterobacteriaceae" OR "escherichia coli"   |
| OR "e. coli" OR "salmonella" OR "staphylococcus aureus" OR "listeria monocytogenes"   |
| ("low-moisture food" OR "low-moisture foods" OR "low moisture foods" OR "low moisture   |
| food")  |
| OR  |
| ("dried fruit" OR "dried fruits" OR "dehydrated fruit" OR "dehydrated fruits" OR "raisin" OR<br>"raisins" OR "dried vegetables" OR "dried vegetable" OR "dehydrated vegetables" OR<br>"dehydrated vegetable" OR "preserved vegetable" OR "preserved vegetables" OR<br>"preserved fruit" OR "preserved fruits" OR "desiccated coconut")  |
| OR  |
| ("peanut" OR "peanut butter" OR "peanuts" OR "nut" OR "nuts" OR walnut OR walnuts OR<br>pecan OR pecans OR almond OR almonds OR hazelnut OR hazelnuts OR pistachio OR<br>pistachios OR "pine nut" OR "pine nuts" OR cashew OR cashews OR "mixed nuts" OR<br>chestnut OR chestnuts OR "sesame seed" OR "sesame seeds" OR "sunflower seed" OR<br>"sunflower seeds" OR "poppy seed" OR "poppy seeds" OR "edible seed" OR "edible seeds"<br>OR "tahini")<br>OR  |
| (cereals OR cereal OR oats OR granola OR flour OR buckwheat OR millet OR rye OR wheat<br>OR maize OR corn OR rice)<br>OR  |
| ("dry milk" OR "dehydrated milk" OR "whey protein" OR "powdered milk" OR "milk<br>powder" OR "rice protein" OR "soy protein" OR "dry protein" OR "dry sausage" OR "dry<br>cured sausage" OR " cured sausage" OR "jerky" OR "fermented sausage" OR "egg powder"<br>OR "beef powder" OR "fermented seafood" OR "meat powder")<br>OR   |
| (confection OR confections OR confectionery OR candies OR candy OR sweets OR chocolate OR cocoa OR marshmallow OR halva)  |
| OR<br>(snack OR "potato chips")<br>OR   |
| (spice OR "dried herb" OR "dried herbs" OR "dehydrated herb" OR "dehydrated herbs" OR<br>basil OR "curry" OR "ginger" OR coriander OR pepper OR "chili powder" OR turmeric OR<br>paprika OR cardamom OR nutmeg OR allspice OR aniseed OR "bay leaves" OR caraway OR<br>cinnamon OR chive OR chives OR clove OR cloves OR cumin OR dill OR fennel OR fenugreek<br>OR galanga OR marjoram OR mustard OR oregano OR parsley OR peppermint OR rosemary<br>OR sage OR spearmint OR tarragona OR thyme OR vanilla OR annatto OR saffron)<br>OR<br>(tea OR teas) |
| OR  |
| (honey OR jam OR jams OR jelly OR syrup)  |
| illness OR illnesses OR case OR cases OR outbreak OR recall OR recalls OR prevalence OR   |
| frequency OR detection OR surveillance OR contamination OR intervention OR inactivate<br>OR treatment OR pasteurisation OR disinfect OR hygiene OR haccp OR "hazard analysis"   |
|   |

| OR "agricultural practices" OR "manufacturing practices" |
|--|
| on agricultural practices on manadetaring practices      |

Search notes:

- Each category of terms was combined with the AND operator
- The Scopus search was conducted in the Title/Abstract/Keywords
- The PubMed search was conducted in the Title/Abstract
- There were no language or date restrictions on the search

#### Appendix C: Relevance Screening Form

| Question   | Options   | Definitions/additional notes   |
|--|-----------|--|
| 1. Does the citation describe<br>research investigating or<br>discussing the prevalence,<br>cases/outbreaks of human<br>illness, or interventions for any<br><u>relevant microbial hazards</u> in<br><u>low moisture foods</u> ? | Yes<br>No | <ul> <li>Low moisture foods (LMF) – for the purposes of this study, refers to as any food item that has a water activity (a<sub>w</sub>) level &lt;0.85. Categories of LMF for inclusion: dehydrated/dried fruit and vegetables, cereals, dry protein products (excluding infant milk formula), confections, snacks, tree nuts, peanuts/peanut butter, seeds for consumption, spices and dried aromatic plants, lipid-based supplementary foods, and preserves (e.g. jams, honey). If a product is suspected of being a LMF (e.g. "dry fermented sausage") and the a<sub>w</sub> level is not explicitly stated in the study, the study should be included.</li> <li>Microbiological hazards (MH) – for the purposes of this study, refers to Bacillus cereus, Clostridium botulinum, Clostridium perfringens, Cronobacter spp. (formally, Enterobacter sakazakii), Escherichia coli, Salmonella spp., Staphylococcus aureus, and Listeria monocytogenes, Enterobacteriaceae</li> <li>Include citations that do not provide sufficient detail to determine the article's relevancy (e.g., "confectionary items", "snacks", "sausages" may not refer LMFs).</li> <li>Exclude</li> <li>Articles describing the validation of tests/tools for the detection of MHs in LMFs.</li> <li>Reviews (non-primary research)</li> <li>Consumer-level interventions (e.g. cooking)</li> </ul> |

#### Appendix D: Relevance Confirmation and Article Characterization Form

| Question  | Comments  |
|---|---|
| <ul> <li>1. Does the article describe research investigating or discussing the prevalence/risk factors, cases/outbreaks of human illness, or interventions for any <u>relevant microbial hazards</u> in <u>low moisture foods</u>? <ul> <li>□ Prevalence or risk factors</li> <li>□ Cases/outbreaks</li> <li>□ Interventions</li> <li>□ None of the above, specify: <ul> <li>○ Not a LMF of interest</li> <li>○ Not a microbial hazard of interest</li> <li>○ A<sub>w</sub> is &gt;0.85</li> <li>○ Other, specify:</li> </ul> </li> </ul></li></ul> | Low moisture foods (LMF) – for the purposes<br>of this study, refers to as any food item that<br>has a water activity (a <sub>w</sub> ) level <0.85.<br>Categories of LMF for inclusion:<br>dehydrated/dried fruit and vegetables,<br>cereals, dry protein products ( <b>excluding</b><br><b>infant milk formula</b> ), confections, snacks,<br>tree nuts, peanuts/peanut butter, seeds for<br>consumption, spices and dried aromatic<br>plants, lipid-based supplementary foods, and<br>preserves (e.g. jams, honey). If a product is<br>suspected of being a LMF (e.g. "dry<br>fermented sausage") and the a <sub>w</sub> level is not<br>explicitly stated in the study, the study should<br>be included.<br><u>Microbiological hazards (MH)</u> – for the<br>purposes of this study, refers to Bacillus<br>cereus, Clostridium botulinum, Clostridium<br>perfringens, Cronobacter spp. (formally,<br>Enterobacter sakazakii), Escherichia coli,<br>Salmonella spp., Staphylococcus aureus,<br>Listeria monocytogenes, and<br>Enterobacteriaceae<br><b>NOTE:</b> Articles investigating "semi-dry"<br>sausages without mention of a <sub>w</sub> values should<br>be considered a <sub>w</sub> >0.85 and excluded. |
| <ul> <li>2. Is the article written in English, French, or Spanish?</li> <li>Yes</li> <li>No, but abstract contains extractable data; specify article language:</li> <li>No, none-English abstract or non-extractable data in abstract; specify language:</li> </ul>   |   |
| <ul> <li>What LMFs were investigated or discussed?</li> <li>Dried or dehydrated fruit and/or vegetables</li> <li>Nuts and nut products         <ul> <li>Tree nuts</li> <li>Peanuts and peanut-based products</li> <li>Cereals/grains</li> <li>Whole and dried cereals/grains, and</li> </ul> </li> </ul>  |   |

| I  |  |
|--|--|
| products thereof                                     |  |
| o Rice   |  |
| Dried protein products                               |  |
| <ul> <li>Dried/fermented sausages/salamis</li> </ul> |  |
| <ul> <li>Dried meats/meat products other</li> </ul>  |  |
| than sausages/salamis                                |  |
| <ul> <li>Dried dairy products</li> </ul>             |  |
| <ul> <li>Dried egg products</li> </ul>               |  |
| <ul> <li>Dried fish/seafood products</li> </ul>      |  |
| Confections  |  |
| Snacks   |  |
| Seeds for consumption                                |  |
| Spices / dried aromatic plants / teas                |  |
| Lipid-based supplementary foods                      |  |
|  |  |
| nat microbial hazards were investigated or           |  |
| <br>cussed?  |  |
| Bacillus cereus                                      |  |
| Clostridium botulinum                                |  |
| Clostridium perfringens                              |  |
| Cronobacter spp. (Enterobacter sakazakii)            |  |
| <br>Escherichia coli                                 |  |
| Salmonella spp.                                      |  |
| Listeria monocytogenes                               |  |
| Staphylococcus aureus                                |  |
| Enterobacteriaceae                                   |  |
|  |  |

#### **Appendix E: Data Extraction Forms**

#### Burden of illness extraction form

| Questi | on  | Comments  |
|--------|---|---|
| 1.     | Outbreak Ref:<br><ul> <li>Outbreak database #:</li> <li>Distiller REFID:</li> <li>Source of info:</li> </ul>  |   |
| 2.     | <ul> <li>What type of document is the article?</li> <li>Journal article</li> <li>Research report</li> <li>Conference proceedings</li> <li>Non-peer reviewed data from line listing, government report or other source</li> <li>Other:</li> </ul>  | Non-peer reviewed data from line listing,<br>government report or other source (e.g.<br>ProMed, Eurosurveillance, newspapers) |
| 3.     | When did the outbreak occur?  |   |
| 4.     | <ul> <li>Where did the outbreak occur? <i>Please</i></li> <li><i>specify exact country in separate column</i></li> <li>Africa</li> <li>Asia</li> <li>Australia/New Zealand</li> <li>Europe</li> <li>North America</li> <li>Latin America/Caribbean</li> <li>Other:</li> <li>Not stated</li> </ul> |   |
| 5.     | Specify exact country where outbreak occurred   |   |
| 6.     | <ul> <li>From what region did the implicated product originate?</li> <li>Africa</li> <li>Asia</li> <li>Australia/New Zealand</li> <li>Europe</li> <li>North America</li> <li>Latin America/Caribbean</li> <li>Other:</li> <li>Not stated</li> <li>N/A - same as outbreak location</li> </ul>      |   |

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| 7. Specify exact country of origin   |   |
|--|---|
| <ul> <li>8. How was the outbreak source confirmed?</li> <li>Laboratory</li> <li>Epidemiologically</li> <li>Other:</li> </ul>   | Lab confirmed source<br>Epi association to source                       |
| 9. What LMF product category was<br>implicated?  |   |
| 10. What specific product was implicated?  |   |
| 11. Epidemiological association with the implicated product (if provided): <i>Paste in OR (and 95%CI)</i>  |   |
| 12. What microbial hazard was implicated?  |   |
| 13. What was the specific bacteria species/serovar?  |   |
| <ul> <li>14. Extract quantitative outcomes</li> <li>No. presumed cases:</li> <li>No. confirmed cases:</li> <li>No. hospitalizations:</li> <li>No. deaths:</li> <li>No. exposed (if provided)</li> <li>Attack rate (if provided)</li> </ul> |   |
| <ul> <li>15. How were the cases confirmed to be part of the outbreak?</li> <li>a. Laboratory</li> <li>b. Epidemiologically</li> <li>c. Other:</li> </ul>   | Lab confirmed to be part of the outbreak<br>Epi association to outbreak |
| 16. If provided, what was the concentration of the hazard in the implicated product (specify units)?   |   |
| 17. Additional Comments.   |   |

#### Prevalence extraction form

| Questi | on  | Comments  |
|--------|---|---|
| 1.     | REFID:  |   |
| 2.     | <ul> <li>What type of document is the article?</li> <li>Journal article</li> <li>Research report</li> <li>Conference proceedings</li> <li>Other:</li> </ul>   |   |
| 3.     | First author's last name:<br>Enter name:  |   |
| 4.     | When was the article published?   |   |
| 5.     | <ul> <li>When was the study conducted?</li> <li>Enter month/year to month/year:</li> <li>Not reported</li> </ul>  |   |
| 6.     | <ul> <li>Where was the study conducted?</li> <li>Africa</li> <li>Asia</li> <li>Australia/New Zealand</li> <li>Europe</li> <li>North America</li> <li>Latin America/Caribbean</li> <li>Other:</li> <li>Not stated</li> </ul>   |   |
| 7.     | Specify exact country where study was conducted   |   |
| 8.     | <ul> <li>What was the study design?</li> <li>Prevalence survey</li> <li>Longitudinal prevalence</li> <li>Surveillance</li> <li>Challenge trial (ChT)</li> <li>Controlled trial (CT)</li> <li>Quasi-experiment (QE)</li> <li>Cohort study</li> <li>Case-control study (C-C)</li> <li>Cross-sectional study (XS)</li> <li>Case report or series</li> <li>Outbreak report/investigation</li> <li>Other, please specify:</li> </ul> | <ul> <li><u>Prevalence survey</u>: A study that measures, and may describe (e.g. concentration), the degree of contamination of a LMF by one or more MH at a particular point in time. It does not investigate risk factors for contamination.</li> <li><u>Longitudinal prevalence</u>: A study that measures, and may describe (e.g., concentration), the degree of contamination of a LMF by one or more MH over two or more time intervals. Samples may either be at the level of the location (e.g., supermarkets; processing facilities) or the product (e.g. a set of 10 dry-fermented sausages sampled three times over several weeks). It does not investigate risk factors for contamination.</li> </ul> |

| Surveillance: A system that continuously<br>gathers, analyzes, and interprets data about<br>diseases (or contamination of certain LMFs)<br>and disseminates conclusions of the analyses<br>to relevant organizations in a timely manner.<br>Challenge trial: An experiment where LMF are<br>artificially challenged or exposed to the MH                       |
|--|
| for the purpose of characterizing the MH in<br>the LMF.  |
| <u>Controlled trial</u> : An experiment where an<br>intervention is applied to contaminated LMF<br>or relevant environment(s) (e.g. processing<br>facilities) for the purpose of reducing or<br>eliminating the MH.  |
| <u>Quasi-experimental</u> : An experiment where an<br>intervention is applied to contaminated LMF<br>or relevant environment(s) (e.g. processing<br>facilities) in a non-randomized fashion for the<br>purpose of reducing or elimination the MH<br>(e.g. Before and after trial)  |
| <u>Cohort study</u> : An observational study where<br>multiple measurements of a sample<br>population of LMF or affected persons or<br>relevant environment(s) (e.g. processing<br>facilities) are obtained over two or more time<br>periods to identify risk factors for<br>contamination with one or more MH. Can be<br>either retrospective or prospective. |
| <u>Case-control study</u> : An observational study<br>where contaminated LMFs or affected<br>persons or relevant environments (e.g.<br>processing facilities) are matched with non-<br>contaminated LMFs, affected persons or<br>relevant environments, respectively, to<br>identify risk factors for contamination with<br>MH or vehicles of MHs.             |
| <u>Cross-sectional study</u> : An observational study<br>where LMFs, or relevant environment(s) (e.g.<br>processing facilities) are sampled for the<br>purpose of identifying or characterizing the<br>degree of contamination, <u>as well as</u> potential<br>risk factors for contamination of one or more<br>MH.  |
| <u>Case report or series</u> : A descriptive study that<br>tracks affected persons with a foodborne<br>disease for the purpose of identifying the  |

#### Appendix E: Data Extraction Forms 147

| <ul> <li>10. Was the LMF product sampling representative of the larger/target population?</li> <li>Yes</li> <li>No</li> </ul> Quantitative DE section – complete multiple rows for each study as appropriate for each product/hazard combination 11. What LMF product category was measured? |  |
|--|--|
| 9. Where was the sampling conducted?<br>Farm<br>Processing plant<br>Retail/markets<br>Ready-to-eat<br>Import/export<br>Research/lab facility<br>Other:<br>Not reported   | assessment that includes<br>qualitative/quantitative questionnaires of<br>affected persons, collection of clinical<br>specimens, collection of food and<br>environmental samples, but does not include<br>further epidemiological investigation (e.g.<br>case-controls).<br><u>Farm:</u> Location of commercial<br>production/harvesting of LMF (e.g., farm,<br>almond orchard, etc). (I.e., products that will<br>later be sold to consumers).<br><u>Commercial processing plant:</u> Location of<br>processing and/or packaging of LMF (e.g., dry<br>sausage processing facility, facilities to<br>process fresh spices and herbs into LMF<br>products).<br><u>Retail:</u> Any location where consumers can<br>purchase LMF (e.g., local grocery stores,<br>supermarkets, farmer's markets, butcher's<br>shops).<br><u>Ready-to-eat:</u> Locations that serve/offer LMF<br>and products containing LMF that can be<br>immediately consumed. (e.g., restaurants,<br>delicatessens, cafeterias, buffets, etc.)<br><u>Import/Export:</u> LMF are sampled immediately<br>before they leave the country of production<br>or immediately after they enter the country<br>of sale.<br><u>Research/laboratory facility:</u> Articles that<br>report on a study sampling products in a<br>laboratory setting. |
|  | aetiological agent (MH), vehicle of<br>transmission (LMF) and source/point of<br>contamination. Includes preliminary<br>assessment that includes   |

| 12. What specific product was measured?  |  |
|--|--|
| 13. What microbial hazard was measured?  |  |
| 14. What was the specific bacteria species/serovar?  |  |
| <ul> <li>15. From what region did the samples originate?</li> <li>Africa</li> <li>Asia</li> <li>Australia/New Zealand</li> <li>Europe</li> <li>North America</li> <li>Latin America/Caribbean</li> <li>Other:</li> <li>Multiple</li> <li>Not stated</li> <li>N/A – same as study location</li> </ul> |  |
| <ul> <li>16. Specify exact country of origin</li> <li>17. How was the outcome reported? <i>Check al I that apply</i> <ul> <li>Prevalence</li> <li>Concentration (e.g. MPN or CFU counts)</li> </ul> </li> </ul>  |  |
| <ul> <li>18. Is raw/unadjusted data or measures of association/effect provided?</li> <li>Yes, for all outcomes</li> <li>Yes, for some outcomes, specify:</li> <li>No, specify reason:</li> </ul>   | Yes:         For prevalence data, the following data must<br>be reported         • Numerator and denominator, or         • proportion + EITHER numerator or<br>denominator         For measures of association/effect:         • OR/RR/IR/RD reported and its measure<br>of variability (SE, SD, CI) or P-value is<br>provided         For continuous measures:         • Mean value, sample size, and SD         • Mean value and SE/CIs         Examples of no:         a. Graphical data only         b. No reporting of raw results         c. Just median         d. Only p-value         e. Only denominator         f. Only numerator |
| 19. What lab method was used to identify the microbial hazard?   |  |

|         | Culture  |
|---------|--|
|         | PCR  |
|         | Other:   |
|         |  |
| 20. Ext | ract quantitative prevalence and concentration |
| out     | comes (each in a separate column)              |
| Prevale | nce  |
|         | Number positive                                |
|         | Sample size                                    |
| Concen  | tration  |
|         | Mean value                                     |
|         | Sample size                                    |
|         | SD   |
|         | SE   |
|         | Lower Cl                                       |
|         | Upper Cl                                       |
|         | Units (e.g. MPN, CFU):                         |
|         |  |
| 21. Oth | ner comments:                                  |
|         |  |

#### Interventions extraction form

| Questi | on  | Comments   |
|--------|---|--|
| 1.     | REFID:  |  |
| 2.     | <ul> <li>What type of document is the article?</li> <li>Journal article</li> <li>Research report</li> <li>Conference proceedings</li> <li>Other:</li> </ul>   |  |
| 3.     | First author's last name:<br>Enter name:  |  |
| 4.     | When was the article published?   |  |
| 5.     | <ul> <li>When was the study conducted?</li> <li>Enter month/year to month/year:</li> <li>Not reported</li> </ul>  |  |
| 6.     | <ul> <li>Where was the study conducted?</li> <li>Africa</li> <li>Asia</li> <li>Australia/New Zealand</li> <li>Europe</li> <li>North America</li> <li>Latin America/Caribbean</li> <li>Multiple</li> <li>Other:</li> <li>Not stated</li> </ul>   |  |
| 7.     | Specify exact country   |  |
| 8.     | <ul> <li>What was the study design?</li> <li>Prevalence survey</li> <li>Longitudinal prevalence</li> <li>Surveillance</li> <li>Challenge trial (ChT)</li> <li>Controlled trial (CT)</li> <li>Quasi-experiment (QE)</li> <li>Cohort study</li> <li>Case-control study (C-C)</li> <li>Cross-sectional study (XS)</li> <li>Case report or series</li> <li>Outbreak report/investigation</li> <li>Other, please specify:</li> </ul> | <ul> <li><u>Prevalence survey</u>: A study that measures, and<br/>may describe (e.g. concentration), the degree of<br/>contamination of a LMF by one or more MH at a<br/>particular point in time. It does not investigate<br/>risk factors for contamination.</li> <li><u>Longitudinal prevalence:</u> A study that measures,<br/>and may describe (e.g., concentration), the<br/>degree of contamination of a LMF by one or<br/>more MH over two or more time intervals.</li> <li>Samples may either be at the level of the location<br/>(e.g., supermarkets; processing facilities) or the<br/>product (e.g. a set of 10 dry-fermented sausages<br/>sampled three times over several weeks). It does<br/>not investigate risk factors for contamination.</li> </ul> |

| Surveillance: A system that continuously gathers,<br>analyzes, and interprets data about diseases (or<br>contamination of certain LMFs) and disseminates<br>conclusions of the analyses to relevant  |
|--|
| organizations in a timely manner.  |
| <u>Challenge trial:</u> An experiment where LMF are<br>artificially challenged or exposed to the MH for<br>the purpose of characterizing the MH in the LMF.  |
| <u>Controlled trial:</u> An experiment where an<br>intervention is applied to contaminated LMF or<br>relevant environment(s) (e.g. processing<br>facilities) for the purpose of reducing or<br>eliminating the MH.   |
| <u>Quasi-experimental</u> : An experiment where an<br>intervention is applied to contaminated LMF or<br>relevant environment(s) (e.g. processing<br>facilities) in a non-randomized fashion for the<br>purpose of reducing or elimination the MH (e.g.<br>Before and after trial)  |
| <u>Cohort study</u> : An observational study where<br>multiple measurements of a sample population<br>of LMF or affected persons or relevant<br>environment(s) (e.g. processing facilities) are<br>obtained over two or more time periods to<br>identify risk factors for contamination with one<br>or more MH. Can be either retrospective or<br>prospective. |
| <u>Case-control study</u> : An observational study<br>where contaminated LMFs or affected persons or<br>relevant environments (e.g. processing facilities)<br>are matched with non-contaminated LMFs,<br>affected persons or relevant environments,<br>respectively, to identify risk factors for<br>contamination with MH or vehicles of MHs.                 |
| <u>Cross-sectional study</u> : An observational study<br>where LMFs, or relevant environment(s) (e.g.<br>processing facilities) are sampled for the purpose<br>of identifying or characterizing the degree of<br>contamination, <u>as well as</u> potential risk factors<br>for contamination of one or more MH.   |
| <u>Case report or series</u> : A descriptive study that<br>tracks affected persons with a foodborne disease<br>for the purpose of identifying the aetiological<br>agent (MH), vehicle of transmission (LMF) and<br>source/point of contamination. Includes<br>preliminary assessment that includes   |

|   | qualitative/quantitative questionnaires of  |
|---|---|
|   | affected persons, collection of clinical specimens,<br>collection of food and environmental samples,<br>but does not include further epidemiological<br>investigation (e.g. case-controls). |
| <ul> <li>9. Was the intervention conducted under field conditions?</li> <li>Yes</li> <li>No, laboratory-based under simulated commercial conditions</li> <li>No, laboratory-based not simulated conditions</li> </ul>   | Simulated conditions should be applicable or<br>potentially applicable for implementation in a<br>real-world setting.   |
| Enter the following section on a separate row for each product/MH combination   |   |
| 10. What LMF product category was investigated?   |   |
| 11. What specific products were investigated?   |   |
| 12. What microbial hazard was investigated?   |   |
| 13. What was the specific bacteria species/serovar?   |   |
| <ul> <li>14. What intervention(s) was investigated? (For each category specify the exact intervention and dose/duration if available)</li> <li>Change in storage conditions: <ul> <li>pH</li> <li>a<sub>w</sub></li> <li>Temperature</li> </ul> </li> <li>Starter culture</li> <li>Inactivation/lethality step: <ul> <li>Heat treatment</li> <li>High-hydrostatic pressure</li> <li>Irradiation</li> <li>Ozone</li> <li>Chemical(s):</li> <li>Other:</li> </ul> </li> </ul> |   |
| <ul> <li>15. At what level in the food chain is the intervention designed to be applied?</li> <li>Farm</li> <li>Processing plant</li> </ul>   | Farm: Location of commercial<br>production/harvesting of LMF (e.g., farm, almond<br>orchard, etc). (I.e., products that will later be sold<br>to consumers).                                |

#### Appendix E: Data Extraction Forms 153

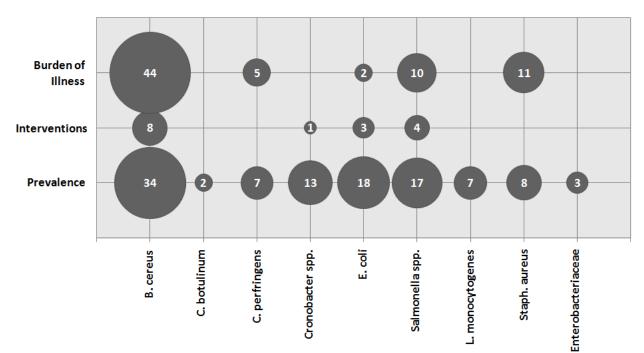
| <ul> <li>Storage</li> <li>Retail</li> <li>Ready-to-eat</li> <li>Other:</li> </ul>   | Commercial processing plant:Location of<br>processing and/or packaging of LMF (e.g., dry<br>sausage processing facility, facilities to process<br>fresh spices and herbs into LMF products).Retail:Any location where consumers can<br>purchase LMF (e.g., local grocery stores,<br>supermarkets, farmer's markets, butcher's<br>shops).Ready-to-eat:Locations that serve/offer LMF and<br>products containing LMF that can be immediately<br>consumed. (e.g., restaurants, delicatessens,<br>cafeterias, buffets, etc.) |
|---|--|
| <ul> <li>16. For this LMF/ microbial hazard/intervention combination, was there a significant effect?</li> <li>□ Significant (P&lt;0.05)</li> <li>□ Non-significant (P≥0.05)</li> <li>□ No differences assessed</li> </ul>          | Significant: Differences to the microbial levels in<br>the product were significantly impacted by this<br>intervention.<br>Non-significant: There was no significant<br>difference in the microbial hazard reported.   |
| <ul> <li>17. For this LMF/ microbial hazard/intervention combination, what was the direction of effect (regardless of significance)?</li> <li>Treatment effective</li> <li>Treatment not effective</li> <li>Not measured</li> </ul> |  |
| <ul> <li>18. How was the outcome reported? <i>Check all that apply</i></li> <li>Prevalence</li> <li>Concentration (e.g. MPN or CFU counts)</li> <li>D value</li> <li>Other:</li> </ul>  |  |
| <ul> <li>19. What lab method was used to identify the microbial hazards?</li> <li>Culture</li> <li>PCR</li> <li>Other:</li> </ul>   |  |
| <ul> <li>20. Is raw/unadjusted data or measures of association/effect provided?</li> <li>Yes, for all outcomes</li> <li>Yes, for some outcomes, specify:</li> <li>No, specify reason:</li> </ul>                                    | <ul> <li>Yes:</li> <li>For prevalence data, the following data must be reported <ul> <li>Numerator and denominator, or</li> <li>proportion + EITHER numerator or denominator</li> </ul> </li> <li>For measures of association/effect: <ul> <li>OR/RR/IR/RD reported and its measure of variability (SE, SD, CI) or P-value is provided</li> </ul> </li> </ul>  |

|                               | <ul> <li>For continuous measures:</li> <li>Mean value, sample size, and SD</li> <li>Mean value and SE/CIs</li> </ul> Examples of no: <ul> <li>a. Graphical data only</li> <li>b. No reporting of raw results</li> <li>c. Just median</li> <li>d. Only p-value</li> <li>e. Only denominator</li> <li>f. Only numerator</li> </ul> |
|-------------------------------|--|
| 21. What was the sample size? |  |
| 22. Additional comments:      |  |

#### **Appendix F: Summary Card Evidence Charts**

#### **Cereals and Grains**

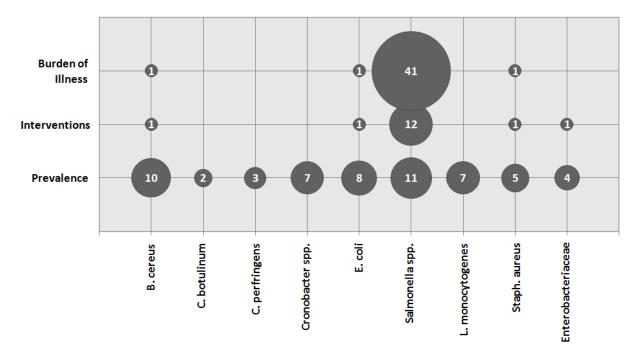
Bubble size is proportional to the total number of articles and reports (Total N=142).



Preliminary report of FAO/WHO expert consultation on ranking of low moisture foods **156** Appendix F: Summary Card Evidence Charts

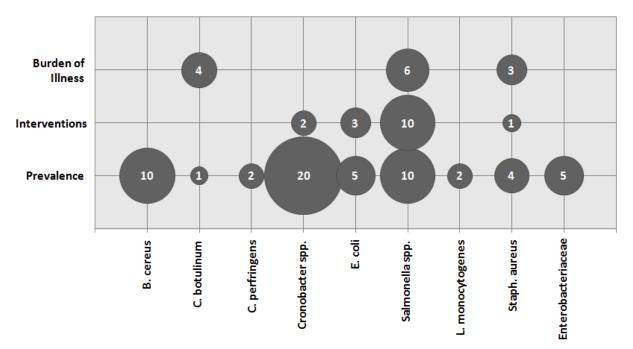
#### **Confections and Snacks**

Bubble size is proportional to the total number of articles and reports (Total N=87).

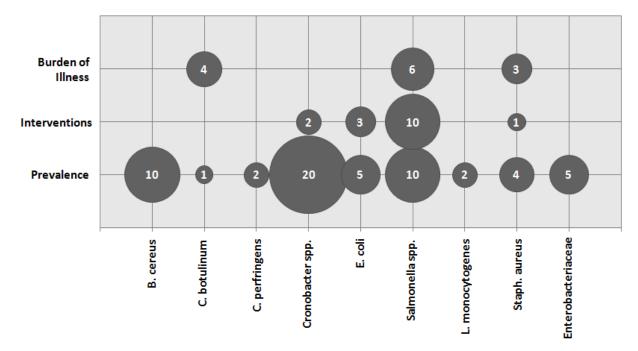


#### **Dried Fruits and Vegetables**

Bubble size is proportional to the total number of articles and reports (Total N=39).



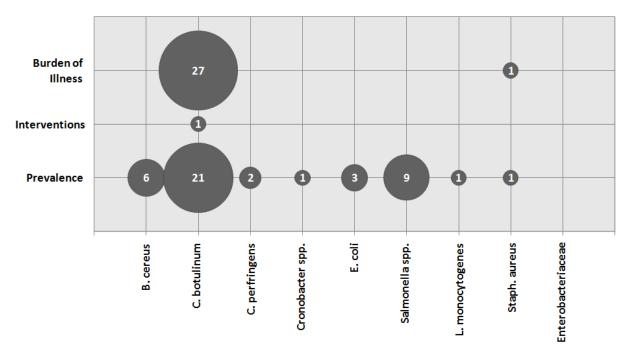
#### **Dried Protein Products**



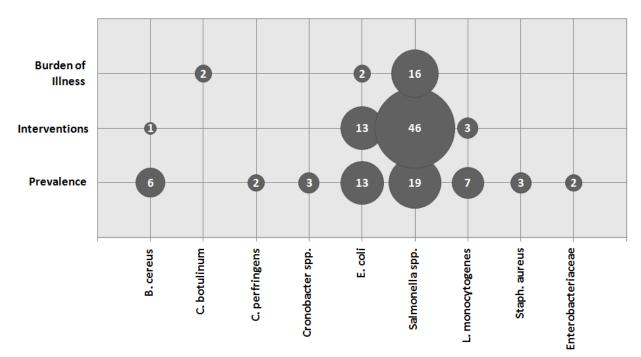
Bubble size is proportional to the total number of articles and reports (Total N=66).

#### **Honey and Preserves**

Bubble size is proportional to the total number of articles and reports (Total N=58).



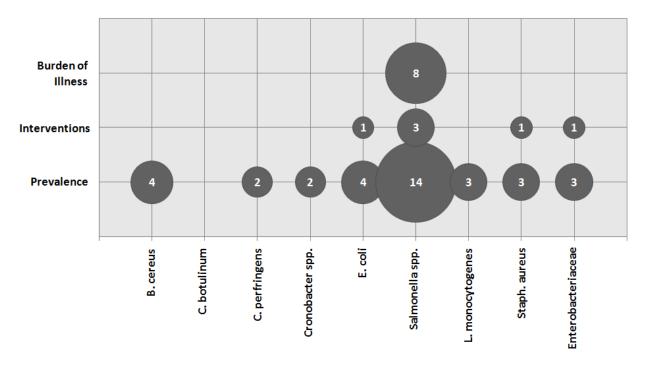
#### **Nuts and Nut Products**



Bubble size is proportional to the total number of articles and reports (Total N=95).

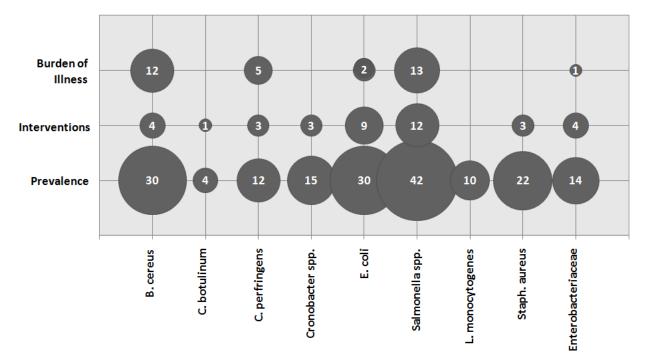
#### **Seeds for Consumption**

Bubble size is proportional to the total number of articles and reports (Total N=28).



#### Spices, Dried Herbs and Tea

Bubble size is proportional to the total number of articles and reports (Total N=129).



| Category              | Product subcategory <sup>a</sup> | Specific products/notes  |  |  |  |
|-----------------------|----------------------------------|--|--|--|--|
| Fruit/seed            | Capsicum spp.                    | Paprika, cayenne pepper, chili peppers, other hot and sweet dried capsicum peppers                                 |  |  |  |
| Piper spp.            |                                  | Black, white, green, long pepper   |  |  |  |
|                       | Apiaceae                         | Family of aromatic plants including: aniseed, caraway, celery, coriander, dill seed, fennel, chervil               |  |  |  |
|                       | Allspice                         |  |  |  |  |
|                       | Cumin                            | Also part of Apiaceae family but separated due to large amount of prevalence data available                        |  |  |  |
|                       | Nutmeg/mace                      |  |  |  |  |
|                       | Other                            | Cardamom, fungreek, mustard, sumac, star anise, ajmud,<br>Bishop's weed/ajowan, Juniper                            |  |  |  |
| Root                  | Garlic                           |  |  |  |  |
|                       | Ginger                           |  |  |  |  |
|                       | Turmeric                         |  |  |  |  |
| Other                 |                                  | Galangal, onion, asafoetida  |  |  |  |
| Herbs/leaves          | Origanum spp.                    | Oregano and marjoram   |  |  |  |
|                       | Basil                            |  |  |  |  |
| Bay leaf              |                                  |  |  |  |  |
|                       | Other                            | Mint, rosemary, parsley, sage, thyme, dill weed/leaves, African spider herb  |  |  |  |
| Bark/flower           | Cinnamon                         |  |  |  |  |
|                       | Cloves                           |  |  |  |  |
|                       | Saffron                          |  |  |  |  |
|                       | Other                            | Geranium, safflower  |  |  |  |
| Mixes/<br>unspecified | Curry powder                     |  |  |  |  |
|                       | Indian spices                    | Garam masala, tandoori   |  |  |  |
|                       | Herb mixes                       | Herbs de province, other/unspecified   |  |  |  |
|                       | Unspecified/mixed spices         |  |  |  |  |
| Teas                  | Herbal                           | Chamomile, spearmint, peppermint, lemon balm, linden flower, common nettle, St. John's wart, hibiscus, Jews mallow |  |  |  |
|                       | Other/unspecified                | Black, green, rooibos  |  |  |  |

| Appendix G: Spice Classification Table | Appendix | c G: Spice | <b>Classification</b> | 1 Table |
|--|----------|------------|-----------------------|---------|
|--|----------|------------|-----------------------|---------|

<sup>a</sup> NOTE: Raw data has been classified to this level, but prevalence summaries (and meta-analyses) presented in subsequent sections are at the category level.

#### Appendix H: Articles Reporting Non-extractable Concentration Data and Prevalence in Batch Samples for Spices, Dried Herbs and Tea

#### Articles reporting non-extractable concentration data for selected microbial hazards in spices

| Articles reporting non extractable concentr  | ation data jor selected microbian   | lazaras in spices   |
|--|---|---|
| Spices/teas investigated   | Microbial hazards investigated  | Sources   |
| Aniseed, basil, black pepper, caraway,<br>celery, coriander, cumin, dill, fennel,<br>geranium, marjoram, parsley, saffron, tea   | <i>E. coli, S. aureus, Salmonella</i><br>spp.   | Abou (2008)   |
| Ajmud, allspice, aniseed, asafoetida, black<br>pepper, Bishop's weed, caraway,<br>cardamom, chili powder, cloves, coriander,<br>cumin, fenugreek, garlic, ginger, mustard,<br>tejpat, turmeric | B. cereus, E. coli,<br>Enterobacteriaceae, S. aureus,<br>Salmonella spp.                      | Banerjee (2003)   |
| Allspice, black pepper, cinnamon, cumin, red pepper  | Enterobacteriaceae  | Beki (2008)   |
| Unspecified/mixed spices and herbs   | Enterobacteriaceae  | Baumgartner (2009)  |
| Tea - herbal   | C. botulinum  | Bianco (2008)   |
| Tea - herbal   | C. botulinum  | Bianco (2009)   |
| Bay leaves, black pepper powder, chili<br>powder, cloves, curry powder, garlic,<br>ginger, paprika, white pepper   | C. perfringens, E. coli, S. aureus,<br>Salmonella spp.  | Candlish (2001)   |
| Unspecified/mixed spices and herbs   | C. botulinum  | Carlin (2004)   |
| Red pepper   | B. cereus   | Choo (2007)   |
| Tea - herbal   | E. coli   | Cioanca (2011)  |
| Saffron  | B. cereus, C. perfringens, E. coli,<br>Enterobacteriaceae, S. aureus,<br>Salmonella spp.      | Cosano (2009)   |
| Unspecified/mixed spices and herbs   | B. cereus   | Daelman (2013)  |
| Caraway, chili powder, cloves, coriander,<br>cumin, fennel, fenugreek, garam masala,<br>ginger, mustard, nutmeg, mixed spices,<br>sumac, tandoori, turmeric                                    | B. cereus, C. perfringens   | Department of Health,<br>State Government of<br>Victoria, Australia<br>(2007) |
| Unspecified/mixed spices and herbs   | E. coli   | Dogan-Halkman<br>(2003)   |
| Black pepper   | B. cereus, E. coli, S. aureus,<br>Salmonella spp.   | Erdogdu (2013)  |
| Tea - black  | <i>B. cereus, E. coli,</i><br>Enterobacteriaceae, <i>S. aureus,</i><br><i>Salmonella</i> spp. | Favet (1992)  |
| Black pepper powder, white pepper  | B. cereus, Cronobacter spp., E.   | Freire (2002)   |

Preliminary report of FAO/WHO expert consultation on ranking of low moisture foods Appendix H: Articles Reporting Non-extractable Concentration Data and Prevalence in Batch Samples for Spices, Dried Herbs and Tea

| 162 | Apper |
|-----|-------|
| 102 | mpper |

|  | coli, S. aureus                                   |                          |
|--|---|--------------------------|
| Allspice, black pepper powder, coriander, cumin, ginger, red pepper, white pepper  | B. cereus, E. coli, S. aureus                     | Hampikyan (2009)         |
| Black pepper powder, cinnamon, chili<br>powder, masala   | S. aureus   | ljabadeniyi (2013)       |
| Unspecified/mixed spices and herbs   | Enterobacteriaceae,<br><i>Cronobacter</i> spp     | lverson (2004)           |
| Red pepper   | B. cereus, Enterobacteriaceae                     | Jeong (2010)             |
| Black pepper, cumin, peppermint, red pepper, thyme   | B. cereus, E. coli, S. aureus,<br>Salmonella spp. | Kahraman (2009)          |
| Unspecified/mixed spices and herbs   | Enterobacteriaceae                                | Kandhai (2010)           |
| Saffron  | E. coli, S. aureus                                | Khazaei (2011)           |
| Allspice, aniseed, basil, black pepper,<br>caraway, cardamom, cayenne pepper,<br>chervil, chili powder, Chinese five spice,<br>cinnamon, cloves, coriander, curcuma, curry<br>powder, dill, fennel, ginger, green pepper<br>powder, Herbs de provence, Juniper,<br>marjoram, mint, nutmeg, oregano, paprika,<br>Peruvian pepper, rosemary, saffron, sage,<br>mixed spices, sumac, tandoori, thyme,<br>white pepper | Enterobacteriaceae                                | Kneifel (1994)           |
| Unspecified/mixed spices and herbs   | B. cereus, Salmonella spp.                        | Little (2003)            |
| Red pepper   | B. cereus   | Oh (2012)                |
| Unspecified/mixed spices and herbs   | C. perfringens, E. coli                           | Osmar Aguilera (2005)    |
| Unspecified/mixed spices and herbs   | E. coli   | Rampersad (1999)         |
| Bay leaves, black pepper powder, cumin,<br>garlic, oregano   | C. perfringens                                    | Rodriguez-Romo<br>(1998) |
| Unspecified/mixed spices and herbs   | B. cereus   | Rusul (1995)             |
| Unspecified/mixed spices and herbs   | B. cereus, C. perfringens, S.<br>aureus           | Sheth (2000)             |
| Bay leaves, black pepper powder, cayenne<br>pepper, cumin, dill, mint, oregano, white<br>pepper  | Enterobacteriaceae                                | Sospedra (2010)          |
| Unspecified/mixed spices and herbs   | B. cereus   | Te Giffel (1996)         |

## Articles reporting the prevalence of selected microbial hazards in batch/shipment samples of spices

| Spices/teas investigated                         | Microbial hazards investigated                | Sources                                 |
|--|---|---|
| Unspecified/mixed spices and herbs               | Salmonella spp.                               | EFSA/ECDC (2010)                        |
| Unspecified/mixed spices and herbs               | Salmonella spp.                               | EFSA/ECDC (2011)                        |
| Unspecified/mixed spices and herbs               | Salmonella spp.                               | EFSA/ECDC (2012)                        |
| Unspecified/mixed spices and herbs               | L. monocytogenes                              | EFSA/ECDC (2013)                        |
| Unspecified/mixed spices and herbs               | B. cereus, C. perfringens, Salmonella<br>spp. | Food Safety Authority of Ireland (2005) |
| Black pepper powder, cinnamon,<br>cumin, oregano | Salmonella spp.                               | Rodriguez (1991)                        |
| Unspecified/mixed spices and herbs               | B. cereus, C. perfringens, E. coli            | Sagoo (2009)                            |
| Capsicum spp.                                    | Salmonella spp.                               | Van Doren (2013)                        |

## RANKING OF LOW MOISTURE FOODS IN SUPPORT OF MICROBIOLOGICAL RISK MANAGEMENT

#### **REPORT OF AN FAO/WHO CONSULTATION PROCESS**

Preliminary Report

30th October

2014

#### PART III - APPENDICES 2-8

# FOOD AND AGRICULTURE ORGANIZATION OF THE UNITED NATIONS

### WORLD HEALTH ORGANIZATION

2014

#### APPENDIX 2: SUMMARY OF RECALL DATA ON LOW MOISTURE FOODS

**Table A2.1:** EU-RASFF- Recall /border rejections of LMF as a result of contamination withmicrobiological hazards (2010 to June 2014) (EU, 2014)

| Product                                | Microbial hazard  | Recall-rejection frequency / year |      |      |                |      |
|--|---|-----------------------------------|------|------|----------------|------|
| category                               |   | 2010                              | 2011 | 2012 | 2013           | 2014 |
| Cereal and<br>Grains                   | Salmonella spp.   | -                                 | -    | 11   | 12             | -    |
| Granis                                 | L. monocytogenes  | -                                 | -    | -    | 1 <sup>3</sup> | -    |
|  | Bacillus cereus   | -                                 | 1 4  | -    | -              | -    |
|  | Cronobacter<br>sakazakii                                    | -                                 | -    | 15   | -              | -    |
| Confections<br>and Snacks <sup>6</sup> | Salmonella spp.   | 1                                 | -    | 1    | 1              | 1    |
| Dried Fruits<br>and                    | Salmonella spp. <sup>7</sup>                                | -                                 | 1    | 1    | 2              | 4    |
| Vegetables                             | L. monocytogenes <sup>8</sup>                               | -                                 | -    | -    | 1              | 1    |
|  | Bacillus spp.   | -                                 | -    | -    | 1              | -    |
|  | B. cereus <sup>9</sup>                                      | -                                 | -    | 2    | 2              | -    |
| Dried Protein                          | Salmonella spp. <sup>10</sup>                               | 1                                 | 1    | -    | 3              | 1    |
| products                               | Salmonella spp. +<br>Cronobacter<br>sakazakii <sup>11</sup> |                                   |      | 1    |                |      |
|  | L. monocytogenes <sup>12</sup>                              | -                                 | -    | -    | 1              | -    |

<sup>&</sup>lt;sup>1</sup>Linked to organic bread meal mix

<sup>5</sup> Linked to rice cereal for children

<sup>&</sup>lt;sup>2</sup> Linked to muesli with nuts

<sup>&</sup>lt;sup>3</sup> Linked to pasta tortellini so unclear if pasta or filling

<sup>&</sup>lt;sup>4</sup> Linked to couscous

<sup>&</sup>lt;sup>6</sup> Products included mini marshmallow, maltodextrin, galacto-oligosacaride and chocolate bar with coconut

<sup>&</sup>lt;sup>7</sup> Three recalls linked with dried black mushrooms, 1 with dried sliced mushroom, 1 with chlorella algae powder, 1 dried chlorella algae, 1 dehydrated red onions and 1 moringa powder

<sup>&</sup>lt;sup>8</sup> Both recalls linked enoki mushrooms

<sup>&</sup>lt;sup>9</sup> Recalls were linked to dried mushrooms, dried mulberries and dates.

 $<sup>^{\</sup>rm 10}$  Five recalls were linked to dry sausages, and the other two were skimmed milk powder, and soy protein product

<sup>&</sup>lt;sup>11</sup> Recall was associated with dried infant formulae

|                           |   | I. |    |    |    |   |
|---------------------------|---|----|----|----|----|---|
|                           |   |    |    |    |    |   |
| Nut and Nut<br>Products   | Salmonella spp <sup>13</sup> .                                  | 5  | 3  | 9  | 4  | 1 |
| Trouters                  | B. cereus +<br>Enterococcus <sup>14</sup>                       |    |    |    | 1  |   |
|                           | Faecal<br>Streptococci <sup>14</sup>                            | -  | -  | 6  | -  | - |
| Spices Dried<br>Herbs and | Salmonella spp.   | 3  | 14 | 21 | 14 | 9 |
| Tea <sup>15</sup>         | Bacillus cereus   | -  | 4  | 2  | 3  | 3 |
|                           | Escherichia coli  | -  | -  | -  | 1  | 1 |
|                           | C. perfringens + B.<br>cereus +<br>Salmonella                   | -  | 1  | -  | -  | - |
|                           | Enterobacteriaceae  | -  | 1  | -  | 1  | - |
| Seeds for<br>Consumption  | Salmonella spp <sup>16</sup> .                                  | 1  | 2  | 11 | 9  | 6 |
| consumption               | <i>B. cereus</i> +<br><i>Salmonella</i> +<br>Enterobacteriaceae | -  | 1  | -  | -  | - |
| Honey and<br>Preserves    | -   | -  | -  | -  | -  | - |

## **Table A2.2:** US FDA Recalls (USA market) of LMF from 2009 up to June 2014 related to microbial hazards (USFDA, 2014a)

| Product<br>category | Microbial<br>hazard            | Recall frequency / year |      |      |      |      |      |
|---------------------|--------------------------------|-------------------------|------|------|------|------|------|
| category            |                                | 2009                    | 2010 | 2011 | 2012 | 2013 | 2014 |
| Cereal and          | Salmonella spp <sup>17</sup> . | -                       | 2    | 1    |      | 2    | -    |

 $^{\rm 12}$  Recall associated with dried sausage

<sup>13</sup> 11 recalls were for pine nuts, 9 for coconut flour/desiccated coconut and 2 for hazelnuts.

<sup>14</sup> Implicated product was coconut flour/desiccated coconut

<sup>15</sup> Recalls mainly linked to of cumin, curry, oregano, black pepper, spice mix, ginger powder and basil.

<sup>16</sup> 26 of these recalls were for sesame seeds and Tahini

| Grains                      | L.                                   | -   | -  | - | 2  | - | - |
|-----------------------------|--------------------------------------|-----|----|---|----|---|---|
|                             | monocytogenes <sup>18</sup>          |     |    |   |    |   |   |
|                             |                                      |     |    |   |    |   |   |
| Confections<br>and Snacks   | Salmonella spp. <sup>19</sup>        | 4   | 12 | 1 | 17 |   | 1 |
| und Shacks                  | Bacillus cereus <sup>20</sup>        | -   | -  | 1 | -  |   | - |
|                             | C. botulinum <sup>21</sup>           | -   | -  | 2 | -  |   | - |
|                             | S. aureus <sup>22</sup>              |     | 1  |   |    |   |   |
|                             | L. monocytogenes                     | -   | -  |   | -  | 1 | - |
|                             |                                      |     |    |   |    |   |   |
| Dried Fruits                | Salmonella spp <sup>23</sup> .       | -   | 1  | - | 1  | - | - |
| / Vegetables                |                                      |     |    |   |    |   |   |
| Dried<br>Protein            | Salmonella spp. <sup>24</sup>        | 5   | 5  | 2 | 3  | - | - |
| protein                     | C. botulinum <sup>25</sup>           | -   | 2  | - | -  | - | - |
|                             |                                      |     |    |   |    |   |   |
| Nut and Nut<br>Products     | Salmonella spp. <sup>26</sup>        | 485 | 6  | 5 | 20 | 3 |   |
| Products                    | <i>E. coli</i> 0157:H7 <sup>27</sup> | -   | -  | 1 | -  | - | - |
|                             | L                                    | -   | -  | - | -  | - | 3 |
|                             | monocytogenes <sup>28</sup>          |     |    |   |    |   |   |
|                             |                                      |     |    |   |    |   |   |
| Spices, Dried<br>Herbs, Tea | Salmonella spp.                      | 5   | 20 | 2 | 5  | 1 | 7 |
| ,                           |                                      |     |    |   |    |   |   |
| Seeds for                   | Salmonella spp. <sup>29</sup>        | -   | 2  | - | 1  | 2 | 3 |

<sup>17</sup> Recalls were for cereal, baking mix and soybean flour

<sup>18</sup> Recalls were associated with popcorn and cake

<sup>19</sup> Recalls were linked to a range of products included snack mix, candy and bars containing peanut or peanut butter; corn chips, cookies, snack crackers

<sup>20</sup> Recall of cookies

<sup>21</sup> Recall of black bean tortilla

<sup>22</sup> Recall of gingerbread houses

<sup>23</sup> Recalls of vegetable soup mix and prune concentrate dietary supplement

<sup>24</sup> Recalls were of nonfat milk powder, prebiotic formula powder, kids powder dietary supplements,

powdered protein products, whey protein isolate, instant beef soup mix, gravy mix, protein bistro box <sup>25</sup> Recalls of dried fish and dried seafood products

<sup>26</sup> Almost all of the recalls were due to peanuts and pistachios contaminated with *Salmonella* spp. Many companies recalled related products containing the suspected peanut or pistachios.

<sup>27</sup> Hazelnuts and mixed nuts

<sup>28</sup> Walnuts

#### Preliminary report of FAO/WHO expert consultation on ranking of low moisture foods

| Consumption            |   |   |   |   |   |   |   |
|------------------------|---|---|---|---|---|---|---|
| Honey and<br>Preserves | - | - | - | - | - | - | - |

**Table A2.3**: US FDA Import Refusals of LMF as a result of microbial contamination frequency (USA) from 2012 up to 2014. Note that product is the most routinely sampled and tested for *Salmonella* spp.. Sampling for other microbes is determined by the product's risk category (USFDA, 2014b).

| Product category                           | Microbial hazard                                   | Refusal frequency (%) / year |      |      |  |
|--|--|------------------------------|------|------|--|
|  |  | 2012                         | 2013 | 2014 |  |
| Cereal and Grains <sup>30</sup>            | Salmonella spp.                                    | 10                           | 4    | 1    |  |
| Confections and Snacks                     | Salmonella spp.                                    | 25                           | 20   | 11   |  |
| Dried Fruits /<br>Vegetables <sup>31</sup> | Salmonella spp.                                    | 5                            | 4    | 1    |  |
| Dried Protein products                     | -  | -                            | -    | -    |  |
| Nut and Nut Products                       | Salmonella spp.                                    | 4                            | 14   | 3    |  |
|  | Vibrio cholerae <sup>32</sup>                      | 1                            | 2    | -    |  |
|  | Listeria +Salmonella<br>+V. cholerae <sup>32</sup> | -                            | 1    | -    |  |
| Spices, Dried Herbs, Tea                   | Salmonella spp.                                    | 226                          | 229  | 80   |  |

<sup>29</sup> Recalled products included chia seed powder, sesame seeds and tahini sesame paste

<sup>30</sup> Products recalled included products included instant noodles, barley flour, mixed cereal, soybean flour, grain, oat flakes, bread rolls.

<sup>31</sup> Products recalled products included dried tomatoes, dried spinach, dried berry, dried fungus and vegetables

<sup>32</sup> Linked to Coconut

| Seeds for Consumption <sup>33</sup> | Salmonella spp. | 17 | 13 | 7 |
|-------------------------------------|-----------------|----|----|---|
|                                     |                 |    |    |   |
|                                     |                 |    |    |   |
| Honey and Preserves                 | -               | -  | -  | - |
|                                     |                 |    |    |   |
|                                     |                 |    |    |   |

#### REFERENCES

EU [European Union]. 2014. Food and Feed Safety Alerts. Available at <u>http://ec.europa.eu/food/safety/rasff/index\_en.htm</u>

USFDA. 2014a. Recalls, Market Withdrawels and Safety Alerts. Available at http://www.fda.gov/Safety/Recalls/

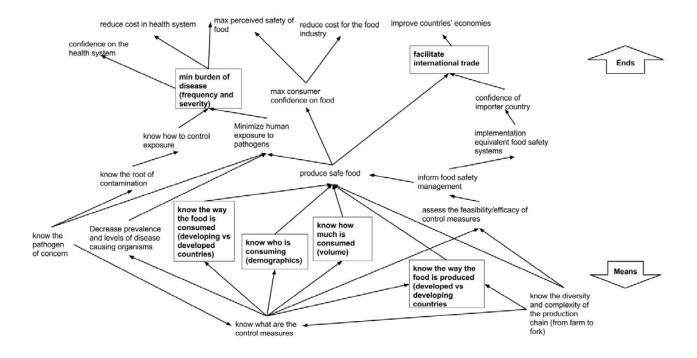
USFDA. 2014b. Import Refusals. Available at http://www.fda.gov/forindustry/importprogram/importrefusals/default.htm

<sup>&</sup>lt;sup>33</sup> Products recalled included sesame seeds, sesame seed paste, pumpkin seeds, melon seeds, and lotus seed.

#### APPENDIX 3 – TECHNICAL DETAILS OF THE MCDA RANKING APPROACH

#### STEP 1: IDENTIFICATION OF FUNDAMENTAL OBJECTIVES

The first step in the identification of fundamental objectives was the development, of a meansend network of objectives (Keeney 1996; Montibeller & Belton 2006). This helped the experts to consider the links between means available to mitigate risks (bottom of the diagram in Figure A3.1) and ends that policy makers are pursuing (top of the diagram in Figure A3.1), as well as the links between the former and the latter. For example, according to the diagram, knowing the pathogen of concern, leads to knowledge on the root of contamination, which leads to knowledge on how to control exposure, which is a means to minimise the burden of disease and, therefore increase the confidence in the health system (an ultimate objective). The objectives on the top, with only in-arrows, are ultimate objectives to be achieved by an adequate management of LMF risks, which are reducing the cost of the health systems, confidence in the health system and perceived safety of food, reducing costs to the food industry and improving countries' economies. As can be seen in Figure A3.1 below, four fundamental objectives in terms of achieving these have been identified. These are minimizing the burden of foodborne disease, facilitating international trade and several descriptors relating to production and consumption of the food.



#### FIGURE A3.1. MEANS-END NETWORK OF OBJECTIVES FOR MANAGING LMF RISKS.

#### STEP 2: DEFINITION OF EVALUATION CRITERIA

The evaluation criteria associated with the fundamental objectives must observe a strict set of properties, to enable a quantitative multi-criteria value model to be built up (Keeney 1996; Belton & Stewart 2002; Franco & Montibeller 2011), which were checked in this step of the project:

- *Essential and Complete*. They should consider all the fundamental objectives involved in the evaluation.
- *Understandable*. They should have a clear meaning for all the members of the expert group involved in the evaluation.
- *Operational*. It should be possible to gather evidence about the options being assessed.
- *Non-redundant*. They should not measure the same concern twice.
- *Concise*. It should be the smallest number of objectives required for the analysis.
- *Preferentially independent*. If it is possible to measure the performance of options on one criterion disregarding their performance on all other criteria, then a simple weighted sum can be used to aggregate the impacts.

#### STEP 3: DEFINITION OF ATTRIBUTES

There were two types of attributes employed in this ranking exercise:

- *Natural attributes*: they measure directly the concern expressed by the objective, are of general use and have a common interpretation (e.g US\$ billion/year of trade for assessing the fundamental objective International Trade).
- Proxy attributes: they measure indirectly the concern expressed by the fundamental objective, by assessing the degree of achievement of its associated means objective (e.g. proportion without a kill step to assess the vulnerability of a LMF category to contamination during food production).

Whenever available natural attributes were used, as they reduce the ambiguity of the assessment and measure directly the concern expressed by the fundamental objective (Keeney & Gregory 2005). Proxy attributes were carefully selected or developed to assess as directly as possible the impact of concern.

#### STEP 4: EVIDENCE GATHERING ABOUT IMPACTS

Details of data and evidence collection and use are provided in Appendices 4 to 7.

#### STEP 5: EVALUATION OF NORMALISED IMPACTS

The scale for measuring the normalised impact of each LMF category on every attribute was normalised between 0 (for the lowest impact) to 100 (for the highest impact). This is therefore a linear function, with the properties associated with multi-attribute value theory (Dyer & Sarin 1979).

#### STEP 6: ELICITATION OF CRITERIA WEIGHTS

#### Elicitation of the Weights for Sub-Criteria under Food Consumption (C3)

The experts were presented with a set of hypothetical LMF categories (notice that these categories might not exist in practice) as shown in Figure A3.2, considering the lower and upper bound of each attribute. For example, the hypothetical LMF category Y1 has the highest (H) level on the Average Serving sub-criteria (C3.1) and the lowest (L) level on all the other criteria. The LMF category Y0 has all impacts at the lowest level.

The hypothetical LMF category with all impacts at the lowest level (Y0) receives a score of zero (swing weight  $SW_{3.0} = 0$ ). Participants were asked to identify among the other hypothetical LMF categories (Y1, Y2, or Y3) which one had the most serious impact. Two categories were selected by them – Y1 and Y2 – and thus received a score of 100 (baseline swing weights):  $SW_{3.1} = 100$ ;  $SW_{3.2} = 100$ . The baseline swing weight of the next category (Y3) was defined within these two extreme anchors by the group as  $SW_{3.3} = 30$ .

These baseline swing weights (SW's) are then normalised into baseline weights (w's) so they sum up 1 as follows:  $w_{31} = SW_{31}/\sum SW_{3i} = 100/230 = 43.5\%$ ;  $w_{32} = SW_{32}/\sum SW_{3i} = 100/230 = 43.5\%$ ;  $w_{33} = SW_{33}/\sum SW_{3i} = 30/230 = 13.0\%$ .

There were some differences of opinions among experts in their individual estimates, with the ranges defined as:  $SW_{3,1} = [70,100]$ ;  $SW_{3,2} = [70,100]$ ;  $SW_{3,3} = [30,70]$ . For the normalised weights the equivalent ranges were therefore:  $w_{31} = [35.0\%, 43.5\%]$ ;  $w_{32} = [35.0\%, 43.5\%]$ ;  $w_{33} = [13.0\%, 25.9\%]$ . The ranges are obtained when a certain SW is altered (e.g.  $SW_{3,1}$  is changed from 100 to 70) keeping the other SWs (e.g.  $SW_{3,2}$  and  $SW_{3,3}$ ) constant.

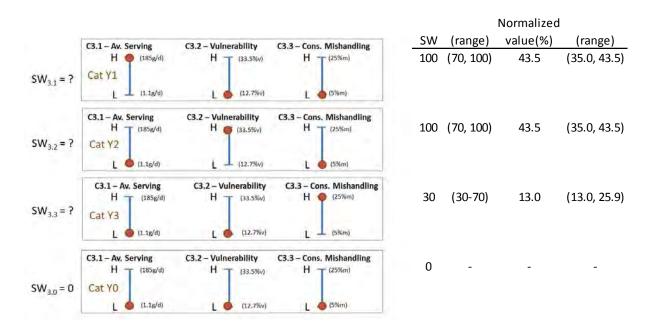


FIGURE A3.2. HYPOTHETICAL LMF CATEGORIES FOR THE ELICITATION OF WEIGHTS FOR THE SUB-CRITERIA UNDER C3.

#### Elicitation of the Weights for Sub-Criteria under Food Production (C4)

The same procedure detailed above was employed for eliciting the weights for the sub-criteria under the Food Production Criterion (C4). The experts were presented with a set of hypothetical LMF categories as shown in Figure A3.3, considering the lower and upper bound of each attribute.

The hypothetical LMF category Z0 received a swing weight of zero (SW<sub>4.0</sub> = 0). The experts were asked to identify among the other hypothetical LMF categories (Z1, Z2, or Z3) which one has the most serious impact. The category Z3 was selected and thus the baseline swing weight set as SW<sub>4.3</sub> = 100. The second most serious category was, according to the group, Z2 and the baseline swing weight was defined by the experts as SW<sub>4.2</sub> = 70. The third most serious category was Z1 with the baseline swing weight defined by the group as SW<sub>4.1</sub> = 40.

These baseline swing weights were then normalised into baseline weights so they sum up 1 as follows:  $w_{41} = SW_{41}/\sum SW_{4i} = 40/210 = 19.0\%$ ;  $w_{42} = SW_{42}/\sum SW_{4i} = 70/210 = 33.3\%$ ;  $w_{43} = SW_{43}/\sum SW_{4i} = 100/210 = 47.6\%$ .

There were some differences of opinions among experts, regarding the swings for the first and second sub-criterion with the ranges defined as:  $SW_{4.1} = [30, 50]$ ;  $SW_{4.2} = [60, 80]$ . For the normalised weights the equivalent ranges were therefore:  $w_{4.1} = [15.0\%, 22.7\%]$ ;  $w_{4.2} = [30.0\%, 36.4\%]$ .

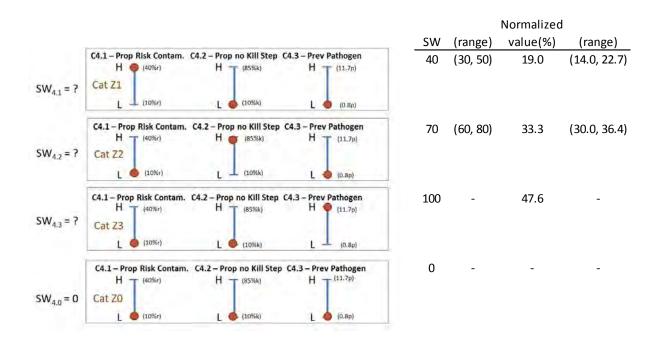


FIGURE A3.3. HYPOTHETICAL LMF CATEGORIES FOR THE ELICITATION OF WEIGHTS FOR THE SUB-CRITERIA UNDER C4.

#### ELICITATION OF THE WEIGHTS FOR THE MAIN CRITERIA

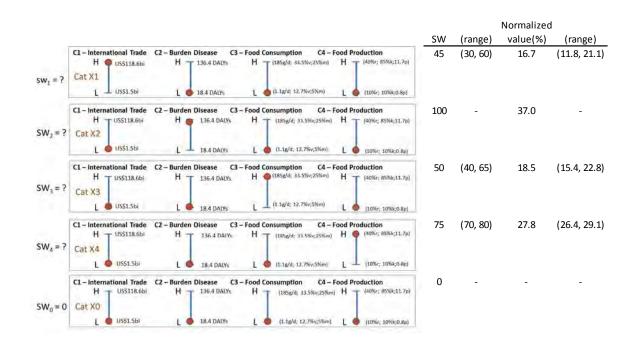
The same procedure was employed for eliciting the weights for the four main criteria of the model. The experts were presented with a set of hypothetical LMF category as shown in Figure A3.4, considering the lower and upper bound of each attribute.

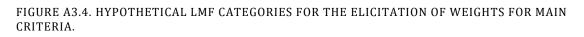
The hypothetical LMF category X0 received a swing weight of zero (SW $_0$  = 0). Participants were asked to identify among the other hypothetical LMF categories (X1, X2, X3, or X4) which one had

the most serious impact. Category X2 was selected by the experts and thus the baseline swing weight set as  $SW_2 = 100$ . The second most serious category according to them was X4 and the baseline swing weight was defined by the experts as  $SW_4 = 75$ . The third most serious category was X3 with the baseline swing weight defined by them as  $SW_3 = 50$ . The fourth most serious category was X1 with the baseline swing weight of  $SW_1 = 45$  by the group.

These baseline swing weights were then normalised into baseline weights:  $w_1 = SW_1/\sum SW_i = 45/270 = 16.7\%$ ;  $w_2 = SW_2/\sum SW_i = 100/270 = 37.0\%$ ;  $w_3 = SW_3/\sum SW_i = 50/270 = 18.5\%$ ;  $w_4 = SW_4/\sum SW_i = 75/270 = 27.8\%$ .

There were some differences of opinions among experts, regarding the swings for the first, third and fourth criteria, with the ranges defined as:  $SW_1 = [30, 60]$ ;  $SW_3 = [40, 65]$ ;  $SW_4 = [70, 80]$ . For the normalised weights the equivalent ranges were therefore:  $w_1 = [11.8\%, 21.1\%]$ ;  $w_3 = [15.4\%, 22.8\%]$ ;  $w_4 = [26.4\%, 29.1\%]$ .





#### STEP 8 ROBUSTNESS ANALYSIS

#### SENSITIVITY TO CRITERIA WEIGHTS – SUB-CRITERIA OF THE MODEL

We first analyse the three sub-criteria that decompose Criterion C3 (Food Consumption), followed by the three sub-criteria that decompose Criterion C4 (Food Production). We start with the former sub-criteria.

Figure A3.5 presents a sensitivity analysis of the overall normalised impact of every LMF category as the weight of Criterion C3.1 (Average Serving) is ranged from 0 to 100%. The baseline weight of this criterion in the model is  $w_{3.1} = 43.5$  % as indicated by the red vertical dashed line. If the weight of this criterion were further increased, to the right of the red vertical

dashed line, Cat 1's overall normalised impact would further increase. However, if the weight of this criterion were decreased, there is a point where Cat 1 intersects with Cat 4 (point (5): w'<sub>3.1</sub> = 31.0%). Any further reduction of weight beyond this point (5) should lead to the selection of Cat 4. Notice that the range of weights provide by the experts for this criterion (w<sub>31</sub> = [35.0%,43.5%]) is above point (5), thus maintaining Cat 1 as the highest scored category.

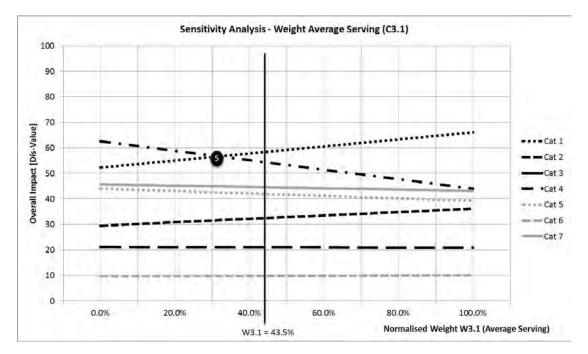


FIGURE A3.5. SENSITIVITY ANALYSIS FOR THE WEIGHT OF CRITERION C3.1 (AVERAGE SERVING).

Figure A3.6 presents a sensitivity analysis of the overall normalised impact of every LMF category as the weight of Sub-Criterion C3.2 (Vulnerability of Consumers) is ranged from 0 to 100%. The baseline weight of this criterion in the model is  $w_{3,2} = 43.5\%$  and is indicated by the red vertical dashed line. If the weight of this criterion were increased, to the right of the red vertical dashed line, there is a point where Cat 1 intersects with Cat 4 (point (6):  $w'_{3,2} = 55.8\%$ ). If the weight of this criterion were further increased beyond this point (6), Cat 4 should be selected. For any level below point (6), Cat 1 remains the highest in the rank. Notice that the range of weights provide by the experts for this criterion ( $w_{32} = [35.0\%, 43.5\%]$ ) is below point (6), thus maintaining Cat 1 as the highest scored category.

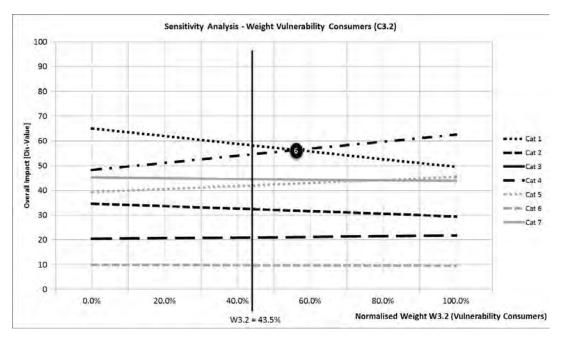


FIGURE A3.6. SENSITIVITY ANALYSIS FOR THE WEIGHT OF CRITERION C3.2 (VULNERABILITY CONSUMERS).

Figure A3.7 presents a sensitivity analysis of the overall normalised impact of every LMF category as the weight of Sub-Criterion C3.3 (Consumer Mishandling) is ranged from 0 to 100%. The baseline weight of this criterion in the model is  $w_{3.3} = 13.0\%$  and is indicated by the red vertical dashed line. If the weight of this criterion were increased, to the right of the red vertical dashed line, there is a point where Cat 1 intersects with Cat 4 (point ⑦: w'\_{3.3} = 69.2\%). If the weight of this criterion were further increased beyond this point ⑦, Cat 4 should be selected. For any level below point ⑦, Cat 1 remains the highest in the rank. Notice that the range of weights provided by the experts for this criterion ( $w_{33} = [13.0\%, 25.9\%]$ ) is below point ⑦, thus maintaining Cat 1 as the highest scored category.

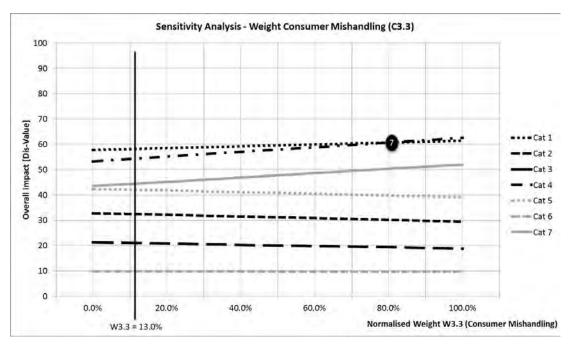


FIGURE A3.7. SENSITIVITY ANALYSIS FOR THE WEIGHT OF CRITERION C3.3 (CONSUMER MISHANDLING).

We will now analyse the three sub-criteria that decompose Criterion C4 (Food Production).

Figure A3.8 presents a sensitivity analysis of the overall normalised impact of every LMF category as the weight of Sub-Criterion C4.1 (Risk of Contamination) is ranged from 0 to 100%. The baseline weight of this criterion in the model is  $w_{4.1} = 19.0\%$  and is indicated by the red vertical dashed line. If the weight of this criterion were increased, to the right of the red vertical dashed line, there is a point where Cat 1 intersects with Cat 4 (point (a): w'\_{4.1} = 42.3\%). If the weight of this criterion were further increased beyond this point (b), Cat 4 should be selected. For any level below point (b), Cat 1 remains the highest in the rank. Notice that the range of weights provided by the experts for this criterion ( $w_{41} = [15.0\%, 22.7\%]$  is below point (b), thus maintaining Cat 1 as the highest scored category.

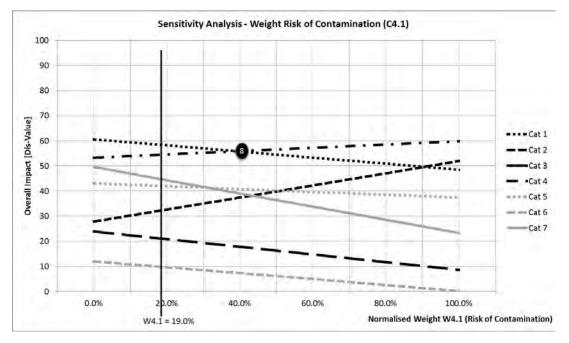


FIGURE A3.8. SENSITIVITY ANALYSIS FOR THE WEIGHT OF CRITERION C4.1 (RISK OF CONTAMINATION).

Figure A3.9 presents a sensitivity analysis of the overall normalised impact of every LMF category as the weight of Criterion C4.2 (Proportion without Kill Step) is ranged from 0 to 100%. The baseline weight of this criterion in the model is  $w_{4.2} = 33.3$ % as indicated by the red vertical dashed line. If the weight of this criterion were further increased, to the right of the red vertical dashed line, Cat 1's overall normalised impact would further increase. However, if the weight of this criterion were decreased, there is a point where Cat 1 intersects with Cat 4 (point 9:  $w'_{4.2} = 19.2\%$ ). Any further reduction of weight beyond this point 9 should lead to the selection of Cat 4. Notice that the range of weights provide by the experts for this criterion ( $w_{42} = [30.0\%, 36.4\%]$ ) is above point 9, thus maintaining Cat 1 as the highest scored category.

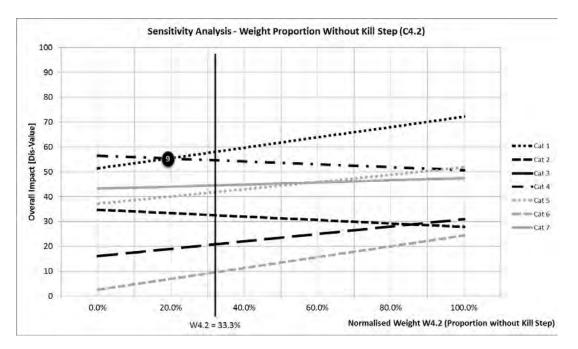


FIGURE A3.9. SENSITIVITY ANALYSIS FOR THE WEIGHT OF CRITERION C4.2 (PROPORTION WITHOUT KILL STEP).

Finally, Figure A3.10 presents a sensitivity analysis of the overall normalised impact of every LMF category as the weight of Sub-Criterion C4.3 (Presence of Pathogen) is ranged from 0 to 100%. The baseline weight of this criterion in the model is  $w_{4.3} = 47.6\%$  and is indicated by the red vertical dashed line. If the weight of this criterion were increased, to the right of the red vertical dashed line, there is a point where Cat 1 intersects with Cat 4 (point (10): w'\_{4.3} = 76.9\%). If the weight of this criterion were further increased beyond this point (10), Cat 4 should be selected. For any level below point (10), Cat 1 remains the highest in the rank. Notice that experts did not contemplate a further increase on this parameter during the elicitation of weights.

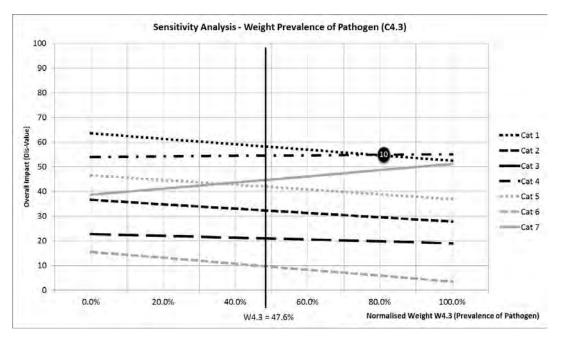


FIGURE A3.10. SENSITIVITY ANALYSIS FOR THE WEIGHT OF CRITERION C4.3 (PREVALENCE OF PATHOGEN).

These analyses of sensitivity on weights show that the ranking is quite robust to changes of priorities, with either Cat 1 or Cat 4 always being on the top position. There are no intersection points very near the baseline weights and, in all case except for Criterion 1 (Figure 3.3 of the main report), there was not a range of weights provided by the experts that reached any intersection point. (For Criterion 1, the lower bound of the range provided by experts was only slightly below the intersection point (1).)

In addition to this analysis, the four graphs for the main criteria (from Figure 3.3 to Figure 3.6 of the main report) can help the policy makers in identifying the category to be selected if their priorities increase/decrease from the baseline weights suggested by the expert group during the project.

#### SENSITIVITY TO THE ESTIMATION OF IMPACTS

An analysis of robustness considering the uncertainties about the evidence available (impacts), which was used to calculate the normalised impacts of each LMF category was also considered. (As a simplifying assumption, we are considering throughout this analysis that the criteria weights remain fixed, as the baseline weights, despite the changes in the ranges of the attributes.)

Three criteria were expert derived estimates given the lack of available data and the extensive expertise of the group. We have considered the consequence of different estimates of Most Likely (ML) values across the expert group.

For Criterion C3.3 (Consumer Mishandling) we considered the experts' baseline estimates used in the results (Table 3.4 of the main report) as well as their lower ML and upper ML estimates (Table A7.1 of Appendix 7), and calculated the overall normalised impact with these three set of inputs, as shown in Figure A3.11. The ranking for the three sets of estimates remains the same in the three set of inputs, with Cat 1 followed by Cat 4 in each case .

For Criterion C4.1 (Risk of Contamination) the experts' baseline estimates used in the results (Table 3.5 of the main report) as well as their lower ML and upper ML estimates were considered (Table A7.2 of Appendix 7), and the overall normalised impact with these three set of inputs calculated, as shown in Table A3.12. The ranking for the three sets of estimates remains the same for the baseline and upper estimates, with Cat 1 followed by Cat 4. However, the overall normalised impact of Cat 4 is slightly higher than Cat 1 when using the lower estimates.

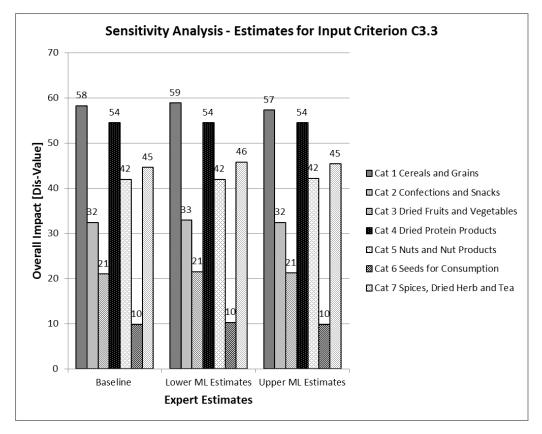


FIGURE A3.11. SENSITIVITY ANALYSIS FOR THE INPUT ESTIMATES – CRITERION C3.3.

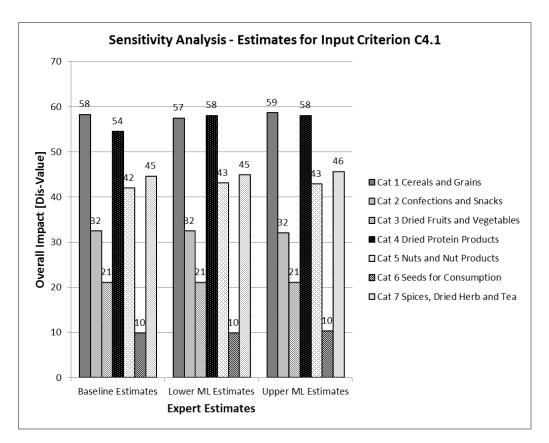
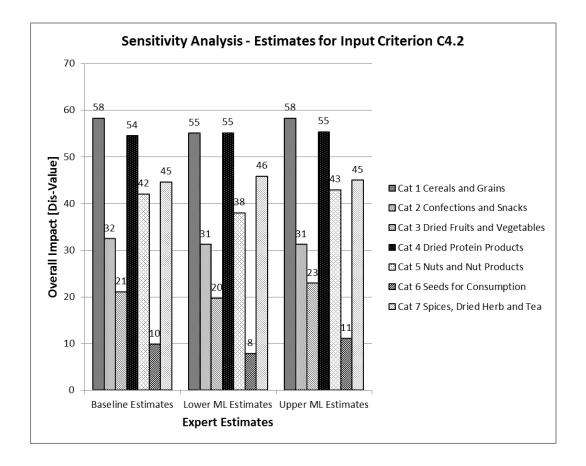


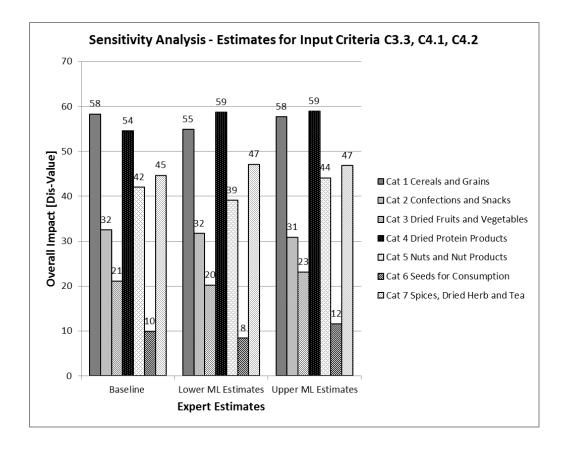
FIGURE A3.12. SENSITIVITY ANALYSIS FOR THE INPUT ESTIMATES - CRITERION C4.1.

For Criterion C4.2 (Proportion without a Kill Step) the experts' baseline estimates used in the results (Table 3.5 of the main report) as well as their lower ML and upper ML estimates were considered (Table A7.3 of Appendix 7), and calculated the overall normalised impact with these three set of inputs, as shown in Figure A3.13. The ranking for the three sets of estimates remains the same for the baseline and upper estimates, with Cat 1 followed by Cat 4. However, the overall normalised impact of Cat 4 is the same as Cat 1 when using the lower estimates.



#### FIGURE A3.13. SENSITIVITY ANALYSIS FOR THE INPUT ESTIMATES – CRITERION C4.2.

Finally, the three set of estimates together, for the Sub-Criteria C3.3, C4.1, and C4.2 we considered. The experts' baseline estimates for these three sub-criteria as well as their lower ML and upper ML estimates were employed, and the overall normalised impact with these three set of inputs calculated, as shown in Figure A3.14. Category Cat 4 is higher than Cat 1 for the lower estimates, and the former is also slightly higher than the latter for the upper estimates. This is mainly due to a wider range of estimates among experts for Cat 4 when compared with Cat 1.



#### FIGURE A3.14. SENSITIVITY ANALYSIS FOR THE INPUT ESTIMATES – CRITERIA C3.3, C4.1, AND C4.2.

Another sensitivity analysis that we conducted was on the estimates for Criterion C3.1 (Average Serving). The baseline estimates employed the mean values to calculate overall normalised impact, which we now compared with the overall results for high volume consumers (P95) (Table 3.4 of the main report). As Table A3.15 shows, there is no change of ranking if the latter estimates were used. The much wider range of normalised impacts if these estimates (high volume consumers) were employed would tend to further increase the weight of this criterion, above its baseline value ( $w_{3.1} = 43.5\%$ ). However, as analysed in Figure A3.5, an increase of its weight would not change the ranking – with Cat 1 remaining the one with the highest score. The ranking is therefore very robust to the two sets of estimates available for C3.1.

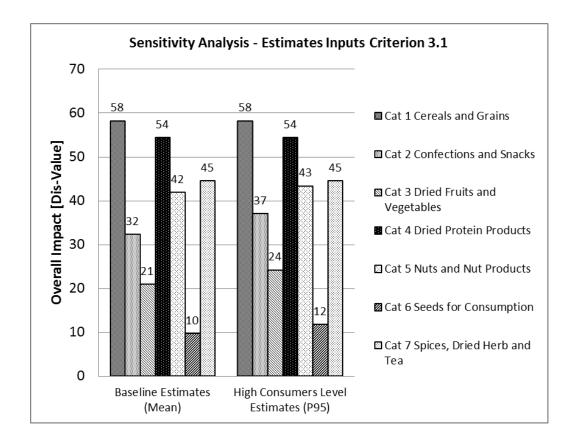


FIGURE A3.15. SENSITIVITY ANALYSIS FOR THE INPUT ESTIMATES – CRITERION C3.1.

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### APPENDIX 4: TRADE DATA

### TABLE A4.1: EXPORT VALUE IN US DOLLARS OF EACH OF THE CATEGORIES OF LMF FOR BASED ON THE DATA AVAILABLE FOR 2011 IN FAOSTAT.

| Category                         | Export value in<br>US dollars in | Comments/Limitations  |
|----------------------------------|----------------------------------|---|
|                                  | 2011 (x1000)                     |   |
| Cereals and Grains               | 118,594,636                      |   |
| Sub-categories                   |                                  |   |
|                                  |                                  | Amount adjusted to account for<br>proportion of grains going for human        |
| Unprocessed cereals              | 42,678,253                       | consumption   |
| Partly processed cereals         | 34,317,536                       |   |
| Cereal based products            | 41,598,847                       |   |
| Confections and snacks           | 58,124,835                       |   |
| Sub-categories                   |                                  |   |
| Chocolate and cocoa              | 42,465,315                       |   |
| Non-chocolate confectionary      | 9,677,740                        |   |
|                                  |                                  | Very limited data available, may be partly included in other categories       |
|                                  |                                  | (cereals and grains, dried vegetables but                                     |
| Snacks                           | 5,981,780                        | not possible to segregate out)  |
| Dried Fruits and Vegetables      | 15,211,735                       |   |
| Sub categories                   |                                  |   |
| Dried fruits                     | 5,033,350                        |   |
| Dried Vegetables                 | 10,178,385                       | includes vegetable flours   |
| Dried Protein products           | 22,800,655                       |   |
| Sub categories                   | ,,                               |   |
|                                  |                                  | Data aggregated with all preserved<br>meats and not possible to disaggregate. |
| Dried meat products              | n/a                              | Proportion meeting definition for this work considered minimal                |
| Dried dairy products             | 21,729,252                       |   |
| Dried egg products               | 305,936                          |   |
| Dried vegetable protein products | 765,467                          | Based on an assumption that 2% of total soybean production is consumed by     |

|                              |               | humans in foods .  |
|------------------------------|---------------|--|
| Dried fish products          | n/a           | Data aggregated with all preserved fish<br>and not possible to disaggregate.<br>Proportion meeting definition of this<br>work considered minimal |
|                              | 20.220.654    |  |
| Nut and nut products         | 20,338,654    |  |
| Sub categories               |               |  |
| Tues mute                    | 17.004.125    |  |
| Tree nuts                    | 17,964,125    |  |
| Ground nuts                  | 2,374,529     | Includes peanut butter   |
|                              |               | As many oils used for oil production   |
|                              |               | figure adjusted to account for this -  |
|                              |               | Based on available data 10% assumed to   |
| Seeds for consumption        | 1,150,471     | be for direct human consumption  |
|                              |               |  |
| Spices, Dried herbs and teas | 14,938,847    |  |
| Sub categories               |               |  |
| Cuises and dried house       | 7 4 5 0 4 5 0 |  |
| Spices and dried herbs       | 7,150,458     |  |
| Teas                         | 7,788,389     |  |

Data source: FAOSTAT. Available at http://faostat3.fao.org/browse/T/TP/E

Accessed June 2014

#### APPENDIX 5: CALCULATION OF DALYS

TABLE A5.1: CALCULATION OF THE DALY FOR EACH OF THE MICROORGANISMS UNDER CONSIDERATION BASED ON DALY PER 1000 CASES OF ILLNESS IN THE NETHERLAND (HAVELAAR ET AL., 2012) AND CASES OF ILLNESS PER ORGANISM AND PER LMF CATEGORY IDENTIFIED IN THE STRUCTURED SCOPING REVIEW (APPENDIX 1).

|          |                 | Cereals and |        | Confect | Confections and |         | uit and | Dried Pro | tein    |
|----------|-----------------|-------------|--------|---------|-----------------|---------|---------|-----------|---------|
|          |                 | Grains      |        | Snacks  |                 | Vegetab | les     | Products  |         |
| DALY for |                 | CASES       | TOTAL  | CASES   | TOTAL           | CASES   | TOTAL   | CASES     | TOTAL   |
| each     | Pathogens       |             | DALY   |         | DALY            |         | DALY    |           | DALY    |
| pathogen |                 |             |        |         |                 |         |         |           |         |
| 0.143    | E. coli         | 313         | 44.759 | 11      | 1.573           |         | 0       |           | 0       |
| 0.049    | Salmonella      | 257         | 12.593 | 1448    | 70.952          | 669     | 32.781  | 1589      | 77.861  |
|          | Clostridium     |             |        |         |                 |         |         |           |         |
| 1.45     | botulinum       |             | 0      |         | 0               |         | 0       | 16        | 23.2    |
| 0.0023   | Bacillus cereus | 577         | 1.3271 | 4       | 0.0092          |         | 0       |           | 0       |
|          | Clostridium     |             |        |         |                 |         |         |           |         |
| 0.0032   | perfringens     | 369         | 1.1808 |         | 0               |         | 0       |           | 0       |
|          | Staphylococcus  |             |        |         |                 |         |         |           |         |
| 0.0026   | aureus          | 152         | 0.3952 |         | 0               |         | 0       | 13606     | 35.3756 |
|          | TOTAL           | 1668.0      | 60.3   | 1463.0  | 72.5            | 669.0   | 32.8    | 15211.0   | 136.4   |

|          |                 | Nuts and | d nut  | Seeds fo | or     | Spices, c      | dried  |
|----------|-----------------|----------|--------|----------|--------|----------------|--------|
|          |                 | product  | S      | consum   | ption  | herbs and teas |        |
| DALY for |                 | CASES    | TOTAL  | CASES    | TOTAL  | CASES          | TOTAL  |
| each     | Pathogens       |          | DALY   |          | DALY   |                | DALY   |
| pathogen |                 |          |        |          |        |                |        |
| 0.143    | E. coli         | 30       | 4.29   |          | 0      | 4              | 0.572  |
|          |                 |          | 106.96 |          |        |                |        |
| 0.049    | Salmonella      | 2183     | 7      | 376      | 18.424 | 1582           | 77.518 |
|          | Clostridium     |          |        |          |        |                |        |
| 1.45     | botulinum       | 5        | 7.25   |          | 0      | 1              | 1.45   |
| 0.0023   | Bacillus cereus |          | 0      |          | 0      | 421            | 0.9683 |
|          | Clostridium     |          |        |          |        |                |        |
| 0.0032   | perfringens     |          | 0      |          | 0      | 63             | 0.2016 |
|          | Staphylococcus  |          |        |          |        |                |        |
| 0.0026   | aureus          |          | 0      |          | 0      |                | 0      |
|          | TOTAL           | 2218.0   | 118.5  | 376.0    | 18.4   | 2071.0         | 80.7   |

TABLE A5.2: TOTAL DALY FOR EACH OF THE CATEGORIES OF LMF TAKING INTO CONSIDERATION ALL OF THE MICROORGANISMS UNDER CONSIDERATION.

| SUMMARY                     | Average<br>DALY | Total cases | Total DALY |
|-----------------------------|-----------------|-------------|------------|
| Cereals and Grains          | 0.0361          | 1668        | 60.3       |
| Confections and Snacks      | 0.0496          | 1463        | 72.5       |
| Dried Fruit and Vegetables  | 0.0490          | 669         | 32.8       |
| Dried Protein Products      | 0.0090          | 15211       | 136.4      |
| Nuts and Nut Products       | 0.0534          | 2218        | 118.5      |
| Seeds                       | 0.0490          | 376         | 18.4       |
| Spices, dried herbs and tea | 0.0390          | 2071        | 80.7       |

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#### APPENDIX 6: CONSUMPTION DATA

The FAO/WHO Chronic Individual Food Consumption Database Summary Statistics (CIFOCOSS) is a preliminary concise global food consumption database, which will soon be published on FAO/WHO websites and contains summary daily intake statistics (i.e. 5th, 50th, 75th, 95th, 97.5th...) for different populations groups (i.e. toddlers, children, adolescents, adults, elderly and general population) based upon 34 food consumption surveys from at least two days of consumption conducted in 23 countries from the last 10 years (Australia, Belgium, Brazil, Bulgaria, China, Cyprus, Czech Republic, Denmark, Finland, France, Germany, Greece, Hungary, Ireland, Italy, Japan, Latvia, Netherlands, South Korea, Spain, Sweden, Thailand, United Kingdom).

This database provides summary statistics parameters of daily food consumed by population expressed at the lowest food classification level, i.e. food item level 3 (example of wheat flour classified in the broad food categories cereals and grains at level 1, appendix 1). Considering the need of the ranking exercise, it was agreed to express the consumption data at the broad food category level 1 with at least the following statistics parameters (mean whole population, median whole population, standard deviation, the 95 percentiles of consumers, the number of subjects and the % of consumers). As the raw data at the individual level was not available internally within FAO/WHO due to the format of CIFOCOSS, it was agreed that the estimates of the 95th percentile of consumers be calculated using the same guidelines as those used by JECFA (WHO, 2009.) The approach used for estimating high percentiles of exposure from all contribution food sources is based on the assumption that an individual might be a high level consumer of one food category only, and would be an average consumer of all the remaining food groups. The method consists simply of adding the highest level of exposure from one food category (calculated for high consumers only at the P95) to the mean exposure values for the remaining categories (calculated for the whole population with consumers and nonconsumers).

Moreover, in order to provide the best description of the intakes distributions for the seven categories the standard deviation (SD) was estimated assuming a log-normal distribution. First the error factor is calculated. For a lognormal distribution, it is defined as the ratio of the 95th percentile to the median. Then mathematical relationships between the mean, the error factor and the standard deviation of the underlying normal distribution (sigma) defined by the following equations are used:

- error factor=P95/median
- sigma = LOG(error factor) / 1.645
- SD=mean \* SQR(EXP(sigma ^ 2) 1)

It was noted that it was not possible to provide reliable estimates for the median and therefore for the standard deviation for some low-moisture broad food categories (i.e dried fruits and vegetables, dried protein products..) due to the low number of consumers reported in the surveys. The mean serving in grams per day for the average population as well as the amount consumed by those considered to be high consumers are based on the tables provided below.

#### I. AVERAGE SERVING

Table 1 gives a description of different population groups considered for the description of the consumption from the low-moisture broad food category as they have been reported by data

providers to WHO/FAO and as they have been used by the expert consultation group to report the description of the consumption from the low-moisture broad food category.

| Population  | Age range             | Countries with food consumption surveys covering more than one day |  |  |  |  |  |  |
|-------------|-----------------------|--|--|--|--|--|--|--|
| Toddlers    | from 12 up to and     | Belgium, Bulgaria, China*, Finland, Germany, Italy, Japan*,        |  |  |  |  |  |  |
|             | including 35 months   | Netherlands, South Korea*, Spain                                   |  |  |  |  |  |  |
|             | of age                |  |  |  |  |  |  |  |
| Children    | from 36 months up to  | Australia, Belgium, Bulgaria, Czech Republic, Denmark, Finland,    |  |  |  |  |  |  |
|             | and including 9 years | France, Germany, Greece, Italy, Latvia, Netherlands, Spain,        |  |  |  |  |  |  |
|             | of age                | Sweden   |  |  |  |  |  |  |
| Adolescents | from 10 up to and     | Australia, Belgium, Cyprus, Czech Republic, Denmark, France,       |  |  |  |  |  |  |
|             | including 17 years of | Germany, Italy, Latvia, Netherlands, Spain, Sweden                 |  |  |  |  |  |  |
|             | age                   |  |  |  |  |  |  |  |
| Adults      | from 18 up to and     | Belgium, Czech Republic, Denmark, Finland, France, Germany,        |  |  |  |  |  |  |
|             | including 64 years of | Hungary, Ireland, Italy, Latvia, Netherlands, Spain, Sweden,       |  |  |  |  |  |  |
|             | age                   | United Kingdom   |  |  |  |  |  |  |
| The elderly | from 65 years of age  | Belgium, Denmark, Finland, France, Germany, Hungary, Italy         |  |  |  |  |  |  |
|             | and older             |  |  |  |  |  |  |  |
| General     | From 24 months up to  | Australia, Belgium, Brazil, Bulgaria, China, Czech Republic,       |  |  |  |  |  |  |
| population  | over 65 years of age  | Denmark, Finland, France, Germany, Greece, Italy, Japan, Latvia,   |  |  |  |  |  |  |
|             |                       | Netherlands, South Korea, Spain, Sweden, Thailand                  |  |  |  |  |  |  |

TABLE A6.1. FOOD CONSUMPTION SURVEYS CONSIDERED FOR THE CALCULATION OF CONSUMPTION DATA OF LMF.

\*age range for those countries was up to 72 months

Table 2 summarises the range estimates of daily consumption of low moisture broad food categories at global level per population groups considered by the expert working group (in g/person)

#### TABLE A6.2. DAILY CONSUMPTION OF LMF PER POPULATION GROUPS

|   | Toddlers<br>(1-3<br>years)* | Children<br>(3-9<br>years) | Adolescents<br>(10-17 years) | Adults<br>(18-64<br>years) | Elderly<br>(>65 years) | General population<br>(all population<br>groups, 2 ->65<br>years)\$ |
|---|-----------------------------|----------------------------|------------------------------|----------------------------|------------------------|---|
| Cereals and grains  | , ,                         | , ,                        |                              | , ,                        |                        |   |
| Number of subjects  | 4432                        | 8405                       | 9870                         | 29807                      | 4056                   | 184417  |
| % of consumers  | 90                          | 95                         | 93                           | 93                         | 95                     | 93  |
| Mean whole population (g/day)                                 | 123                         | 147                        | 196                          | 193                        | 182                    | 185   |
| Median whole population(g/day)                                | 66                          | 96                         | 128                          | 121                        | 111                    | 116   |
| SD  | 166,7                       | 92,8                       | 130,5                        | 140,1                      | 112,4                  | 217,8   |
| High consumers Level (P95) (g/day)                            | 353,1                       | 249,4                      | 345,8                        | 353,1                      | 284,0                  | 537,5   |
| High consumers Level (P95) – % of population<br>(approximate) | 4.5%                        | 4.8%                       | 4.65%                        | 4.65%                      | 4.75%                  | 4.7%  |
| Confections and snacks  |                             |                            |                              |                            |                        |   |
| Number of subjects  | 4432                        | 8405                       | 9870                         | 29807                      | 4056                   | 184417  |
| % of consumers  | 66                          | 89                         | 82                           | 69                         | 57                     | 72  |
| Mean whole population (g/day)                                 | 27.4                        | 63                         | 79                           | 57                         | 35                     | 52.0  |
| Median whole population(g/day)                                | 16                          | 41                         | 34                           | 32                         | 12                     | 30  |
| SD  | 63.4                        | 184.1                      | 273.6                        | 272.9                      | 467.6                  | 224.7   |
| High consumers Level (P95) (g/day)                            | 147                         | 486                        | 476                          | 592                        | 502                    | 513   |
| High consumers Level (P95) – % of population                  |                             |                            |                              |                            |                        |   |
| (approximate)   | 3.3                         | 4.5                        | 4.1                          | 3.5                        | 2.9                    | 3.6   |
| Dried fruits and vegetables                                   |                             | 1                          |                              |                            |                        |   |
| Number of subjects  | 4432                        | 8405                       | 9870                         | 29807                      | 4056                   | 184417  |
| % of consumers  | 33                          | 30                         | 33                           | 33                         | 37                     | 36  |

| Mean whole population (g/day)                | 15.6  | 12.9  | 14.2  | 16.9  | 19.7  | 21.1   |
|--|-------|-------|-------|-------|-------|--------|
| Median whole population(g/day)               | 0.0   | 0.0   | 0.0   | 0.0   | 0.0   | 0.0    |
| SD   | -     | -     | -     | -     | -     | -      |
| High consumers Level (P95) (g/day)           | 171.8 | 221.6 | 190.3 | 294.3 | 283.8 | 295.5  |
| High consumers Level (P95) – % of population |       |       |       |       |       |        |
| (approximate)                                | 1.65  | 1.5   | 1.65  | 1.65  | 1.85  | 1.8    |
| Dried protein products                       |       |       |       |       |       |        |
| Number of subjects                           | 3283  | 3579  | 2753  | 28187 | 3766  | 160024 |
| % of consumers                               | 35    | 13    | 14    | 8     | 11    | 15     |
| Mean whole population (g/day)                | 2.9   | 0.1   | 0.1   | 0.3   | 0.2   | 1.1    |
| Median whole population(g/day)               | 0.0   | 0.0   | 0.0   | 0.0   | 0.0   | 0.0    |
| SD   | -     | -     | -     | -     | -     | -      |
| High consumers Level (P95) (g/day)           | 20.6  | 2.9   | 5.2   | 29.9  | 26.7  | 40.0   |
| High consumers Level (P95) – % of population |       |       |       |       |       |        |
| (approximate)                                | 1.75  | 0.65  | 0.7   | 0.4   | 0.55  | 0.75   |
| Honey and preserves                          |       |       |       |       |       |        |
| Number of subjects                           | 4432  | 8405  | 9870  | 29807 | 4056  | 184417 |
| % of consumers                               | 52    | 70    | 66    | 73    | 77    | 66     |
| Mean whole population (g/day)                | 8.2   | 15.4  | 20.4  | 17.6  | 16.5  | 15.5   |
| Median whole population(g/day)               | 0.1   | 5.5   | 4.4   | 5.1   | 12.2  | 5.0    |
| SD   | -     | 64.1  | -     | -     | 32.7  | -      |
| High consumers Level (P95) (g/day)           | 49.8  | 90.6  | 152.4 | 123.0 | 97.5  | 141.3  |
| High consumers Level (P95) – % of population |       |       |       |       |       |        |
| (approximate)                                | 2.6   | 3.5   | 3.3   | 3.65  | 3.85  | 3.3    |
| Nuts and nut products                        |       |       |       |       |       |        |
| Number of subjects                           | 3778  | 8405  | 9870  | 29807 | 4056  | 183763 |
| % of consumers                               | 19    | 10    | 11    | 11    | 14    | 14     |

| Mean whole population (g/day)                | 1.3  | 1.4  | 2.2   | 2.8   | 1.7   | 2.1    |
|--|------|------|-------|-------|-------|--------|
| Median whole population(g/day)               | 0.0  | 0.0  | 0.0   | 0.0   | 0.0   | 0.0    |
| SD   | -    | -    | -     | -     | -     | -      |
| High consumers Level (P95) (g/day)           | 24.2 | 74.4 | 139.2 | 143.0 | 88.4  | 131.7  |
| High consumers Level (P95) – % of population | า    |      |       |       |       |        |
| (approximate)                                | 0.95 | 0.5  | 0.55  | 0.55  | 0.7   | 0.7    |
| Seeds for consumption                        |      |      |       |       |       |        |
| Number of subjects                           | 4361 | 8405 | 9567  | 29807 | 4056  | 181332 |
| % of consumers                               | 17   | 25   | 30    | 35    | 37    | 30     |
| Mean whole population (g/day)                | 2.3  | 4.0  | 6.0   | 6.7   | 9.7   | 5.5    |
| Median whole population(g/day)               | 0.0  | 0.0  | 0.0   | 0.0   | 0.0   | 0.0    |
| SD   | -    | -    | -     | -     | -     | -      |
| High consumers Level (P95) (g/day)           | 79.4 | 85.0 | 161.2 | 151.6 | 188.0 | 179.0  |
| High consumers Level (P95) – % of populatior | า    |      |       |       |       |        |
| (approximate)                                | 0.85 | 1.25 | 1.5   | 1.75  | 1.85  | 1.5    |
| Spices, dried herbs and tea                  |      |      |       |       |       |        |
| Number of subjects                           | 4379 | 8405 | 9870  | 29807 | 4056  | 184364 |
| % of consumers                               | 59   | 61   | 69    | 81    | 80    | 69     |
| Mean whole population (g/day)                | 1.5  | 2.0  | 3.6   | 7.0   | 6.8   | 4.4    |
| Median whole population(g/day)               | 0.02 | 0.1  | 0.1   | 0.7   | 2.4   | 0.1    |
| SD   | -    | -    | -     | -     | 19.9  | -      |
| High consumers Level (P95) (g/day)           | 7.6  | 20.1 | 42.0  | 45.9  | 28.9  | 49.1   |
| High consumers Level (P95) – % of population | n    |      |       |       |       |        |
| (approximate)                                | 2.95 | 3.05 | 3.45  | 4.05  | 4     | 3.45   |

High consumers Level (P95): Estimates based on the added highest P95 consumers food group + the mean consumption value for the remaining food group from whole population.

\*China, Japan and south of Korean are included with age up to 72 months

\$: consumption figures also includes intakes from Asian countries which were reported only at the general population group

(-) could not be estimated due to the low number of consumers

(0.0) means that there is <50% of consumers

#### II. VULNERABLE CONSUMERS

The proportion of vulnerable consumers was calculated, for each category, by considering the % of total consumers that were consuming a given LMF category in the surveys against the % of vulnerable consumers (toddlers and elderly) as shown in Table 3.

TABLE A6.3. PROPORTION OF VULNERABLE CONSUMERS (TODDLERS AND ELDERLY)

|                             | Toddlers        | Children       | Adolescents      | Adults           | Elderly        | Proportion<br>Vulnerable |
|-----------------------------|-----------------|----------------|------------------|------------------|----------------|--------------------------|
|                             | (1-3<br>years)* | (3-9<br>years) | (10-17<br>years) | (18-64<br>years) | (>65<br>years) | (Toddlers<br>+ Elderly)  |
| Cereals and grains          |                 |                |                  |                  |                |                          |
| Number of subjects          | 4432            | 8405           | 9870             | 29807            | 4056           |                          |
| % of consumers              | 90              | 95             | 93               | 93               | 95             |                          |
| Consumers                   | 3988.8          | 7984.75        | 9179.1           | 27720.51         | 3853.2         |                          |
| Proportion                  | 7.60%           | 15.10%         | 17.40%           | 52.60%           | 7.30%          | 14.90%                   |
| Confections and snacks      |                 |                |                  |                  |                |                          |
| Number of subjects          | 4432            | 8405           | 9870             | 29807            | 4056           |                          |
| % of consumers              | 66              | 89             | 82               | 69               | 57             |                          |
| Consumers                   | 2925.12         | 7480.45        | 8093.4           | 20566.83         | 2311.92        |                          |
| Proportion                  | 7.10%           | 18.10%         | 19.60%           | 49.70%           | 5.60%          | 12.70%                   |
| Dried fruits and vegetables |                 |                |                  |                  |                |                          |
| Number of subjects          | 4432            | 8405           | 9870             | 29807            | 4056           |                          |
| % of consumers              | 33              | 30             | 33               | 33               | 37             |                          |
| Consumers                   | 1462.56         | 2521.5         | 3257.1           | 9836.31          | 1500.72        |                          |
| Proportion                  | 7.90%           | 13.60%         | 17.50%           | 52.90%           | 8.10%          | 16.00%                   |
| Dried protein products      |                 |                |                  |                  |                |                          |
| Number of subjects          | 3283            | 3579           | 2753             | 28187            | 3766           |                          |
| % of consumers              | 35              | 13             | 14               | 8                | 11             |                          |
| Consumers                   | 1149.05         | 465.27         | 385.42           | 2254.96          | 414.26         |                          |
| Proportion                  | 24.60%          | 10.00%         | 8.30%            | 48.30%           | 8.90%          | 33.50%                   |
| Nuts and nut products       |                 |                |                  |                  |                |                          |
| Number of subjects          | 3778            | 8405           | 9870             | 29807            | 4056           |                          |
| % of consumers              | 19              | 10             | 11               | 11               | 14             |                          |
| Consumers                   | 717.82          | 840.5          | 1085.7           | 3278.77          | 567.84         |                          |
| Proportion                  | 11.10%          | 12.90%         | 16.70%           | 50.50%           | 8.70%          | 19.80%                   |
| Seeds for consumption       |                 |                |                  |                  |                |                          |
| Number of subjects          | 4361            | 8405           | 9567             | 29807            | 4056           |                          |
| % of consumers              | 17              | 25             | 30               | 35               | 37             |                          |
| Consumers                   | 741.37          | 2101.25        | 2870.1           | 10432.45         | 1500.72        |                          |
| Proportion                  | 4.20%           | 11.90%         | 16.30%           | 59.10%           | 8.50%          | 12.70%                   |
| Spices, dried herbs and tea |                 |                |                  |                  |                |                          |
| Number of subjects          | 4379            | 8405           | 9870             | 29807            | 4056           |                          |

| % of consumers | 59      | 61      | 69     | 81       | 80     |        |
|----------------|---------|---------|--------|----------|--------|--------|
| Consumers      | 2583.61 | 5127.05 | 6810.3 | 24143.67 | 3244.8 |        |
| Proportion     | 6.20%   | 12.20%  | 16.30% | 57.60%   | 7.70%  | 13.90% |

\* Data of three countries (China, Japan and the Republic of Korea) are included with age up to 72 months.

| Cereals and                 | Confection and snacks   | Dried fruits and                             | Dried protein   | Nuts and nut               | Seeds for                 | Spices, dried herbs and tea #       |
|-----------------------------|---|--|---|----------------------------|---------------------------|-------------------------------------|
| grains<br>Banana cake       | Bullets or lollipop   | vegetables<br>Apple, dried                   | products<br>Cured (including<br>salted) and dried non-<br>heat treated<br>processed meat,<br>poultry, and game<br>products in whole<br>pieces or cuts | <b>products</b><br>Almonds | consumption<br>Anise seed | Angelica (leaves)                   |
| Barley                      | Cakes, cookies and<br>pies (e.g., fruit-filled<br>or custard types)         | Apricot, dried                               | Egg products and processed eggs   | Brazil nut                 | Borage seed               | Basil                               |
| Barley bran,<br>processed   | Cakes, cookies and<br>pies (e.g., fruit-filled<br>or custard types),<br>nes | Banana, dried                                | Milk powder and<br>cream powder (plain)   | Cashew nut                 | Caraway seed              | Basil, dry                          |
| Barley bran,<br>unprocessed | Chocolate cake  | Beans, except<br>broad bean and<br>soya bean | Smoked, dried,<br>fermented, and/or<br>salted fish and fish<br>products, including<br>mollusks,<br>crustaceans, and<br>echinoderms                    | Chestnuts                  | Coriander seed            | Bay leaves, dry                     |
| Barley flour and grits      | Cocoa beverage<br>(water-based)   | Blackberries, dried                          | Smoked, dried,<br>fermented, and/or<br>salted fish and fish<br>products, including<br>mollusks,<br>crustaceans, and<br>echinoderms, nes               | Coconut                    | Cumin seed                | Camomile or Chamomile<br>(Herb tea) |
| Bread crumbs                | Cocoa butter  | Blueberries, dried                           |   | Hazelnuts                  | Fennel seed               | Cardamom                            |

TABLE A6.4. THE TYPES OF LOW-MOISTURE FOODS INCLUDED IN EACH MAJOR FOOD CATEGORY FOR THE PURPOSES OF COMPILING THE DATA ON CONSUMPTION

| Breakfast<br>cereals, including<br>rolled oats | Cocoa mass  | Broad bean                           | Macadamia<br>nuts   | Green bean (green<br>pods and<br>immature seeds) | Celery leaves                                   |
|--|---|--------------------------------------|---|--|---|
| Buckwheat                                      | Cocoa powder  | Chick-pea                            | Peanut  | Linseed  | Chives, dry                                     |
| Buckwheat flour                                | Gum   | Cranberry, dried                     | Peanut oil an<br>butter   | d Melon seed                                     | Cilantro, leaves, dry                           |
| Bulgur wheat                                   | Honey   | Currants, dried                      | Pecan   | Mustard seed                                     | Cilantro/coriander leaves                       |
| Cake Corn                                      | Other cocoa<br>products (incl.<br>chocolate), nes   | Date, dried                          | Pine nuts   | Peas, Shelled<br>(succulent seeds)               | Cinnamon bark (incl.<br>cinnamon, chinese bark) |
| Cake manioc                                    | Popcorn   | Dates, dried or<br>dried and candied | Pistachio nut   | S Perilla seeds                                  | Cloves, buds                                    |
| Canjiquinha                                    | Potato crisps   | Dried fruit                          | Processed<br>nuts, includin<br>coated nuts<br>and nut<br>mixtures (wit<br>e.g., dried fru | h  | Dill weed raw                                   |
| Carrot cake                                    | Snacks - potato,<br>cereal, flour or starch<br>based (from roots<br>and tubers, pulses<br>and legumes)      | Dried grape                          | Sweet peanu   | Pumpkin seed                                     | Dried herbs for herbal<br>tea, nes              |
| Cassava flour                                  | Snacks - potato,<br>cereal, flour or starch<br>based (from roots<br>and tubers, pulses<br>and legumes), nes | Dried tomato                         | Tree nuts<br>processed, ne  | Sesame seed                                      | Edible flowers, nes                             |
| Cellopane<br>noodles                           | Snacks, nes   | Fig, dried                           | Tree nuts, ne   | s Soya bean<br>(immature seeds)                  | Galangal, rhizome                               |
| Cereal-based composite food                    | Sugar beet  | Goji Berry, Dried                    | Walnuts   | Sunflower seed                                   | Ginger, rhizomes                                |
| Cereal-based                                   | Sugar cane  | Green bean (green                    |   |  | Ginseng   |

| composite food, |                      | pods and immature   |  |                         |
|-----------------|----------------------|---------------------|--|-------------------------|
| nes             |                      | seeds)              |  |                         |
| Cereals grains, | Sugar cane molasse   | Haricot bean (dry)  |  | Green tea               |
| nes             |                      | [Navy bean (dry)]   |  |                         |
| Chocolate cake  | Sugar cane, nes      | Kidney bean (dry)   |  | Herbs, nes              |
| Corn Bread      | Sugar products and   | Lentil              |  | Hops, dry               |
|                 | confectionaries, nes |                     |  |                         |
| Cornmeal cake   | Sugar, nes           | Lima bean (dry)     |  | Lemon verbena (dry      |
|                 |                      | [Butter bean, Sieva |  | leaves)                 |
|                 |                      | bean]               |  |                         |
| Flours, nes     | Sweet corn, dried    | Lima bean (young    |  | Lemongrass              |
|                 |                      | pods and/or         |  |                         |
|                 |                      | immature beans)     |  |                         |
| Gingerbread     | Sweet Potato Cake    | Mango, dried        |  | Liquorice, roots        |
| Hominy /        | Yeast only           | Mangoes, dried      |  | Mace                    |
| mugunzá         |                      |                     |  |                         |
| Instant noodles |                      | Mixed dried fruits, |  | Marjoram, dry           |
|                 |                      | dried               |  |                         |
| Job's tears     |                      | Mushrooms and       |  | Maté (dry leaves) (Herb |
|                 |                      | fungi               |  | tea)                    |
| Maize           |                      | Mushrooms           |  | Mate beverage           |
|                 |                      | preserved           |  |                         |
| Maize flour     |                      | Mushrooms, dried    |  | Mints                   |
| Maize meal      |                      | Okra                |  | Mints, dry              |
| Millet          |                      | Papaya, dried       |  | Native mint             |
| Millet flour    |                      | Pear, dried         |  | Nutmeg                  |
| Oat bran,       |                      | Peas                |  | Parsley                 |
| unprocessed     |                      |                     |  |                         |
| Oatmeal         |                      | Peas, Shelled       |  | Parsley, dried          |
|                 |                      | (succulent seeds)   |  |                         |
| Oats            |                      | Pigeon pea          |  | Pepper (black, white)   |
| Orange cake     |                      | Podded pea (young   |  | Pimento, fruit          |

|  | pods)[Mangetout,<br>Sugar pea]                            |                                    |
|--|---|------------------------------------|
| Other processed<br>products (excl.<br>for infant), nes | Prunes, dried   | Rooibos leaves dry                 |
| Popcorn  | Pulses processed,<br>nes                                  | Rosemary                           |
| Porridge   | Pulses , nes  | Rosemary, dry                      |
| Quinoa   | Pulses, oilseed and<br>treenuts-based<br>composite food   | Saffron                            |
| Rice (excl. Wild)                                      | Raisins, dried  | Sage and related salvia<br>species |
| Rice (excl. Wild),<br>nes                              | Raspberries, Red,<br>Black, dried                         | Sage, dry                          |
| Rice bran,<br>unprocessed                              | Seaweed, nes  | Salt                               |
| Rice cake  | Soya bean   | Tarragon                           |
| Rice flour   | Soya bean<br>(immature seeds)                             | Tea and mate beverages, nes        |
| Rice pastas and<br>noodles and like<br>products        | Strawberry, dried   | Tea infused, beverage              |
| Rice pastas and<br>noodles and like<br>products, nes   | Sultanas, dried   | Tea, dried leaves                  |
| Rye  | Tomato, dried   | Thyme                              |
| Rye bread  | Vine fruits<br>(currants, raisins<br>and sultanas), dried | Thyme, dry                         |
| Rye flour  |   | Turmeric, root                     |
| Sorghum  |   | Vanilla beans                      |

| Soy Flour       |      |  | Vietnamese mint |
|-----------------|------|--|-----------------|
| Sweet corn,     |      |  |                 |
| dried           |      |  |                 |
| Sweet Potato    |      |  |                 |
| Cake            |      |  |                 |
| Tapioca cake    |      |  |                 |
| Tapioca flour   |      |  |                 |
| Triticale       |      |  |                 |
| Wheat           |      |  |                 |
| Wheat bran,     |      |  |                 |
| processed       |      |  |                 |
| Wheat flour     |      |  |                 |
| Wheat germ      |      |  |                 |
| Wheat pastas    |      |  |                 |
| and noodles and |      |  |                 |
| like products   |      |  |                 |
| Wheat pastas    |      |  |                 |
| and noodles and |      |  |                 |
| like, nes       |      |  |                 |
| products        | <br> |  |                 |
| Wheat white     |      |  |                 |
| bread           | <br> |  |                 |
| Wheat           |      |  |                 |
| wholemeal       |      |  |                 |
| bread           |      |  |                 |
| Wild rice       |      |  |                 |
| Yam cake        |      |  |                 |

# A dilution factor of 20 was applied to beverage reported as consumed in order to obtain the consumption of herbs or tea expressed as dry matter (i.e tea infused)

Nes=-not specified elsewhere

#### References

WHO, (2009). 2009: Principles and methods for the risk assessment of chemicals in food, Environmental Health Criteria (EHC) 240. (IPCS).

#### APPENDIX 7: ELICITATION SURVEY AND RESULTS

#### Objectives

The purpose of this survey is to elicit information on three parameters relevant to the ranking of LMF. Questions 1 and 2 below are relevant to the definition of the criterion on Production. The production criterion has been characterized by three variables a) the prevalence of pathogens in the specific categories of LMF b) the proportion of foods in a category subject to a kill step and c) the proportion of foods in the categories to which ingredients are added after the kill step. Inputs for b and c are dependent on expert judgement and questions 1 and 2 below relate to these. Question 3 is relevant to the definition of the criterion on consumption and aims to capture the impact of mishandling by the food handler or consumer after the retail stage.

#### Questions and guidance to the experts in the elicitation process

## **1.** Proportion (in terms of amount of product produced<sup>34</sup>) of low moisture food products in a given category subject to a kill step (see definition below) prior to retail and distribution

For the purposes of characterizing this parameter a kill step is defined as follows: a process applied to a food or food ingredient with the aim of minimizing public health hazards from pathogenic microorganisms. The process step would likely not inactivate all microorganisms present, but it should reduce the number of harmful ones to a level at which they do not constitute a significant health hazard. Although not originally intended as a kill step, processes such as roasting or extrusion cooking of LMF may also contribute to reducing numbers of harmful microorganisms which might be present. Regardless of the origin of the process step, all the processes which are used as a kill step must be validated to ensure that they are delivering the intended effect. In the absence of validation such processes should not be considered as a specific kill step. Examples of a kill step could include validated processes of: applying heat or other means of inactivation when the food or ingredient has a high water activity (e.g. cooking meat, pasteurizing liquids etc. before drying), increasing the water activity and applying heat (steam pasteurization of nuts, spices etc. sometimes combined with roasting), applying dry heat [to lower water activity foods or food ingredients] (validated roasting, baking, toasting etc.), applying other inactivation methods such as: UV, infrared, pulsed light, chemicals, irradiation etc.

### 2. Proportion (in terms of amount of product produced<sup>34</sup>) of low moisture food products in a given category with an increased risk of contamination post kill step

This is defined as those low moisture food products to which there is addition or combining of ingredients after the kill step which would present an opportunity for contamination of the product.

<sup>&</sup>lt;sup>34</sup> produced for human consumption

## 3. Proportion (of the product which is sold for human consumption<sup>35</sup>) of low moisture food products in a given category with an increased risk as a result of mishandling/poor practices at any time between final retail and consumption

For the purposes of characterizing this parameter please note the following:

the increased risk is only related to an increase in the intrinsic microbial population
the potential for cross-contamination or contamination from extrinsic sources is not considered

#### **Important notes**

Values are requested for the most likely (median) proportion of food in a given category that may be subject to a kill step, post kill step contamination or poor practices during food preparation that would lead to an increased risk.

The proportion can be expressed as % i.e. a number between 1 and 100.

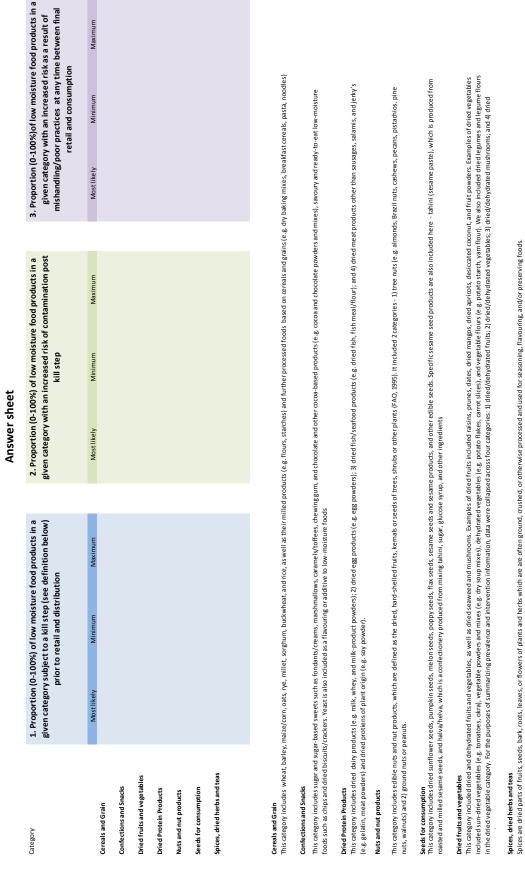
The minimum proportion and the maximum proportion of food within each of these categories should also be provided.

The three values provided do not have to add up to 100.

Values should be provided at the category level taking into account the range of products within each category.

Data on global production of each of the categories is limited and only available at the raw commodity level so this could not be provided. However the values of the different categories and where feasible sub categories within those categories are provided in a separate spread sheet for use as appropriate.

<sup>&</sup>lt;sup>35</sup> For ease of completion this can also be considered in terms of the amount of product produced for human consumption



#### FIGURE A7.1 ELICITATION SURVEY SPREADSHEET

#### **RESULTS OF THE ELICITATION PROCESS**

The most likely values provided by each of the experts for each of the three questions are provided below. The median values of these were used in the ranking exercise.

## **1.** Proportion (in terms of amount of product produced<sup>36</sup>) of low moisture food products in a given category subject to a kill step (see definition below) prior to retail and distribution

TABLEA7.1. EXPERT ESTIMATES FOR CRITERION 4.2 PROPORTION WITHOUT A KILL STEP (MOST LIKELY VALUES).

| Food Category                | Expert<br>1 | Expert<br>2 | Expert<br>3 | Expert<br>4 | Expert<br>5 | Lower<br>Estimate | Upper<br>Estimate | Median | Average | SD   |
|------------------------------|-------------|-------------|-------------|-------------|-------------|-------------------|-------------------|--------|---------|------|
| Confections and Snacks       | 5           | 35          | 20          | 20          | 3           | 3                 | 35                | 20     | 16.6    | 13   |
| Dried fruits and vegetables  | 90          | 70          | 70          | 80          | 50          | 50                | 90                | 70     | 72      | 14.8 |
| Dried Protein Products       | 15          | 40          | 10          | 10          | 8           | 8                 | 40                | 10     | 16.6    | 13.3 |
| Nuts and nut products        | 10          | 70          | 50          | 60          | 30          | 10                | 70                | 50     | 44      | 24.1 |
| Seeds for consumption        | 50          | 75          | 70          | 75          | 90          | 50                | 90                | 75     | 72      | 14.4 |
| Spices, dried herbs and teas | 75          | 80          | 75          | 75          | 85          | 75                | 85                | 75     | 78      | 4.5  |

### 2. Proportion (in terms of amount of product produced<sup>36</sup>) of low moisture food products in a given category with an increased risk of contamination post kill step

TABLE A7.2. EXPERT ESTIMATES FOR CRITERION 4.1 INCREASED RISK OF CONTAMINATION (MOST LIKELY VALUES).

| Food Category                | Expert<br>1 | Expert<br>2 | Expert<br>3 | Expert<br>4 | Expert<br>5 | Lower<br>Estimate | Upper<br>Estimate | Median | Average | SD   |
|------------------------------|-------------|-------------|-------------|-------------|-------------|-------------------|-------------------|--------|---------|------|
| Confections and Snacks       | 40          | 15          | 10          | 40          | 70          | 10                | 70                | 40     | 35      | 24   |
| Dried fruits and vegetables  | 1           | 20          | 10          | 10          | 1.5         | 1                 | 20                | 10     | 8.5     | 7.8  |
| Dried Protein Products       | 10          | 25          | 20          | 10          | 73.6        | 10                | 73.6              | 20     | 27.72   | 26.5 |
| Nuts and nut products        | 3           | 30          | 25          | 10          | 10.5        | 3                 | 30                | 10.5   | 15.7    | 11.3 |
| Seeds for consumption        | 1           | 20          | 25          | 10          | 9           | 1                 | 25                | 10     | 13      | 9.5  |
| Spices, dried herbs and teas | 10          | 30          | 15          | 5           | 1.5         | 1.5               | 30                | 10     | 12.3    | 11.1 |

<sup>36</sup> produced for human consumption

# 3. Proportion (of the product which is sold for human consumption<sup>37</sup>) of low moisture food products in a given category with an increased risk as a result of mishandling/poor practices at any time between final retail and consumption

| Food Category                  | Expert<br>1 | Expert<br>2 | Expert<br>3 | Expert<br>4 | Expert<br>5 | Lower<br>Estimate | Upper<br>Estimate | Median | Average | SD   |
|--------------------------------|-------------|-------------|-------------|-------------|-------------|-------------------|-------------------|--------|---------|------|
| Cereals and Grain              | 10          | 30          | 20          | 5           | 30          | 5                 | 30                | 20     | 19      | 11.4 |
| Confections and Snacks         | 1           | 8           | 10          | 5           | 2           | 1                 | 10                | 5      | 5.2     | 3.8  |
| Dried fruits and<br>vegetables | 1           | 15          | 15          | 5           | 5           | 1                 | 15                | 5      | 8.2     | 6.4  |
| Dried Protein Products         | 70          | 25          | 20          | 5           | 70          | 5                 | 70                | 25     | 38      | 30.1 |
| Nuts and nut products          | 0           | 15          | 10          | 5           | 1           | 0                 | 15                | 5      | 6.2     | 6.3  |
| Seeds for consumption          | 1           | 10          | 10          | 5           | 1           | 1                 | 10                | 5      | 5.4     | 4.5  |
| Spices, dried herbs and teas   | 60          | 15          | 20          | 5           | 10          | 5                 | 60                | 15     | 22      | 22   |

TABLEA7.3. EXPERT ESTIMATES FOR CRITERION 3.3 CONSUMER MISHANDLING (MOST LIKELY VALUES).

<sup>&</sup>lt;sup>37</sup> For ease of completion this can also be considered in terms of the amount of product produced for human consumption

#### **APPENDIX 8: CALCULATION OF PREVALENCE**

There was a strong desire during the consultation process to base the inputs to the ranking on available evidence where possible. In this context there was much discussion on how the data on prevalence collected during the knowledge synthesis could be used. There were some concerns about the representativeness of the data and in some cases the limited number of studies that had been undertaken. As a result it was decided to consider the data for a selected number of pathogens only where there were the greatest number of studies and so there could be more confidence in the data. Details of the organisms considered, the reported prevalence data and the corrected prevalence data are provided in Table A8.1. The correction factors and their basis applied to toxin producers within each of the categories are presented in Table A8.2.

TABLE A8.1. OVERVIEW OF PREVALENCE DATA FROM KNOWLEDGE SYNTHESIS AND AFTER APPLICATION OF CORRECTION FACTORS TO ACCOUNT FOR LEVELS ABOVE A CERTAIN THRESHOLD OF TOXIN PRODUCERS BEFORE A RISK OF ILLNESS EXISTS.

|                             | Expert Judgement | Prevalence from knowledge synthesis | Prevalence of pathogen contamination above specified<br>thresholds (Prevalence (%) from KS * correction factors<br>in the table below (Table A8.2)) |
|-----------------------------|------------------|-------------------------------------|---|
| Cereals and Grains          |                  |                                     |   |
| B. cereus                   |                  | 38.5                                | 3.47  |
| C. Perfringens              |                  | 4.5                                 | 0.05  |
| S. aureus                   |                  | 4.0                                 | 0.21  |
| Salmonella spp              |                  | 0.7                                 | 0.70  |
| Overall- middle             | 5.5              | 9.5                                 | 3.94  |
| min                         |                  |                                     | 3.47  |
| max                         |                  |                                     | 4.42  |
|                             |                  |                                     |   |
| Confections and Snacks      |                  |                                     |   |
| B. cereus                   |                  | 19                                  | 1.90  |
| C. Perfringens              |                  | 0                                   | 0.00  |
| S. aureus                   |                  | 0.5                                 | 0.03  |
| Salmonella spp              |                  | 0.6                                 | 0.60  |
| Overall- middle             | 0.2              | 4.02                                | 2.21  |
| min                         |                  |                                     | 1.90  |
| max                         |                  |                                     | 2.53  |
|                             |                  |                                     |   |
|                             |                  |                                     |   |
| Dried Fruits and Vegetables |                  |                                     |   |
| B. cereus                   |                  | 76.3                                | 3.82  |
| C. Perfringens              |                  | 0                                   | 0.00  |

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| S. aureus              |                     | 1.7  | 0.05 |
|------------------------|---------------------|------|------|
| Salmonella spp         |                     | 2.0  | 2.00 |
| Overall- middle        | 4.8                 | 20.0 | 4.84 |
| mir                    | 1                   |      | 3.82 |
| max                    | (                   |      | 5.86 |
|                        |                     |      |      |
| Dried Protein Products |                     |      |      |
| B. cereus              |                     | 31.5 | 2.52 |
| Salmonella spp         |                     | 0.03 | 0.03 |
| Overall- middle        | 0.1                 | 0.03 | 2.54 |
| mir                    |                     | 0.0  | 2.54 |
| max                    |                     |      | 2.52 |
| 1110/                  |                     |      | 2.33 |
|                        |                     |      |      |
| Nuts and Nut Products  |                     |      | 0.07 |
| B. cereus              |                     | 7.3  | 0.37 |
| C. Perfringens         |                     | 0    | 0.00 |
| S. aureus              |                     | 0    | 0.00 |
| Salmonella spp         |                     | 0.6  | 0.60 |
| Overall- middle        | 1.2                 | 1.6  | 0.78 |
| mir                    |                     |      | 0.60 |
| max                    |                     |      | 0.97 |
|                        |                     |      |      |
|                        | all data relates to |      |      |
|                        | sesame seed and     |      |      |
|                        | sesame seed         |      |      |
| Seeds for Consumption  | products            |      |      |
| B. cereus              |                     | 6.7  | 0.34 |

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| C. Perfringens              |   | 0    | 0.00  |
|-----------------------------|---|------|-------|
| S. aureus                   |   | 0    | 0.00  |
| Salmonella spp              |   | 1.9  | 1.90  |
| Overall- middle             | 2 | 1.7  | 2.07  |
| min                         |   |      | 1.90  |
| max                         |   |      | 2.24  |
|                             |   |      |       |
|                             |   |      |       |
| Spices, Dried Herbs and Tea |   |      |       |
| B. cereus                   |   | 24.5 | 9.56  |
| C. Perfringens              |   | 11.4 | 0.11  |
| S. aureus                   |   | 4.9  | 1.12  |
| Salmonella spp              |   | 3    | 3.00  |
| Overall- middle             | 7 | 8.76 | 11.67 |
| min                         |   |      | 9.56  |
| max                         |   |      | 13.79 |
|                             |   |      |       |

TABLE A8.2. OVERVIEW OF CORRECTION FACTORS APPLIED TO TOXIN PRODUCERS IN EACH OF THE CATEGORIES TO ACCOUNT FOR THE NEED TO REACH A THRESHOLD BEFORE THE POSSIBILITY TO CAUSE ILLNESS EXISTS

| Toxin Producers<br>Correction Factors | Proportion of positive samples in prevalence surveys that are likely to exceed a 3 log CFU/g threshold <sup>*</sup> . <i>Prevalence in the tables above have been adjusted by these values in right most column.</i> |       |      |  |  |  |  |  |
|---------------------------------------|--|-------|------|--|--|--|--|--|
|                                       | B. cereus <sup>1</sup> S. aureus <sup>2</sup> C. perfringens <sup>3</sup>  |       |      |  |  |  |  |  |
| Cereals and Grains<br>Confections and | 9.0%   | 5.3%  | 1.0% |  |  |  |  |  |
| Snacks                                | 10.0%  | 5.8%  | 1.0% |  |  |  |  |  |
| Dried Fruits and Veg                  | 5.0%   | 2.9%  | 1.0% |  |  |  |  |  |
| Dried Protein                         | 8.0%   | 4.7%  | 1.0% |  |  |  |  |  |
| Nuts                                  | 5.0%   | 2.9%  | 1.0% |  |  |  |  |  |
| Seed                                  | 5.0%   | 2.9%  | 1.0% |  |  |  |  |  |
| Spices                                | 39.0%  | 22.8% | 1.0% |  |  |  |  |  |

\* 3 log CFU/g was considered by the experts and the literature on this topic to be a conservative cut-off for contamination with toxin producing bacteria above a safe threshold.

<sup>1</sup> B. cereus literature was used to support variable correction factors for different categories. Nuts and seeds lacked direct evidence and so the correction for dried fruits and vegetables was used as the most appropriate category.

<sup>2</sup> S. aureus literature only supported a correction factor for spices and herbs. Thus the relative corrections for B. cereus (other categories compared to spices) were used to estimate variable corrections for S. aureus as the experts agreed that this was the most logical behaviour for *S. aureus*.

<sup>3</sup> *C. perfringens* literature indicated that these toxin levels were rarely detected above the threshold and this was consistent across several food categories, so the experts agreed that a single, low correction was to be used across all categories of *C. perfringens*.